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***DELIVERY OF MICROENCAPSULATED VITAMIN D BY USING  
COSMETIC TEXTILES***

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## **DELIVERY OF MICROENCAPSULATED VITAMIN D BY USING COSMETIC TEXTILES**

*Haifa Mubarak Al Anjari\**

### **Abstract**

With the growing trend in enhancing beauty through healthy means, customers request for apparels and home textiles containing not only their original basic characteristics, such as warmth and comfort, but also ones that carry extra functions, including environmental protection, anti-pollution and most importantly, health and beauty care, in an attempt for a more natural and healthier life. Textile materials with special applications in the cosmetic field have been developed. Currently, microencapsulation technology is rapidly developing in the field of cosmetic textiles because of its benefits and flexibility.

Micro- encapsulation technology is an effective technique to control the release properties of active ingredients that prolong the functionality of cosmetic textiles. This study discusses the using of micro-encapsulation technique as delivering system in field of cosmetic textiles.

Gelatin microcapsules containing vitamin D were prepared using emulsion hardening technique. Scanning electron microscopy demonstrated that the newly developed microcapsules were in the form of core-shell spheres with relatively smooth surface. The particle size of microcapsules ranged from 5.0 to 43.3  $\mu\text{m}$ . The gelatin micro- capsules were proved to be non-cytotoxic based on the research findings of the toxicity studies conducted on human liver and breast cells.

### **Introduction:**

A cosmetic textile is a textile article that contains a substance or a preparation that is intended to be released sustainably on to the different superficial parts of the human body, especially the skin, and which claim

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one (or more) particular properties such as cleansing, perfume, change of appearance, protection, maintenance in good conditioner correction of body odors due to the rapid development of technologies, textile materials have also found applications in the cosmetics field in recent years. The textile industry is very optimistic that these products will open up new target groups and sustainable markets (**Kan and Yuen 2005**). After the prescience of massive knowledge at the medical field, people were seeking to improve the quality of their life in hygiene and nutrition.

With the growing trend in enhancing beauty through healthy means, customers request for apparels and home textiles containing not only their original basic characteristics, such as warmth and comfort, but also ones that carry extra functions, including environmental protection, anti-pollution and most importantly, health and beauty care, in an attempt for a more natural and healthier life (**Holme 2007**).

As known that the skin is having large surface area and its consider as one of the largest organ in the body and due to the direct contact with human body and skin for long time, cosmetic textiles are designed to transfer an active substance for cosmetic purposes. One particular example is the transfer of skin moisturising substances. The principle is achieved by simply imparting the cosmetic and pharmaceutical ingredients into the fabric of the clothing so that with the natural movements of the body, the skin is slowly freshened and revitalised. To achieve these functional effects, microencapsulation technology appears as an alternative way to provide satisfactory performance with increased durability (**Cheng et al., 2008**).

There are a lot of concerns that must be taken in our considerations during this study. The first concern is how we deliver the cosmetic substance under a slow-release delivery mechanism, to avoid overdose. Also there is another concern about the ability of a material to perform with an appropriate host response in a specific application this is known as (biocompatibility), also it should be non-toxic and non-carcinogenic (**Achwal 2007**).

Micro encapsulation is defined as a technology for the packaging of particles of finely ground solids, droplets of liquids, or gaseous materials

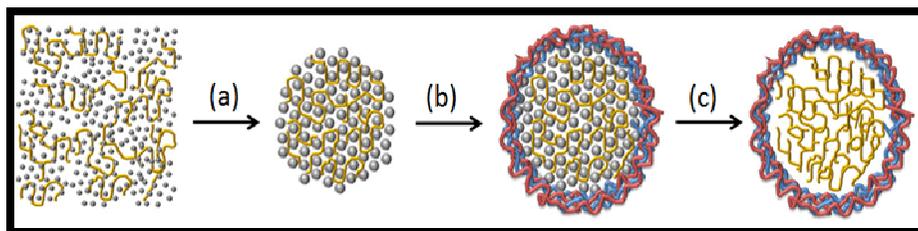
with the help of protective membranes, also called shellor coating. In other meaning, microcapsules are produced by depositing a thin polymer coating on small solid particles or liquid droplets. The core contentsthe active substancemay be released by friction, by pressure, by diffusion through the polymer wall, by dissolution of the polymer wall coating, or by biodegradation. In general, it is used to incorporate food ingredients, enzymes, cells or other materials on a micro metric(**Saez, et al., 2007**).

