



Enhancing Spinach Performance: Effectiveness of Nano-fertilizers in Conjunction with Conventional NPK Fertilizers



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THE WIDESPREAD application of conventional chemical fertilizers has led to various environmental issues, including reduced food quality, soil degradation, and harm to beneficial soil organisms. Conversely, the use of Nano-fertilizers holds promise as a potential solution to address these challenges. Therefore, the present study was conducted to evaluate the effectiveness of supplementing small quantities of Nano-fertilizers in conjunction with conventional NPK fertilizers to reduce the overall volume of traditional fertilizers when cultivating spinach plants. Moreover, the performance of micro- Nano fertilizers (Fe, Zn) with spinach plants was assessed in comparison to the performance of chelated fertilizers. A split-plot experimental design was utilized, consisting of twenty treatments with three replicates, which were the simple possible combination between four NPK additions as main plots and five foliar applications of Fe and Zn as sub main factor. Main factor treatments were T_1 : 100% recommended dose of NPK as traditional bulk form, T_2 : 75% recommended dose of NPK as traditional bulk form + 15% recommended dose of NPK as Nano form, T_3 : 50% recommended dose of NPK as traditional bulk form + 15% recommended dose of NPK as Nano form and T_4 : 25% recommended dose of NPK as Nano form. While, the sub main factor treatments were F_1 : Control (without foliar), F_2 : Fe- Nano (10mg L^{-1} , Fe_2O_3 Nanoparticles), F_3 : Zn- Nano (10mg L^{-1} , ZnO Nanoparticles), F_4 : Fe- EDTA (100mg L^{-1} using Fe -EDTA 6% Fe) and F_5 : Zn- EDTA (100mg L^{-1} using Zn -EDTA 6%Zn). The T_2 treatment emerged as the most effective in achieving the highest values for all the all the measured parameters such as plant height (cm), fresh and dry weights (g plant^{-1}), leaf area ($\text{cm}^2 \text{plant}^{-1}$) and yield (ton ha^{-1}) of spinach plants at the harvest stage. It was followed closely by the T_3 treatment. In contrast, the T_1 treatment ranked third after both T_3 and T_2 . Lastly, the T_4 treatment was found to have the least impact on these growth parameters and yield. Fe treatments exhibited greater effectiveness when compared to the Zn treatments. Furthermore, the data demonstrate that the Nano form exhibited greater effectiveness when compared to the chelated form in the context of both Fe and Zn treatments. Generally, it can be noticed that the F_2 treatment was the superior for obtaining the maximum values for the most of studied traits. Therefore, it is recommended that farmers and agricultural practitioners consider adopting this approach to optimize crop performance while minimizing the environmental impact of conventional chemical fertilizers.

Keywords: Fe_2O_3 Nanoparticles, ZnO Nanoparticles, Fe -EDTA, Zn- EDTA.

1. Introduction

Continuous use of chemical fertilizers can lead to soil degradation. These fertilizers primarily provide three essential nutrients to plants however, they do not enhance soil structure. Over time, this can result in depleted soil fertility, decreased microbial activity, and reduced organic matter content (Elshepiny and Faiyad, 2023). Excess application of chemical fertilizers can lead to nutrient runoff into nearby

water bodies. Nitrogen and phosphorus, in particular, can cause eutrophication—a process where an excess of nutrients promotes algal growth. This can lead to oxygen depletion in water bodies, harming aquatic life and disrupting ecosystems. Additionally, nitrates from fertilizers can leach into groundwater, contaminating drinking water sources and posing health risks to humans and animals (Litskas 2023). Chemical fertilizers can contribute to air pollution

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through the release of ammonia (NH₃) and nitrous oxide (N₂O). Ammonia volatilization occurs when nitrogen fertilizers are applied to fields, leading to the release of ammonia gas into the atmosphere. Nitrous oxide is a potent greenhouse gas with a much higher warming potential than carbon dioxide. Its emission from fertilized soils contributes to climate change and stratospheric ozone depletion (Farouk *et al.* 2023). Intensive agricultural practices reliant on chemical fertilizers often involve the clearing of natural habitats, leading to habitat loss and fragmentation. Additionally, the disruption of soil ecosystems due to excessive fertilizer use can negatively impact soil-dwelling organisms, such as earthworms and beneficial microbes, leading to a decline in soil biodiversity (Kahandage *et al.* 2023). Generally, chemical fertilizers can leave residual effects on the environment, persisting in soil and water long after application. This can result in cumulative environmental damage over time, with consequences for both terrestrial and aquatic ecosystems (Elawady *et al.* 2024).

Nanotechnology has emerged as a transformative force across various domains of science and technology, offering groundbreaking solutions and innovations with the potential to reshape the way we approach challenges in fields ranging from medicine and electronics to agriculture and environmental conservation (Bhushan, 2017).

In this ever-evolving landscape, the utilization of nanotechnology holds particular promise in the realm of agriculture, where it plays a pivotal role in elevating the efficiency of fertilization. One of the key breakthroughs in this regard lies in the conversion of fertilizers, both for essential macro elements like nitrogen, phosphorus, and potassium (NPK), and vital microelements such as iron and zinc, into their Nano form (Preetha and Balakrishnan, 2017; Hagab *et al.* 2018). This approach brings about a multitude of benefits that revolutionize the way we nourish our crops, enhancing nutrient delivery, optimizing plant nutrient uptake, and ultimately contributing to increased agricultural productivity, sustainable food production, and a more resilient environment (Rakhimol *et al.* 2021).

Nanoparticles have gained significant attention in the field of plant nutrition and agriculture due to their unique properties and potential benefits for enhancing plant growth and productivity (Elemike *et al.* 2019). Nanoparticles, especially metal and metal oxide nanoparticles, can be engineered to encapsulate or carry essential nutrients, such as micronutrients

(*e.g.*, iron, zinc, and copper) and macronutrients (*e.g.*, nitrogen and phosphorus). These nanoparticles can protect the nutrients from leaching or chemical reactions in the soil and gradually release them to plants, promoting efficient nutrient uptake (Zhao *et al.* 2020).

Nanoparticles can improve nutrient uptake by plants due to their high surface area and reactivity. For example, zinc oxide nanoparticles have been shown to increase the bioavailability of zinc to plants, leading to better growth and increased crop yield (Mittal *et al.* 2020). Nanoparticles can also serve as carriers for pesticides and herbicides. Controlled release of agrochemicals through nanoparticles can reduce the overall amount of chemicals needed, minimize environmental contamination, and enhance their efficacy (Singh *et al.* 2021). Nanoparticles can be used to modify soil properties, enhancing its water-holding capacity, structure, and nutrient retention. This can lead to improved soil fertility and plant growth (Guleria *et al.* 2022).

It's important to note that the application of nanoparticles in agriculture also raises concerns about their potential toxicity to plants and the environment. Research is ongoing to understand the long-term effects of nanoparticles on soil, plant health, and surrounding ecosystems. The use of nanoparticles in agriculture is subject to regulatory oversight, and ethical considerations regarding their impact on the environment and human health are important aspects of research and application (Paramo *et al.* 2020).

Not long ago, the introduction of chelated fertilizers represented a significant advancement in the realm of foliar fertilization, as they offered the capability to transport nutrients to specific locations within the plant more rapidly than conventional mineral fertilizers. However, in the present era, the nanotechnology approach has risen to prominence as the superior method (Roosta *et al.* 2015). Nanotechnology provides a more precise and efficient mean of delivering nutrients to plants, ensuring they receive the right nutrients at the right time, ultimately outperforming the earlier chelated fertilization techniques (Mahdiah *et al.* 2018).

The superiority of the nanotechnology approach compared to the chelated approach lies in its precision and efficiency in delivering nutrients to plants. Nanotechnology allows for the controlled release of nutrients at the nanoscale, ensuring that plants receive the right amount of nutrients when they need them. This targeted delivery enhances nutrient uptake, promotes plant growth, and

minimizes wastage (Dhaliwal *et al.* 2021). In contrast, chelated approaches, while effective to some extent, may not offer the same level of precision and efficiency in nutrient delivery (El-Desouky *et al.* 2021). Overall, the nanotechnology approach provides a promising solution for optimizing nutrient delivery to plants, thereby potentially improving crop yield and reducing environmental impacts compared to traditional chelated methods.

Nano-fertilizers offer potential advantages over traditional fertilizers due to their ability to enhance nutrient uptake by plants, reduce environmental impact through targeted delivery and decreased nutrient runoff, improve soil health by promoting microbial activity and nutrient stability, and integrate with other agricultural technologies for optimized nutrient management (Rakhimol *et al.* 2021). Their small size and tailored nutrient release mechanisms make them promising tools for increasing agricultural productivity while minimizing adverse effects on the environment (Singh *et al.* 2021).

Spinach (*Spinacia oleracea* L) stands as a nutritional powerhouse with immense health benefits. Rich in essential nutrients such as iron, vitamin C, and folate, it plays a crucial role in promoting overall well-being (Turan *et al.* 2022). Its versatility in culinary applications makes it a dietary staple, while its economic importance is significant for both local consumption and export markets, offering a source of income for farmers. Moreover, its nutritional content makes it a valuable addition to diets, supporting optimal health and addressing nutritional deficiencies, underscoring its vital role in both the food industry and public health (Sun *et al.* 2023).

