

Anatomic Versus Non-Anatomic Hepatic Resection for Patients with Stage I and II Hepatocellular Carcinoma

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Aim: *This retrospective study compares the outcome of patients undergoing anatomical versus non-anatomical hepatic resection for stage I and II HCC.*

Patients and methods: *This retrospective study included 25 patients with T I and II HCC managed by hepatic resection. Patients were divided into two groups. Group A: Anatomic resection (n: 14) was treated by the complete removal of at least one liver segment. Group B: Non-anatomic resection (n:11) was treated by the resection of the tumor with a margin of at least 1 cm without regard to segmental, sectional or lobar anatomy. The two patients groups were subjected to a close follow-up of 23.9 ± 8.22 months.*

Results: *No difference was detected between the 2 groups in clinical and demographic characteristics. Mean operative time was 3.11 ± 1.00 versus 3.18 ± 0.717 hours ($p: 0.84$). Mean operative blood loss was 1050 ± 626 versus 1045 ± 460 ($p: 0.27$). Mean tumor size was 4.00 ± 0.855 cm and 3.73 ± 1.06 cm ($p: 0.48$). Tumors were capsulated in 10 (71.4%) group A and 8 (72.7%) Group B patients. Resection margin was infiltrated in 2 (14.3%) and 1 (9.1 %) patients. Microscopic invasion was found in 5 (35.7%) and 4 (36.4%) patients. Mean period of hospital stay was 8.29 ± 7.04 and 6.45 ± 3.05 days ($p: 0.43$). There were early complications in 8 patients (57.1%) from group A and 3 patients (21.3%) from Group B ($p: 0.15$). Severe deterioration in liver functions and eventually death occurred in 1 patient and postoperative hemorrhagic shock and ARDS leading to death in 1 patient. During early follow up, 8 patients (57.1%) from group A and 8 patients (72.7%) from Group B developed recurrence; 3 patients (21.3%) and 4 patients (36.4%) within 1 year after operation. Mean time of recurrence was 14.0 ± 6.14 versus 12.1 ± 8.11 months ($p: 0.61$). Using the univariate analysis method, there was no difference between the 2 groups in recurrence ($p: 0.44$). Six patients (42.8%) from group A and 3 patients (27.3%) from group B died during the follow up period. Mean disease-free survival was 15.071 ± 2.298 versus 15.182 ± 2.652 months ($p: 0.98$). Cumulative overall survival proportion was 58.2% versus 72.7%. Mean overall survival was 18.214 ± 2.361 months versus 21.909 ± 1.156 ($p: 0.21$). Results of univariate analysis showed no statistically significant factors to differentiate between both groups.*

Conclusion: *We conducted this retrospective analysis for patients with HCC undergoing hepatic resection, and examined the background and clinical outcomes. The local recurrence rate was similar after anatomical and non-anatomical resection. Disease-free and overall survivals after anatomical and non-anatomical resection were not significantly different. Hepatic resection in cirrhotic patients should be done with good expertise and follows strict selection criteria. Non-Anatomical resection may be more preferable in cirrhotic patients with small HCC to leave adequate functioning liver parenchyma and to avoid increased postoperative morbidity.*

Introduction:

Hepatocellular Carcinoma (HCC) is the

fifth most frequent cancer in the world and the third most common cause of cancer

mortality.¹ Although more common in Asia and Africa, the incidence of HCC is increasing in the Western world.²

Resection for HCC is a widely accepted safe treatment with a very low operative mortality as a result of advances in surgical techniques and peri-operative management.³ However, identifying an optimum extent of resection is often difficult due to underlying liver disease such as chronic hepatitis or cirrhosis in most patients.⁴ Based on the fact that cirrhotic liver has limited capacity to regenerate,⁵ many surgeons perform limited resection for HCC, focusing on the preservation of 1 cm or greater tumor-free margin to reduce postoperative liver failure in patients with cirrhosis.⁶ Anatomic liver resection is theoretically superior to non-anatomic from the oncologic and anatomic aspects,⁷ however, this technique is considered technically more demanding and often requires a wider extent of parenchymal sacrifice.^{3,8} Additionally, several clinical studies have failed to document any improvement in survival.⁹⁻¹¹

The rate of development of postoperative recurrence after hepatic resection remains high.¹² Early recurrence within 2 years of hepatic resection for HCC is likely to be associated with aggressive tumor biology such as high tumor grade, satellite lesions and microvascular invasion.¹³

This retrospective study compares the outcome of patients undergoing anatomical versus non-anatomical hepatic resection for stage I and II HCC. This included postoperative morbidity, recurrence of malignancy and overall survival rates.

