# A Linguistic and Cognitive Analysis of Selected Metaphors in The Holy Qur'an

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# List of Arabic Phonetic symbols (IPA)

#### Consonants

Arabic	Description	Transcription		
١	Voice glottal stop	?		
ب	Voiced bilabial stop	b		
ت	Voiceless dento-alveolar stop	t		
ث	Voiceless interdental fricative	$\theta \Phi$		
ح	Voiced post-alveolar fricative	j*		
ح	Devoiced pharyngeal fricative ħ			
خ	Voiceless velar fricative	Ż		
٦	Voiced dento-alveolar	d		
ذ	Voiced interdental frivative	<u>đ</u>		
)	Voiced alveo-palatal trill			
<u>)</u> ;	Voiced alveolar fricative	Z		
س	Voiceless alveolar fricative	S		
m	Voiceless alveopalatal fricatives	š		
ص ض ط	Voiceless velarized alveolar fricative	S*		
ض	Voiced velarized dento-alveolar stop	Ð		
ط	Voiceless velarized dento-alveolar	ŧ		
	stop			
ظ	Voiced velarized interdental fricative	Z*		
ع	Voiced pharyngeal fricative	ς		
ع غ ف	Voiced uvular stop	ς*		
	Voiceless labio-dental fricative	f		
ق ك	Voiceless uvular stop	q		
	Voiceless velar stop	k		
J	Voiced alveolar lateral	1		
م	Voiced bilabial nasal	m		
ن	Voiced alveolar nasal	n		
٥	Voiceless glottal fricative	h		
و	Voiced labiovelar glide	W		
ي	Voiced palatal glide	у		

Vowel endings and long vowels

Symbol	Description	example	
e	Front short close vowels	/xaaleq/ creator	
a	Front short open vowel	/baaʕa/ sold	
u	Back short close vowel	/muħaarib/ <i>warrior</i>	
aa	Front long open vowel	/ħaad/ sharp	
uu	Back long close vowel	/turuud/ parcels	

#### **Abstract**

This study examines the orientational metaphors in the Holy Qur'an which contribute to the cardinal Qur'anic theme of peace, based on the conceptual metaphor framework developed by George Lakoff and Mark Johnson (1980), and the Pragglejaz model of Metaphor Identification (2010). This paper will focus on orientational metaphors.

## **Key Words**

The Holy Qur'an CMT MIPVU Orientational metaphor Pragglejazz Mappings peace

#### I. Introduction

Conceptual Metaphor Theory as proclaimed by Lakoff and Johnson in their seminal work *Metaphor We Live By* (1980), changed the locus of attention regarding metaphor from language to "thought". Metaphor became no longer a violation of lexical and semantic rules, but a mental process where mapping occurs between the salient characteristics of two domains. The Target Domain (TD) is an abstract domain defined via mapping the salient properties of a Source Domain onto it.

The study highlights "peace" as one of the major themes in the Holy Qur'an recognized as a "heavily didactic book" (Chartaris-Black 2004, p. 221). The Holy Qur'an is concerned with establishing "peace" in the world, psychologically, domestically and socially. This paper is limited to inner psychological peace and attempts to highlight how the Holy Qur'an educates the believers to find peace within and realize it in the world around them. This is accomplished by conceptualizing the life of a Muslim as a journey along a PATH towards a GOAL. On that path, the use of orientational metaphors is the most suitable for the description of the journey, since it involves travelling near to or far from clearly defined objects. It also involves UP-lifting certain concepts and putting DOWN others.

Therefore, the study is an attempt to present answers to the following queries:

- 1-Based on Conceptual Metaphor Theory (Henceforth CMT) as in Lakoff and Johnson (1980), how does the Holy Qur'an use orientational conceptualization to help a Muslim establish inner peace?
- 2- Can the Pragglejaz tool for Metaphor Identification Process (Henceforth MIPVU) be applied in the analysis of an Arabic text?