Overall, while the application of nanoparticles in plant nutrition and agriculture holds promise for improving crop yields and sustainability, more research is needed to fully understand their effects and ensure responsible and safe use. Consequently, the present study is conducted with the objective of assessing how spinach plants respond to diverse mineral nutrient forms, including granular, Nano, and chelated, and identifying the most efficient form and application rate.

2. Material and Methods

Experimental site

A field research investigation was carried out at the Agriculture Faculty Farm of Mansoura University, Egypt, during the 2021/2022 and 2022/2023 growing

seasons, located at coordinates 31°03'00"N 31°22'59"E.

Experimental design and treatments

A split-plot experimental design was utilized, consisting of twenty treatments with three replicates, which were the simple possible combination between four NPK additions as main plots and five foliar applications of Fe and Zn as sub main factor. The concentrations of nano-fertilizers and their application methods, as well as the selection of NPK ratios, were determined in accordance with the methodologies outlined in the studies conducted by El-Desouky *et al.* (2021) and Sharaf-Eldin *et al.* (2022). The NPK fertilizer underwent a transformation from its conventional composition (urea, phosphoric acid, and potassium sulfate) to a nanostructured form through the process of grinding. Utilizing a specialized nano-grinding mill, the standard NPK fertilizer was fragmented into finer particles, aiming to achieve a nanoscale size. Physical methodologies including ball milling were employed to further diminish particle dimensions, thereby facilitating the disruption of chemical bonds and augmenting material surface area. Throughout the grinding procedure, careful oversight of parameters such as rotation speed, grinding duration, and the ratio of grinding balls was maintained to ensure the attainment of uniformly sized nanoparticles with an even distribution. Additionally, optimal temperature and humidity levels were upheld during grinding to mitigate undesired outcomes such as moisture aggregation or unintended chemical reactions. The specific size requirements for nanoparticles were duly ascertained. Figure 1 displays the experiment's flowchart, representing the studied treatments using the following symbols:

Main factor

T₁: 100% recommended dose of NPK as traditional bulk form

T₂: 75% recommended dose of NPK as traditional bulk form + 15% recommended dose of NPK as Nano form

T₃: 50% recommended dose of NPK as traditional bulk form + 15% recommended dose of NPK as Nano form

T₄: 25% recommended dose of NPK as Nano form

Sub main factor

F₁: Control (without foliar)

F₂: Fe- Nano (10mg L⁻¹, Fe₂O₃ Nanoparticles)

F₃: Zn- Nano (10mg L⁻¹, ZnO Nanoparticles)

F₄: Fe- EDTA (100mg L⁻¹ using Fe -EDTA 6% Fe)

F₅: Zn- EDTA (100mg L⁻¹ using Zn -EDTA 6%Zn)

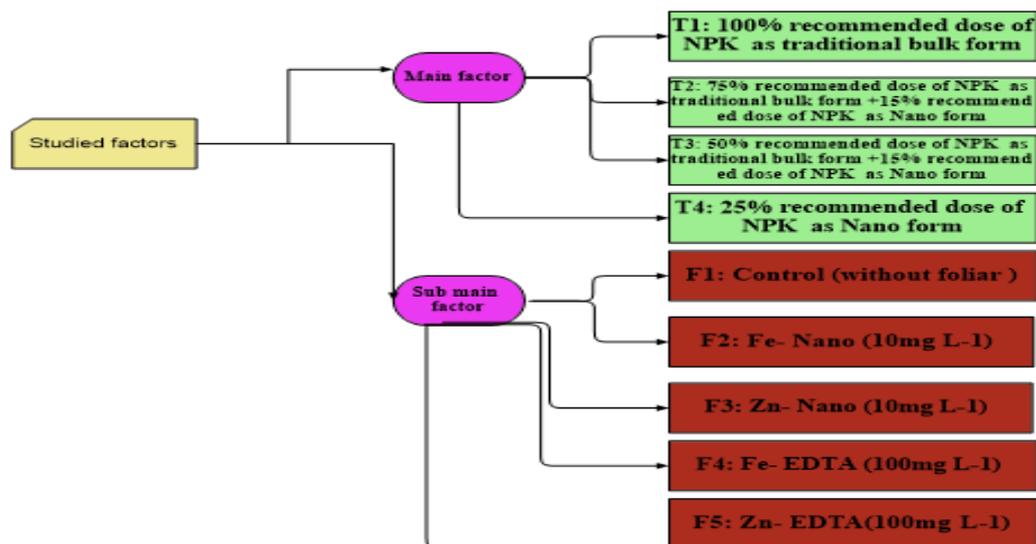


Fig. 1. Flowchart of the experiment.

Soil sampling and analysis

Table 1 shows some physical and chemical characteristics of the initial soil. Before the sowing process, experimental soil samples were collected from a depth of 0-25 cm for analysis as routine work using the standard methods. The organic matter content (O.M) was quantified using the Walkley and Black method using $K_2Cr_2O_7$, $FeSO_4$, $KMnO_4$, $H_2C_2O_4 \cdot 2H_2O$ and diphenylamine indicator as described by Hesse (1971). Electrical conductivity (EC) was measured in a saturated soil paste extract which was obtained through the free capillary attraction method as mentioned by Jackson, (1967). Soil pH was gauged in a soil suspension (1:2.5) as mentioned by Richards (1954). The distribution of particle sizes was determined employing the pipette method according to the procedure described by Gee and Baudet (1986). The classification of the soil's texture class was achieved through the use of a soil texture triangle (Moreno-Maroto *et al.*, 2022). Soil-available nitrogen (NH_4^+ NO_3^-) extraction was done through the Kjeldahl method. This method involves the use of potassium sulfate (K_2SO_4 , 1%), devarda

alloy, and sulphamic acid (H_3NSO_3 , 2%) to ensure accurate results and to remove potential interference from nitrite ions (NO_2^-) (Dewis and Freitas, 1970). Soil-available phosphorus extraction was done through the Olsen method using spectrophotometer. In this method, the soil was mixed with a solution of sodium bicarbonate ($NaHCO_3$). The typical extraction solution used is 0.5 M $NaHCO_3$ at a specific pH (usually around 8.5). Also, active carbon purified, sulphomolybdic solution and stannous chloride ($SnCl_2$) were used in Olsen method (Dewis and Freitas, 1970). Soil-available potassium extraction was done by flame photometer method using ammonium acetate ($NH_4CH_3CO_2$) as solution extraction (Dewis and Freitas, 1970). The extraction of soil-available iron and zinc was conducted using Diethylene Triamine Penta Acetic Acid (DTPA) and measured through atomic absorption, as described by Dewis and Freitas (1970). Field capacity (FC) and Saturation (SP) and, expressed as percentages, were calculated using the following equation:

$$\% SP = 2\% FC = 4\% \text{ wilting point (WP)}$$

Table 1. Properties of the initial soil.

Characteristics	Values	Characteristics	Values
Chemical traits		Availability of nutrients	
O.M	1.30, g 100g ⁻¹	Available -N	45.3, mg kg ⁻¹
EC	3.75, dS m ⁻¹	Available -P	7.05, mg kg ⁻¹
pH	7.89	Available -K	202.6, mg kg ⁻¹
Particle size distribution		Available -Fe	1.55, mg kg ⁻¹
Sand	24.5, %	Available -Zn	0.75, mg kg ⁻¹
Silt	25.5, %	Hydro physical properties	
Clay	50.0, %	FC	35, %
Texture class	Clayey	SP	70

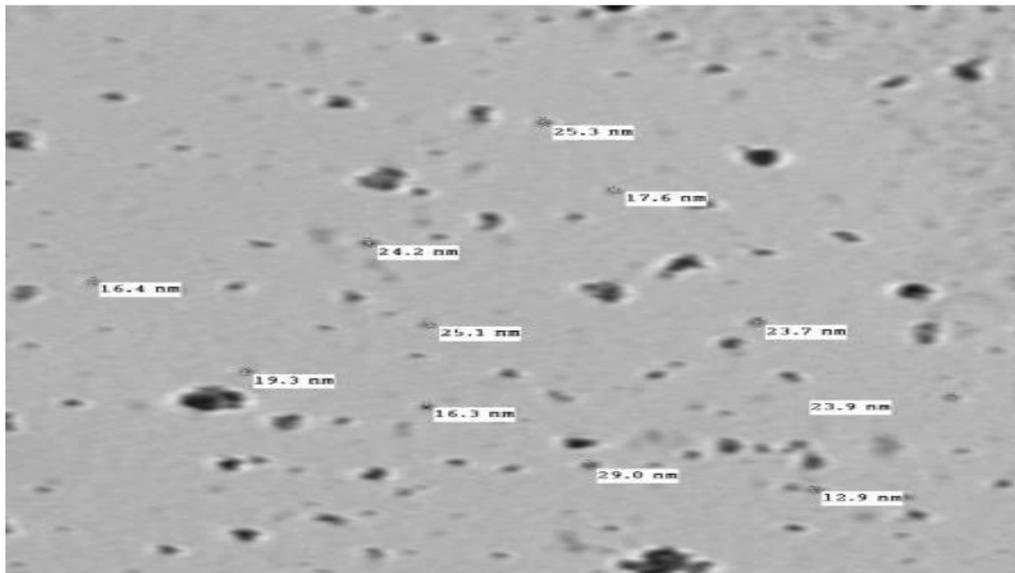


Fig. 4. TEM imaging of the prepared ZnO nanoparticles.

