

## PERFORMANCE OF LAMBS FED RATIONS SUPPLEMENTED WITH THYME ESSENTIAL OIL

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### SUMMARY

**E**ighteen growing Ossimi lambs (28.92 kg average live body weight and 6-7 months old) were used to evaluate incorporating thyme essential oil (TEO) in ration on nutrients digestibility and growth performance. In growth trial lasted 90 days followed by digestibility trial for 14 days, the lambs were randomly divided according to their live body weight into three feeding groups (6 each). Total mixed ration consisted of 60% concentrate: 40% roughage was offered to lambs in all groups to cover its total requirements. Whereas, there was no TEO in the control feeding group, R1, while R2 and R3 were supplemented with 0.1 and 0.2% TEO from DM intake, respectively. Data of nutrients digestibility indicated that incorporating TEO in both of R2 and R3 significantly ( $P<0.05$ ) increased digestibility of DM, OM, CP, EE and NFE. While, EE digestibility was only significantly ( $P<0.05$ ) increased in R3 compared with R1. The same trend was observed for nutritive value either as TDN or DCP, whereas it was significantly ( $P<0.05$ ) improved with R2 and R3 compared with R1. There were no adverse effects for thyme oil supplementation on rumen pH, but significant ( $P<0.05$ ) decreased rumen ammonia concentration and increased the rumen volatile fatty acids compared with control group. As a result of this improvement in nutritive value, the highest significant ( $P<0.05$ ) body weight gains were recorded with R3 (200 g/h/d) followed by R2 (187 g/h/d) compared to 160 g/h/d for R1. So, it can be concluded that incorporating thyme essential oil in growing lambs ration by either 0.1 or 0.2% from DM intake improved both of nutrients digestibility and growth performance.

**Key words:** Thyme essential oil, lambs, nutrients digestibility, growth performance.

### INTRODUCTION

Plant essential oils (EO) are aromatic liquids extracted from plants through distillation and have many benefits as antimicrobial agents (Franz *et al.*, 2010). Meanwhile, EO can be used instead of antibiotic in animal rations for health maintenance and improvement of animal performance. Whereas, since the beginning of using antibiotic as growth promoters in animal rations many reports on the emergence of resistance to some antibiotics in bacteria isolated from livestock were reported. So, there is a possibility of transferring that resistance to human pathogens through food chain arose (Dibner and Richards, 2005). World Health Organization (2016) reported that 61% of human pathogens are of animal origin. Some studies showed the potential of EO for fighting pathogenic bacteria (Zhang *et al.*, 2016).

Thyme oil like the other essential oils has been shown antibacterial (Valero and Salmeroin, 2003 and Elaissi *et al.*, 2011), antioxidant (Cheel *et al.*, 2005), antihyper-NH<sub>3</sub>-producing ruminal bacterial (McIntosh *et al.*, 2003) and activities as well as the effects on changes of blood metabolites and rumen fermentation in Holstein steers (Hosoda *et al.*, 2006) these will be led to an improvement in nutrients digestibility consequently, an improvement in growth performance will be expected.

So, the objective of this study was to test the effects of thyme oil additive in growing lambs ration on intake, nutrients digestibility and growth performance.

## **MATERIALS AND METHODS**

### ***Preparation of experimental rations:***

Basal total mixed ration, in a mash form, contained almost 14% CP and consisted of 40 % wheat straw, 25.3 % corn, 19.4% soyabean meal, 11.1 % wheat bran, 1.7% minerals and vitamins mixture and 0.8 % salts and 1.7 % limestone was used as control ration (R1). The same ration was used with other two feeding groups but with addition of thyme oil by 0.1% (R2) and 0.2% (R3) from DM.

### ***Growth trial:***

Eighteen growing Ossimi lambs (28.92 kg average live body weight and 6-7 months old) were randomly divided by weight into three equal groups (6 each) in a growth trial lasted 90 days. Animal groups were randomly assigned to fed one of the experimental rations to cover its requirements (maintenance plus expected 200 gm growth) according to NRC (1985), amounts of TMR were adjusted every 15 days according to changes in live body weights. Clean drinking water was freely available at all times. Feed intakes were daily recorded; meanwhile, daily body weight gains and feed conversions (g feed/g gain) were calculated biweekly.