#### 2 Theoretical Framework

## 2.1 Conceptual Metaphor Theory

## 2.1.1 Orientational Metaphor

The defining feature of Orientational metaphor is the use of the basic human spatial orientations mapped onto non-spatial objects. Orientational metaphors can, for instance, map a spatial or sensori-motor image-schema onto an abstract domain. An example is 'My spirits sank' in which sadness is conveyed through the concept of a downward movement. The concept of quantity, for example, involves at least two metaphors: UP and DOWN. Prices plummeted, or soared; 'Our relationship went downhill': SADNESS IS DOWN; 'We are on cloud nine' HAPPINESS IS UP; down in the dumps, etc. Moving FORWARD or BACKWARD; BEYOND, and AHEAD OF present metaphorical expression as a solution to the abstract linear scales and paths schemas. In "the progress of Japan goes AHEAD OF China's", ahead of is from the spatial domain showing direction and linear scales. From another perspective, the appreciation of upward positions can be attributed to the traditional belief that Heaven, with its pleasures, exists somewhere in the sky. On the other hand, the appreciation of the DOWN metaphor can be attributed to its association with the ideas: 'ground', 'earth', and 'dirt'. One can also postulate that it is attributed to the concept of 'Hell' that is conventionally represented located in a lower place, as in the "under-world".

Embodiment is an intrinsic component in language, and in metaphorical discourse in particular. The representation of abstract concepts in the mind is grounded in our physical experience of the world. The body plays a significant role in shaping our thought; this is why many metaphors involve embodiment (Turner, 1996, pp. 16-18). Mapping is rooted in embodied experience.

"Culture, body and mind are inseparable' (Gibbs, 1999: p. 146). Embodied experience is correlated with cultural background (Kövecses, 2006, p. 203). The study of metaphor is "cultural-cognitive". Culture is seen as mental representations structured by cultural models and frames (Shore 1996; Quinn 1997; Kövecses 2005). "What is conceptual about metaphor involves the significant aspects of cultural experience, some of which is even intimately related to our embodied behaviours" (Gibbs,

1999, p. 146). Allan (2008) even asserts that conceptual metaphors can be interpreted only by considering the cultural context in which they occur.

#### **2.2 MIPVU**

The MIPVU tool marks Metaphor Related Words (hence, MRWs) by contrasting the basic meaning of lexical units against their contextual meaning of potentially metaphorical words. In response to the need for a systematic method for identifying instances of metaphor use conforming to the new definition, the Pragglejaz Group at VU University, Amsterdam, collaborated for six years (Steen, 2010, p. 166). MIPVU (2007) gives precise instructions for finding Metaphor-Related Words (MRWs) following the basic guidelines below adapted from Steen et al. (2010, p. 25-26):

- 1. Divide the text into lexical units.
- 2. Mark the lexical unit as metaphorical (MRW) if its contextual use may be explained via cross-domain mapping as different from its basic meaning.
- 3. Mark a lexical unit (MRW, direct) when mapping is instigated through analogy or similarity.
- 4. Mark a lexical unit as (MRW, implicit) in case of pronominal substitution, or ellipsis of certain lexical items as a form of coordination.
- 5. Metaphor signals are marked Metaphor Flags (MFlag).

#### 3 Review of Related Literature

The application of orienational metaphor analysis has been rather limited compared with the other types of schematic metaphor; since "orientational metaphors are based in relatively lower-level mappings" (Kaal 2012, p. 23).

Soskice (1985) employed the theories of Richards and Black to develop the most influential account of metaphor and religious language to appear to date. She regards the function of a metaphor in religious context as primarily cognitive as well as explanatory. Soskice draws attention to the metaphorical reference to God in all three religions, concluding that such metaphorical attempts are complementary, maybe overlapping, but not contradictory. Jonathan Chartaris-Black's *Corpus Approaches to Critical Metaphor Analysis* (2004), which presents corpus analysis of Al-Torah, Al-Injeel, and Al-Qur'an in addition to half a dozen corpus analyses of different genres of discourse. Black conducts analysis of conceptual metaphors of LIGHT, FIRE, and WEATHER in the "Koran" as he calls it.