During the last few decades , microcapsules have found applications in the production of a wide range of commercial products ,especially in cosmetics and pharmaceuticals because they provides a means of packaging, separating and storing materials on micro scale for later release under controlled conditions.

This technique is being used to develop textiles with newproperties and added value; including climate-controlmaterials, fragrances released fabrics, cosmetic, therapeuticand medical textiles(**Kan and Yuen 2005**).

Structure ofmicrocapsules (fig.1)are small liquid or solid particles located in center of the particle which is called (core) and it is surrounded by another substance is called (shell) to protect it and separate it to sure the controlled release of the active ingredient outside the core(**Hong and Park 2000**).

- i) *Active ingredient*: Active ingredient is the substancethat may be in the form of liquid or solid. It is also referred tothe core contents, internal phases, active, encapsulate, payload or filled.
- ii) *Wall shell* : A polymer coating that surrounds the activeingredients which may also be called the wall, shell, externalphase, membrane or matrix. It may be natural polymer, semi- synthetic polymer and synthetic polymer.



**Fig.1: Structure of microencapsulated**

Theoretically, microcapsules can be produced with diameters between 0.01 and 10,000 microns. The thickness of the microcapsule wall is generally in the range of 0.5-150 microns. In most cases, the core content of the microcapsule will represent between 20 and 95% of the total mass.

The choice of wall materials depends upon a number of factors such as expected product objectives, nature of the core material, and the process of encapsulation. Table (1) illustrates the typical wall materials used for microencapsulation.

The advantages of microencapsulation since the active ingredient is the most important substance at any industry, so one of its major advantages is its ability to protect the active ingredients from a hazardous environment, i.e. oxidation, heat, acidity, moisture or evaporation. It also protects ingredients from interacting with other compounds in the system, which may result in degradation or polymerization. Another important advantage is its controlled release properties that seem to be the best choice for increasing the efficiency of some drugs and minimization of side effects (Hwang, et al., 2006).

Nowadays, the major interest in microencapsulation is currently in the application of vitamins, essential oils, skin moisturizing agents, skin cooling agents and anti-ageing agents etc. A few studies regarding the techniques of producing microcapsules containing cosmetic substances have been shown in table (2) (Yamato et al., 1993 and Chang, 2005).

***Material and method:***

***Material:***

Gelatin and vitamin D were obtained from SIGMA Company for Pharmaceutical Industries Cairo, Egypt.

***Method:***

***Synthesis of gelatin/vitamin D microcapsules and its application on textile materials:***

Using the emulsion hardening technique, we prepared gelatin microcapsules containing vitamin D in our study by dissolving in deionised water at the temperature of 40-60 °C for 15 min. The solution was then poured into 100% pure canola oil to form the water in oil emulsion with the aid of Span 80 surface-active agent. The mixture was intermixed for 5 min using a magnetic stir plate, Heidolph MR3001 (Heidolph, Germany), at a speed of 1200 rpm to form a stable water in oil emulsion. The emulsion was then further mixed using an ultrasonic processor (Vibra Cell™ VCX 750, Sonic and Materials Inc., USA) at 300 Watt with the ultrasonic amplitude at 80% for 1 min to break down the emulsion into smaller droplets.

The water in oil emulsion was then stirred at 20 °C while adding formaldehyde (ACS Reagent, Sigma Aldrich) to crosslink the microcapsules for 2 h at 1200 rpm. The addition of formaldehyde should be as slow as possible in order to keep the stability of system. Afterwards, precipitation process was conducted by adding acetone into the solution. The addition of acetone was also aimed at microcapsule separation and dehydration. The precipitates in the form of gelatin microcapsules containing vitamin D were filtered followed by drying at room temperature as shown in Fig. 1.



