Dept. of Animal Hygiene & Zoonoses. Faculty of Veterinary Medicine, Assiut University.

# SURVEILLANCE OF ENTEROPATHOGENIC CAMPYLOBACTER IN RAW POULTRY MEAT AND SOME POULTRY PRODUCTS IN ASSIUT CITY

(With 5 Tables and 1 Figure)

By

AMAL S.M. SAYED and AMAL A. MOHAMED\*

\*Animal Health Institute, Assiut, Egypt.

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مدى تواجد ميكروبات الكامبيلوباكتر الممرضة في لحوم الدواجن وبعض منتجاتها في مدينة أسيوط

أمل سيد محمد سيد ، امال أحمد محمد

الإنسان، وُلقَــدُ اثبتت الدراسات الويائية وجود ارتباط وثيق بين هذه الحالات وتناول لمحوم الدواجسن ومنستجاتها، ولذلك فقد اجريت هذه الدراسة لتحديد دور الدواجن ومنتجاتها لنقل العدوى للانسان. لذلك فقد تم جمع عدد ١٨٠ عينة عشواتية من لحوم ،اكباد، قوانص وامعاء بدارى التسمين بعد الذبح مباشرة في الفترة من فبراير الي ابريل ٢٠٠٤ وكذلك بعض منتجات الدواجن المعروضة للبيع في مدينة اسيوط مثل اللحم المفروم واللانشون بواقع ٣٠ عينة لكل منهم، وقد أسفرت النتائج عن تواجد ميكروب الكامبيلوباكتسر بنسبة ٧١.٣%، ٠١% ، فحسى العيـــنات الماخوذة من بداري التسمين ومنتجات الدواجن على التوالي. وقد تم عزل ميكروب الكامبيلوباكتر من لحوم بدارى التسمين، عينات الكيد، ومسحات الأمعاء بنسبة «٥٣,٣٣ ، ٢٠٠ ، ٢٨٠ على المستوالي. وقد نسم عيزل ميكروب الكامبيلوباكتر جيوجيد ناى من لحوم بدارى التسمين (١٦,٧ %)، الكبد (٣,٣٣%) مسحات الأمعاء (٧٤٦,٧) ، هذا بالأضافة إلى عزل ميكروب الكامبيلوباكتر كولاي من لحوم الدواجن (٣٦,٧)، عينات الكبد (١٦,٧) ومسمات الأمعاء (٣٦,٧). كما اظهرت النقائج يُواجد ميكروب الكامبيلوباكتر جيوجيناي في لحوم الدواجن المفرومة بنسبة ٢٠٪ . وقد تمت در اسة مدى حساسية عنرات الكامبيلوباكتر جيوجيناى المعزولة من عينات اللحوم ، عينات الكبد ولحوم الدواجن المفرومة للمضادات الحيوية حيث أظهرت النتائج ان ٧٥% من العزلات قاومت الأمبسولين ٥٠٠% قاومت الكلورامفينيكول و٢٥% قاومت كل من الكريثروميسين ،الجينتاميسين والتتراسيكلين. هذا بالأضافة البي دراسة البلازميد بروفيل وعلاقته بالحساسية للمضادات الحيوية ، وقد نمت مناقشة نتائج كل منهما. وقد نمت مناقشة الأهمية الصحية والوبائية لميكروب الكامبيلوباكتر ومصادر التلوث المختلفة, هذا بالإضافة إلى مناقشة التوصيات لكيفية الحد من تواجد الكامبيلوباكتر في لحوم بداري التسمين ومنتجات

### SUMMARY

Campylobacter is considered among the most important pathogens reported as a cause of bacterial enteritis in human. Epidemiological evidence has linked Campylobacter infection in human with poultry and poultry products. One hundred and eighty random samples from broiler carcasses and some poultry products including cecal contents, muscles, liver, gizzard, chicken minced meat and chicken luncheon samples (30 each) were aseptically collected from local poultry slaughter shops and supermarkets at different districts in Assiut province at the period from February to April 2004. These samples were examined for the occurrence of Campylobacter species. The obtained results indicated that Campylobacter species were isolated from 39.17% and 10% of the examined broiler carcasses and poultry products, respectively. Campylohacter species were recovered from muscles, liver and cecal contents with a rate of 53.33%, 20% and 83.33%, respectively. C. jejuni was detected in muscles (16.7%), liver (3.33%), cecal contents (46.7%) and chicken minced meat (20%), meanwhile C. coli was determined in muscles (36.7%), liver (16.7%) and cecal contents (36.7%). Antibiotic resistance patterns were determined for C. jejuni isolates obtained from muscles, liver and chicken minced meat. In addition plasmid profile were performed to correlate between antibiotic resistance and plasmid carriage among these isolates. It was found that 75% of C. jejuni isolates obtained from muscles, liver and chicken minced meat showed resistance to ampicillin, followed by 50% of the strains were resistant to chloramphenicol in addition 25% of the strains were resistant to erythromycin, gentamycin and tetracycline. Correlation between plasmid profile analysis and antibiotic resistance of the examined strains were discussed. Public health hazard of multiple antibiotic resistant enteropathogenic Campylobacter was discussed and suggestive measures for reduction of Campylobacter in broilers and poultry products were explained.