Patients and methods:

This retrospective study included 25 patients with stage I and II HCC managed by hepatic resection at Gastroenterology Surgery Center, Mansora University and Gastro-intestinal and laparoscopic surgery unit, General Surgery Department, Tanta University Hospital during the period from January 2008 to June 2010. Date of last follow up was the end of December 2011.

Patients with extra-hepatic metastasis,

diffuse HCC involving more than two adjacent segments or two non-adjacent segments, main portal vein thrombosis or main hepatic vein or IVC invasion or impaired liver functions (late B and C Child-Pugh classification) were excluded from this study.

Patient characteristics:

The following clinical variables were compared in the two groups: age, sex, viral markers, presence or absence of cirrhosis, serum albumin, serum total bilirubin, Child-Pugh classification and serum Alpha-Fetoprotein (AFP).

Hepatectomy procedures:

The patients were divided into two groups. Group A: Anatomic resection (n: 14) was defined as the complete removal of at least 1 Couinaud's segment containing the tumor together with the related portal vein and the corresponding hepatic territory. The appropriate segment margins were identified by intra-operative US after discoloration of the parenchyma after ligation of the corresponding arterial and portal venous branches or both. Group B: Non-anatomic resection (n: 11) was defined as the resection of the tumor with a margin of at least 1 cm without regard to segmental, sectional or lobar anatomy.

Patient follow-up:

The two patients groups were subjected to a close follow-up of 23.9± 8.22 months. During this period they underwent clinical, radiologic (abdominal ultrasound and triphasic abdominal CT scan) and biologic (serum AFP and liver function tests) evaluations. This assessment was repeated every 3 months throughout the follow-up period.

Statistical analysis:

Quantitative variables were expressed as mean ±SD. Qualitative variables were expressed as frequency and percent. Quantitative parametric variables were compared between the two groups using the unpaired student t-test, quantitative

non-parametric variables were compared using Mann-Whitney test. Qualitative variables were compared using Chi-square test or Fisher exact test when the criteria for using Chi-square were not sufficient log-rank tests and Cox's proportional hazards model were used to identify factors influencing long-term survival. Survival was calculated using the Kaplan-Meier method. The power used was 0.80 while the level of significance was 5%.

Results:

No difference was detected between the 2 groups in terms of clinical and demographic characteristics with respect to age, sex, viral hepatitis markers, the presence of underlying liver cirrhosis, Child-Pugh scoring and AFP levels **Table (1)**.

Left Hepatectomy was done in 1 case, 7 cases with left lateral and other segmental resection was done in 6 cases. Non-anatomical resection was done in 11 cases **Table (2)**.

One patient of Group B had hemorrhage due to injury of caudate lobe (segment I) vein to Inferior Vena Cava during localized resection of segment (VI) tumor and it was controlled by suturing with Ethibond 3/0. The mean operative time was 3.11 ± 1.00 versus 3.18 ± 0.717 hours (p: 0.84). The mean operative blood loss during surgery was 1050 ± 626 versus 10545 ± 1460 (p: 0.27). **Table (3)**.

Tumor size ranged from 2 to 5 cm with a mean size of 4.00 ± 0.855 cm and 3.73 ± 1.06 cm respectively (p:0.48). Tumors were capsulated in 10 (71.4%) group A and 8 (72.7%) Group B patients. Resection margin was infiltrated in 2 (14.3%) group A and 1 (9.1%) Group B patients. Trans Arterial Chemo Embolization (TACE) was done postoperatively in 2 patients while one patient died after 1 month from acute liver cell failure before doing TACE. Microscopic invasion was found in 5 (35.7%) group A and 4 (36.4%) Group B patients. Table 4 details the histo-pathological data of both groups.