**Fig. 1 gelatin / vitamin D microcapsules**

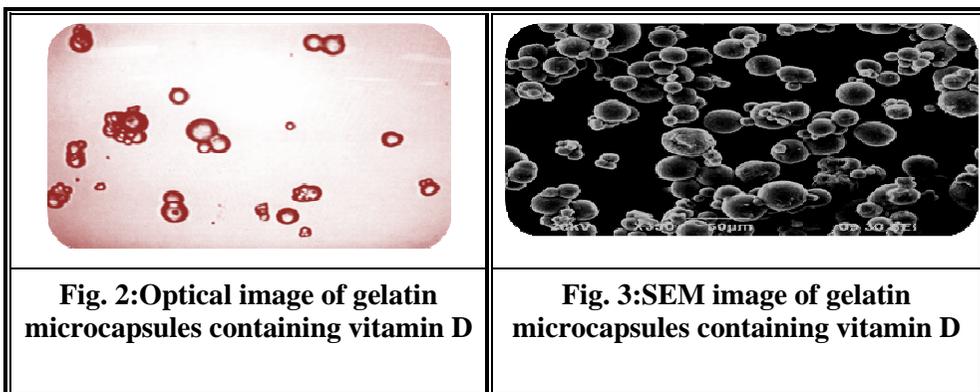
***Results and Discussion:***

***Surface morphology, particle size distribution studies of gelatin/vitamin D microcapsules:***

Optical Microscopy and Scanning Electron Microscopy were employed to investigate the surface morphology of microcapsules, degree of agglomeration and particle size distribution. The mean particle size of microcapsules was evaluated using a Zetasizer 3000 HAS (Malvern Instruments, UK).

Surface morphology and particle size distribution Fig. 2 shows the optical micrograph of gelatin microcapsules containing vitamin D. The gelatin microcapsules were in spherical form with a certain degree of agglomeration. Fig. 3 shows the SEM image of gelatin microcapsules at the magnification of x350. In agreement with the observation obtained from the optical micrograph, the gelatin microcapsules appeared to be round in shape with relatively smooth surface and the particle size of microcapsules was ranging from 5.0 to 43.3  $\mu\text{m}$ . The result of average particle size was 24.8  $\mu\text{m}$  as obtained from the particle size analyses. However, a certain degree of agglomeration of microcapsules was noted as shown in Fig. 7. The agglomeration of microcapsules was largely affected by the stirring speed during the cross-linking process. When the stirring speed was too slow, the uncross linked microcapsules could not be entirely separated and it would be very difficult to separate the microcapsules once they combined. Hence, high stirring speed during the crosslinking process should be maintained in order

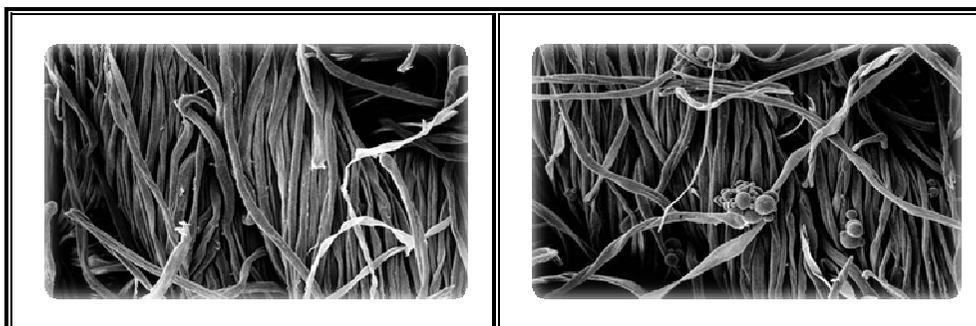
to form the separated microcap.



***Application of gelatin/vitamin D microcapsules on textile materials:***

Cotton (100%) fabric samples were cut into many pieces of 20x20 cm. Gelatin microcapsules containing vitamin D were firstly diluted with deionised water at the liquor ratio of 1:10. The solution was stirred for 10 min using a magnetic stir plate at a speed of 1200 rpm to obtain a better dispersion of microcapsules.

Textile binder (Devan Chemicals) was used to enhance the fixation of gelatin microcapsules onto the cotton fabric. The fabric samples were then immersed into the microcapsule solution followed by padding using a vertical padder at a constant pressure of 1.5 kg/cm<sup>2</sup> and a speed of 7.5 rpm. The wet uptake level of fabric samples was 70±5% followed by drying the fabric at room temperature. Fig.4A shows the SEM image of cotton fibers exhibiting the fibrous structure. Fig.4B shows the SEM image of cotton fibers embedded with the gelatin micro-capsules. The SEM results confirmed that microcapsules were successfully padded onto the fiber surface without obvious breakage during the padding process. The particle size of the gelatin microcapsules ranged from 6.7 to 36.7 μm which was similar to that of the previous SEM evaluation.



**Fig. 4: (A) Control cotton fiber and (B) cotton fiber embedded with gelatin/vitamin D microcapsules.**

Vitamin D is a fat-soluble vitamin that is naturally present in very few foods, added to others, and available as a dietary supplement. The use of vitamin D is known to be beneficial to bone growth and bone remodeling by osteoblasts and osteoclasts (Holick 2006). Vitamin D has other roles in the body, including modulation of cell growth, neuromuscular and immune function, and reduction of inflammation.

