QUALITY EVALUATION OF BUTTER SOLD IN ALEXANDRIA MARKETS

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ABSTRACT

A total of 60 butter samples (20 of each of imported cow butter, locally produced cow butter and locally produced buffalo butter) were collected aseptically from different Alexandria markets. The samples were subjected to microbiological and chemical examination to evaluate its sanitary condition on the basis of Egyptian organization for Standardization and Quality Control, 2005 specifications. The results of the current study revealed that 20%, 40% and 55% of the examined imported butter, locally produced cow butter and locally produced buffalo butter samples exceeded the maximum permissible limit of coliform bacteria with average counts of 9.2±1.3, 32.2±2.6 and 38±5.8 MPN/g respectively. However, 35%, 55% and 75% of such samples were over the permissible limit of total yeast and mold count with average counts of $3.4x10 \pm$ 1.5x10, 5.8x10² ± 1.6x10² and 5.2x10³ ± 2.3x10² c.f.u/q. Lipolytic and psychrotrophic bacterla were isolated from all of the examined samples with counts exceeding the allowable limit. (9.1x10±.1.1x10, 4.1x10³± 2.6x10 and 5.9x10² ± 6.1x10 c.f.u/g for lipolytic and $3.5 \times 10^2 \pm 1.3 \times 10^2$, $6.5 \times 102 \pm 2.9 \times 10^2$ and $5.5 \times 10^3 \pm 8.2 \times 10$ c.f.u/g for psychrotrophic bacteria). Salmonella could not be detected but Shigella was isolated from one sample only representing 5% of locally produced cow butter samples. Staphylococcus aureus was detected in 40%, 55% and 60% while Listeria species in the order of 25%, 15% and 10% of imported butter, locally produced cow butter and locally produced buffalo butter samples respectively. The chemical examination showed that 10%, 50% and 100% of such samples respectively were above the allowable limit for moisture content. Sodium chloride content was above the permissible limit in 25% of locally produced cow butter and 35% of locally produced buffalo butter.

INTRODUCTION

Butter is essentially the fat of milk. It is a water-in-oil emulsion. Commercial butter is composed of 80%-82% milk fat. 16%-17% water and 1%-2% milk solid-not-fat (sometimes referred to as curd). It may contain salt, added directly to the butter in concentra-

tions of 1%-2%. Unsalted butter is often referred to as "sweet butter". This should not be confused with "sweet cream" butter, which may or may not be salted. Reduced-fat or "light" butter usually contains about 40% milk fat. Butter also contain protein, ealclum and phosphorous and fat-soluble vitamins

Coliform bacteria in a sample of butter probably would indicate gross contamination in most instances, but there are circumstances when considerable number of these organisms may occur even in salted butter.

Psychotrophic bacteria are those able to grow at 70C or less regardless of their optimal growth temperature. Psychotrophic bacteria that are commonly isolated from dairy products belong to a variety of genera, but in general, these bacteria are non-pathogenic. Some pathogenic bacteria are psychotrophic (eg. Listeria monocytogenes (Frank et al., 1992). If butter has been contaminated in the manufacturing process and if conditions such as poor water dispersion and high temperature favor microbial growth, spoilage may occur. Psychrotrophic bacteria are predominant in this type of deterioration and when present in butter, they can cause a variety of butter defects. (Cousin, 1982).

Sabreen (1996) recorded a mean count of 26x10/g and 19x10/g for Psychotrophic bacterla in imported and local butter respectively.

An increasing problem is lipolysis in butterfat after manufacturing, which is caused by thermoresistant lipase enzymes that are created in the milk or cream by psychotrophic bacteria or by residual native lipases that survive pasteurization (Sabreen, 1996). Lipolytic and proteolytic bacteria produce enzymes during their growth in milk from which cream used for butter making. These enzymes remain active after heat treatment and can damage the quality of butter (lawrense, 1967). Most of psychrotrophic and thermoduric bacteria, yeasts and molds have the ability of proteolyses and lipolysis (APHA. 1985). The enumeration of lipolytic bacteria in butter may be helpful in drawing attention to unsatisfactory manufacturing and handling procedures. Average count of 7.5x10⁵ c.f.u/g of butter for lipolytic bacteria was recorded by Patir, et al., 1995. While in Egypt El-Demerdash, (1990) reported counts of 16.7x10³ vs and 19.3 x10³ for lipolytic bacteria in imported and local butter samples respectively.

