CASE REPORTS



Complete diphallia associated with unusual multiple congenital anomalies: case report and review of literatures

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Abstract

Background: Diphallus (duplication of phallus) is rarely encountered in surgical practice with only 100 cases reported in literature. Some cases may be isolated but mostly associated with other anomalies, without clear data about its etiology.

Case presentation: We reported a 1-day-old newborn baby who was presented with complete duplication of the phallus, one of them being hypospadic associated with a high type imperforate anus, omphalocele, congenital pouch colon, sacral meningocele, and other congenital anomalies not reported before in such combinations.

Multiple stages surgical corrective procedures were performed over a period of 4 years with 4–6 months interval between each stage, starting with the management of omphalocele and colostomy, ended by excision of the abnormal phallus with abdominoplasty and closure of colostomy.

The outcome was evaluated, and literatures were reviewed in relation to types, presentations, and options for surgical correction with optimal outcomes.

Conclusion: A combination of diphallia and other abnormalities in our patient are not reported previously in such manner and were very difficult to be corrected.

Only expert pediatric surgeons should treat such conditions as every case is unique in nature. In all conditions, the abnormal phallus should be excised, and the final aim is to achieve a continent child with cosmetically acceptable genitalia.

Keywords: Case report, Diphallia, Imperforate anus, Omphalocele, Congenital cystic colon

Background

Diphallia or penile duplication is an extremely rare abnormality with an incidence of 1 in 6,000,000 births [1-3], with approximately 100 cases reported since the first case reported by Weker in 1609 [4, 5].

It can be presented alone as isolated diphallia or in association with different anomalies [6, 7].

Schneider classified diphallia into 3 categories:

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- 1. Duplication of the glans
- 2. Bifid diphallia
- 3. Complete penis duplication with each penis having 2 corpora cavernosa and a corpus spongiosum [8]

Velanova et al. added a fourth category:

4. Pseudodiphallia in which there is a rudimentary atrophic penis existing independently from the normal penis [9]

Hallowel and Wilson suggested that complete diphallia could result from longitudinal duplication of the



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infraumbilical cloacal membrane before the fourth week of gestation, and this can explain the association of genitourinary and intestinal anomalies [10-12].

It is believed that diphallia in fetuses occurs when injury, chemical agents, or malfunctioned genome which deeply disturbs the caudal cell mass of fetal mesoderm [7].

A recent report by Karna and Kapur suggested that chromosomal abnormalities may be the etiological factors responsible for this malformation and chromosomal analysis of their own patients shows balanced reciprocal chromosomal translocation 46,XY, t(1:14) (p 36,3: q 24,3) [13].

The surgical corrective management plan for penile duplication should be specific for each patient according to the associated anomalies, degree of penile duplication, functional quality of organs, and cosmetic appearance so as to preserve continence and erectile function [4-6].

Case presentation

A male newborn who was delivered with a cesarean section was transferred to our pediatric surgical center with an abnormal lower abdominal swelling in addition to abnormal genitalia. The patient's parents are phenotypically normal with no family history of anomalies.

The mother was exposed to some diagnostic radiation in the first trimester. The weight of the baby was 2.7 kg with a normal APGAR score and passed clear urine in the first 24 h.

Physical examination demonstrated normal cardiac and respiratory systems, but there were multiple anomalies involving the lower abdomen, pelvis, and lower limbs (Figs. 1 and 2):



Fig. 1 Hypogastric omphalocele, club foot, widely separated pubic symphysis, bilateral inguinal testis, and hernia

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Fig. 2 Sacral meningocele, left hypospadic phallus, double anal cleft, and raphae

- 1. A big infraumbilical omphalocele 10–12 cm in diameter
- 2. Completely well formed, widely separated phallus on each side, one of them with hypospadias and dribbling of urine from both phallus on crying
- 3. Separated hemiscrotum with each phallus with bilateral undescended testis and hernia
- 4. High type imperforate anus
- 5. Two separated anal dimple and cleft
- 6. Abnormal bony pelvis with widely separated pubic symphysis.
- 7. Sacrococcygeal swelling proved to be a meningocele later on
- 8. Right-sided club foot

On admission, the baby was stable; plain x-ray in AP view and lateral invertogram suggest extra pelvic bone inside with high type imperforate anus.

On exploration, a transverse colostomy was performed with excision of the omphalocele sac, and congenital cystic transverse colon was found. The baby recovered well postoperatively and was discharged home 7 days later with functioning colostomy to be lost for follow-up.