The vitamin D substance is released from the gelatin wall shell in the presence of humidity due to its sensitivity to moisture. A relatively small amount of water is sufficient to achieve the release, such as the water and sweat present on the surface of the skin. Hence, the released vitamin D may be directly absorbed by the skin (Winzenberg et al., 2011).

**Conclusion:**

As can be seen from this brief overview, cosmetic textiles are increasingly expanding considerably in the textile industry. Also microcapsules have found numerous applications in various branches of the textile industry. In this study, the gelatin microcapsules containing vitamin D were prepared using the emulsion hardening technique and successfully grafted into fibrous materials. This provides a practical example for explaining the development of cosmetic textiles with biological benefits and using it as a delivery system for humans.

In spite of the existence of such a broad variety of textile products with microcapsules, there is a lot of space for further improvement and development. The textile industry collaborated with medical profession should continue to explore and develop functional textiles that fit the consumer needs. We can notice that the merging between the textile industry and medical field is the way for prosperity.

**Acknowledgements:**

I would like to acknowledge the pharmaceutical department and biochemical department of the faculty of pharmacy of ASU specially Dr/ Mustafa ahmed for undertaking the research study.

**Table I. Typical wall materials used for microencapsulation.**

Types of wall material	Examples
<b>Natural</b>	Gelatin, agar, gum, sodium alginate, calcium alginate, fat and fatty acid, starch, chitosan, caseinate, stearin, sucrose, and wax.
<b>Semi-synthetic</b>	Cellulose acetate, cellulose nitrate, ethylcellulose and hydroxypropylcellulose, methylcellulose, sodium carboxymethylcellulose, hydrogenated tallow, myristyl alcohol, dipalmitate, hydrogenated ester oil, glycerylmono-,di, or tristearate, and 12-hydroxystearyl alcohol.
<b>Synthetic</b>	Acrylic polymer and copolymer.

**Table 2. Typical core materials used for microencapsulation**

<b>Types of core material</b>	<b>Examples</b>
<b>Solvents</b>	Benzene, cyclohexane, chlorinated phenyls, paraffins, esters, ethers, alcohols and water
<b>Plasticiser</b>	adipate and phosphate-type, silicones and chlorinated hydrocarbons
<b>Acids and Bases</b>	Boric acid, caustic alkali and amines
<b>Catalysts</b>	Curing agents, oxidants, free radical initiators and reducing agents
<b>Colourants</b>	Pigments and dyes
<b>Adhesives</b>	Polysulphides, cyanoacrylates and isocyanates
<b>Fragrances</b>	Menthol, essences and speciality compositions
<b>Pharmaceuticals</b>	Aspirin, vitamins and amino acids
<b>Recording Material</b>	Reprographic toners, coupling agents, developers, silver halides, fixing agents, photochromatic compound, liquid crystals

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## توصيل فيتامين D عن طريق استخدام مستحضرات المنسوجات التجميلية

هيفاء مبارك العنجري\*

### الملخص العربي

مع الاتجاه المتزايد في تعزيز الجمال من خلال وسائل صحية، وطلب الزبائن لالبسة والمنسوجات المنزلية لا تحتوي فقط على خصائصها الأصلية الأساسية، مثل الدفاء والراحة، ولكن أيضا تلك التي تشمل وظائف اضافية، بما في ذلك الحماية من البيئة ومكافحة التلوث والأهم من ذلك الرعاية الصحية والجمال، في محاولة لحياة أكثر طبيعية وصحية. قد تم تطوير المواد النسيجية مع تطبيقات خاصة في مجال التجميل. حاليا، تكنولوجيا الكبسلة المصغرة تتطور بسرعة في مجال المنسوجات التجميل لما لها من فوائد ومرونة.

تكنولوجيا الكبسلة المصغرة هي تقنية فعالة للتحكم في خصائص اطلاق المكونات النشطة والتي تطيل من وظائف المنسوجات التجميلية. تتناولت هذه الدراسة استخدام تقنية التغليف متناهية الصغر كنظام توصيل في مجال المنسوجات التجميل. تم إعداد كبسولات الجيلتين التي تحتوي على فيتامين D باستخدام تقنية المستحلب الصلب. أظهر المجهر الإلكتروني أن الكبسولات الناتجة كانت على هيئة جسم كروي له لب محاط مع سطح أملس نسبيا. حجم جسيمات الكبسولات الصغيرة تراوحت من ٠.٥ الي ٤٣.٣ ميكرون. وقد أثبت ان كبسولات الجيلتين المصغرة تكون غير سامة استنادا إلى نتائج بحوث الدراسات السمية التي أجريت على خلايا الكبد والثدي للإنسان.

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