Ahamed Al-Sherif (2011) examines the emergence of metaphorical language in tradition of Prophet Muhammad. It principally

argues that the selection of metaphors in the Prophetic discourse is chiefly governed by the rhetorical aim of persuasion. Additionally, the Prophetic metaphors are discursively used to express a distinctive Islamic doctrine and ideology that embody the laws, principles, and beliefs of Islam.

Mostapha Thabit (2014) investigates the metaphors of natural phenomena in the Holy Quran. He names five major metaphors: rain, mountain, wind, light, and darkness, conducting his analysis within the framework of Chartaris Black's theory of Critical Discourse Analysis. The study validates the adequacy of the application of CMA in the analysis of metaphors of natural phenomena in the Holy Quran

### 4 Methodology and Procedure

## 4.1 Data Collection

The selected verses are potentially metaphorical and serve the purpose of the paper; that is, to prove that the Holy Qur'an is a book that calls for peace in theory and practice. The paper proclaims that the Holy Qur'an introduces three levels of peace: inner, domestic and social. The selected Ayahs are not intended to present, but to represent, all the didactic ones. Al-Qur'an-ol-Kareem contains thousands of Ayahs, and from a different angle, it can be argued that literally every Ayah is a didactic one, in a way.

## 4.2 Methodology

The Ayahs of the Holy Qur'an are thematically labelled. Then, the potentially metaphorical words are classified as lexical units. The metaphoricity of the lexical units is verified by using MIPVU process. Arabic-Arabic dictionaries are consulted to explore gaps between the basic and contextual meanings.

It follows that the interpretation and function of the metaphorical structure are highlighted and integrated into the mainstream discussion as seen within the theme of "peace" in the Glorious Qur'an.

## **5** The Analysis

## 5.1 Orientational metaphors and inner peace

AL-TAQWA (PIETY) IS UP is one of the prominent orientational metaphors in the Holy Qur'an. First, Al-Taqwa is an attribute of the faithful, who give money to the needy, fulfill their promises and treaties, and are patient and honest (Al-Baqara 2:177).

Being a fundamental concept in the Holy Qur'an, "Al-Taqwa" is conceptualized in many ways extending its meaning from the abstract to spatial or locative in more than one situation. In the next two examples "al-taqwa" is target for the believer and a Target Domain for the researcher. The Holy Qur'an uses polarity to instruct the believers as to what they should HEAD towards or BACK OFF from to get closer to

PIETY. It looks like a visual PATH for the believers to START the journey along to get to make it to that GOAL.

Two items on the way to the destination are "justice" and "forgiveness" as parts of spatial metaphors. The two orientational metaphors are grounded in sensorimotor perception mapped onto the abstract domain of Al-Taqwa. Moving NEARER to Al-Taqwa is a two-fold achievement since it implies moving AWAY from evil. NEARER is a cohesive factor between "justice" and "forgiveness" on the one hand, and "Al-Taqwa on the other:

and "العَفَو //alsafw/ forgiveness" (11.a):

In the same vein, Al-Qur'an-ol-Kareem teaches Musslims that they ought to *move* AWAY from some of their daily social habits which include getting intoxicated, gambling, etc., and slams all as "part of the evil work of the Devil". It is amazing that the pronominal reference attached to the instructional verb is "Ijtanibooh" meaning shun, is it, not **THEM.** The shift from reference to abovementioned concrete items to the abstract "the devil's work", implies deliberateness to use metaphorical expression, the conceptual type:

?innama al- xamru wa-almayser wa-al?anS\*aabu wa-al?zlaam rej\*s min Samal al-shytaan fa-?ij\*tanebuuh

O ye who believe! Intoxicants and gambling, (dedication of) stones, and (divination by) arrows, are an abomination,- of Satan's handwork: eschew such (abomination) (Ali)

The physical sensorimotor "ij\*tanebuuh" implies body movement AWAY from the abstract "samali alšaytani", to which the pronominal "h" in "ij\*tanebuuh" refers.