Spinach seeds

Seeds of the spinach variety "cv Nancy F1" were acquired from the Ministry of Agriculture and Soil Reclamation (MASR) and were planted during the first week of December in both of the studied seasons.

Cultivation and harvesting

According to the Ministry of Agriculture and Soil Reclamation (MASR) guidelines for spinach production, the recommended nutrient application rates are 40 units of nitrogen (N), 12 units of phosphorus (P), and 25 units of potassium (K) per feddan for NPK fertilizers. The recommended nutrient rates were applied in either traditional bulk form or Nano form, depending on the specific treatment under investigation. The traditional bulk form of N, P, and K was provided using ammonium sulfate (containing 21% N), calcium superphosphate (containing 6.7% P), and potassium sulfate (containing 39.8% K).

One month before cultivation, all plots (3.0m x 2.0m) were enriched with compost made from plant residues at a rate of 10 m³ per feddan. Seeds were sown in rows at a rate of 6 kg per feddan. To accelerate germination and minimize the occurrence of soft wilt disease, the seeds were first soaked in water for 24 hours and allowed to dry. Subsequently, they were treated with a 0.75% thiram solution, and then promptly planted without any delay. Thinning of crowded plants was carried out so that the distance between plants became 5-10 cm, taking into account the elimination of weeds. For the traditional bulk form of NPK, calcium superphosphate was applied

according to the specific treatments one month before cultivation. As for the traditional bulk forms of nitrogen (N) and potassium (K), they were administered based on the studied treatments in two equal doses. The first dose was provided three weeks after sowing, and the second dose was applied two weeks following the initial application.

In terms of NPK in Nano form, it was added according to the studied treatments two times in equal doses. The first dose was administered three weeks after sowing, and the second dose followed two weeks after the initial application.

Irrigation was conducted through surface irrigation methods, utilizing water sourced from the Nile River. The foliar application of iron (Fe) and zinc (Zn) in both studied forms was executed three times, with a 10-day interval between each application event. This series of applications commenced 30 days after sowing, and each application involved the use of 350 liters per feddan. Spinach was harvested at the pre-flowering stage, specifically when it reached the 5-6 leaf growth stage, approximately two months after sowing.

Measurement traits

Growth criteria and yield

During the harvest stage, which is also referred to as the marketing stage, representative samples of spinach plants were randomly selected. These samples were used to assess the vegetative growth performance, which was quantified in terms of plant height (cm), fresh and dry weights (g plant⁻¹), leaf area (cm² plant⁻¹) and yield (ton ha⁻¹).

Photosynthetic pigments

Also, at the same time, chlorophyll a & b and carotene (mg g^{-1}) were determined spectrometrically using acetone 80% as described by Porra *et al.* (1989).

Chemical composition and nutrient uptake

Also, at the harvest stage, the chemical composition of the entire spinach plant was determined. Nitrogen (N%), phosphorus (P%), potassium (K%), iron (Fe), and zinc (Zn) levels were evaluated using methods detailed by Walinga *et al.* (2013). Specifically, the Kjeldahl method was employed for N analysis, the spectrophotometric method for P, the flame photometer method for K, and the atomic absorption method for Fe and Zn. Prior to analysis, the samples underwent drying and digestion, using a 1:1 mixture of H_2SO_4 and HClO_4 , following the procedure outlined by Peterburgski (1968). Nutrient uptake (including N, P, K, Fe, and Zn) in spinach leaves was quantified using the following formula:

Nutrient concentration (N, P, K, $\text{g } 100\text{g}^{-1}$) in leaves

$$\text{X dry weight (g plant}^{-1}\text{)}/100$$

Nutrient concentration (Fe, Zn, mg kg^{-1}) in leaves X

$$\text{dry weight (g plant}^{-1}\text{)}/1000$$

Quality parameters

Vitamin C ($\text{mg } 100\text{g}^{-1}$) was estimated spectrometrically using potassium permanganate solution, following the method outlined by Zanini *et al.* (2018). Nitrate ($\text{NO}_3\text{-N}$, mg kg^{-1}) was determined spectrometrically using a solution of 2% acetic acid and N-1naphthyle ethylene diamine dihydrochloride, following the procedure described by Singh, (1988). Oxalate ($\text{mg } 100\text{g}^{-1}$) was assessed using the permanganometric method as detailed by Zhang *et al.* (2005). All quality traits were measured at the harvest stage.

Statistical analyses

Data were processed and analyzed using the COSTAT program (Version 6.303, CoHort, USA, 1998–2004). To identify significant differences between treatment means, the LSD (Least Significant Difference) test, as described by Gomez and Gomez (1984), was employed. Additionally, Duncan's Multiple Range test, as introduced by Duncan (1955), was utilized to enable the comparison of means among different treatments.

3. Results

Growth criteria and yield

Tables 2 and 3 present the influence of applying different NPK forms in various ratios (granular and Nano) and various Fe and Zn forms (Nano and chelated), as well as their interaction, on growth

parameters such as plant height (cm), fresh and dry weights (g plant^{-1}) (Table 2), leaf area ($\text{cm}^2 \text{ plant}^{-1}$) and yield (ton ha^{-1}) (Table 3) of spinach plants at the harvest stage.

Individual effect of NPK forms

Tables 2&3 highlight the significant impact of various NPK forms in different ratios on all the measured growth parameters, including plant height (cm), fresh and dry weights (g plant^{-1}), leaf area ($\text{cm}^2 \text{ plant}^{-1}$) and yield (ton ha^{-1}) of spinach plants at the harvest stage.

Notably, the T_2 treatment (75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form) emerged as the most effective in achieving the highest values for all the mentioned traits. It was followed closely by the T_3 treatment (50% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form). In contrast, the T_1 treatment (100% recommended of NPK as traditional bulk form) ranked third after both T_3 and T_2 . Lastly, the T_4 treatment (25% recommended of NPK as Nano form) was found to have the least impact on these growth parameters and yield.

Individual effect of Fe and Zn forms

Except fresh weights (g plant^{-1}) which were non-significantly affected due to the studied foliar treatments, Tables 2&3 reveal that different forms of Fe and Zn (Nano and chelated) led to a significant improvement in all the measured parameters, including plant height (cm), dry weights (g plant^{-1}), leaf area ($\text{cm}^2 \text{ plant}^{-1}$) and yield (ton ha^{-1}) of spinach plants at the harvest stage, as compared to the control group (F_1) that did not receive any foliar application. This underscores the positive impact of using these Fe and Zn forms on spinach plant growth and productivity. Fe treatments exhibited greater effectiveness when compared to the Zn treatments. Furthermore, the data demonstrate that the Nano form exhibited greater effectiveness when compared to the chelated form in the context of both Fe and Zn treatments. Generally, it can be noticed that the F_2 treatment (Fe- Nano at rate of 10mg L^{-1}) was the superior for obtaining the maximum values for all aforementioned traits followed by F_3 treatment (Zn- Nano at rate of 10mg L^{-1}) then F_4 treatment (Fe-EDTA at rate of 100mg L^{-1}) and F_5 treatment (Zn-EDTA at rate of 100mg L^{-1}), respectively. While F_1 treatment (without foliar application) came in the last order.

Table 2. The impact of various mineral nutrient forms (granular, Nano, or chelated) on the growth parameters and yield of spinach plants (plant height, fresh and dry weights) at the harvest stage (combined data over both seasons).

Treatments	Plant height, cm	Fresh weight, g plant ⁻¹	Dry weight, g plant ⁻¹	
Main factor: Form of NPK recommended dose				
T ₁	30.72b	40.34c	8.01c	
T ₂	32.80a	43.21a	9.25a	
T ₃	32.32a	41.21b	9.01b	
T ₄	25.80c	34.36d	6.76d	
LSD at 5%	1.27	4.83	0.05	
Sub main factor: Foliar application treatments				
F ₁	28.55b	37.57a	7.23e	
F ₂	31.31a	41.85a	8.70a	
F ₃	31.05a	37.98a	8.57b	
F ₄	30.69a	40.98a	8.45c	
F ₅	30.46a	40.51a	8.32d	
LSD at 5%	1.17	N.S*	0.09	
Interaction				
T ₁	F ₁	29.17	38.58	7.39
	F ₂	31.83	41.85	8.41
	F ₃	31.27	41.10	8.25
	F ₄	30.79	40.48	8.06
	F ₅	30.53	39.68	7.92
T ₂	F ₁	30.26	39.53	7.71
	F ₂	33.55	45.34	9.72
	F ₃	33.51	31.43	9.65
	F ₄	33.41	44.91	9.60
	F ₅	33.28	44.82	9.55
T ₃	F ₁	29.92	39.27	7.58
	F ₂	33.08	44.45	9.48
	F ₃	33.06	44.23	9.39
	F ₄	32.76	44.20	9.32
	F ₅	32.78	43.89	9.25
T ₄	F ₁	24.85	32.88	6.23
	F ₂	26.77	35.76	7.18
	F ₃	26.35	35.17	7.00
	F ₄	25.78	34.34	6.81
	F ₅	25.23	33.66	6.55
LSD at 5%	2.34	9.00	0.19	

Means within a column followed by a different letter (s) are statistically different at 5%

Since, T₁: 100% recommended dose of NPK as traditional bulk form ; **T₂:** 75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₃:** 50% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₄:** 25% recommended dose of NPK as Nano form; **F₁:** Control (without foliar) ; **F₂:** Fe- Nano (10mg L⁻¹) ; **F₃:** Zn- Nano (10mg L⁻¹) **F₄:** Fe- EDTA (100mg L⁻¹); **F₅:** Zn- EDTA(100mg L⁻¹)

Table 3. The impact of various mineral nutrient forms (granular, Nano, or chelated) on the growth parameters and yield of spinach plants (leaf area and yield) at the harvest stage (combined data over both seasons).