Tumors were mostly well differentiated pure HCC in most of the patients. One patient had Fibrolamellar HCC and another

one had mixed HCC and Cholangiocarcinoma **Table (5)**.

The mean period of hospital stay was 8.29 ± 7.04 days in group A and 6.45 ± 3.05 days in Group B (p: 0.43). There were early complications in 8 patients (57.1%) from group A and 3 patients (21.3%) from Group B (p: 0.15). The most frequent complication was subphrenic collection, ultrasonography guided aspiration was done, while in one case medical treatment and follow up were enough. Pleural effusion was treated medically, while chest tube was inserted in one case with bilateral effusion. Biliary leakage was minor leakage. It was treated conservatively within 10 days. Severe deterioration in liver functions and eventually death occurred in 1 patient and postoperative hemorrhagic shock and adult respiratory distress syndrome (ARDS) leading to death in 1 patient. During follow up, 2 patients were noted to have incisional hernia.

Recurrence:

During the follow up period 8 patients (57.1%) from group A and 8 patients (72.7%) from Group B developed recurrence; 3 patients (21.3%) from group A and 4 patients (36.4%) from Group B occurred early within 1 year after operation, while the rest showed the recurrence after 1 year. Mean time of recurrence was 14.0 ± 6.14 versus 12.1 ± 8.11 months (p: 0.61). Two patients from each groups developed distant (extrahepatic) metastases (including brain, lung and supraclavicular lymph node metastasis). TACE, Percutaneous Radio-Frequency Ablation (RFA) or supportive medical treatment (medical liver support and pain killers) were given according to general conditions and liver functions.

Using the univariate analysis method, there was no difference between the 2 groups in terms of recurrence through the follow-up period (p: 0.44).

Mortality:

Six patients (42.8%) from group A and 3 patients (27.3%) patients died during the follow up period. Two of them died

during hospital stay; case 1 : 10 days due to postoperative hemorrhagic shock and ARDS, and case 2: 14 days due to Acute Liver Cell Failure (LCF). There was no intraoperative mortality **Table (7)**.

Overall and disease free survival rates:

The mean disease-free survival was 15.071 ± 2.298 versus 15.182 ± 2.652 months (p: 0.98). The cumulative overall survival proportion at end of research was 58.2% versus 72.7%. The mean overall survival was 18.214 ± 2.361 months versus 21.909 ± 1.156 (p: 0.21). Figure 1 compares the disease-free survival and Figure 2 compares the cumulative overall survival between both groups.

Factors affecting overall survival:

The results of univariate analysis using Kaplan-Meier method for relation between different epidemiological, clinical and pathological variables and Overall Survival (OAS) are showed in **Table (8)**. There were no statistically significant factors to differentiate between both groups.

Discussion:

HCC has recently gained major clinical interest because of its increasing incidence worldwide and the potential to diagnose and treat the disease at an early stage.¹⁴⁻¹⁶ Although liver transplantation has proven to be an alternative option for the surgical management of HCC in cirrhotic patients, its use is limited by the shortage of donors.¹⁷ Hepatic resection remains the treatment of choice offering the possibility of cure, but the long-term prognosis remains unsatisfactory due to the high recurrence rate.¹⁸⁻²⁰ Early recurrence is considered one of the most important factors that impact the prognosis of HCC patients.²¹

The present study attempts to determine the impact of the type of liver resection (anatomical versus non-anatomical) in a group of patients with solitary HCC. The patients were similar in preoperative clinical characteristics and tumor biology. The study showed through close follow-up of 23.9

± 8.22 months that the type of resection is not considered a risk factor for early tumor recurrence.

The prognosis of recurrent HCC after resection depends on the time of recurrence, supporting the hypothesis that recurrent tumors are subclinical metastases, originating from the primary tumor and missed during treatment (early recurrence), or de novo HCC arising from persistent fibrosis and hepatitis related carcinogenicity in the remnant liver (late recurrence).²²⁻²⁶ In these studies, early recurrence was associated with adverse tumor factors, especially vascular invasion, whereas late recurrence was reported to be primarily associated with the presence of cirrhosis. From these studies, only one study by Imamura et al.²³ included the type of resection as a possible risk factor for early recurrence. They concluded that non-anatomic resection is considered a risk factor for early recurrence. However, in this study non-anatomic resection was classified into tumor enucleation and limited resection. The resection margin was not identified in the resection group.

