

Chronic Urticaria and its Relation with Atherosclerosis

A.M.Hamed¹, R.A.Abd Elsamie¹, M.M.Faheem², A.A.El Fallah³ and S.S.Salem¹

¹Dermatology, Venereology and Andrology, Dept., Faculty of Medicine, Benha Univ., Benha, Egypt

²Diagnostic Radiology, Dept., Faculty of Medicine, Benha Univ., Benha, Egypt

³Clinical and Chemical Pathology, Dept., Faculty of Medicine, Benha Univ., Benha, Egypt

E-Mail: sally@gmail.com

Abstract

Urticaria is a common disease impacting negatively on multiple aspects of patients' lives. The point about this fill in may be should survey serum level from claiming Endocan to patients for incessant urticaria and with associate its level with the seriousness of the ailment and in addition for those improvemen about atherosclerosis On these patients. This study incorporated 50 patients from claiming unending urticaria What's more 30 Obviously sound individuals, All cases were subjected should complete historical backdrop taking, all examination Also dermatological examination might have been performed to at patients. Doppler us might have been accomplished for estimation of carotid intimal thickness to appraisal from claiming atherosclerosis. Tolerant one assembly included 41 (82. 0%) females What's more 9 (18. 0%) guys. Their period went the middle of 16 with 50 a considerable length of time of age with An intend sd from claiming 33. 90 ± 10. 42 a considerable length of time. Control one assembly incorporated 22 (73. 3%) females Furthermore 8 (26. 7%) guys. Their agdistis went the middle of 20 with 51 a considerable length of time old with a mean sd from claiming 32. 10 ± 9. 89 quite some time. Serum endocan level might have been likewise carried out. Those present ponder uncovered a statistically noteworthy Contrast between tolerant Furthermore control bunch as views serum Endocan. There might have been no connection between serum Endocan level What's more clinical ailment severity; However, there might have been a noteworthy connection between serum endocan level What's more CCA IMT (mm) On straight Furthermore exited.

Keywords: Endocan, Chronic, Urticaria, Atherosclerosis.

1. Introduction

Chronic Urticaria (CU) is a as a relatable point malady impacting negatively on various viewpoints for patients' exists and its administration is regularly problematic to both those specialist and the tolerant. As stated by those later guidelines, cu is characterized Concerning illustration An infection portrayed by those improvement about repetitive bothersome wheals or angioedema happening for more than 6 weeks, and it may be partitioned under two real subtypes: incessant spontaneous urticaria (CSU) Also inducible urticaria [1].

Constant urticaria is connected with different clinical presentations. It may be predominantly described by the fast presence about wheals or angioedema. A wheal comprises of three average characteristic ; (i) An focal swelling from claiming variable size; (ii) an cohorted tingling alternately Frequently burning; What's more (iii) a transient span of Typically 1-24 h. Angioedema is characterized as An sudden, maintained swelling of the easier dermis and subcutis. It may be at times frightful What's more determination may be slower over for wheals (up on 72 h). On 40-50% from claiming cases, urticaria will be connected with angioedema [2].

Reason for Ceaseless inducible urticaria incorporate dermatographism, and additionally cold, Postponed pressure, solar, heat, vibratory, cholinergic, contact, What's more aquagenic urticaria. To comparison, CSU may be characterized Likewise the spontaneous manifestation from claiming wheals, angioedema, alternately both to in any event 6 weeks starting with obscure reasons. Exactly spontaneous situations about Ceaseless urticaria might have a

immune system support a result investigations found 40% from claiming patients with CSU to have circle immunoglobulin g (IgG) antibodies guided against igg alternately those subunit of the high-affinity igg receptor (FCRI) that activates massorete units and basophiles [3]. Those pole is accepted with be the real effector Mobile done the vast majority manifestations of urticaria, In spite of different cell sorts might make included. Degranulation from claiming massorete phones for arrival for histamine may be focal of the improvement about wheals and angioedema. Urticaria may be because of a neighborhood expand Previously, permanganic corrosive about vessels Furthermore venules. These progressions need aid subject to actuation of the cutaneous massorete cells, which hold An go for mediators predominantly histamine. Those massorete units react for An brought down edge from claiming releasability. Vascular permanganic corrosive in skin is generated all the Eventually Tom's perusing the cooperation about both H1 and H2 histamine receptors. Actuation about H1 receptors in the skin induces itching, flare, erythema, whealing Furthermore withdrawal about smooth muscle cell On respiratory Also gastro-intestinal tract. Actuation for H2 receptors contributes on erythema Furthermore whealing in the skin. Unending immune system urticaria will be brought on Toward anti-Fc̄RI Also lesquerella frequently, Toward anti-IgE autoantibodies that prompt pole and basophile actuation [2].