High mold and yeast count may be attributed to the faulty methods in processing specially in connection with inadequate sanitation of the churn. Inefficient pasteurization, low salt content, improper conditions of storage or a combination of any of these may be responsible for high counts. The evidence available indicates that there is a tendency for butter with low mold and yeast counts to possess better keeping quality than butter with high counts. Yeasts and molds do not survive pasteurization. When present in butter, they indicate faulty sanitation and air contamination (Murphy, 1990). Aman, (1985) recorded an average yeast and mold count of 99x10/g of cooking butter while a mean count of 2.5x10/g of cooking butter was reported by Ahmed et al., (1987). Mohmad et al., (1983) detected a mean yeast count of 41.87x10/g and a mean mould count of 55.2x10/g of cooking butter respectively. While Tasnim et al., (1993), Rajaraman et al., (1994) and Patier et al., (1995) recorded mean counts of $3.84 \times 10/g$ and $8.3 \times 10/g$ and $9 \times 10/g$ of table butter for yeast and mould respectively.

During the current study. Salmonella species could not be detected while Shigella spe-

cles was isolated from one sample only representing 5% of locally produced cow butter samples. Staphylococcus aureus was detected in 40%, 55% and 60% while Listeria species in the order of 25%, 15% and 10% of imported butter, locally produced cow butter and locally produced buffalo butter samples respectively (table 2).

El-Gazzar & Marth, (1995) found that butter readily supported growth of salmonellae at room temperature, and neither freezing nor refrigeration for brief periods eliminated salmonellae from butter. However, Santos et al., (1995) and Tasnim et al., (1993) failed to detect Salmonella in butter, while Staphylococcus aureus (Santos et al., 1995 and Nazem, 1991), Llisteria innocua. (Massa et al., 1990) were detected.

In the current study, results of the chemical examination showed that 10%, 50% and 100% of imported cow butter, locally produced cow butter and locally produced buffalo butter samples respectively were above the allowable limit for moisture content. Sodium chloride content was above the permissible limit in 25% of locally produced cow butter and 35% of locally produced buffalo butter. The sodium Chloride % of the examined butter samples was presented in Table (3). Lower results of a range of 0.9% to 1.05 % and a mean % of 0.46± 0.04 % were obtained by Aiad (2002) and Saleh (1995), while higher salt % was recorded by Nazem (1991). The pH values of the examined butter samples were recorded in table (3) reflecting the acidic nature of all of the samples. Nearly similar results were recorded by Alad (2002) and lower values by Nawar (2001).

Rancidity can be detected by measuring the acid degree value which determines the presence of free fatty acids. Several studies indicated that a high content of unsaturated fatty acids in milkfat increases the risk of oxidation and production of off-flavors (Im & Marshall, 1998).

Lewis et al., (2006) stated that three percent salt results in 15.8% water phase salt butter that is inhibitory to all food-borne pathogens except Staphylococcus aureus. On the other hand, 1% salt drops the level in the water phase to 5.9%, which would permit the growth of most food-borne pathogens. The need for time/temperature control depends on the pH and of the product, and on whether other preservatives have been added to the formulation.

CONCLUSION

The safety of butter has been the concern of the modern daily industry as it regards food safety as a critical feature of its product. Therefore, careful control of processing and storage conditions should be applied to ensure the safety of the product for human consumption. Due to efficient hygienic and modern technology, pathogens are rarely found in heat treated butter. The pathogenic bacteria can contaminate butter if made from contaminated cream. Moreover, the chance of post-pasteurization contamination may exist. Unfortunately, growth of pathogens in butter is not a determinant of shelf-life. That role is played by spoilage bacteria.