In our study all patients undergoing non-anatomic resection had a 1 cm clear margin. A recent study by Cucchetti et al²⁵ compared different risk factors for early and late recurrence in cirrhotic HCC patients. They concluded that the type of resection (anatomical versus non-anatomical) is not considered a risk factor for early tumor recurrence which coincides with the results of our study.

While some authors have found anatomic resection to have a beneficial effect on recurrence-free survival for HCC,²⁶ others have found that anatomic and non-anatomic resection had no significant impact on the risk of tumor recurrence.^{8,31,32} These studies were based on overall long-term survival and therefore early and late recurrence risk factors were not taken into consideration.

Some European and Asian institutes have previously reported the survival benefit of anatomical or systematic hepatic resection such as segmentectomy in HCC patients.²⁷⁻³³ From an oncological point of view,

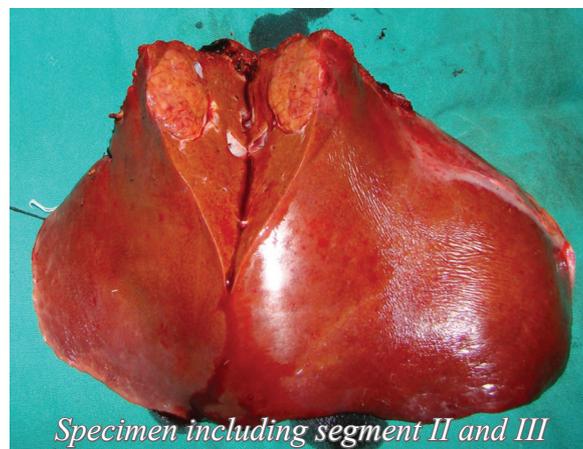
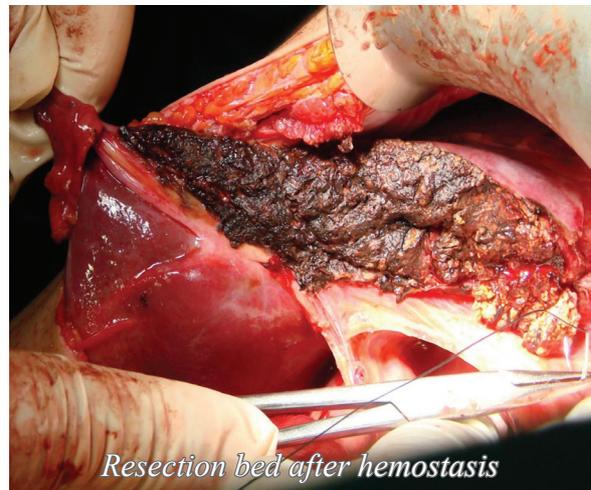


Figure (1): Case 1: Group A; Anatomical resection; Left lateral segmentectomy.

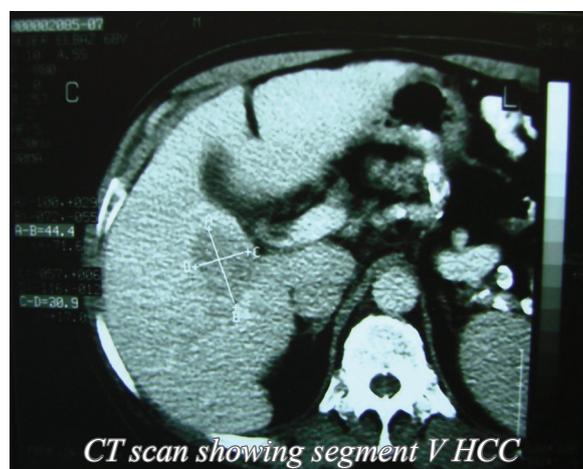


Figure (2): Case 2: Group B; Non-Anatomical resection; localized segment V resection.