Keywords: Enteropathogenic Campylobacter, Broiler carcasses, Poultry products, Antibiotic resistance, Plasmid profile.

### INTRODUCTION

Campylobacter species are among the most frequently reported causes of bacterial enteritis in the developed countries (Nielsen et al., 2000), where the number of human cases of campylobacteriosis has been

steadily increased recently in many countries (Ring and Atanassova, 2001). Recently the use of antibiotics in food animal production, particularly in poultry has become of great concern for public health, because this practice may promote the emergence of multi-antibiotic resistant mutant of *Campylobacter* species that can be transmitted to humans which are resistant to related human antimicrobial agents leading to difficulties in successfully treatment (Shakespeare, 2002).

Most Campylobacter species colonize the intestinal mucosa of warm blooded hosts, including all food producing animals and humans (Newell, 2001), however the favored environment appears to be the intestine of all avian species. (Stephens et al., 1998; Hald and Brandsted 2000 & Waldenstrom et al., 2001). Epidemiological evidence has linked Campylobacter with poultry and poultry products (Humphrey, 1995; Jacobs-Reitsma, 1997 and Kramer et al., 2000) as it has been reported that there is a linear relationship between prevalence in broiler flocks and the probability of human campylobacteriosis (WHO, 2002).

Clinically the most important campylobacters are enteropathogenic species, members of the thermotolerant groups: Campylobacter jejuni, C. coli, C. lari and C. upsaliensis. It has been reported that C. jejuni and C. coli are responsible for the majority of Campylobacter enteritis in industrial countries (Allos and Blaser, 1995).

A wide range of zoonotic and environmental risk factors have been identified (Petersen et al., 2001). Environmental sources are believed to be important reservoirs for Campylobacter infections in broiler chicken flocks which is considered the most frequently identified risk factors in Campylobacter foodborne outbreaks around the world (Eberhart-Phillips et al., 1997 & Ring and Atanassova, 2001). Large numbers of campylobacters can be present in the avian intestinal tract without any apparent gross pathology where the prevalence of infection in broiler breeder flocks has been found to be as high as 80% (Evans, 2001) and consequently Campylobacter spp inevitably find its way onto chicken meat and organs when carcasses are contaminated with intestinal contents during slaughtering, defeathering and evisceration (Kapperud et al., 1992).

Infection can be transmitted from chicken carcasses and other products either transferred from fingers to mouth unthinkingly by inexperienced food handlers, consumption of raw or undercooked poultry meat or products or other (innocent) foods which may become cross contaminated from the raw products by means of hands and

utensils and this is probably considered the most frequent mode of infection (Kapperud et al., 1992).

The present study was designed to investigate the prevalence of enteropathogenic Campylobacter species in broiler chicken carcasses at slaughter and some poultry products as chicken minced meat and chicken luncheon marketed at Assiut province. Moreover, due to the public health hazard of antibiotic resistant C. jejuni, antibiotic sensitivity patterns of C. jejuni (isolated from poultry meat, organs and poultry products) were estimated. Furthermore, plasmid profile of these isolates were investigated to study the relation between antibiotic resistance strains and plasmid carriage as well as to spotlight on possible contamination sources and suggestive measures for control of Campylobacter at each link in the food chain.

#### MATERIALS and METHODS

Collection of samples:

One hundred and eighty random samples from broiler carcasses including cecal contents, muscles, liver, gizzard and poultry products constituting chicken minced meat and chicken luncheon (30 each) were collected from local poultry slaughter shops and supermarkets at different districts in Assiut province at the period from February to April 2004. All samples were kept in an insulated ice box and transported to the laboratory with a minimum of delay.

Preparation of samples:

Small pieces were cut from pectoral and thigh muscles, liver as well as gizzard from broiler carcasses at slaughter, then crushed and homogenized separately with normal saline under complete aseptic condition. Swabs were prepared from cecal contents. Small pieces were prepared from luncheon samples, while frozen chicken minced meat samples were thawed by overnight refrigeration. Each sample was aseptically and carefully freed from its casing then mixed thoroughly in a sterile mortar before being examined.