Careful attention is paid to temperature control in raw-milk-handling systems and, naturally, to the cleaning of all equipment. Unfortunately, some of the lipolytic and proteolytic enzymes produced by psychrotrophs are heat stable, even surviving ultrahigh temperature (UHT) treatment. Today, a shelf life of many months is expected of a number of UHT-treated products, thus the presence of lipolytic and proteolytic enzymes can be disastrous. The only way to avoid this problem is to ensure that the numbers of organisms are kept to an absolute minimum during all stages of the collection and manufacturing process.

Recommendations:

Monitoring of the sanitary condition of butter and other dairy products during production and handling is an important task. Quality control and strict hygienic measures should be imposed to improve butter quality especially in the farm and on the small scale production.

Storing butter properly lengthens the shelf life so it can be used over a longer period of time. To prevent a type of spoilage called rancidity, protect butter from heat, light and air

by storing it covered in the refrigerator. Rancid butter has an unpleasant taste and smell.

Butter absorbs odors from other foods rapidly. To prevent flavor changes, keep butter wrapped in moisture- and vapor-proof material or in tightly covered containers. For refrigerator storage, leave butter in its original wrapper. Opened portions of butter should be refrigerated in a covered dish.

Butter can be stored for up to two weeks at refrigerator temperatures. Higher temperatures cause off-flavors and unpleasant odors to develop. Butter should not be stored in the butter keeper (set at warmer temperatures) on the refrigerator door longer than two days. For ease in spreading, remove butter from the refrigerator 10 to 15 minutes before using it.

For holding longer than two weeks, butter should be frozen. To store butter in the freezer, wrap it in moisture- and vapor-proof freezer packaging material to keep the butter from absorbing odors from other foods and to prevent freezer burn.

Table (1): Bacterial counts of the examined hutter samples from Alexandria markets.

	Imported co w butter			Locally produced cow Butter			Locally produced buffalo butter		
			±SE			±SE			±SE
Coliforms	⋖	15	9.2	15	64	32.2	7.4	160	38
(MPN/gm)			±			±			±
			1.3		 	2.6			5.8
Yeast and	1.8x10	8.6210	4.3x10	1.7x1	2.9x10	5.8x10 ²	4.2x10	9.6x10	5.2x10 ^J
mold			±	0	ه	± .		4	±
(CFU/gm)			1.5 x10			1.61101			13x10 ³
Lipolytic	6.3x10	8.2x10	9.1x10	9.2x1	5.3x10	4.1x10 ³	7.5x10	2.3x10	5.9x10 ¹
bacteria		1	±	02	3	±	1	,	±
(CFU/gm)			1.1110			6.2x10			6.[x10
Psychotrop	1.5x10 ²	8.2x10	3.5x10 ²	2.3x1	9.5x10	6.5x10 ²	4.3x10	7.6x10	5.5x10 ³
hic bacteria		1	± .	0	1	+ .	3	3	*
(CFU/gm)			13x101			2.9x10 ³			8.2x10

Table (2): bacterial pathogens isolated from the examined butter samples from Alexandria markets.

Bacteria	co	orted w tter	C	oroduced ow tter	Locally produced buffalo hutter		
	+ve samples	%	+ve samples	%	†ve samples	%	
Eschericia coli	1	5	4	20	3	15	
Salmonella spp.	-	-	-	-	-	-	
Shigella spp.	-	-	1	5	-	-	
Staph. aureus	12	60	9	45	6	30	
Listeria spp.	5	25	3	15	2	10	

Table (3): Results of chemical examination of butter samples from Alexandria markets

	Imported cow butter			Locally produced cow Butter			Locally produced huffalo butter		
Chemical									
examination	min	max	mean ±SE	Min	max	mean ±SE	min	max	mean ±SE
p ^H	4.5	5.8	5.2±0.03	4.99	5.99	5.4±0.2	5.3	6.1	5.5±0.4
Acid value	1.3	1.8	1.6±0.09	1.9	2.2	2.1±0.06	2.0	2.5	2.3±0.1
Moisture %	16.3	22.0	2o±1.70	25	29	27±1.3	19	23	21±0.7
Sodium	0.09	1.8	1.3±0.10	1.1	2.3	1.8±0.3	1.7	3.1	2.9±0.3