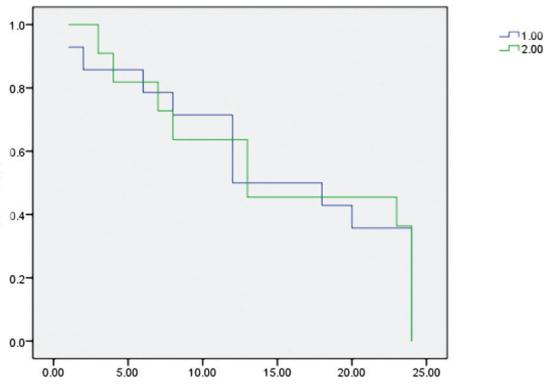


Figure (3): Kaplan-Meier curve compares the disease-free survival between both groups (line 1: Anatomical Resection group, Line 2: Non-Anatomical Resection group).

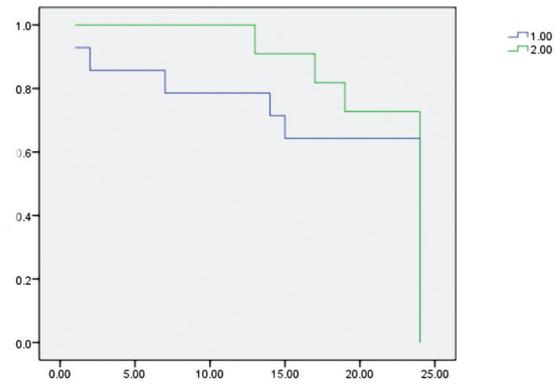


Figure (4): Kaplan-Meier curve compares the cumulative overall survival between both groups (line 1: Anatomical Resection group, Line 2: Non-Anatomical Resection group).

Table (1): Pre-operative demographic data.

| Variable | Anatomical Resection group | Non-Anatomical Resection group | p |
|--------------------|----------------------------|--------------------------------|-------|
| Age (years) | 51.0± 10.1 | 57.1± 4.55 | 0.077 |
| Sex (M/F) | 10/4 | 8/3 | 0.16 |
| HBV (yes/no) | 4/10 | 3/8 | 0.94 |
| HCV (yes/no) | 8/6 | 5/6 | 0.89 |
| Cirrhosis (yes/no) | 10/4 | 9/2 | 0.57 |
| Child-Pugh (A/B) | 12/2 | 9/2 | 0.17 |
| AFP level (ng/mL) | 107± 153 | 142± 189 | 0.61 |

HBV: Hepatitis B virus; HCV: Hepatitis C virus; AFP: Alpha-Fetoprotein

Table (2): Types of hepatic resection in the studied groups.

| | Anatomical Resection group | | Non-Anatomical Resection group | | |
|------|-----------------------------------|---|--------------------------------|---|---|
| No. | 14 | | 11 | | |
| Type | Left Hepatectomy | 1 | II | 1 | |
| | Left lateral Hepatectomy | 7 | III | 2 | |
| | Segmental : I, IVb, V, VI, VII | 6 | V | | 1 |
| | | | VI | | 4 |
| | | | VII | | 1 |
| | | | VIII | | 2 |

anatomical hepatic resection may be ideal, because cancer cells are thought to spread along locoregional Glisson's vessels in the same segment as other intrahepatic lesions.³⁴ Regimbeau et al.³¹ reported shorter tumor-free and overall survival rates and a higher local recurrence rate in HCC patients who underwent limited resection compared to

anatomic resection. Mazziotti et al.²⁸ reported the efficacy of anatomical resection for HCC even in compensated cirrhotic patients. However, the superiority of anatomical resection compared to limited hepatic resection remains controversial, although limited resection seems to be selected for a small size or small number of HCC or in

Table (3): Comparison of operative data between both groups.

| | Anatomical Resection group | Non-Anatomical Resection group | p |
|-------------------------|----------------------------|--------------------------------|------|
| Operative complications | 0 | 1 (hemorrhage) | |
| Operative time Mean | 2-5.5 hours 3.11 ±1.00 | 2.5-5 hours 3.18 ±0.717 | 0.84 |
| Blood loss (ml) Mean | 250-2000 1050± 626 | 500-5000 10545± 1460 | 0.27 |