### ***Digestibility trials:***

At the end of the feeding experiment, three animals from each experimental group were used in digestibility trials lasted 14 days; 7 days were for adaptation and the other seven days for quantitative collection of feces and urine. Animals were individually dwelled in metabolic cages, where feces and urine were separately collected. Daily amounts of feed intake, feces and urine out-put were determined and daily recorded during the collection period. Samples represented tenth of the voided feces and excreted urine were taken daily just after collection. Urine samples were stored in tight bottles containing sulfuric acid (1:1) and refrigerated at 4°C for nitrogen determination. Feces samples were weighted and dried at 60°C /12 hrs. in a hot oven. Dried samples of feces and feeds were ground to pass through 1-mm sieve, and it was stored in emeried bottles for chemical analysis. Meanwhile, digestion coefficients and nutritive values of the experimental rations were calculated. Ruminal fluid samples were collected at the end of the digestibility trial via stomach tube before feeding then at 3 and 6 hrs. after feeding. Samples of rumen content, for each animal, were filtered through four layers of cheesecloth, and then ruminal pH was immediately recorded using digital pH meter then, samples were stored at -20 C for latter ammonia and volatile fatty acids analyses.

### ***Chemical analysis:***

Chemical composition of feeds and feces were determined for dry matter (DM), crude protein (CP), crude fiber (CF), ether extract (EE) and ash according to the standard methods of A.O.A.C. (2012). Nitrogen free extract (NFE) was calculated by difference. Urinary nitrogen (UN) was determined by the micro-kjeldahl method.). Concentration of rumen ammonia nitrogen was determined calorimetrically through a phenol-hypochlorite method according to Searle (1984). Rumen total volatile fatty acids (TVFA's) content was determined using a gas chromatograph (GC-2010, Shimadzu, Kyoto, Japan) equipped with a Flame Ionization Detector and a capillary column (HP-INNOWAX, 1909N-133, Agilent Technologies, Santa Clara, CA, USA), as described by Hu *et al.*(2005).

### ***Statistical analysis:***

Collected data concerning body weight gains, feed efficiency, nutrients digestibility and dietary nitrogen utilization were subjected to one way analysis of variance according to Steel and Torrie (1980) applying the general linear model procedure of SAS (2002), while, data of the rumen parameters were subjected to two-way analysis by the same previous procedure. Significant differences between means were calculated using Duncan's Multiple Range Test (1955).

## **RESULTS AND DISCUSSION**

Data of chemical composition of the experimental rations in Table (1), mentioned that crude protein and energy contents are suitable for growing lambs.

Data in Table (2) showed that incorporating TEO in R2 and R3 significantly ( $P<0.05$ ) increased the digestibility of DM, OM, CP, EE and NFE by (6.9 and 11.8%), (6.4 and 9.8%), (5.6 and 9.1%), (8.3 and

10%) and (7.2 and 9.1%), respectively compared with R1. The improvement of CF digestibility was between R3 and R1 and non significant between R2 and R1. This improvement in nutrients digestion in R2 and R3 might be due to stimulatory effect of the sessional oil on digestion process in the rumen as mentioned by Burt (2004), Benchaar and Greathead (2011) and Cobellis *et al.*, (2016) Carmen *et al.*, (2017) that the major compounds identified in EO include monoterpene hydrocarbons (e.g.-pinene,-phellandrene, p-cymene, m-cymene,-terpinene, and limonene) and phenolic compounds (e.g. carvacrol, thymol, and eugenol) leading to strong antimicrobial activities and presence of Eugenol, a phenolic compound, can inactivate some microbial enzymes. Both *in vitro* and *in vivo* studies have shown the capability of EO in affecting rate of digestion, VFA profiles, protein metabolism, the breakdown of plant cell wall materials and microbial populations (Cobellis *et al.*,2016). the present results are in agreement with findings of Nanon *et al.*(2014) and Klevenhusen *et al.*(2015)that supplementation of EO in *in-vitro* trial tended to increase *in vitro* DM and organic matter disappearance compared with control. In the contrary, Wallace *et al.*, (2002) and Hart *et al.*, (2008) suggested that EO decreased degradation of readily degradable substrate, such as protein and starch, due to inhibition to colonization and digestion of these substrates by amylolytic and proteolytic bacteria. While, Vendramini *et al.* (2016) and Abdallah *et al.*, (2016) reported that addition of EO had no significant effect on total tract digestibility of dry matter, organic matter, crude protein and crude fiber.