Enrichment procedure: (Varnam and Evans, 1991):

The prepared samples were selectively enriched for Campylobacter by incubation in Campylobacter enrichment broth containing (Campylobacter skirrow's supplement and growth supplement at  $42^{\circ}\mathrm{C}$  for 48h. in a microaerobic atmosphere (5%  $\mathrm{O}_2$ , 10%  $\mathrm{CO}_2$  and 85%  $\mathrm{N}_2$ ) using Gas-Pak anaerobic jar and Campylobacter gas generating kits (Oxoid, BR 056A).

Isolation technique:

A loopfull from the incubated broth culture was streaked onto Brucella agar base supplemented with blood, Campylobacter skirrow's supplement & growth supplement and incubated at 42°C for 48h. in a microaerobic atmosphere (5% O<sub>2</sub>, 10% CO<sub>2</sub> and 85% N<sub>2</sub>) using Gas-Pak anaerobic jar and Campylobacter gas generating kits (Oxoid, BR 056A). Suspected colonies were identified biochemically according to Baron et al., (1994). Biochemically identified colonies were maintained in semisolid brucella medium containing neutral red indicator and incubated at 42°C for 24 h.

Antibiotic susceptibility test:

The antibiotic sensitivity patterns were determined for 12 strains of *C. jejuni* recovered from muscles, liver and chicken minced meat by using the disc diffusion method (Bopp *et al.*, 1985). Brucella agar base was supplemented with 5% sheep blood and incubated at 37°C for 48h, in a microaerophilic condition. The following antibiotic discs were used: ampicillin 10µg, chloramphenicol (30µg), erythromycin (15µg), gentamycin (10µg) and tetracycline (30µg) according to Bopp *et al.*, (1985).

Extraction of plasmid DNA:

The *C. jejuni* isolates obtained from liver, muscles and chicken minced meat were purified on Brucella agar base containing growth supplement and incubated in microaerophilic condition at 42°C for 24h. Single colony was picked and inoculated in 10ml of Luria Bertani broth (LB) and grown in microaerophilic condition at 42°C for 10h. Plasmid extraction were done by using the alkaline lysis procedure as described by Woodford *et al.*, (1994).

Agarose gel electrophoresis:

10µl of the extracted plasmid were mixed with 10µl of loading buffer and the aliquots were loaded onto 0.7% agarose gcl stained with ethidium bromide (0.5µg/ml). Electrophoresis was carried out at 90 v for 2-3h and visualized under UV transillumination (Biometra) at 320 nm and photographed (Woodford et al., 1994). E.coli (V517) containing plasmids of molecular weight ranged from 1.4-35.8 Mda was used as molecular weight standard marker. The molecular weight of plasmids were calculated by blotting electrophortic mobility of plasmid and the standard molecular weight marker.

# RESULTS

**Table 1:** Occurrence of *Campylobacter* species in broiler carcasses and some poultry products.

	Broiler ca	ircasses		Poultry products				
Source of samples	No. of samples	Campy.	lobacter spp. %	Type of product	No. of samples	Campylob No.	acter spp	
Muscles	30	16	53.33	Minced meat	30	6	20	
Liver	30	6	20					
Gizzard	30	-		Lucheon	30	1000	-	
Cecal	30	25	83.33					
Total	120	47	39.17	Total	60	6	10	

**Table 2:** Detection of *Campylobacter jejun*i and *Campylobacter coli* in broiler carcasses.

Source of samples	No. of samples	Campylobacter species					
Maria Tellin de Jabriero		C. j	ejuni	C. coli			
		No.	%	No.	%		
Muscles	30	5.	16.7	11	36.7		
Liver	30	-1	3.33	5	16.7		
Gizzard	30	*		17.5	654		
Cecal contents	30	14	46.7	11	36.7		
Total	120	20	16.7	27	22.5		

 Table 3: Existence of Campylobacter jejuni and Campylobacter coli in some poultry products.

Type of product	No. of samples	Campylobacter species					
		No.	iejuni %	No.	coli %		
*Minced meat	30	6	20	-	51		
Luncheon	30	19	-	-	P.		

<sup>\*</sup>Chicken minced meat.

Table 4: Correlation between antibiotic resistance pattern and plasmid carriage of the examined *C. jejuni* isolates.