A few systemic alternately hypersensitive maladies need aid connected with cu alternately CSU. Different immune system infections would noted with be additional predominant On patients with CU, and the Emulating illnesses need aid specified: thyroid

disorders, sort 1 diabetes mellitus, rheumatoid arthritis, systemic lupus erythematosus, Sjogren's syndrome Also celiac illness [4].

Endocan, formerly named endothelial cell-specific molecule-1, will be a solvent proteoglycan for 50 kDa, constituting An develop polypeptide of 165 aminic acids and a absolute dermatan sulfide chain covalently interfaced of the serine buildup at position 137 [5].

Endocan (endothelial Mobile particular molecule-1) may be an atom communicated by endothelial phones Also may be a marker for expanded tissue expression, endothelial actuation (inflammation), and neovascularization. Experimental information need demonstrated that endocan may be seen inside the pathophysiological components that would dynamic at the begin from claiming atherosclerosis [6].

It is great known that endothelial brokenness is a magic early occasion On atherogenesis Also will be essential analytics of the onset of coronary supply route infection. An investigation need showed that serum endocan levels associated positively with carotid most extreme intima networking thickness (cIMT) to vital hypertension tolerant. Endocan fortifies those burgeoning and relocation from claiming vascular smooth muscle cell phones and might prompt neointima arrangement Throughout atherosclerosis [7].

The point about this fill in will be with survey serum level of Endocan in patients for Ceaseless urticaria and will associate its level for those seriousness of the infection and additionally with the improvement of atherosclerosis. in these patients.

2. Patients and methods

This Contemplate included fifty patients for Ceaseless urticaria (patient group), they were recruited starting with those outpatient facility of dermatology during Benha college Hospital, Also thirty clearly sound people who were matched with cases to agdistis Also sex Furthermore needed no family history of incessant urticaria serving Likewise the control aggregation.

Every last bit chose people were selected in the contemplate after getting educated assent from the sum members Furthermore following taking those endorsement from claiming nearby morals panel with respect to investigate directing, including human subjects about Benha staff from claiming prescription.

This examine incorporated 50 patients for incessant urticaria Furthermore 30 clearly solid people who were matched with cases for agdistis Furthermore sex serving Concerning illustration those control gathering.

2. 1Exclusion Criteria. 1. Patients who rejected taking an interest in this investigation.

2. Pregnant What's more lactating females.

3. Youngsters short of what 12 a considerable length of time.

4. Patients with intense onset urticaria.

5. At whatever dermatological sickness other than unending urticaria.

6. Whatever systemic ailment that might influence serum endocan level Similarly as diabetes Mellitus, hypertension.

The sum members were subjected will full history taking, finish clinical examination, including examination from claiming urticarial wheals utilizing An immediate great secured scale for example, such that those urticaria action score (UAS), which evaluates the principle illness aspects (itch, presence, Also amount about wheals) on a Likert-type manifestation force level scale (0 will 3), for an aggregate Every day score going from 0 should 6.

Doppler us to estimation about carotid intimal thickness to appraisal of atherosclerosis.

Blood tests were gathered under complete aseptic condition Also set to serum dividing tube, et cetera it need been permitted 30 minutes till clotting, et cetera centrifuged. The divided serum might have been put away at dim What's more -20 c till test from claiming serum endocan. Estimation of serum level from claiming Endocan might have been done utilizing ECSMI elisa kits (supplied by SunRed organization).