**Table (1): Chemical composition of the experimental ration.**

Item	%
Moisture	09.44
Dry matter composition:	
Organic matter (OM)	93.90
Crude protein (CP)	13.59
Crude fiber (CF)	19.99
Ether extract (EE)	2.47
Nitrogen free extract (NFE)	57.85
Ash	6.10

**Table (2): Nutrients digestibility of the experimental rations.**

Item	Experimental rations			±SE
	R1	R2	R3	
Nutrients digestibility, %				
DM	65.80 <sup>b</sup>	70.36 <sup>a</sup>	73.56 <sup>a</sup>	1.58
OM	71.97 <sup>b</sup>	76.59 <sup>a</sup>	79.04 <sup>a</sup>	1.34
CP	73.76 <sup>b</sup>	77.88 <sup>a</sup>	80.48 <sup>a</sup>	1.37
EE	75.56 <sup>b</sup>	81.79 <sup>a</sup>	83.09 <sup>a</sup>	1.09
CF	60.76 <sup>b</sup>	63.19 <sup>ab</sup>	68.69 <sup>a</sup>	1.45
NFE	75.27 <sup>b</sup>	80.72 <sup>a</sup>	82.10 <sup>a</sup>	1.61
Nutritive value, %				
TDN	69.92 <sup>b</sup>	74.41 <sup>a</sup>	77.42 <sup>a</sup>	2.07
DCP	10.02 <sup>b</sup>	10.58 <sup>a</sup>	10.93 <sup>a</sup>	0.21

A and b.....:Means with different superscripts in the same row differ significantly ( $P<0.05$ ).

The nutritive values of the experimental rations as TDN and DCP (Table 2) were significantly ( $P<0.05$ ) improved with incorporating TEO in R2 being 74.41 and 10.58% and R3 being 77.42 and 10.9% compared with R1 being, 69.92 and 10.00%, respectively. This result may be attributed to the improvements in the nutrients digestibility for R2 and R3. There were no adverse effects for R2 and R3 on sheep rumen parameters compared with R1 (Table 3). However, there was a significant ( $P<0.05$ ) decrease in the mean rumen ammonia concentrations for R2 and R3 compared with R1 being, 15.88, 13.42 and 18.07 mg/ml RL, respectively. This decrease in ruminal ammonia may be due to that TEO had

antihyper-NH<sub>3</sub>-producing ruminal bacterial activities effect (McIntosh *et al.*, 2003). In the same context, Busquet *et al.*, (2006) demonstrated that some EO (e.g., cinnamon oil, anise oil, clove bud oil, ginger oil, garlic oil, tea tree oil, and oregano oil) and their main components inhibited NH<sub>3</sub>-N concentration. Data (Table 3) clearly indicated a significant ( $P<0.05$ ) increase in of rumen volatile fatty acids by 15.8 and 28%, respectively for R2 and R3 compared with R1. This increase in ruminal VFA may be due to that rumen bacteria assimilate some of the released peptides and amino acids into microbial protein or ferment amino acids to produce VFA (Bach *et al.*, 2005). These results are a good agreement with findings of Klevenhusen *et al.*,(2015) that ruminal VFA concentration was increased by EO supplementation. However, there were insignificant differences among groups in the rumen pH, this result agrees with findings of Lin *et al.*, (2013) who found no effect of essential oils on rumen pH. Data of nitrogen balance utilization in Table (4) indicated that there was a significant ( $P<0.05$ ) decrease in fecal nitrogen for sheep fed on R2 and R3 compared with those fed R1 being, 5.31, .71 and 6.45 g, respectively and at the same

**Table (3): Effect of the experimental rations on rumen parameters of sheep.**

Item	Sampling time, hr	Experimental rations			±SE
		R1	R2	R3	
pH	0	6.4	6.61	6.5	0.16
	3	5.4	5.61	5.5	
	6	6.6	6.51	6.4	
	Mean	6.13	6.24	6.13	
NH <sub>3</sub> -N, 100 ml RL	0	15.82	13.10	11.80	1.03
	3	21.21	19.33	16.04	
	6	17.18	15.19	12.41	
	Mean	18.07 <sup>a</sup>	15.88 <sup>b</sup>	13.42 <sup>c</sup>	
TVFA's meq/dl RL	0	9.7	11.67	13.67	0.58
	3	16.52	18.33	19.76	
	6	11.35	13.48	14.67	
	Mean	12.52 <sup>c</sup>	14.49 <sup>b</sup>	16.03 <sup>a</sup>	

*a, b, c.....:Means with different superscripts in the same row differ significantly ( $P<0.05$ ).*

**Table (4): Effect of the experimental rations on Feed intake, average body weight, feed efficiency and nitrogen utilization of sheep.**

Item	Experimental rations			±SE
	R1	R2	R3	
Initial BW, Kg	29.75	28.63	28.38	1.92
Final BW, Kg	44.15 <sup>b</sup>	45.61 <sup>a</sup>	46.41 <sup>a</sup>	1.65
Average daily gain, g/h	160 <sup>b</sup>	187 <sup>a</sup>	200 <sup>a</sup>	12.5
Daily feed intake, g/h	1130	1100	1110	
Feed efficiency, (Kg intake/Kg gain)	7.1	5.9	5.6	
Nitrogen utilization				
N intake, g/h/d	24.51	24.00	24.14	1.62
Fecal nitrogen, g/h/d	6.45	5.31 <sup>b</sup>	4.71 <sup>b</sup>	0.48
Urinary nitrogen, g/h/d	15.20	15.63	15.60	1.33
Nitrogen balance, g	2.86 <sup>b</sup>	3.06 <sup>ab</sup>	3.83 <sup>a</sup>	0.92