Antimicrobial agents	Sensitive		Resistance to antimicrobials					
	102		Resista plasi	nt with mids	with	stant lout mid	resis	al of stant ates
	No./12	%	No./12	0/6	No./12	%	No./12	%
Ampicillin	3	25	7	58.33	2	16.67	9	75
Chloramphenicol	6	50	4	33.33	2	16.67	6	50
Erythromycin	8	66.67	3	25	1	8.33	4	33,33
Gentamycin	9	75	3	25		-	3	25
Tetracycline	8	66.67	3	25	1	8.33	3	25

 Table 5: Antibiotic resistance pattern and plasmid profile of the examined C. jejuni isolates.

Isolate No.	Source of isolates	Antibiotic resistant pattern	No.of plasmids	Plasmid size (Mda)
1	Liver	Chl.Gen.	2	4.3 - 3.4
2	Muscles	Amp.	2	4.3 - 3.4
3	Muscles	Amp, Chi.	1	35
4	Muscles	Amp.	1	22
5	Muscles	Chl. Eryth. Gen.	1	22
6	Muscles	Amp. Chl. Eryth. Gen, Tetra.	1	22
7	Minced meat	Amp, Chl.		-
8	Minced meat	Amp.	1	22
9	Minced meat	Amp. Eryth. Tetra.	3	22 -4.3 - 3.4
10	Minced meat	Eryth. Tetra.	-	- 1776
11	Minced meat	Amp.	3	22 - 8 - 1.6
12	Minced meat	Amp.ChL		=

 $Amp. = Ampicillin, Chl. = Chloramphenicol, Eryth. = Erythromycin, Gen. Gentamycin, \ Tetra. = Tetracycline$ 

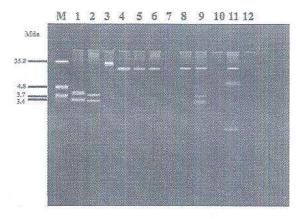


Figure1: Plasmid profiles of C.jejuni isolates. M: E. coli V517 marker.

Lanes: 1, 2, 3, 4, 5, 6, 8, 9, 11: plasmid bearing isolates.

Lanes: 7, 10,12: plasmidless isolates.

Lanes: 1, 2 (4.3-3.4Mda), lane: 3 (35 Mda), Lanes: 4, 5, 6, 8 (22 Mda).

lane: 9 (22-4.3-3.4 Mda).

Lane: 11 (22 -8 -1.6Mda).

### DISCUSSION

Campylobacter species are commonly found in broiler chickens at slaughter where the ceca and intestine of infected birds have been shown to contain very large numbers of the organism. The pathogen appears to survive the processing operation and cross-contamination during procedures such as scalding, plucking and evisceration which may allow the prevalence of carcass contamination to exceed that of infection in the live birds, where several retail surveys have shown that typically more than 50% of chicken carcasses were contaminated with

Campylobacter species (Evans, 2001).

It is evident from data presented in Table 1 that Campylobacter species were isolated from 47 out of 120 samples of broiler chicken carcasses at slaughter with a percent of 39.17%. Campylobacter species

were recovered from muscles, liver and cecal contents with a rate of 53.33%, 20% and 83.33%, respectively. However the organism couldnot be isolated from gizzard samples. Higher prevalence rates of Campylobacter species in broilers were reported by Zeenathul, 1994 (97.1%); Atanassova and Ring, 1999 (41.1%); Refregier-Petton et al., 2001 (42.7%); Stern et al., 2001 (87.5%); Wedderkopp et al., 2001 (42.5%) and Saleha, 2002 (72.6%). In the contrary, lower prevalence rates were detected by Kappeured et al., 1993 (18%) and Berndtson et al., 1996 (27%). These variation in the recovery rates may be attributed to differences in geographic distribution of Campylobacter species among broilers and variation of isolation methods (ICMSF, 1996). Although we could able to isolate Campylobacter species from 6 out of 30 samples of chicken minced meat with a rate of 20%, we could not recover it in chicken luncheon samples.

C. jejuni was recovered from broiler carcasses with a rate of 16.7% (Table 2). It has been isolated from muscles, liver and cecal contents with a rate of 16.7%, 3.33% and 46.7%, respectively. C. jejuni was the more frequently isolated species of Campylobacter by several investigators from broilers with a rate of 43%, 19.7%, 53.7%,39.6% and 73.2% detected by Atanassova & Ring,(1999); Fernandez & Torres, (2000); Chou&Tsai, (2001); Wedderkopp et al., (2001) and Salcha,

(2002), respectively.

C. coli was isolated with a rate of 22.5% from broilers (Table2) where it was recovered from muscles, liver and cecal contents with a rate of 36.7%, 16.7% and 36.7%, respectively. Moreover, both of C. jejuni and C. coli were not recovered from gizzard samples. Higher prevalence rates of C.coli were detected in broilers 28.3% and 26.8% reported by Saleha (1996) and Saleha (2002), respectively. On the other hand, lower rates of detection 13%, 6%, and 5% were estimated by Atanassova & Ring, (1999); Fernandez & Torres, (2000) and Wedderkopp et al., (2001), respectively.