Wa-la taqrabu al-zina ?nnahu kan faħišatan wa-saa sabeela

Nor come nigh to adultery: for it is a shameful (deed) and an evil, opening the road (to other evils). (Ali)

but shun the abomination of idols, and shun the word that is false, (Ali)

The lexical unit	nouns		
اجتنبوا (23)	(23-a- intoxicants al-xamr		
(ij*tanebu)			
shun	23-b games of chance al-maysir الميسر		
	23-c stones al-?ans*aab الأنصاب		
	23-d arrows (fortune-telling) al-?azlaam ועלנעה		
	قول الزور 23-e qawl alzuur		
	(forgery)		
	23-f suspicion <i>al-Z*an</i>		
(23-23.a) Y	الْفَوَاحِش al-fawaħeš		
تقربوا	obscenities		
La-taqrabu			
go not near	(23-b) adultery <i>al-zina</i> الزِّنَا		

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A Muslim's goal is, and should always be, PEACE. Once the transgressors have opted for peace, Muslims are ordered to *move* equally in the same direction and the same pace:

أَخُنُو /j\*anaħu/ consists of two lexical units "they" – transgressors – and the verb form derived from the wing of a bird, similar to "side towards". The "wing" image is an element of embodiment. According to Lakoff and Johnson:

"The concepts *front* and *back* are body-based. They make sense only for beings with fronts and backs...We have faces and move in the direction in which we see. Our bodies define a set of fundamental spatial orientations that we use not only in orienting ourselves, but in perceiving the relationship of one object to another (*Philosophy in the Flesh*, 1999, p. 35)

الها/laha/: to it" is a metaphor by substitution according to MIPVU; "ha/it" is a pronoun-suffix referring to peace. Muslim scholars (Al-Qurtuby, Ibn-Katheer, etc.), interpret "السلم as "peace", which is a masculine noun. However, "هَا /ha/" meaning "it" refers to a female entity. Now, there is an apparent conflict between the masculine "peace" and the anaphoric "it". Yet, it is most likely that Al-Qur'an-ul Kareem used ellipsis in this context. The ellipsis of "سُئُلُ" ways may explain it.

The verses envisage a virtual JOURNEY on the STRAIGHT PATH to the GOAL every believer should perceive as their DESTINATION. On the side(s) of the PATH there are traps where "Al- šaytan" awaits those with weak faith to follow his steps:

(Al-Noor 24:21) الشَّبْطَان	يَا أَيُّهَا الَّذِينَ آمَنُوا لَا تَتَّبِعُوا خُطُوَاتِ		
Ya-?ayuha al-la <sup>d</sup> eena ?amanu la tattabeSu ẋuŧuwaat al-šayŧaan			
O you who have believed, do not for	ollow the footsteps of Satan. And		
whoever follows the footsteps of Satan	(Ali)		

Allah exclusively addresses the believers with "O you who believe". This, scholars emphasize, heightens the sense of belonging,

(332)

closeness and the concept of divine care. The basic meaning of "rij\*sun" is rotten dirt that must be removed from wells before raising water from them. However, the use of "rij\*sun" as a source domain is more powerfully effective when attributed to the work of the devil. Drinking and gambling were essential practices in pre-Islamic time. Giving the image this diabolic dimension augments and activates the mapping process in coherence with the immediately following order: "ij\*tanibuuh", or "shun it". Therefore, "rij\*sun min *Samal al-šaytaan*" strikes the Musslims' understanding as one unit, wherever the word "rij\*s" occurs in the Holy Book.