Treatments		Leaf area, cm ² plant ⁻¹	Yield, ton ha ⁻¹
Main factor: Form of NPK recommended dose			
	T ₁	774.13c	6.32c
	T ₂	826.61a	6.85a
	T ₃	817.23b	6.69b
	T ₄	686.69d	4.81d
	LSD at 5%	4.66	0.08
Sub main factor: Foliar application treatments			
	F ₁	735.41d	5.62e
	F ₂	795.26a	6.45a
	F ₃	789.47ab	6.35b
	F ₄	783.63bc	6.26c
	F ₅	777.05c	6.17d
	LSD at 5%	8.63	0.07
Interaction			
T ₁	F ₁	755.43	5.88
	F ₂	792.20	6.61
	F ₃	782.70	6.50
	F ₄	774.87	6.37
	F ₅	765.43	6.24
T ₂	F ₁	760.53	6.12
	F ₂	847.30	7.10
	F ₃	845.90	7.04
	F ₄	841.03	7.01
	F ₅	838.27	7.00
T ₃	F ₁	757.73	6.00
	F ₂	835.20	6.95
	F ₃	833.57	6.88
	F ₄	831.47	6.85
	F ₅	828.20	6.78
T ₄	F ₁	667.93	4.48
	F ₂	706.33	5.14
	F ₃	695.70	4.98
	F ₄	687.17	4.79
	F ₅	676.30	4.66
	LSD at 5%	17.26	0.14

Means within a column followed by a different letter (s) are statistically different at 5%

Since, T₁: 100% recommended dose of NPK as traditional bulk form ; **T₂:** 75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₃:** 50% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₄:** 25% recommended dose of NPK as Nano form; **F₁:** Control (without foliar); **F₂:** Fe- Nano (10mg L⁻¹) ; **F₃:** Zn- Nano (10mg L⁻¹) **F₄:** Fe- EDTA (100mg L⁻¹); **F₅:** Zn- EDTA(100mg L⁻¹)

Interaction among the studied treatments

Regarding the interaction effect, the combined treatment of T_2 treatment (75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form) x F_2 treatment (Fe-Nano at rate of 10mg L^{-1}) realized the highest values of plant height (cm), fresh and dry weights (g plant^{-1}), leaf area ($\text{cm}^2 \text{plant}^{-1}$) and yield (ton ha^{-1}) of spinach plants at the harvest stage (Tables 2, 3), while the lowest values were noticed when spinach plants treated with 25% recommended of NPK as Nano form (T_4 treatment) and simultaneously without foliar application (F_1 treatment).

Chemical constituents

- Photosynthetic pigments

Table 4 displays the impact of employing various combinations of NPK forms (both in granular and Nano forms) and different forms of Fe and Zn (Nano and chelated), along with their interaction (Table 4), on the levels of photosynthetic pigments in spinach plants, specifically chlorophyll a and b as well as carotene (mg g^{-1}) at the time of harvest.

Individual effect of NPK forms

Table 4 shows that various NPK forms and ratios significantly affected the levels of photosynthetic pigments in spinach plants, specifically chlorophyll a and b as well as carotene (mg g^{-1}) at the harvest stage. Notably, the T_2 treatment, which comprised 75% of the recommended NPK dose in traditional bulk form and 15% in Nano form, demonstrated the most effective outcome, resulting in the highest pigment values. Following closely was the T_3 treatment, which consisted of 50% of the recommended NPK dose in traditional bulk form and 15% in Nano form.

In contrast, the T_1 treatment, involving 100% of the recommended NPK in traditional bulk form, ranked third, trailing behind both T_3 and T_2 . Lastly, the T_4 treatment, with only 25% of the recommended NPK in Nano form, exhibited the least impact on the levels of photosynthetic pigments in spinach plants.

Individual effect of Fe and Zn forms

Table 4 demonstrates a substantial enhancement in the photosynthetic pigment levels of spinach plants, including chlorophyll a and b, as well as carotene (mg g^{-1}) at the time of harvest, with the application of different forms of Fe and Zn, both Nano and chelated, in comparison to the control group (F_1), which lacked foliar treatment. This improvement is attributed to the supplementary Fe and Zn nutrients provided through Nano and chelated forms, which are more readily absorbed by plant tissues, thereby bolstering the plant's photosynthetic activity and pigment production, resulting in healthier and more vibrant spinach plants at the harvest stage.

Additionally, the data highlights that in both the Fe and Zn treatments, the Nano form outperformed the chelated form in terms of effectiveness, underscoring the superior impact of Nano-based nutrient delivery in promoting photosynthetic pigment levels in spinach plants.

Generally, a clear pattern emerges where the F_2 treatment, involving Fe in Nano form at a rate of 10mg L^{-1} , demonstrated superior performance by recording the highest values for all the mentioned traits. Following closely was the F_3 treatment, which utilized Zn in Nano form at a rate of 10mg L^{-1} . The F_4 treatment, featuring Fe in the EDTA chelated form at a rate of 100mg L^{-1} , ranked third, while the F_5 treatment, using Zn in the EDTA chelated form at the same rate, came in fourth place. Notably, the F_1 treatment, which did not receive any foliar application, realized the lowest values for the assessed traits.

Interaction among the studied treatments

Concerning the interaction effect, the combined application of the T_2 treatment (comprising 75% of the recommended NPK dose in traditional bulk form and 15% in Nano form) with the F_2 treatment (involving Fe in Nano form at a rate of 10mg L^{-1}) resulted in the highest recorded values for chlorophyll a and b, as well as carotene (mg g^{-1}) in

spinach plants at the time of harvest (as shown in Table 4). In contrast, the lowest values were observed when spinach plants were subjected to the T₄ treatment, which provided 25% of the

recommended NPK dose in Nano form, while simultaneously not receiving any foliar application (F₁ treatment).

Table 4. The impact of various mineral nutrient forms (granular, Nano, or chelated) on the photosynthetic pigments of spinach plants at the harvest stage (combined data over both seasons).

Treatments	Chlorophyll a	Chlorophyll b	Carotene	
	(mg g ⁻¹)			
Main factor: Form of NPK recommended dose				
T ₁	0.879c	0.710b	0.479c	
T ₂	0.922a	0.755a	0.508a	
T ₃	0.909b	0.742a	0.498b	
T ₄	0.789d	0.605c	0.436d	
LSD at 5%	0.007	0.014	0.003	
Sub main factor: Foliar application treatments				
F ₁	0.830d	0.657e	0.454c	
F ₂	0.897a	0.725a	0.493a	
F ₃	0.889ab	0.719b	0.489a	
F ₄	0.882bc	0.711c	0.484b	
F ₅	0.876d	0.704d	0.481b	
LSD at 5%	0.009	0.005	0.004	
Interaction				
T ₁	F ₁	0.840	0.673	0.458
	F ₂	0.905	0.735	0.492
	F ₃	0.891	0.725	0.487
	F ₄	0.885	0.712	0.481
	F ₅	0.874	0.704	0.477
T ₂	F ₁	0.861	0.694	0.471
	F ₂	0.942	0.775	0.521
	F ₃	0.939	0.772	0.519
	F ₄	0.936	0.770	0.515
	F ₅	0.932	0.765	0.512
T ₃	F ₁	0.851	0.681	0.466
	F ₂	0.930	0.761	0.509
	F ₃	0.925	0.760	0.508
	F ₄	0.921	0.757	0.505
	F ₅	0.919	0.752	0.503
T ₄	F ₁	0.768	0.580	0.420
	F ₂	0.811	0.628	0.449
	F ₃	0.801	0.618	0.443
	F ₄	0.788	0.605	0.437
	F ₅	0.777	0.594	0.433
LSD at 5%	0.018	0.010	0.009	

Means within a column followed by a different letter (s) are statistically different at 5%

Since, T₁: 100% recommended dose of NPK as traditional bulk form ; **T₂:** 75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₃:** 50% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₄:** 25% recommended dose of NPK as Nano form; **F₁:** Control (without foliar); **F₂:** Fe- Nano (10mg L⁻¹) ; **F₃:** Zn- Nano (10mg L⁻¹) **F₄:** Fe- EDTA (100mg L⁻¹); **F₅:** Zn- EDTA(100mg L⁻¹)

Nutritional element concentration and uptake

Data of Tables 5, 6, 7 and 8 point out the individual impact of the NPK treatments and foliar application treatments (both Fe and Zn) as well as their interaction effect on nutrient concentrations in leaves of spinach plants *i.e.*, N, P, K (%) Fe, Zn (mg kg^{-1}) and nutrient uptake *i.e.*, N, P, K (g plant^{-1}), Fe, Zn (mg plant^{-1}).