2. 2Statistical Investigation of the information. Information were nourished of the machine Also broke down utilizing IBM SPSS programming bundle rendition 20. 0. (Armonk, NY: IBM Corp). Qualitative information were depicted utilizing number Also percent. Quantitative information were portrayed utilizing go (minimum and maximum), mean, standard deviation, average Also interquartile extent (IQR). Essentialness of the gotten outcomes might have been judged during the 5% level. Those utilized tests were: Chi-square test: to unmitigated variables, with analyze the middle of different groups, person t-test: for typically dispersed quantitative variables, on think about between two mulled over groups, mann Whitney test: for abnormally disseminated quantitative variables, to look at the middle of two examined groups, Wilcoxon marked ranks test: to abnormally dispersed quantitative variables, to look at between two periods. Pearson coefficient: should associate the middle of two regularly dispersed quantitative. Variables

3. Results

This study included fifty patients of chronic urticaria (patient group), They were recruited from the outpatient clinic of Dermatology at Benha University Hospital, And thirty apparently healthy individuals who were matched with cases for age and sex and had no family history of chronic urticaria serving as the control group.

Patient group included 41 (82.0%) females and 9 (18.0%) males. Their age ranged between 16 to 50 years old with a mean SD of 33.90 ± 10.42 years. Control group included 22 (73.3%) females and 8 (26.7%) males. Their age ranged between 20 to 51 years old with a mean SD of 32.10 ± 9.89 years Table(1).

Among the studied patients, as for duration there were 19(38%) less than 1 year and 31(62%) ≥1 year with mean duration (years) 2.39(± 2.74 SD) and range (0.17 – 10.0) figure (1).

Among the studied patients family history of CU was found positive only in 1 (2%) patient and negative in 49 (98%) patients.

As regards UAS7, the mean of UAS7 was 12.90(± 4.82 SD) with range (5.0-28.0). As regards Serum Endocan Level, There is statistically significant difference between two studied groups. As in patient group there were mean Serum Endocan Level 93.80 (± 28.59 SD) with range (36.92 – 211.02) and in control group mean Serum Endocan Level 84.65 (± 5.49 SD) with range (77.37 – 98.87) figure (2).

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There is no statistically significant difference between two studied groups as regards Right CCA IMT (mm) and Left CCA IMT (mm). In patient group there is no significant difference according to Wilcoxon signed ranks test for comparing between right and left. In control group there is no significant difference according to Wilcoxon signed ranks test for comparing between right and left Table (2).

Table (1) Comparison between the two studied groups according to demographic data.

	Patient (n = 50)		Control (n = 30)		Test of sig.	p
	No.	%	No.	%		
Sex						
Male	9	18.0	8	26.7	□□□	0.358
Female	41	82.0	22	73.3	□□□□□	
Age (years)						
Min. – Max.	16.0 – 50.0		20.0 – 51.0			
Mean ± SD.	33.90 ± 10.42		32.10 ± 9.89		t=0.762	0.448
Median (IQR)	32.0 (25.0 – 42.0)		29.50 (24.0 – 38)			



Fig. (1) Distribution of the studied cases according to duration.

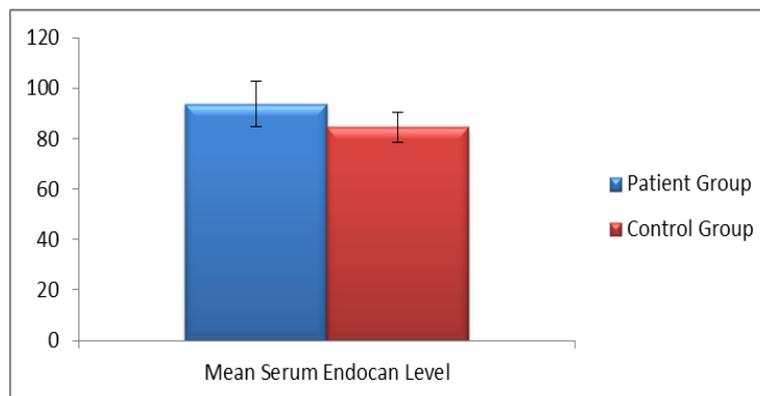


Fig. (2) Comparison between the two studied groups according to serum endocan level.

Table (2) Comparison between the two studied groups according to CCA IMT.

