

## SEASONAL VARIATIONS, PREVALENCE AND INTENSITY OF HELMINTH PARASITES OF SOME FRESHWATER FISH IN ISMAILIA CANAL, EGYPT

By

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### Abstract

The present study was conducted to investigate the parasitic infection of 120 samples of three freshwater fish species collected from Ismailia Canal, branch of the River Nile, Northern Cairo, Egypt. The African catfish *Clarias gariepinus*, the silver catfish *Bagrus bajad* and the Nile perch *Lates niloticus* (each species 40 specimens) were studied parasitologically during the whole year of 2017. The results revealed that (47.5%) of all samples were infected with helminthes. Six helminth species were recorded; One trematode *Orientocreadium batrachoides* Tubangu, 1931, one cestode *Polyonchobothrium clarias* Woodland, 1925, three nematodes; *Procamallanus* sp., *Capillaria* sp. and *Philonema onchorhynchi* Kuitunen-Ekbaum, 1933 and one anthocephalan *Polymorphus* sp. The examination of hosts indicated that *C. gariepinus* had the highest infection rate (55%) followed by (45%) and (42.5%) for *L. niloticus* and *B. bajad* respectively. Intensity (I), infection index (IX) and the condition factor (K) of the infected hosts were determined. The relationship between the infection and host's sex and size (weight and length) was detected and discussed. Also, a special reference to the effect of seasonal variations on the abundance of infection was estimated. Results were analyzed using SPSS 0.16 for Windows.

**Key words:** Ismailia Canal, Fish, Prevalence, Seasonal variations.

### Introduction

Sector of fish wealth is one of the main important sectors of the Egyptian national economy with an annual production of 76.76 tons (AOAD, 2003). They are the most popular and important organisms for good quality proteins and fatty acids that have an essential role in the health of human body (Debanth, 2011). Parasitism still considered an important factor for causing morbidity and mortality all over the world resulting heavy economic loss (Khanum *et al.*, 2015). It increased greatly in aquatic polluted areas, it has harm effect on the health status of fish, their nutritive value and also their reproductive capacity. In Egypt, the two main sources of potable water supply are groundwater and surface water either from the River Nile and/or main irrigation canals. All sources facing a high rising in pollution basically from discharging industrial and domestic wastewater and return drainage of irrigated water despite all programs for pollution control (Shamruk and Abdel-Wahab, 2011). Ismailia Canal is one of the most important resources of water for drinking, irrigation

and other uses for aquatic life utilizations for a great number of individuals those live in areas of the northern part of Cairo such as Shubra, El-Amiria, Abbasa and Musturod (Geriesh *et al.* 2008). Many authors stated that Ismailia Canal is very polluted aquatic area due to the presence of heavy metals and inorganic materials for industrial, agricultural and municipal discharges and these pollutants have adverse effects on water quality and aquatic organisms (Stahl and Ramadan, 2008; Ibrahim *et al.*, 2009; 2014). Rivers and lakes are the end point of pollutants discharge that increased aquatic diseases (El-nwishy *et al.*, 2007). Pollution leads diseases agents prevalence, which may be lethal or sub-lethal on fauna (Sures, 2008), growth rate and fish reproduction (Adeyemo and Falaye, 2007; Sabri *et al.*, 2010).

### Materials and Methods

Study area: Ismailia Canal starting from the Nile next to Shubra, North of Cairo and reaching the Suez Canal at Ismailia province as it divides into two branches, one to Suez and the other to Port Said. The length of this canal is 294.35 Km. and the average of its

water depth is 2.8 m. The discharge of water in this canal reached  $7 \times 10^6 \text{ m}^3 \text{ s}^{-1}$  as indicated by Ministry of Water Resources and Irrigation (MWRI).

A total number of 120 specimens of a freshwater fish, *Clarias gariepinus*, *Lates niloticus* and *Bagrus bajad* were collected from Ismailia Canal, Shubra area, Northern Cairo, Egypt during the period from January to December 2017. The specimens were transferred to the laboratory of Faculty of Education, Ain Shams University. Fish identification was based on the taxonomic work of Schultz (2003). Sex, standard length (SL) and total weight (TW) to nearest 0.1cm and 0.1gm of each specimen was obtained.

**Parasitological examination:** Samples were immediately dissected and alimentary canal and other internal organs were removed, washed several times in normal saline solution and cut into parts for parasite recovery.

**Microscopy and Mounting:** Nematodes were fixed in hot 70% ethanol and preserved in 10% glycerin and then they cleared in lac-

tophenol. The recovered trematodes and cestodes were totally stretched with few drops of 70% ethyl alcohol between slide and a thin glass cover. The specimens washed very well with distilled water and then each specimen was stained in Acetic Acid Alum Carmine for 5-10 minutes (Stoskoff, 1992). The specimens were differentiated by 1% Acidic alcohol, dehydrated by using ascending series of ethyl alcohol: 70%, 80%, 90%, 95% and absolute ethyl alcohol for about 4-5 minutes at each concentration. Clearing of the specimens was made by clove oil and mounted in Canada balsam. According to acanthocephalans, they were dehydrated in series of ethyl alcohols 70, 80, 90, 100 each change for 10 minutes then they cleared in xylol and mounted in Canada balsam.