Two years later, the parents returned for advice to reconstruct the remaining anomalies. Evaluation of the anatomy was done by ultrasound, MRI, IVP, and MCU, which showed an abnormally shaped urinary bladder and left-sided grade 1 vesicoureteric reflux.

Multiple stages of reconstructive surgeries were performed within 4 months interval:

- 1. Excision of the prolapsed cystic colon and refashioning of colostomy
- 2. Excision of the sacral meningocele
- 3. Correction of the lower limb deformity
- 4. Posterior sagittal anorectoplasty and closure of the rectourethral fistula to the hypospadic phallus



Fig. 3 Excision of the abnormal phallus



Fig. 4 Scrotal approximation and abdominoplasty

- 5. Excision of the hypospadic phallus with lower abdominoplasty and approximation of hemiscrotum with orchidopexy (Figs. 3 and 4).
- 6. Closure of colostomy

The child developed a small urinary fistula at the site of the excised phallus which was closed later.

The child is 6 years old now, still using diapers but partially continent for stool and urine.

Regular follow-up and assessment demonstrates improvement in his vesicoureteric reflux, but further evaluation is needed for his covered exstrophy, cosmetic appearance, and continence.

Discussion

Neugebauer in 1898 and Nesbit and Bromme in 1933 were reviewed cases of diphallus in literature [14], after the first case reported by Weker in 1609 [4].

Although only 100 cases were reported in literatures, we believe that this is merely an underestimation as many of these are unrecorded or not reported to the surgical practice.

Ravi et al. and Wilson et al. classified diphallus as glandular, bifid, concealed, complete, hemidiphallus, and triple penises [11, 15]. We found that the Schnieder and Velanova classification is more appropriate and applicable to our case [8, 9].

In complete diphallia, the most common additional anomalies are intestinal and genitourinary, with the most common intestinal anomaly being an imperforate anus and the least common being rectal duplication [16, 17].

Karka et al. reported a case of complete diphallia with hypogastric omphalocele that had not been reported previously [5]. In our case, a big hypogastric (infraumbilical) omphalocele was the presenting anomaly and it is the second case reported to date, and it was successfully primarily repaired.

In addition to that, there was a feature of covered or pseudo-exstrophy in the form of wide pubic diastasis and low set umbilicus in our case similar to a case reported by Chadha et al. but without omphalocele [18]. This covered exstrophy is believed to result from persistence without rupture of an overdeveloped infraumbilical cloacal membrane [19, 20].

In addition to omphalocele and covered exstrophy, all other associated anomalies in our case were not reported in such association in previous literatures, particularly the presence of congenital cystic colon, sacral meningocele, and the extra pelvic bone inside.

Chadha et al. suggested that it is difficult to explain the completely well-developed duplicated penis in his case and other reported cases [18]. It may be due to an alteration of embryonic development, but it is not completely understood [2]. In our case, such a severe type of diphallus and associated anomalies may be contributed to an injury or malfunctioning gene [7], which may be secondary to radiation exposure to the mother in the first trimester.

Life-threatening anomalies should be treated first [4]; therefore, our management was concentrated primarily to the associated omphalocele and imperforate anus as priority, leaving diphallus to be treated electively.

All literatures recommended the removal of one of the duplicated phallus with its urethra and selecting the abnormal phallus [2, 4-6]; we excised the hypospadic phallus, but we faced difficulties in approximating the widely separated hemiscrotum and testes in the midline. This will require future refashioning to be cosmetically acceptable.

Although all surgical procedures were done successfully in our case, the patient still calls for good, regular follow-up, and plans for further intervention is needed for more acceptable functional and cosmetic results.

Conclusion

Complete diphallia is a rare anomaly of unclear causes, demanding careful assessment because of a high incidence of multiple life-threatening anomalies association that should be treated first.

Combination of diphallia and other abnormalities in our case is not reported previously in such manner and was very difficult to be corrected.

Only expert pediatric surgeons should treat such conditions in stages as every case is unique in nature.

In all conditions, the abnormal phallus should be excised, and the final aim is to achieve a continent child with cosmetically acceptable genitalia.

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Author's contributions

The sole author wrote the manuscript. The author read and approved the final manuscript.

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Availability of data and materials

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Declarations

Ethics approval and consent to participate

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Consent for publication

Both parents of my patient agreed for publication verbally, and recently, the parents sent me an agreement for publication electronically; nothing in the manuscript refers to the identity of the child.

Competing interests

Not applicable.

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