Table (4): Details and comparison of histo-pathological data between both groups

| | | Anatomical Resection group | Non-Anatomical Resection group | p |
|----------------------|--------------|----------------------------|--------------------------------|------|
| Liver | Cirrhotic | 10 (71.4%) | 9 (81.8%) | 0.57 |
| | Noncirrhotic | 4 (28.6%) | 2 (18.2%) | |
| Mean Tumor size (cm) | | 4.00± 0.855 | 3.73 ±1.06 | 0.48 |
| Tumor capsule | Yes | 10 (71.4%) | 8 (72.7%) | 0.95 |
| | No | 4 (28.6%) | 3 (27.3%) | |
| Resection margin | Free | 12 (85.7%) | 10 (90.9%) | 0.71 |
| | Infiltrated | 2 (14.3%) | 1 (9.1%) | |
| Microscopic invasion | Yes | 5 (35.7%) | 4 (36.4%) | 0.97 |
| | No | 9 (64.3%) | 7 (63.6%) | |

Table (5): Pathological types and differentiation of tumors in the studied groups

| | Anatomical Resection group | Non-Anatomical Resection group |
|--------------------------------------|----------------------------|--------------------------------|
| HCC : | 13 (92.8%) | 10 (90.9%) |
| Well Differentiated (Grade I) | 6 (42.8%) | 4 (36.4%) |
| Moderately Differentiated (Grade II) | 4 (28.6%) | 3 (27.3%) |
| Poorly Differentiated (Grade III) | 3 (21.3%) | 3 (27.3%) |
| Fibrolamellar HCC | 1 (7.1%) | - |
| Mixed HCC-CC* | - | 1 (9.1%) |

*Mixed HCC-Cholangiocarcinoma

cirrhotic patients with severely impaired liver function.³⁵ No randomized controlled study between anatomical and non-anatomical resection³⁶ for HCC under the same situation concerning tumor factor and liver function has been reported.

Nanashimaetal,³⁷conductedaretrospective analysis of prognosis in 113 Japanese HCC patients who underwent hepatic resection, and examined the background and clinical outcomes. In the non-anatomical resection

group, a smaller size of tumor and impaired liver function were significantly frequent; however, the local recurrence rate was similar between the non-anatomical resection and anatomical resection groups. Disease-free and over- all survival in the anatomical resection and non-anatomical resection groups with a negative surgical margin were not significantly different despite the degree of liver dysfunction and the surgical margin was not related to the outcome. Survival in

Table 6: Postoperative data of both studied groups

| | Anatomical Resection group | Non-Anatomical Resection group | p |
|------------------------------|--|--|----------|
| Hospital stay (days) Mean | 4-32 8.29± 7.04 | 3-13 6.45± 3.05 | 0.43 |
| Postoperative complications | 8 patients (57.1%) : Bile leakage 1 Collection 4 Effusion 3 | 3 patients (21.3%) : Hemorrhage, ARDS 1 Collection 1 Effusion 1 | 0.15 |
| Late complications | LCF 1 Incisional hernia 1 | - Incisional hernia 1 | |

Table 7: Recurrence and mortality comparison between both groups

| | Anatomical Resection group | Non-Anatomical Resection group | p |
|---------------------------------|-----------------------------------|---------------------------------------|----------|
| Recurrence: | 8 (57.1%): | 8 (72.7%): | 0.44 |
| Recurrence within 1 year | 3 (21.3%) | 4 (36.4%) | |
| Recurrence after 1 year | 5 (35.8%) | 4 (36.4%) | |
| Mean time of recurrence(months) | 14.0± 6.14 | 12.1± 8.11 | 0.61 |
| Mortality | 6 (42.8%) | 3 (27.3%) | 0.43 |