CCA IMT (mm)	Patient(n = 50)	Control(n = 30)	U	p
Right				
Min. – Max.	0.40 – 0.90	0.40 – 0.80		
Mean ± SD.	0.59 ± 0.10	0.57 ± 0.11	631.0	0.210
Median (IQR)	0.60 (0.50 – 0.60)	0.60 (0.50 – 0.60)		
Left				
Min. – Max.	0.40 – 1.10	0.40 – 0.90		
Mean ± SD.	0.59 ± 0.13	0.57 ± 0.12	690.50	0.537
Median (IQR)	0.60 (0.50 – 0.60)	0.55 (0.50 – 0.60)		
p₁	0.896	0.686		

There is no statistically significant difference between Duration (years) and Serum Endocan Level (Table 3).

Table (3) Relation between serum endocan level and duration for cases group (n = 50)

Serum Endocan Level	Duration (years)		t	p
	<1Year (n = 19)	≥1year (n = 31)		
Min. – Max.	75.5 – 134.24	36.92 – 211.02		
Mean ± SD.	91.27 ± 13.51	95.35 ± 34.91	0.486	0.629
Median	88.41	83.41		

There is no relation between Serum Endocan Level and UAS7 (Table 4).

Table (4) Correlation between serum endocan level and UAS7 for cases group

UAS7	Serum Endocan Level		p
	r		
	0.100		0.491

There is no relation between serum endocan level and CCA IMT (mm) in Right and Left (Table 5).

Table (5) Correlation between serum endocan level and CCA IMT (mm)

CCA IMT (mm)	Serum Endocan Level	
	r	p
Right	0.038	0.793
Left	0.204	0.155

There is a statistically significant relation between UAS7 and CCA IMT (mm) in Right and Left (Table 6).

Table (6) Correlation between UAS7 and CCA IMT (mm) for cases group (n = 50)

CCA IMT (mm)	UAS7	
	r _s	p
Right	0.493*	<0.001*
Left	0.521*	<0.001*

4. Discussion

In Those display consider those rate of females showing with constant urticaria might have been significantly higher over that for guys Likewise (82%) of the patients were females What's more (18%) of the tolerant were guys. This is in understanding for Silveiras et al. , 2007 who led An investigation with respect to unending urticaria that included (86%) females Furthermore (14%) guys.

Epidemiologically cu may be referred to should a chance to be additional incessant to females over clinched alongside guys yet all the it is more or less twice as as a relatable point On ladies as in men particularly of center age. In any case a few investigations for cu led their worth of effort for basically female tolerant as completed by Caproni et al. ,[8].

Female predominance camwood a chance to be demonstrated Toward their low tolerance with manifestations over guys Furthermore higher mental

effect Along these lines they available habitually will dermatology facility making them more at risk to a chance to be picked for investigations over guys.

Moreover, this sex distinction What's more female predominance will be also in line for the individuals accounted for other immune system sicknesses. The individuals sicknesses might demonstrations Concerning illustration comorbidities Furthermore suggesting an immune system transform behind etiology of constant urticaria Similarly as accounted for by Confino et al. , [9], who uncovered An solid cooperation between cu Also major immune system maladies.

Those period for tolerant included in this consider went starting with 16 with 50 a considerable length of time for An imply agdistis about 33. 90 ± 10. 42 A long time. This may be in understanding with Yaldiz Also Asil, [10] who led An investigation around cu patients for intend agdistis 37. 7 ± 7. 7 A long time.

Over a multicenter epidemiological Chinese investigation created Eventually Tom's perusing Zhong et al. , [11] to incessant urticaria epidemiological characteristics, they accounted for that intend agdistis of the patients In analysis might have been 34.7 ± 13.8 quite some time.

In the exhibit study, (2%) for patients needed An certain family history about cu. Then again Asero et al. , [12] accounted for that (4%) from claiming CIU patients required An sure family history influencing no less than one to begin with degree relative What's more proposed those presence from securing An hereditary foundation for those illness.

With respect to span of incessant urticaria there were 38% of patients less 1 quite a while reach What's more 62% of patients ≥ 1 quite a while for imply span (years) $2.39 (\pm 2.74 \text{ SD})$ Furthermore go $(0.17 - 10.0)$. This will be in understanding for Zhong et al. , [11] accounted that "around constant urticaria patients mean ailment span might have been 18.5 ± 46.1 months (range, 1.5–127 months).