Parasites were identified according to the standard keys (Yamaguti, 1958; 1961a,b, 1963; Gibson *et al*, 2002; Amin *et al*, 2009). Prevalence, mean intensity and abundance were calculated (Margolis *et al*, 1982):

$$\text{Prevalence} = \frac{\text{No. of infected fish} \times 100}{\text{Total no. of examined fish}}$$

$$\text{Abundance} = \frac{\text{No. of parasites}}{\text{Total no. of examined fish}}$$

$$\text{Mean intensity} = \frac{\text{No. of parasites}}{\text{Total no. of infected fish}}$$

Infestation index (IX) was calculated (Bari *et al*, 2015) :

$$\frac{\text{No. of infected host} \times \text{no. of parasites}}{(\text{No. of host examined})^2}$$

Condition Factor (K) was calculated (Bakare, 1970) as:  $K = 100W/L^3$  where W= the host weight and L = total length.

**Statistical analysis:** Standard statistics was carried out using Microsoft Excel (Office 2016). The relationship between the infection rate and sex of the host was determined statistically by One-Way ANOVA (SPSS, 16.0 for Windows), while the influence of host's weight on the prevalence of infection was statistically measured using correlation analysis and paired samples test. A Kruskal-Wallis (K-W) test was applied to determine the significant differences between parasite

mean intensity and season of collection.

## Results

A total number of 207 parasitic helminthes were isolated from 120 examined fish (57 males & 63 females) of three species; *Clarias gariepinus*, *Lates niloticus* and *Bagrus bajad*. 57/120 samples (47.5%) were found infected by helminthes. The discovered parasites are of six species; *Orientocreadium batrachoides* Tubanguai, 1931 (trematode), *Polyonchobothrium clarias* Woodland, 1925 (cestode), three species of nematodes; *Procamallanus* sp., *Capillaria* sp. and *Philonema onchorhynchi* Kuitunen-

Ekbaum, 1933 and the anthocephalan *Polymorphus* sp. Among these identified parasitic groups the nematodes were the commonest discovered parasites (49.12%). The infection rates by the other helminth groups were (31.57%; 19.3% & 15.8%) for cestode, trematode and acanthocephala respectively (Fig. 2). Parasite abundance was 1.73 and total mean intensity was  $3.66 \pm 2.49$ . The females had more prevalence of infection (58%) than males (42%).

In *Clarias gariepinus* 22/40 (55%) samples were infected with 62 of three helminth species; *Orientocreadium batrachoides* Tubangu, 1931, *Procamallanus* sp. and *Polychobothrium clarias* Woodland, 1925, with infection intensity of  $2.9 \pm 2.89$ . Concerning to host's sex, the infection showed higher prevalence in females (63.15%) than in males (47.6%). Infection rate significantly differed by host sex (Leven's statistics = 1.337, df = 38,  $P < 0.05$ ). Also, infection was high in hosts with length from 36-45cm. and large weights. Prevalence did not differ significantly by weight ( $t = 13.45$ ,  $P > 0.05$ ). In the present study, infection was highest in spring (100%), followed by summer (80%) in winter and autumn with equal (20%). Infection in *C. gariepinus* varied significantly among seasons (K-W  $\chi^2 = 2.561$ ,  $P = 0.464$ ).

In *B. bajad* fish, 17/40 (42.5%) were infected by 60 parasites *Capillaria* sp. and *Polymorphus* sp. Total mean intensity was  $3.53 \pm 1.62$ . Females had higher prevalence (47.3%) than males (38%) with significant difference (Leven's statistics = 0.937, df = 38,

$P < 0.05$ ). With regard to the host size, the prevalence was higher in hosts of small and large weights ( $P < 0.05$ ). The effect of seasonal changes on the infection rate was recorded, it was noticed that the infection reached its highest rate in spring and summer (60%) while during winter and autumn it was (30% & 20%) respectively. Statistical analysis showed that the intensity of parasites had a significant variation during different seasons (K-W  $\chi^2 = 2.963$ , Sig. P. value = 0.397).

In *L. niloticus*, one nematode, *Philonema onchorhynchi* Kuitunen-Ekbaum, 1933 was identified with prevalence (45%). Mean intensity was  $4.72 \pm 2.39$ . Females were more infected (48%) than males (40%). Parasitic infection in *L. niloticus* fish was sex significant dependence on host's sex (Leven's statistics = 0.853, df = 38,  $P < 0.05$ ).

In the present, incidence was higher in hosts of medium sizes and length ranged from (24-33 cm) ( $t = 30.448$ ,  $P > 0.05$ ). Seasonal changes and their effects on the prevalence by the nematode *P. onchorhynchi* showed that, the parasite reached its highest incidence during summer (90%) followed by winter (50%) then autumn (40%) while no infection was recorded during spring season. No significant differences were observed between the intensity of helminth parasite and seasons through Kruskal-Wallis test as it revealed that (K-W  $\chi^2 = 16.878$ , Sig. P. value = 0.001).