It is clear from data illustrated in Table 3 that *C. jejuni* was isolated from 6 (20%) out of 30 samples of chicken minced meat, meanwhile we could not isolate it from chicken luncheon samples. Moreover, we could not isolate *C. coli* from both minced meat and chicken luncheon samples. It was reported in literature that *Campylobacter* species can be isolated with a high percentage from poultry products (Nielsen & Nielsen, 1999; Uyttendaele *et al.*, 1999 and Berrang *et al.*, 2001) in which it was revealed that microbial contamination of poultry meat is largely a surface phenomenon

contaminating the skin either directly from intestinal contents and the dropping or indirectly via contaminated knives or cutting boards and other equipments (Saleh et al., 2003) and consequently the nature of poultry processing systems makes cross contamination from Campylobacter infected to Campylobacter free carcasses unavoidable (ICMSF, 1998), hence the possibility of recovery from poultry products is high however, the inability to isolate Campylobacter species from luncheon samples may be due to the heat treatment of the product which may had destruct the pathogen during manufacturing.

The increasing rate of human infections caused by antimicrobial resistant strains of *C. jejuni* makes clinical management of cases of campylobacteriosis more difficult (Piddock, 1995 and Yan & Taylor, 1996). *C. jejuni* can harbor a large array of resistance determinants including several genes that are plasmid or chromosome mediated or both (Saleha, 2002). Evaluation of both antibiotic resistance and plasmid profile of the isolated strains is useful as epidemiological markers to understand the epidemiology of the disease and the nature of antibiotic resistance (Ali *et al.*, 1996). Hence we study the antibiotic resistance and plasmid profile of the 12 *C. jejuni* isolates recovered from muscles, liver and chicken minced meat to reveal the hazard that may constitute a health risk.

The obtained results in Table 4 declared that 75% of the examined strains were resistant to ampicillin followed by 50% of the strains were resistant to chloramphenicol and in addition 25% of the examined strains were resistant to erythromycin, gentamycin and tetracycline. The high antibiotic resistance rates detected could be due to the wide spread use of antibiotics in chickens, particularly in feed, as well as due to being use indiscriminately (Saleha, 2002). It was found that C. jejuni strains harboring plasmids were resistant to the different antimicrobials: ampicillin, chloramphenicol, erythromycin, gentamycin and tetracycline with a rate of 58.33%, 33.33%, 25%, 25% and 25%, respectively. These results are in agreement with that reported by Lee et al., 1994 and Engberg et al., 2001). However the data in Table 4 illustrated that 16.67% of the examined C. jejuni strains were resistant to ampicillin and chloramphenicol, moreover, 8.33% of the isolates were resistant to erythromycin and tetracycline without carrying any plasmid. The antibiotic resistance in those strains which did not possess plasmid may be mediated by chromosome and or transposons instead of being plasmid mediated (Saleha, 2002). These findings agreed with that detected by Lee et al., (1994) and Saleha, (2002).

Table 5 and Figure 1 illustrates that the *C. jejuni* harboring plasmids were grouped into 5 plasmid profiles. Isolate no.1 and 2 (lanes: 1 & 2) recovered from liver and muscles, respectively carried two plasmids of molecular weights (4.3 - 3.4 Mda). In addition isolates no. 4, 5, 6 and 8 (lanes:4, 5, 6 & 8) isolated from muscles and chicken minced meat carried the same plasmid with molecular weight of 22 Mda, however isolates no. 3, 9 and 11 (lanes: 3, 9&11) recovered from muscles and chicken minced meat carried plasmids of different molecular weights (35 Mda, 22 - 4.3 - 3.4 Mda & 22 - 8 - 1.6 Mda), respectively. The similarity in the plasmid profile of *C. jejuni* strains carrying the same plasmid may indicate plasmid relatedness which may reveals the same source of contamination (Saleha, 2002), however the different size plasmid in the remaining strains may indicates different epidemiological sources.

In conclusion, results obtained in this study revealed that locally produced broilers are a potential source of multiple—antibiotic resistant enteropathogenic Campylobacter species which pose a public health hazard to consumers. Reinforcing hygienic practices at each link in the food chain from producer to consumer is critical to diminish Campylobacter contamination rates in retail broilers. These practices including reduce pathogen carriage in broilers at farm level, increased hygiene at slaughter and continued implementation of hazard analysis critical control point (HACCP) systems as well as increased consumer education to reduce cross contamination during handling and preparation.

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