Individual effect of NPK forms

Data presented in the same Tables indicate that the NPK treatments significantly affected the values of nutrient concentrations in leaves of spinach plants *i.e.*, N, P, K (%) (Table 5) Fe, Zn (mg kg^{-1}) (Table 6) and nutrient uptake *i.e.*, N, P, K (g plant^{-1}) (Table 7) Fe, Zn (mg plant^{-1}) (Table 8) at the harvest stage. In can be noticed that the sequence order from the most effective treatment to less was as follows;

T₂ treatment, comprising 75% of the recommended NPK dose in traditional bulk form and 15% in Nano form followed by the **T₃** treatment, which involved 50% of the recommended NPK dose in traditional bulk form and 15% in Nano form then **T₁** treatment, utilizing 100% of the recommended NPK in traditional bulk form and lately the **T₄** treatment, incorporating only 25% of the recommended NPK in Nano form.

Individual effect of Fe and Zn forms

Also, the same Tables demonstrate a substantial enhancement in the values of nutrient concentrations in leaves of spinach plants *i.e.*, N, P, K (%) (Table 5) Fe, Zn (mg kg^{-1}) (Table 6) and nutrient uptake *i.e.*, N, P, K (g plant^{-1}) (Table 7) Fe, Zn (mg plant^{-1}) (Table 8) at the harvest stage. This enhancement is associated with the application of various forms of Fe and Zn,

including Nano and chelated forms, when compared to the control group (**F₁**) that did not receive any foliar treatment. Generally, it can be noticed that the superior treatment for obtaining the maximum values of the studied nutrient concentrations and their uptake was **F₂** treatment, involving Fe in Nano form at a rate of 10mg L^{-1} , followed by the **F₃** treatment, which utilized Zn in Nano form at a rate of 10mg L^{-1} , then the **F₄** treatment, featuring Fe in the EDTA chelated form at a rate of 100mg L^{-1} , then the **F₅** treatment, using Zn in the EDTA chelated form at the same rate and lately the **F₁** treatment, which did not receive any foliar application.

Interaction among the studied treatments

In terms of the interaction effect, the combined application of the **T₂** treatment (consisting of 75% of the recommended NPK dose in traditional bulk form and 15% in Nano form) with the **F₂** treatment (involving Fe in Nano form at a rate of 10mg L^{-1}) resulted in the highest recorded values for nutrient concentrations in leaves of spinach plants *i.e.*, N, P, K (%) (Table 5) Fe, Zn (mg kg^{-1}) (Table 6) and nutrient uptake *i.e.*, N, P, K (g plant^{-1}) (Table 7) Fe, Zn (mg plant^{-1}) (Table 8) at the harvest stage. In contrast, the lowest values were observed when spinach plants were subjected to the **T₄** treatment, which provided only 25% of the recommended NPK dose in Nano form, while simultaneously not receiving any foliar application (**F₁** treatment).

Table 5. The impact of various mineral nutrient forms (granular, Nano, or chelated) on the nutritional element concentration in leaves of spinach plants (N, P, K) at the harvest stage (combined data over both seasons).

Treatments		Nitrogen (N)	Phosphorus (P)	Potassium (K)
		(%)		
Main factor: Form of NPK recommended dose				
	T ₁	3.25c	0.456c	2.95c
	T ₂	3.50a	0.480a	3.16a
	T ₃	3.41b	0.474b	3.08b
	T ₄	2.83d	0.410d	2.52d
	LSD at 5%	0.08	0.004	0.06
Sub main factor: Foliar application treatments				
	F ₁	3.02c	0.432d	2.71c
	F ₂	3.36a	0.466a	3.04a
	F ₃	3.32ab	0.463ab	3.00ab
	F ₄	3.29b	0.459bc	2.96ab
	F ₅	3.25b	0.456c	2.93b
	LSD at 5%	0.07	0.005	0.10
Interaction				
T ₁	F ₁	3.07	0.438	2.74
	F ₂	3.38	0.469	3.09
	F ₃	3.31	0.464	3.03
	F ₄	3.28	0.458	2.98
	F ₅	3.22	0.454	2.93
T ₂	F ₁	3.16	0.448	2.88
	F ₂	3.62	0.491	3.27
	F ₃	3.60	0.489	3.25
	F ₄	3.57	0.488	3.21
	F ₅	3.55	0.485	3.19
T ₃	F ₁	3.12	0.443	2.78
	F ₂	3.51	0.485	3.18
	F ₃	3.49	0.483	3.15
	F ₄	3.48	0.480	3.16
	F ₅	3.46	0.479	3.12
T ₄	F ₁	2.73	0.397	2.43
	F ₂	2.95	0.420	2.61
	F ₃	2.87	0.416	2.57
	F ₄	2.83	0.410	2.50
	F ₅	2.77	0.405	2.48
	LSD at 5%	0.15	0.009	0.21

Means within a column followed by a different letter (s) are statistically different at 5%

Since, T₁: 100% recommended dose of NPK as traditional bulk form ; **T₂**: 75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₃**: 50% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₄**: 25% recommended dose of NPK as Nano form; **F₁**: Control (without foliar); **F₂**: Fe- Nano (10mg L⁻¹) ; **F₃**: Zn- Nano (10mg L⁻¹) **F₄**: Fe- EDTA (100mg L⁻¹); **F₅**: Zn- EDTA(100mg L⁻¹).

Table 6. The impact of various mineral nutrient forms (granular, Nano, or chelated) on the nutritional element concentration in leaves of spinach plants (Fe, Zn) at the harvest stage (combined data over both seasons).

Treatments	Iron (Fe)		Zinc (Zn)	
	(mgkg ⁻¹)			
Main factor: Form of NPK recommended dose				
T ₁		77.31c		50.61c
T ₂		79.11a		52.11a
T ₃		78.21b		51.37b
T ₄		75.65d		49.28d
LSD at 5%		0.48		0.57
Sub main factor: Foliar application treatments				
	F ₁	74.38c		48.14d
	F ₂	80.79a		49.74c
	F ₃	76.43b		53.77a
	F ₄	80.36a		49.31c
	F ₅	75.89b		53.27b
LSD at 5%		0.96		0.50
Interaction				
T ₁	F ₁	74.42		48.23
	F ₂	80.31		49.53
	F ₃	76.19		53.29
	F ₄	79.93		49.16
	F ₅	75.72		52.83
T ₂	F ₁	75.45		48.73
	F ₂	82.16		51.23
	F ₃	78.45		55.21
	F ₄	81.68		50.70
	F ₅	77.79		54.69
T ₃	F ₁	74.87		48.47
	F ₂	81.22		50.33
	F ₃	77.30		54.31
	F ₄	80.88		49.94
	F ₅	76.76		53.80
T ₄	F ₁	72.78		47.10
	F ₂	79.47		47.86
	F ₃	73.77		52.26
	F ₄	78.95		47.44
	F ₅	73.29		51.74
LSD at 5%		1.71		0.99

Means within a column followed by a different letter (s) are statistically different at 5%

Since, T₁: 100% recommended dose of NPK as traditional bulk form ; T₂: 75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; T₃: 50% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; T₄: 25% recommended dose of NPK as Nano form; F₁: Control (without foliar) ; F₂: Fe- Nano (10mg L⁻¹) ; F₃: Zn- Nano (10mg L⁻¹) F₄: Fe- EDTA (100mg L⁻¹); F₅: Zn- EDTA(100mg L⁻¹).

Table 7. The impact of various mineral nutrient forms (granular, Nano, or chelated) on the nutritional element uptake by spinach plants (N, P, K) at the harvest stage (combined data over both seasons).