*A and b.....:Means with different superscripts in the same row differ significantly ( $P<0.05$ ).*

time, there was no significant ( $P<0.05$ ) difference in urinary nitrogen among groups. Meanwhile, there was a significant ( $P<0.05$ ) increase in nitrogen balance for R2 and R3 compared with R1. This increase in nitrogen balance may be due to improvement of crude protein digestibility. Also, there was non-significant difference among groups in the initial body weight, however, feeding lambs on rations contained TEO, R2 and R3, significantly ( $P<0.05$ ) increased final body weight by 3.2 and 4.87 % and average daily body weight gain by 14.44 and 20 %, respectively compared with those fed R1. These

increases might be due to the high energy intake with R2 and R3 (818.9 and 859.4 g TDN/h/d.) compared to 790.1 g TDN/h/d with R1 a reduction in rumen methane mitigation as a results of essential oils inhibited the energy metabolism of *Streptococcus bovis* and *Selenomonas ruminantium* (Evans and Martin, 2000) and the growth of *Methanobrevi bacteriumsmithii*, a rumen Archaea (McIntosh *et al.*,2003), meanwhile, increasing energy availability for animals. This result agrees with findings of Haddad and Goussous (2005) Yang *et al.*, (2010).The high feed efficiency (kg intake / kg gain) was recorded with R2 and R3 being, 5.9 and 5.6, respectively, compared to 7.1for R1.

## CONCLUSION

From the previous results it could be concluded that incorporating thyme oil in growing lambs ration by either 0.1 or 0.2% from DM enhances feed utilization and growth performance without any adverse effects.

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## أداء الحملان المغذاة على علائق مدعمة بزيت الزعتر

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تم استخدام 18 من الحملان الأوسيمي النامية (28.92 كجم متوسط وزن الجسم الحي و6-7 أشهر من العمر) لتقييم دمج زيت الزعتر في العلائق على هضم العناصر الغذائية وكفاءة النمو. استمرت تجربة النمو 90 يوما تليها تجربة الهضم لمدة 14 يوما، تم تقسيم الحملان عشوائيا حسب وزن الجسم إلى ثلاث مجموعات (6 لكل منهما). تكونت العليقة الكلية من 60% من المركبات : 40% مواد خشنة وتم تقديمها لكل المجاميع بحيث تغطي احتياجاتها الكلية. في حين لم يكن هناك زيت زعتر في مجموعة الكنترول، R1، بينما تم اضافة الزيت للمجاميع R2 و R3 بنسبة 0.1 و 0.2 % من المادة الجافة، على التوالي. وأشارت بيانات هضم العناصر الغذائية إلى أن اضافة الزيت في كل من R2 و R3 معنويا ( $P < 0.05$ ) ادى الى زيادة الهضم لكل من المادة الجافة (DM) والمادة العضوية (OM) والبروتين الخام (CP) ومستخلص الدهن (EE) و المستخلص الخالي من النيتروجين (NFE). في حين أن هضم EE بشكل ملحوظ ( $P < 0.05$ ) في R3 مقارنة مع R1. وقد لوحظ نفس الاتجاه بالنسبة للقيمة الغذائية حيث تحسنت المركبات الكلية المهضومة (TDN) و البروتين الحقيقي المهضوم (DCP) معنويا ( $P < 0.05$ ) مع R2 و R3 مقارنة مع R1. لم يكن هناك تأثير سلبي لاضافة زيت الزعتر على درجة حموضة الكرش ولكنه ادى معنويا ( $P < 0.05$ ) الى خفض تركيز أمونيا الكرش وزيادة الأحماض الدهنية الطيارة مقارنة بالمجموعة الكنترول. ونتيجة لهذا التحسن في القيمة الغذائية، سجلت أعلى زيادة في وزن الجسم مع R2 و R3 (200 & 187 جم/راس/يوم) على التوالي مقارنة ب 160 جم/راس/يوم R1. لذلك يمكن أن نستنتج أن اضافة زيت الزعتر في علائق الحملان النامية بنسبة 0.1 أو 0.2% من المادة الجافة المأكولة ادى لتحسين كل من هضم العناصر الغذائية وكفاءة النمو.