## **CASE REPORT**

# Deep bradycardia after sugammadex: is it due to anaphylaxis or by any other unknown mechanism(s) of sugammadex?

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## Abstract

**Background:** Sugammadex is a x-cyclodextrin containing 8-thiopropionate side chains, which selectively binds to nondepolarizing aminosteroid neuromuscular blocking agents. Here, we report a case who developed deep bradycardia after administration of sugammadex.

**Case presentation:** A 38-year-old-man was scheduled for laparoscopic right hemicolectomy. Besides history of light smoking, he had no other medical/surgical history that included any allergic reactions. At the end of the operation, 200 mg sugammadex was administered to antagonize residual neuromuscular blockade. One minute after the administration of sugammadex, the patient had deep bradycardia (25 beat min<sup>-1</sup>) and his systolic blood pressure fell below a measurable level. The patient's blood pressure was restored to 95/55 mmHg and heart rate 110 beats min<sup>-1</sup> with the administration of a total dose of ephedrine 10 mg, atropine sulfate 0.5 mg, 0.9% saline 1 L, and 6% hydroxyethylated starch 500 mL over 15 min. Then, he was extubated uneventfully and transferred to the intensive care unit for closer monitoring.

**Conclusions:** According to the current literature as well as the case we presented here, we suggest that physicians who use sugammadex especially in endoscopic/laparoscopic procedures using CO<sub>2</sub> should be aware of the possibility of sudden bradycardia and/or cardiac arrest.

Keywords: Sugammadex, Deep bradycardia, Anaphylaxis, Laparoscopic surgery

## Background

Sugammadex is a y-cyclodextrin containing 8 thiopropionate side chains, which selectively binds to nondepolarizing aminosteroid neuromuscular blocking agents, forming a host-guest complex by directly encapsulating the rocuronium (Mineoka et al., 2016; Yamaoka et al., 2017; Ho et al., 2016; Min et al., 2018). It supplies rapid, safe, predictable, and urgent reversal of aminosteroid neuromuscular blocking agents especially rocuronium and is considered as a well-tolerated drug (Mineoka et al., 2016; Ho et al., 2016; Min et al., 2018; Menedez-

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Ozcoidi et al., 2011). In recent years, sugammadex has been used more frequently in clinical practice with the changes in anesthesia management. By the frequent use of sugammadex in clinical practice, the adverse reaction(s) of sugammadex, sudden bradycardia and/or cardiac arrest, have been encountered often and the number of publications about this adverse reaction(s) has been increased (Ho et al., 2016). Here, we report a case who developed deep bradycardia after administration of sugammadex.

## **Case presentation**

Written informed consent was obtained from the patient for hid anonymized information to be published in this case report. A 38-year-old-man (weight 77 kg, height 170 cm) with a diagnosis of colonic adenoma with high-

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grade dysplasia was scheduled for laparoscopic right hemicolectomy at the University of Health Sciences Izmir Bozyaka Training and Research Hospital. Besides history of light smoking, he had no other medical or surgical history. He had also no history of allergies. After insertion of an epidural catheter, for postoperative analgesia, at L<sub>3-4</sub> level and confirmed negative aspiration for blood and cerebro-spinal fluid, 2 mL lidocaine 2% (40 mg) was injected via catheter over 30 s. The patient's baseline blood pressure was 129/70 mmHg, and heart rate was 80 beats min<sup>-1</sup>. After the epidural catheter was tested, general anesthesia was induced with propofol 200 mg, rocuronium 50 mg, and remifentanil  $0.2 \,\mu g \, kg^{-1}$ min<sup>-1</sup>, followed by tracheal intubation in the usual fashion by a spiral endotracheal tube, size of 8 mm. Anesthesia was maintained with 6% desflurane in 45% oxygen and air, remifentanil  $0.03 \,\mu g \, kg^{-1} \, min^{-1}$ , and intermittent epidural doses of 0.25% bupivacaine. A central venous catheter was placed to the right internal jugular vein by ultrasound guidance, and arterial catheterization was applied to the left radial artery. Cefazoline 1 g was administered as preoperative antibiotic prophylaxis. The surgery was completed uneventfully. Half an hour before ending of surgery, a total dose of 1 mg morphine in 5 mL was administered epidurally for postoperative analgesia and ranitidine hydrochloride (50 mg) for peptic ulcer prophylaxes. At the end of the operation, 200 mg sugammadex (corresponding to 2.5 mg kg<sup>-1</sup>) was administered to antagonize residual neuromuscular blockade. One minute after the administration of sugammadex, while the patient was still on mechanic ventilation and unconsciousness, he had deep bradycardia (25 beat min<sup>-1</sup>) and his systolic blood pressure fell below the measurable level (Figs. 1 and 2). Intravenous fluid resuscitation was begun, and ephedrine 10 mg and atropine sulfate 0.5 mg were administered. Subsequently, ST depression and ventricular premature contraction were observed in the electrocardiogram. Suspecting of a drug-induced anaphylaxis, intravenous methylprednisolone (100 mg) was also administered. He was ventilated on volume control ventilation mode with 100% oxygen. The patient's blood pressure was restored to 95/55 mmHg and heart rate 110 beats min<sup>-1</sup> with the administration of a total dose of ephedrine 10 mg, atropine sulfate 0.5 mg, 1 L 0.9% saline, and 6% hydroxyethylated starch 500 mL over 15 min. Then, the patient was extubated and transferred to the intensive care unit. He was discharged from the ICU on 1st and from the hospital on 7th postoperative day uneventfully (Fig. 3).