Treatments		Nitrogen (N)	Phosphorus (P)	Potassium (K)
		(g plant ⁻¹)		
Main factor: Form of NPK recommended dose				
	T ₁	0.261c	0.037c	0.237c
	T ₂	0.325a	0.045a	0.293a
	T ₃	0.308b	0.043b	0.278b
	T ₄	0.191d	0.028d	0.170d
	LSD at 5%	0.008	0.001	0.004
Sub main factor: Foliar application treatments				
	F ₁	0.219d	0.031d	0.197d
	F ₂	0.295a	0.041a	0.267a
	F ₃	0.287b	0.040b	0.260ab
	F ₄	0.281bc	0.039b	0.253bc
	F ₅	0.274c	0.038c	0.247c
	LSD at 5%	0.007	0.001	0.009
Interaction				
T ₁	F ₁	0.227	0.032	0.202
	F ₂	0.284	0.039	0.260
	F ₃	0.273	0.038	0.250
	F ₄	0.264	0.037	0.240
	F ₅	0.255	0.036	0.232
T ₂	F ₁	0.244	0.035	0.222
	F ₂	0.352	0.048	0.318
	F ₃	0.347	0.047	0.314
	F ₄	0.343	0.047	0.308
	F ₅	0.339	0.046	0.304
T ₃	F ₁	0.237	0.034	0.211
	F ₂	0.333	0.046	0.301
	F ₃	0.328	0.045	0.296
	F ₄	0.324	0.045	0.295
	F ₅	0.321	0.044	0.289
T ₄	F ₁	0.170	0.025	0.151
	F ₂	0.212	0.030	0.188
	F ₃	0.201	0.029	0.180
	F ₄	0.193	0.028	0.170
	F ₅	0.181	0.027	0.162
	LSD at 5%	0.014	0.001	0.018

Means within a column followed by a different letter (s) are statistically different at 5%

Since, T₁: 100% recommended dose of NPK as traditional bulk form ; **T₂:** 75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₃:** 50% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₄:** 25% recommended dose of NPK as Nano form; **F₁:** Control (without foliar); **F₂:** Fe- Nano (10mg L⁻¹) ; **F₃:** Zn- Nano (10mg L⁻¹) **F₄:** Fe- EDTA (100mg L⁻¹); **F₅:** Zn- EDTA(100mg L⁻¹).

Table 8. The impact of various mineral nutrient forms (granular, Nano, or chelated) on the nutritional element uptake by spinach plants (Fe, Zn) at the harvest stage (combined data over both seasons).

Treatments	Iron (Fe)	Zinc (Zn)	
	(mg plant ⁻¹)		
Main factor: Form of NPK recommended dose			
T ₁	0.620c	0.406c	
T ₂	0.733a	0.483a	
T ₃	0.706b	0.464b	
T ₄	0.512d	0.333d	
LSD at 5%	0.004	0.006	
Sub main factor: Foliar application treatments			
F ₁	0.538e	0.348e	
F ₂	0.704a	0.434c	
F ₃	0.657c	0.462a	
F ₄	0.680b	0.418d	
F ₅	0.633d	0.444b	
LSD at 5%	0.011	0.006	
Interaction			
T ₁	F ₁	0.550	0.356
	F ₂	0.676	0.417
	F ₃	0.629	0.440
	F ₄	0.645	0.396
	F ₅	0.600	0.418
T ₂	F ₁	0.582	0.376
	F ₂	0.799	0.498
	F ₃	0.757	0.533
	F ₄	0.784	0.487
	F ₅	0.743	0.523
T ₃	F ₁	0.568	0.368
	F ₂	0.770	0.477
	F ₃	0.726	0.510
	F ₄	0.754	0.465
	F ₅	0.710	0.498
T ₄	F ₁	0.453	0.293
	F ₂	0.571	0.3441
	F ₃	0.517	0.366
	F ₄	0.5381	0.323
	F ₅	0.480	0.339
LSD at 5%	0.024	0.013	

Means within a column followed by a different letter (s) are statistically different at 5%

Since, T₁: 100% recommended dose of NPK as traditional bulk form ; T₂: 75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; T₃: 50% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; T₄: 25% recommended dose of NPK as Nano form; F₁: Control (without foliar); F₂: Fe- Nano (10mg L⁻¹) ; F₃: Zn- Nano (10mg L⁻¹) F₄: Fe- EDTA (100mg L⁻¹); F₅: Zn- EDTA(100mg L⁻¹)

Quality parameters

Table 9 shows the outcomes resulting from the utilization of different combinations of NPK (in both granular and Nano forms) and various forms of Fe and Zn (Nano and chelated), along with their interactions (Table 9 & Fig 1). The impact of these combinations is assessed concerning quality parameters, including vitamin C (mg 100g⁻¹), nitrate

(NO₃-N, mg kg⁻¹) and oxalate (mg 100g⁻¹) at harvest stage.

Individual effect of NPK forms

In terms of vitamin C (mg 100g⁻¹), the Table 9 shows that the T₂ treatment, which comprised 75% of the recommended NPK dose in traditional bulk form and 15% in Nano form, demonstrated the most

effective outcome, resulting in the highest values. Following closely was the T₃ treatment, which consisted of 50% of the recommended NPK dose in traditional bulk form and 15% in Nano form. In contrast, the T₁ treatment, involving 100% of the

recommended NPK in traditional bulk form, ranked third, trailing behind both T₃ and T₂. Lastly, the T₄ treatment, with only 25% of the recommended NPK in Nano form, exhibited the least impact on the levels of vitamin C in spinach plants.

Table 9. The impact of various mineral nutrient forms (granular, Nano, or chelated) on the quality parameters of spinach plants at the harvest stage (combined data over both seasons).

Treatments	Vitamin C, mg 100g ⁻¹	NO ₃ , mg kg ⁻¹	Oxalate, mg 100g ⁻¹	
Main factor: Form of NPK recommended dose				
T ₁	69.55b	441.15a	792.73a	
T ₂	71.23a	381.39b	713.09b	
T ₃	70.66a	323.42c	633.86c	
T ₄	64.45c	263.35d	554.67d	
LSD at 5%	0.97	3.07	6.57	
Sub main factor: Foliar application treatments				
F ₁	66.79d	328.75e	642.05e	
F ₂	70.08a	375.73a	705.26a	
F ₃	69.72ab	364.40b	689.00b	
F ₄	69.31bc	352.35c	673.88c	
F ₅	68.97c	340.41d	657.74d	
LSD at 5%	0.74	3.71	7.47	
Interaction				
T ₁	F ₁	67.42	417.27	761.97
	F ₂	71.02	465.50	824.17
	F ₃	70.46	453.43	808.00
	F ₄	69.76	440.80	793.47
	F ₅	69.06	428.73	776.03
T ₂	F ₁	68.64	358.47	680.93
	F ₂	72.00	404.23	744.97
	F ₃	71.93	392.67	728.87
	F ₄	71.76	382.17	713.53
	F ₅	71.80	369.40	697.13
T ₃	F ₁	67.90	299.80	602.67
	F ₂	71.59	346.27	665.27
	F ₃	71.35	335.87	649.13
	F ₄	71.32	323.23	633.77
	F ₅	71.16	311.93	618.47
T ₄	F ₁	63.20	239.47	522.63
	F ₂	65.70	286.90	586.63
	F ₃	65.13	275.63	570.00
	F ₄	64.39	263.20	554.73
	F ₅	63.84	251.57	539.33
LSD at 5%	1.49	7.41	14.96	

Means within a column followed by a different letter (s) are statistically different at 5%

Since, T₁: 100% recommended dose of NPK as traditional bulk form ; T₂: 75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; T₃: 50% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; T₄: 25% recommended dose of NPK as Nano form; F₁: Control (without foliar); F₂: Fe- Nano (10mg L⁻¹); F₃: Zn- Nano (10mg L⁻¹); F₄: Fe- EDTA (100mg L⁻¹); F₅: Zn- EDTA(100mg L⁻¹).

T₂ Treatment (75% NPK in Traditional Bulk Form and 15% in Nano Form) achieved the highest vitamin C content due to the optimized combination of traditional bulk NPK and Nano NPK, enhancing

nutrient uptake and assimilation, resulting in improved vitamin C production. T₃ treatment (50% NPK in Traditional Bulk Form and 15% in Nano Form): This treatment closely followed T₂ because it

also included a substantial portion of Nano NPK, which contributed to improved nutrient efficiency and higher vitamin C levels. **T₁** Treatment (100% NPK in Traditional Bulk Form) ranked lower as it relied solely on traditional bulk NPK, which might not have been as efficiently absorbed by the plants, leading to comparatively lower vitamin C content. **T₄** Treatment (25% NPK in Nano Form), with a minimal amount of Nano NPK, exhibited the least impact on vitamin C levels, possibly because Nano NPK alone was insufficient to support optimal plant nutrition for vitamin C production.

In terms of nitrate ($\text{NO}_3\text{-N}$, mg kg^{-1}) and oxalate ($\text{mg } 100\text{g}^{-1}$), it can be noticed that their values increased

as the NPK ratio in traditional bulk form increased. The highest nitrate and oxalate values were associated with the **T₁** treatment, which contained 100% traditional bulk NPK. The nitrate ($\text{NO}_3\text{-N}$) concentration in the spinach varied from 251.57 to 465.50 mg kg^{-1} of fresh weight. These levels were below the acceptable $\text{NO}_3\text{-N}$ content for human consumption, which typically ranges from 3500 to 4500 mg kg^{-1} of fresh weight, as indicated by Abdel-Hakim *et al.* (2023). This outcome suggests that traditional bulk NPK may contribute to higher nitrate and oxalate accumulation in the plant tissues, possibly due to the more abundant presence of these nutrients in the form that is easily taken up by plants.