#### PIETY IS UP

(Al-Baqara 2:212)	وَ الَّذِينَ اتَّقَوْا فَوْقَهُمْ	
Wa-?alla₫een ?ittaqaw fawqahum		
But the righteous will be above them	(Ali)	

The exalted value of at-taqwa as a concept is metaphorically assured. "Piety" is an elevated entity, and constitutes a rank that should be coveted by all, especially Muslims. The word "above" is perceived literally and metaphorically. The metaphorical connotation is bound to this world, where the "pious" should feel rewarded for their goodness words and actions.

#### **5.2 MIPVU**

#### GOOD WORDS AND ACTIONS ARE UP

MIPVU identifies metaphor related words (MRWs) by comparing the basic dictionary use of certain words with their contextual meaning. Such incongruity accounts for the metaphoricity of certain lexical units. The question is: is المُنْهُ يَصْعُدُ الْكَلِمُ الطَّيِّبُ وَالْعَمَلُ الصَّالِحُ يَرْفَعُهُ To Him the good wordings mount; and the righteous deed, He raises it" metaphorical? If, even for the sake of argument, we say that sound travels in waves and these waves settle in the upper stratosphere, even so, still it is a metaphor. The verse says that "good words" travel up to God, and good deeds "lift them up". MIPVU procedure informs us that the basic meaning of "yaS\* Sadu/go up" should be contrasted with the contextual one.

Word		Basic meaning	context meaning	Results
yaS*Sadu	VVB	go up- mount -rise	the same	Non-MRW
Alkalimu:	NN1	wordings	concrete entity	MRW
		(abstract)	-	
Altayibu:	AJ0	good –pleasing	the same	Non-MRW

(333)

The above table shows that dictionary proves there is no difference between the basic and contextual meanings of "يصعد yaS\*Sadu /go up". Instead, the metaphoricity lies in the subject الْكَلِّمُ" alkalim/ wordings" which is changed from abstract to concrete status to go with the meaning of the verb.

The second part of the verse conceptualizes "الْعَمَلُ"/alsamal/deeds" ontologically. It is personified into a human being that lifts "the good wordings". In the Arabic text, "الْعَمَلُ /alAAamalu/ deed" is in the nominative case, which means that it is the doer of the action, unlike the translation which considers it as an object:

غَدُ الْكَلِمُ الطَّيِّبُ وَالْعَمَلُ الصَّالِحُ يَ<u>ر</u>ْفَعُهُ (24) (Fatir 35:10)

?ilayhi ya<u>S\*</u>Sadu alkalimu al<u>t</u>tayibu wa-alSamalu al-<u>S\*a</u>liħu yarfaSuh

To Him the good wordings mount; and the righteous deed, He <u>raises</u> it. Ali

This, as simple as it sounds, may collectively be the basic argument made into a conceptual metaphor: GOOD WORDINGS ARE UP!

Concreteness is provided by mapping a sensorimotor image of moving closer onto an abstract domain in an orientational type.

## 6 Limitations of the Study

Any study based on the analysis of the Holy Qur'an will always feel meagerly inadequate, perhaps due to the intricacy of standard Arabic grammar, or the multi-level meaning the verses of the Holy Qur'an can yield. Many verses have been left out for the sake of economy.

#### 7 Conclusion

The present study highlighted the use of orientational metaphors in selected verses in The Holy Qur'an. The use of orientational conceptualization is perceived in terms of the sensorimotor metaphor picturing a Muslim moving TO goodness FROM evil. This leads to the accomplishment of "piety" which is perceived via the use of the orientational metaphor PIETY IS UP, along with the good words and deeds.

The use of orientational metaphors shows the concern of the Holy Qur'an, imparted to the Muslim, to achieve peace on the social, as well as the personal, level. The integration of MIPVU in the analysis helps identify the words that are metaphorically used. Metaphorical expression intensifies meaning, clarifies the purpose and message of discourse, and makes the didactic instructions more effective.

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