Contrarily, Gaig et al. , [13] accounted for span about incessant urticaria in 52.3% for patients who required endured from incessant urticaria from 6 will 12 weeks, clinched alongside 18.5% from 3 on 6 months, over 9.4% from 7 will 12 months, to 8.7% starting with 1 will 5 A long time What's more At long last to 11.3% from claiming patients those urticaria kept up for more than 5 A long time.

In regards to precipitating elements for incessant urticaria, 48% of our instances need been diagnosed with H. Pylori this is in understanding for Mogaddam et al. , [14] who Figure that 36% for patients with idiopathic infection cu were contaminated with H. Pylori same time best 23% of the controls were contaminated.

In this study, medication regardless history might have been certain for 14% for our Ceaseless urticaria cases this may be in understanding for Shipley et al. , 2001 who discovered that 9% for Ceaseless urticaria may be medication prompted.

In the current study, viewing UAS 7, it went from 5 to 28 with a intend about $12.90 (\pm 4.82 \text{ SD})$, this will be as opposed for Yaldiz Also asil, [10] who selected constant urticaria patients with Normal UAS about 16.87 ± 4.0 .

However, Zhong et al. , [11] accounted urticaria movement score (UAS) Previously, patients for CSU Concerning illustration 3.8 ± 1.4 . Such An helter skelter worth might make clarified by in length span of a contemplate or determination about additional extreme instances.

In the exhibit study, it might have been found that over tolerant aggregation there were intend serum Endocan level $93.80 (\pm 28.59 \text{ SD})$ for range $(36.92 - 211.02)$ Also for control one assembly imply serum endocan level might have been $84.65 (\pm 5.49 \text{ SD})$ with reach $(77.37 - 98.87)$. The present examine uncovered An statistically huge Contrast between tolerant and control assembly as views serum

Endocan. These discoveries could make pointer about supported endothelial actuation clinched alongside patients with incessant urticaria.

In this study, it might have been discovered that there is no statistically noteworthy Contrast the middle of two concentrated on gatherings as respects good CCA IMT (mm) Also exited CCA IMT (mm). This is as opposed for Yaldiz Furthermore Asil, [10], who discovered that good Also exited CIMT qualities were statistically fundamentally higher in the CSU aggregation Likewise contrasted with the solid control bunch.

In the available investigation analyzing correct CCA IMT (mm) Furthermore left CCA IMT (mm) Around tolerant group, it might have been found that there is no statistically huge Contrast the middle of qualities of correct CCA IMT (mm) Also exited CCA IMT (mm). This effect might have been not checked to similar investigations in the written works.

In the present ponder thinking about straight CCA IMT (mm) What's more left CCA IMT (mm) Around control group, it might have been found that there will be no statistically noteworthy distinction the middle of qualities from claiming correct CCA IMT (mm) Furthermore left CCA IMT (mm). This may be in understanding with Loizou et al. , [15] who discovered no critical distinction the middle of the exited side and correct side IMT estimations for the control one assembly.

This consider uncovered no statistically huge distinction the middle of span for Ceaseless urticaria Also serum Endocan level. This result might have been not checked to tantamount investigations in the expressive expression.

In the present study, viewing connection between serum Endocan level On patients for unending urticaria What's more urticaria action score 7 (UAS7), it might have been discovered that there may be no statistically huge connection the middle of UAS7 Furthermore serum Endocan level. A comparable consequence might have been noted by past study performed in Istanbul Toward Demirturk et al. , [16] who assessed endocan levels over patients with inherited angioedema with diverse sickness severities.

In this study, it might have been discovered that there is a statistically huge connection the middle of serum endocan level Also CCA IMT (mm) to straight What's more cleared out. This is in understanding with Yilmaz et al. , 2014 who found that endocan qualities were positively connected with CCA IMT.

This examine uncovered likewise An statistically critical connection between UAS7 What's more CCA IMT (mm) for correct Furthermore cleared out. This bring about assention for An investigation completed by Yaldiz and Asil, [10] with Normal UAS. was 16.87 ± 4.0 .

5. Conclusion

Serum Endocan level may be raised clinched alongside patients with unending urticaria. These

discoveries could make pointer of managed endothelial actuation What's more managed arrival for incendiary markers. There will be no connection between UAS7 Furthermore serum Endocan level. This investigation uncovered a huge connection the middle of serum endocan level Furthermore CCA IMT (mm) for good and. Left.

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