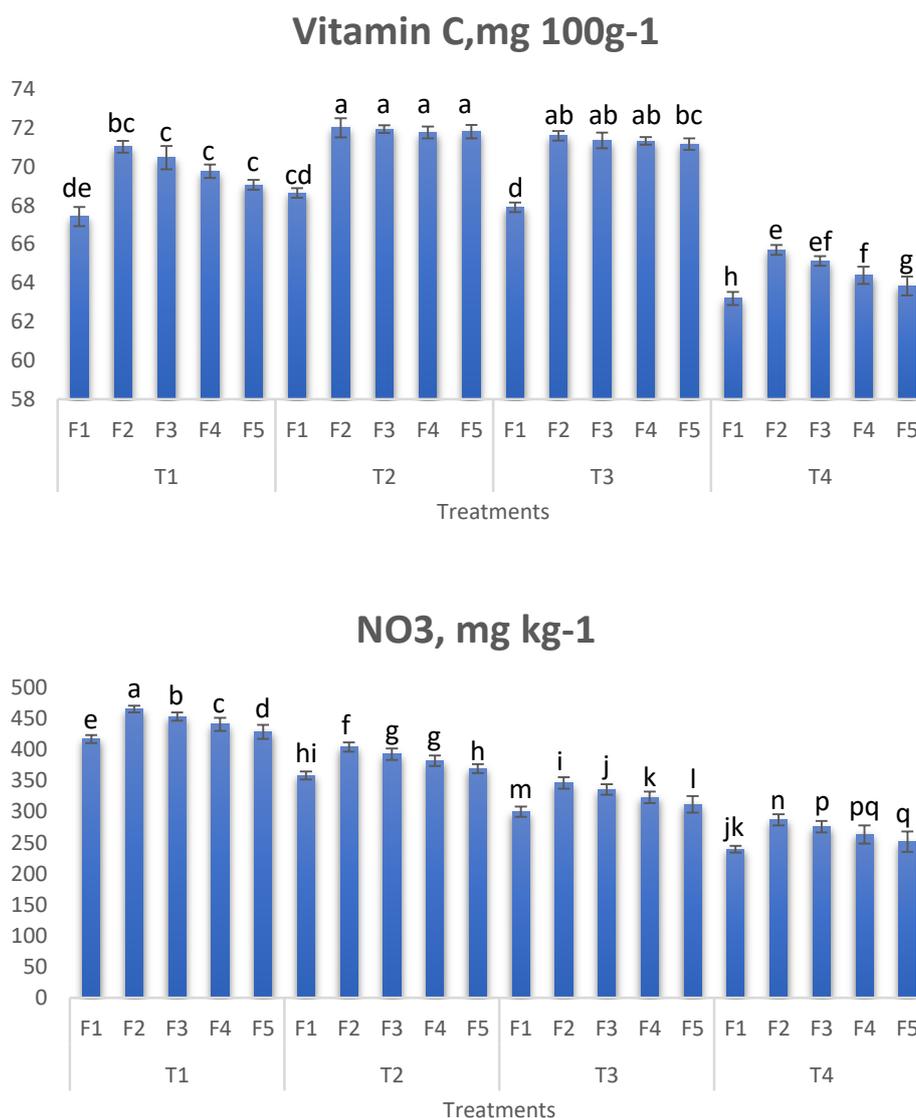


Fig. 6. The impact of various mineral nutrient forms (granular, Nano, or chelated) on the quality parameters of spinach plants at the harvest stage (combined data over both seasons).

Since, T₁: 100% recommended dose of NPK as traditional bulk form ; **T₂:** 75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₃:** 50% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form; **T₄:** 25% recommended dose of NPK as Nano form; **F₁:** Control (without foliar) ; **F₂:** Fe- Nano (10mg L^{-1}) ; **F₃:** Zn- Nano (10mg L^{-1}) **F₄:** Fe- EDTA (100mg L^{-1}); **F₅:** Zn- EDTA(100mg L^{-1}).

Individual effect of Fe and Zn forms

Table 9 reveals that different forms of Fe and Zn (Nano and chelated) led to a significant increase in all the measured parameters, including vitamin C ($\text{mg } 100\text{g}^{-1}$), nitrate ($\text{NO}_3\text{-N}$, mg kg^{-1}) and oxalate ($\text{mg } 100\text{g}^{-1}$) at harvest stage, as compared to the control group (F_1) that did not receive any foliar application. Also, the data demonstrate that the Nano form led to the highest values for vitamin C ($\text{mg } 100\text{g}^{-1}$), nitrate ($\text{NO}_3\text{-N}$, mg kg^{-1}) and oxalate ($\text{mg } 100\text{g}^{-1}$) when compared to the chelated form in the context of both Fe and Zn treatments. Generally, it can be noticed that the F_2 treatment (Fe- Nano at rate of 10mg L^{-1}) was the superior for obtaining the maximum values for all aforementioned traits followed by F_3 treatment (Zn- Nano at rate of 10mg L^{-1}) then F_4 treatment (Fe- EDTA at rate of 100mg L^{-1}) and F_5 treatment (Zn- EDTA at rate of 100mg L^{-1}), respectively. While F_1 treatment (without foliar application) came in the last order.

Interaction among the studied treatments

In terms of vitamin C ($\text{mg } 100\text{g}^{-1}$), the data in the same Table and Fig 2 show the combined treatment of T_2 treatment (75% recommended dose of NPK as traditional bulk form +15% recommended dose of NPK as Nano form) x F_2 treatment (Fe- Nano at rate of 10mg L^{-1}) realized the highest values, while the lowest values were noticed when spinach plants treated with 25% recommended of NPK as Nano form (T_4 treatment) and simultaneously without foliar application (F_1 treatment). The combination of a significant portion of NPK in traditional bulk form along with Nano NPK (T_2) likely led to better nutrient availability and uptake, promoting higher vitamin C synthesis. The addition of Fe-Nano (F_2) further enhanced nutrient absorption and utilization, resulting in the highest vitamin C content. Nano forms of nutrients often offer increased surface area and improved solubility, facilitating nutrient uptake by plant roots and subsequent utilization for metabolite production.

In terms of nitrate ($\text{NO}_3\text{-N}$, mg kg^{-1}) and oxalate ($\text{mg } 100\text{g}^{-1}$), it can be noticed from the same Table that the combined treatment of T_1 treatment (100% recommended dose of NPK as traditional bulk form) x F_2 treatment (Fe- Nano at rate of 10mg L^{-1}) realized the highest values, while the lowest values were noticed when spinach plants treated with 25% recommended of NPK as Nano form (T_4 treatment) and simultaneously without foliar application (F_1

treatment). The highest nitrate and oxalate values were observed in this combination. When NPK is primarily in traditional bulk form (T_1), it likely provides a substantial reservoir of nitrate and oxalate precursors that can be readily absorbed by plants, leading to higher accumulations of these compounds. The addition of Fe-Nano (F_2) might have facilitated the uptake of nutrients and their conversion into nitrate and oxalate.

Generally, in spinach, nitrate and oxalate accumulation is particularly significant. As mineral nitrogen levels, especially in the form of nitrates, increase in the soil, spinach plants tend to absorb and accumulate these compounds. Nitrate is vital for spinach growth as it's used in the production of amino acids and proteins. However, excessive nitrate accumulation in spinach can lead to health concerns, such as potential nitrate toxicity for consumers. Additionally, spinach is known to accumulate oxalate, which can also increase with higher mineral nitrogen availability. The accumulation of oxalate in spinach can affect its nutritional quality and palatability, potentially leading to the perception of astringency in the leaves.

4. Discussion

The observed results can be attributed to several scientific reasons and insights. The T_2 treatment, which included a combination of mineral and Nano forms, showed superior results. This could be due to the enhanced efficiency of nutrient uptake and utilization in this treatment. Nano-formulated nutrients have a higher surface area, which can lead to better absorption by plant roots, resulting in improved growth. The T_3 treatment also performed well. This suggests that a balanced combination of nutrient sources can be effective. The synergy between mineral and Nano forms might provide a consistent supply of nutrients to the plants throughout their growth stages. The T_1 treatment, which used solely mineral forms, ranked third. This result may be attributed to the slower release and lower efficiency of nutrient uptake associated with granular mineral forms. Plants may have experienced delayed access to nutrients, impacting their overall growth and yield. The T_4 treatment, utilizing only 25% of the NPK dose as Nano form, exhibited the least favorable outcomes. This finding underscores that an insufficient amount of Nano-formulated nutrients may not provide the necessary nutrients for optimal plant growth (Rop *et al.* 2019).