Table (4): Sanitary condition of butter samples in comparison with the Egyptian Standard Specifications (2005)

	Egyptian Standard	Importe cow butter (n=		Locally produced cow Butter (n=20)		Locally produced buffalo Butter (n=20)		
Sanitary parameter	Specifications (2005)	No. of ramples over the permissible limit	*	No. of samples over the permissible limit	*	No. of samples within the permissible))mit	*	
Coliforms	<10/g	4	20	8	40	11	55	
Yeast and mold	20	7	35	11	55	15	75	
Lipolytic bacteria	0	20	100	20	100	20	100	
Psychotrophics	0	20	100	20	100	20	100	
Eschericia coli	0	1	5	1	5	3	15	
Salmonella spp.	0	0	0	0	0	0	Ō	
Shigella spp.	0	0	0	1	5	0	0	
Staph. aureus	0	8	40	11	55	14	60	
Listeria spp.	0	5	25	3	15	2	10	
Moisture %	48%	2	10	10	50	20	100	
Sodium chloride %	4 %	0	0	5	25	7	35	

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الملخص العربي

التقييم الصحى للزبد المباع بأسواق الإسكندرية

لقد أجريت الدراسة على ٢٠ عينة (٢٠ عينة من كل من الزيد البقرى المستورد والزيد البقرى المعلى والزيد الجاموسى المعلى) التى تم جمعها من مختلف أسواق الإسكندرية، وقد خضعت العينات للقحص الميكروبيولوچى والتخليل الكيميائي لتقييم الحالة الصحبة لهذه العينات استناداً إلى المواصفات القياسية المصرية، ولقد أسفرت نتائج الفحص الميكروبيولوچى عن أن ٢٠٪ من عينات الزيد المستورد و ٤٠٪ من العد المكتيرى من الزيد البقرى المعلى و٥٠٪ من عينات الريد الجاموسى المعلى غير مطابقة للمواصفات القياسية المصرية من حيث العد المكتيري للمسيكروبات القولونية وكان متوسط إعدادها ٢٠٨ ± ٣٢، ٥ (٢٠٣ ± ٢٠٨ و ٨٨ على الدوالي، كما أن ٣٥٪ من عينات الزيد المعلى و٥٠٪ عينات الزيد الجاموسى المعلى قد تجاوزت الحد المسموح به للفطريات والخمائر وكان متوسط المستورد و ٥٠٪ من الزيد البقرى المعلى و٥٠٪ عينات الزيد الجاموسى المعلى قد تجاوزت الحد المسموح به للفطريات والخمائر وكان متوسط على الدوالي، أما المكتيريا المفاودة والمكتيريا المحللة للدهون فقد تم عزلها من جميع العينات وعتوسط إعداد ١٠٠ × ١٠ خلية / جرام على الدوالي المكتيريا المعللة للدهون و ٥٠٪ ١٠٠ غيد ١٠٠ خلية / جرام على الدوالي للمكتيريا المعللة للدهون و ٢٠٥ × ١٠ غيد ١٠ خلية / جرام و ٥٠ × ٢٠ خلية / جرام على الدوالي للمكتيريا المقاومة للموردة، ولقد أسفرت نتائج هذه الدواسة أيضاً عن أنه خلو جميع العينات من السالمونيالا من عينة واحدة قمل ٥٪ من عينات الزيد المقرى المعلى، أما المكور العنقودي الذهبي نقد تم عزد أن مبكروب الشبيطلا من عينات الزيد المعلى وعينات الزيد الجاموسي المعلى على الدوالي، في حين أن مبكروب اللبيدية ٥٠٪ و ١٠٪ على الدوالي.

وقد أسفرت نتائج التحليل الكيميائي للعبنات عن تجارز ١٠٪ و ٥٠٪ و ١٠٠٪ من هذه العينات للحدود المسموح بها لمحتوى الرطوية ركذلك أسفرت عن تجاوز ٢٥٪ من عينات الزيد الجاسوسي المحلى للمحتوى المسموح به لكلوريد الصوديوم.