### Discussion

In our patient, a deep bradycardia occurred following a single intravenous dose of 200 mg sugammadex (corresponding to  $2.5 \text{ mg kg}^{-1}$ ) right after a laparoscopic right hemicolectomy.

The adverse reaction(s) of sugammadex, sudden bradycardia and/or cardiac arrest, have been encountered often by the frequent use of sugammadex in clinical practice. While this adverse reaction was explained as a result of anaphylaxis in previous publications; nowadays, recent publications and the producers reported that this can occur with unknown mechanisms without evidence of anaphylaxis. Interestingly, endoscopic/laparoscopic procedures using CO<sub>2</sub> may contribute to this adverse event when sugammadex is used for reversal of neuromuscular blockade at the end of the surgery (Bhavani, 2018).

Rocuronium, a nondepolarizing aminosteroid neuromuscular blocker, is commonly blamed for the perioperative anaphylaxis (Yamaoka et al., 2017); sugammadex itself can also trigger anaphylactic reactions (Mineoka et al., 2016; Obara et al., 2018); and surprisingly, rocuroniumsugammadex complex can become the potential allergen (Mineoka et al., 2016; Yamaoka et al., 2017; Ho et al.,





2016). In contrast, rocuronium-induced anaphylaxis was successfully treated with sugammadex (Mineoka et al., 2016; Menedez-Ozcoidi et al., 2011).

So many authors, Hotta et al. (Mineoka et al., 2016), Ozcoidi et al. (Menedez-Ozcoidi et al., 2011), Ho et al. (Ho et al., 2016), Yamaoka et al. (Yamaoka et al., 2017), Tokuwaka et al. (Tokuwaka et al., 2013), and Horiuchi et al. (Horiuchi et al., 2018), reported anaphylaxis that leads to hypotension and/or bradycardia by sugammadex or rocuronium-sugammadex complex. They revealed anaphylaxis with some laboratory tests as serum mast cell tryptase level, skin tests, basophil activation test, and drug-induced lymphocyte stimulation test. Obara et al. (Obara et al., 2018) reported the first case of sugammadex (2.5 mg kg<sup>-1</sup>)-induced severe anaphylaxis causing cardiac arrest.

Ho et al. (Ho et al., 2016) reported a case (50-year-old, 95-kg man, laparoscopic appendectomy) who developed unrecordable blood pressure and bradycardia (40–50 beat min<sup>-1</sup>) after sugammadex administration due to allergy to rocuronium-sugammadex complex. They reported some clinical and laboratory evidences of allergic reactions such as wheeze, swelling, erythema, and increased serum mast cell tryptase levels. Also, our case was operated by laparoscopic technique and we

encountered deep bradycardia after sugammadex administration.

On the other hand, Bhavani (Bhavani, 2018) reported two cases of significant bradycardia and asystole after sugammadex administration in patients undergoing gastrointestinal endoscopic procedures with the use of carbon dioxide for bowel insufflation. These cases had no clinical or laboratory evidence of allergic reactions. Although the safety of  $CO_2$  use in endoscopic procedures is well established, they emphasize that further studies are needed to examine the safety of sugammadex in endoscopic procedures using  $CO_2$ . Maybe laparoscopic surgery was the additional risk factor except allergic reaction in the case that Ho et al. (Ho et al., 2016) reported.

As it is clearly stated like "Cases of marked bradycardia, some of which have resulted in cardiac arrest, have been observed within minutes after the administration of sugammadex" in the sugammadex data sheet (Bridion, 2018). We observed deep bradycardia (25 beat min<sup>-1</sup>), unmeasurable blood pressure, and a sudden decrease in PO2 level which was considered as a sign of bronchoconstriction in our patient. We applied anaphylaxis treatment and managed the patient successfully.



Our limitation in this report is that we could not be able to evaluate the tryptase level to demonstrate it was an anaphylactic reaction. The deep bradycardia we encountered may be due to unknown mechanism(s) after sugammadex application as the producing company highlighted. Furthermore, we do not know whether laparoscopic surgery was another risk factor in our case as mentioned earlier by Bhavani (Bhavani, 2018).

## Conclusions

According to the current literature as well as the case we presented here, we suggest that physicians who use sugammadex especially in endoscopic/laparoscopic procedures using  $CO_2$  should be aware of the possibility of sudden bradycardia and/or cardiac arrest. Further studies are needed to approve and explain the mechanism(s) of these reverse events if they were due to sugammadex.

#### Abbreviations

CO2: Carbon dioxide; PO2: Partial oxygen pressure

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#### Authors' contributions

FY and KB have reviewed the available literature, prepared the primary manuscript, reviewed and edited the final manuscript, and approved the final manuscript.

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#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### Ethics approval and consent to participate

Ethical approval is not required for the publication of isolated case reports. The patient was informed about the procedure, and a written informed consent was obtained.

#### Consent for publication

Written permission/consent of the patient for the purpose of publication in an educational medical journal was obtained from the patient.

#### **Competing interests**

The authors declare that they have no competing interests.

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