In summary, the superior performance of the T₂ treatment may be attributed to the combination of mineral and Nano forms, which enhances nutrient uptake and utilization. The T₃ treatment also yielded positive results, demonstrating the advantages of balanced nutrient sourcing. These findings underscore the importance of nutrient source ratios and the potential benefits of incorporating Nano-formulated nutrients in optimizing the growth and yield of spinach plants. In general, the enhanced effectiveness of Nano fertilizers may be attributed to their diminutive particle size and expansive surface area, which amplify the capacity for nutrient absorption and uptake by plant roots. This, in turn, leads to more efficient nutrient utilization, consequently reducing the overall quantity of required fertilizers (Mali *et al.* 2020). Furthermore, the heightened mobility of nanoparticles within both soil and plant tissues facilitates the conveyance of nutrients throughout the plant, thereby enhancing nutrient dispersal and utilization. Finally, it can be said that the synergistic combination of traditional bulk or granular NPK fertilizers with Nano NPK was pivotal in boosting the growth and yield of spinach. Traditional fertilizers offer a reliable and steady nutrient supply, while Nano NPK, with its enhanced solubility and nutrient uptake, ensures efficient utilization of these nutrients. This balanced approach not only provides a consistent source of essential macronutrients but also allows for controlled, gradual nutrient release. Additionally, Nano NPK's ability to precisely target plant tissues optimizes nutrient utilization, leading to increased chlorophyll production and photosynthetic activity, ultimately resulting in higher spinach yields. The obtained results are in harmony with those of Gil-Díaz *et al.* (2022); Ibrahim, (2022).

Spinach, like many other plants, can suffer from Fe and Zn deficiencies, which can lead to stunted growth, reduced yield, and chlorosis (yellowing of leaves) (Barker and Pilbeam 2015). The foliar application of Fe and Zn forms addresses these deficiencies, leading to healthier and more productive plants. The positive impact of using Fe and Zn forms on spinach plant growth and productivity can be attributed to their essential roles in plant nutrition. While both elements are essential, the differential requirements of Fe and Zn in plant physiology, influenced by the specific experimental conditions and plant responses, might explain the observed greater effectiveness of Fe treatments compared to Zn treatments in this particular study.

The application of Fe and Zn treatments as foliar sprays on the leaves enhances their direct accessibility to the plant's foliage. This method allows for the rapid absorption of nutrients through the leaf surface, which is rich in stomata and cuticles, facilitating efficient nutrient uptake. The Nano form's smaller particle size, in this context, plays a crucial role in increasing the effectiveness of nutrient delivery and absorption by the leaves. Additionally, the targeted nature of foliar application ensures that the nutrients are applied directly where they are needed, minimizing wastage and optimizing nutrient utilization by the plant (Tombuloglu *et al.* 2020).

The observed superiority of spraying the Nano form on leaves in comparison to the chelated form, for both Fe and Zn treatments, can be attributed to that Nano-sized particles have the advantage of smaller size and high surface area, allowing them to penetrate leaf tissues more effectively. This enables a faster and more efficient absorption of nutrients into the plant, promoting better growth and nutrient utilization. Foliar application, especially using Nano forms, provides a direct route for nutrient uptake through the leaves. The nutrients bypass the root system and are immediately available for plant utilization, resulting in quicker responses to nutrient deficiencies and improved plant health. Nano forms are less prone to runoff and can adhere more effectively to leaf surfaces, reducing the risk of nutrient loss through wash-off or leaching. This results in a higher proportion of the applied nutrients being retained and utilized by the plant (Salem, 2022). Foliar sprays can be finely tuned to target specific plant tissues or growth stages. Nanoparticles can be engineered for precision, directing nutrients to areas where they are needed most, such as young leaves or developing fruits, optimizing nutrient utilization. The Nano form can be designed for controlled nutrient release, providing a sustained supply of Fe and Zn over time. This prolonged availability of nutrients supports consistent plant growth and mitigates the risk of nutrient deficiencies during critical growth stages. Nano-sized particles can be transported more efficiently within leaf tissues, ensuring even distribution of nutrients to various parts of the plant. This leads to balanced growth and better nutrient utilization. The results obtained in this study align with findings from prior research executed by Hossain and Bezbaruah (2021), Zafar *et al.* (2022), Turan *et al.* (2022) and Sun *et al.* (2023), demonstrating consistency and support for the observed trends and outcomes.

The observed interaction effect, particularly the combination of T_2 treatment with F_2 treatment, which resulted in the best performance for spinach plants, can be attributed to several key reasons;

The interaction between the selected T_2 and F_2 treatments likely created a synergistic effect in nutrient uptake. The combination of NPK in both mineral and Nano forms, along with Fe-Nano, may have provided an optimal balance of essential nutrients, promoting robust growth and higher yields. The T_2 treatment, which included both mineral and Nano forms, could have provided a more balanced and sustained supply of nutrients to the plants (Sadati-Valojai *et al.* 2021). This balanced nutrient supply, along with the added Fe-Nano treatment, likely enhanced nutrient availability at critical growth stages. The combined treatment may have optimized nutrient targeting, ensuring that nutrients were directed to the right plant tissues and growth areas. This precise nutrient delivery contributed to enhanced growth parameters and yield. The T_4 treatment (25% recommended dose of NPK as Nano form) in combination with no foliar application (F_1 treatment) resulted in the lowest values. This outcome is likely due to the insufficient nutrient supply from the T_4 treatment and the absence of foliar nutrient application, leading to nutrient deficiency and suboptimal plant growth (Adisa *et al.* 2019).

In summary, the highest values observed in the interaction effect of the T_2 and F_2 treatments are likely a result of synergistic nutrient uptake, balanced nutrient supply, efficient nutrient utilization, controlled release, optimized nutrient targeting, and the prevention of nutrient deficiency. These factors contributed to the superior growth and yield of spinach plants in this specific combination. The results are consistent with the findings obtained by Hossain and Bezbaruah (2021), Jose *et al.* (2021), Gil-Díaz *et al.* (2022) and Salem (2022).

The findings of this study align with existing literature on Nano-fertilizers and spinach cultivation, which suggests that the supplementation of Nano-fertilizers can enhance plant growth and yield compared to conventional fertilizers. The observed superior performance of the T_2 treatment, which included a combination of traditional NPK fertilizers and Nano-fertilizers, is consistent with previous research indicating that Nano-fertilizers can improve nutrient uptake efficiency and enhance plant growth

parameters (Dhaliwal *et al.* 2021; El-Desouky *et al.* 2021; Ibrahim and Hegab 2022). This improvement may be attributed to the unique properties of Nano-fertilizers, such as their small size, high surface area-to-volume ratio, and targeted nutrient delivery mechanisms, which facilitate better nutrient absorption by plant roots. Additionally, the greater effectiveness of Fe treatments compared to Zn treatments is in line with the known importance of iron in promoting chlorophyll synthesis and photosynthetic activity, crucial for overall plant growth and development (Mahdiah *et al.* 2018; Turan *et al.* 2022).

The observed differences in plant growth and yield between different treatments may be attributed to several potential mechanisms. Firstly, the Nano-form of fertilizers may enhance nutrient availability and uptake by plants due to their ability to penetrate cell walls and deliver nutrients directly to plant cells (Xu *et al.* 2018). Secondly, the controlled-release properties of Nano-fertilizers may ensure a steady supply of nutrients to plants over an extended period, preventing nutrient deficiency and promoting continuous growth (Gil-Díaz *et al.* 2022). Furthermore, the foliar application of Nano-fertilizers may allow for rapid nutrient absorption through the stomata, bypassing potential soil nutrient limitations and increasing nutrient efficiency. Additionally, the chelated forms of Fe and Zn may have exhibited lower effectiveness due to reduced bioavailability compared to Nano-forms, which can readily release nutrients in plant-available forms Abdel-Hakim *et al.* (2023).

Despite the promising results, several limitations and challenges may have influenced the study outcomes. Variability in soil conditions, such as nutrient levels and pH, could have affected nutrient availability and uptake by plants, potentially confounding the results. Environmental factors such as temperature, humidity, and precipitation may have also influenced plant growth and yield, introducing variability across experimental units. Furthermore, the short duration of the study may not fully capture the long-term effects of Nano-fertilizers on soil health, microbial communities, and ecosystem dynamics (Al-Jubouri *et al.* 2023; Abdalla *et al.* 2023).

The findings of this study have significant implications for agricultural practices, suggesting that the integration of Nano-fertilizers with conventional fertilization strategies can enhance crop

productivity while reducing the environmental impact of nutrient runoff (Sharaf-Eldin *et al.* 2022). Future research directions may include investigating the optimal dosage, timing, and application methods of Nano-fertilizers for different crops and soil types, as well as assessing their long-term effects on soil fertility, plant-microbe interactions, and ecosystem sustainability. Additionally, studies examining the economic feasibility and scalability of Nano-fertilizers in large-scale agricultural systems are warranted to facilitate their widespread adoption and commercialization (Helaly *et al.* 2021; Shaib and Hany, 2023).

5. Conclusion

The study highlights the effectiveness of supplementing traditional NPK fertilizers with Nano-fertilizers, particularly when combined with foliar applications of Fe and Zn, in enhancing the growth, chemical constituents, and quality parameters of spinach plants. The combination of 75% recommended NPK in traditional bulk form and 15% in Nano form, along with Fe- Nano foliar treatment at a rate of 10mg L⁻¹, consistently resulted in the highest positive impacts across various parameters. These findings suggest the potential for more sustainable and efficient fertilizer practices in spinach cultivation. Therefore, it is recommended that farmers and agricultural practitioners consider adopting this approach to optimize crop performance while minimizing the environmental impact of conventional chemical fertilizers.

Conflicts of interest

The authors have declared that no competing interests exist.

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