Table 8: Univariate analysis of factors affecting Overall Survival

| | | Anatomical Resection group: Mean Survival (months) | Non-Anatomical Resection group: Mean Survival (months) | p value |
|----------------------|----------------------------|---|---|--------------|
| Age | ≤60 years >60 years # | 19.2± 7.8 16.3 | 23.2± 2.04 20.4 5.13 | 0.24 |
| Sex | Male Female | 18.6± 8.71 21.8± 4.50 | 22.8 ±2.57 20.3± 6.35 | 0.16 0.74 |
| Child Classification | A B # | 19.9± 7.97 13 | 20.1 ±6.35 21.5 | 0.95 |
| Liver Cirrhosis | Cirrhotic Non-Cirrhotic | 16.9 ±9.88 22.0 ±4.47 | 21.4± 4.13 18.3 ±9.81 | 0.22 |
| Capsule | No Yes | 19.1± 8.39 16.0 ±10.9 | 18.8 ±5.92 22.0 ±2.00 | 0.92 0.40 |
| Resection Margin | Free Infiltrated # | 19.±5 7.61 15 | 21.7 ±3.97 7 | 0.42 |
| Microscopic Invasion | Yes No | 17.6± 10.1 18.6±8.71 | 18.0± 8.04 22.0 ±4.04 | 0.95 0.32 |

Calculation of p not possible due to little number of patients.

the non-anatomical resection group with a positive surgical margin was extremely poor. When non-anatomic resection was selected, a surgical margin without tumor exposure may provide better survival.

A study by Yoshioka et al.³⁸ predicted early recurrence in HCC after radical resection based on whole human gene expression profiling using microarray analyses. This study concluded that gene expression pattern related to early intrahepatic recurrence inherited in primary HCC can be used for the prediction of prognosis. Further studies based on genetic analysis may provide more evidence regarding the origins of recurrent tumors.

Conclusion:

We conducted this retrospective analysis for patients with HCC undergoing hepatic resection, and examined the background and clinical outcomes. The local recurrence rate was similar after anatomical and non-anatomical resection. Disease-free and overall survivals after anatomical and non-anatomical resection were not significantly different. Hepatic resection in cirrhotic patients should be done with good expertise and follows strict selection criteria. Non-Anatomical resection may be more preferable in cirrhotic patients with small HCC to leave adequate functioning liver parenchyma and to avoid increased postoperative morbidity.

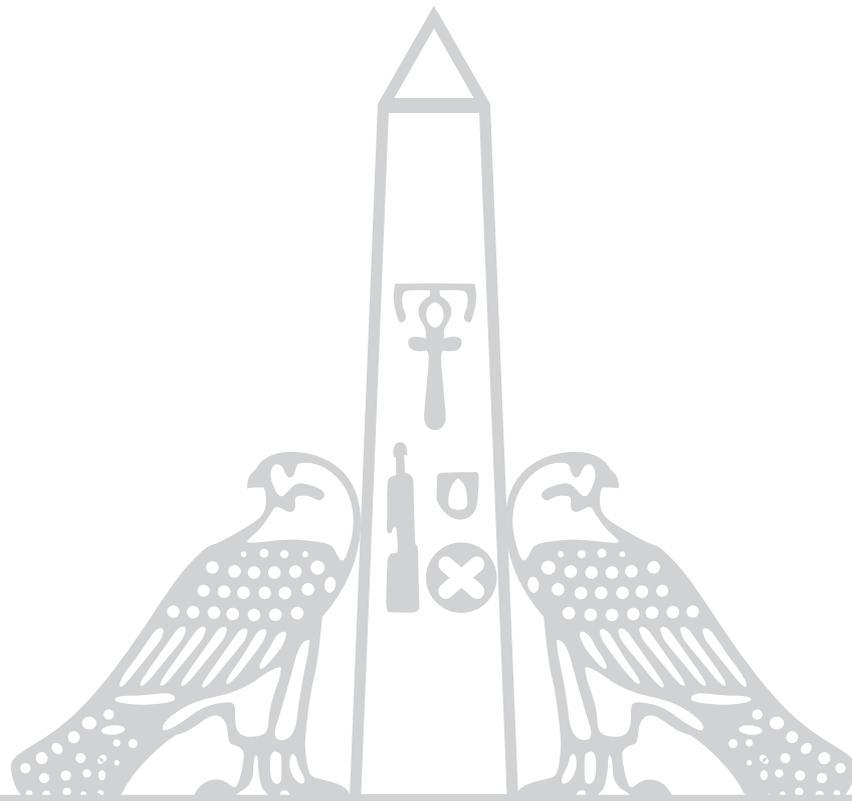
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