Details were given in tables (1, 2, 3, 4, 5, 6, 7 & 8) and figures (1, 2 & 3).

Table 1: Prevalence and Mean Intensity of the three fish species

Fish Species	No. of examined		No. of infected		Prevalence %		Parasites recovered	Intensity mean $\pm$ SD
	Male	Female	Male	Female	Male	Female		
<i>C. gariepinus</i>	21	19	10	12	47.6	63.15	62	$2.9 \pm 2.89$
<i>B. bajad</i>	21	19	8	9	38	47.3	60	$3.53 \pm 1.62$
<i>L. niloticus</i>	15	25	6	12	40	48	85	$4.72 \pm 2.39$
Total	57	63	24	33	42	58	207	$3.66 \pm 2.49$

Table 2: Paired Samples Statistics for relation between infection rate by helminthes and *C. gariepinus* fish weight

		Mean	No.	Std. Deviation	Std. Error Mean	Correlation	Significant
Pair 1	Weight	3.9095E2	40	183.68283	29.04281	.446	.004
	infection	.55	40	.504	.080		

$t = 13.45$ ,  $df = 39$

Table 3: Relationship between infection prevalence and length, weight of *C. gariepinus* fish

Length range cm.	Weight range gm.	No. of hosts	No. of infected	Prevalence %	Condition factor (K)
21-26 (23.5)	165	9	3	33.3	1.27
27-35 (31)	350	12	5	41.6	1.17
36-45 (40.5)	440	12	10	83.3	0.66
46-53 (49.5)	590	7	4	57	0.48

Table 4: Paired Samples Statistics for relation between infection rate by helminthes and *B. bajad* weight

		Mean	No.	Std. Deviation	Std. Error Mean	Correlation	Significant
Pair 1	Weight	1.866E2	40	68.5755	10.84274	-.159	.327
	infection	.4250	40	.50064	.07916		

t= 17.154, df= 39

Table 5: Relationship between infection rate by helminthes and length, weight of *B. bajad* fish

Length range cm.	Weight range gm.	No. of hosts	No. of infected	Prevalence %	Condition factor (ck)
19-25 (22)	98.7	7	5	71.4	0.009
26-33 (29.5 )	170	15	7	46.6	0.66
34-39 (36.5)	230	14	5	35.7	0.47
40-45 (42.5)	320	4	0	0	0.41

Table 6: Paired Samples Statistics for relation between infection rate by helminthes and *L. niloticus* weight

		Mean	No.	Std. Deviation	Std. Error Mean	Correlation	Significant
Pair 1	Weight	3.2630E2	40	67.63863	10.694	-.087	.594
	infection	.4500	40	.50383	.07966		

t= 17.154, df= 39

Table 7: Relationship between infection rate by helminthes and length, weight of *L. niloticus* fish.

Length range cm.	Weight range gm.	No. of hosts	No. of infected	Prevalence %	Condition factor (ck)
23-25 (24)	202.5	6	2	33.3	1.46
24-33 (28.5 )	300	16	11	68.75	1.29
31-42 (36.5)	387.5	18	5	27.8	0.79

Table 8: Relationship between seasonal changes and prevalence (%), MI (Mean Intensity), M. (Median) and R. (Range) of Helminth Parasites of Fish Species.

Host	Season															
	Summer (n= 10)				Spring (n= 10)				Winter (n= 10)				Autumn (n= 10)			
	%	MI±SD	M.	R.	%	MI±SD	M.	R.	%	MI±SD	M.	R.	%	MI±SD	M.	R.
<i>C. gariepinus</i>	80	1.875±0.83	2.00	2	100	4.00±3.79	3.00	13	20	1.5±0.707	1.5	1	20	2.00±0.00	2.00	0.0
<i>B. bajad</i>	60	3.3±1.966	2.5	5	60	3.0±1.00	3.00	2	30	5.33±1.53	5.00	3	20	3.5±0.71	3.5	1
<i>L. niloticus</i>	90	5.55±2.788	5.00	9	0	0.0±0.0	0.00	0	50	3.8±1.92	4.00	5	40	4.00±1.632	4.00	4

## Discussion

Fish provides essential source of protein and income for millions of people they account for a small fraction of production and biomass in marine ecosystem (Chai *et al*, 2005). Fish-borne parasitic zoonoses are diseases that caused by trematodes, nematodes and cestodes. These zoonoses are responsible for a large number of human infections all over the world and have an essential role in the marine ecosystems by affecting population dynamics of their hosts (Rohde, 1993; Chai *et al*, 2005). Economically, helminthes of fish are very important as they cause a significant damage and pathogenic effects to their hosts including emaciation and hindering growth of fish through absorb a considerable amount of nutritive

substances from host's body cause illness or even death (Banerjee *et al*, 2017). A few authors have been studied the helminthic infection and their abundance from fish at Ismailia Canal. Ibrahim and Soliman (2010) studied the factors that affecting site preference and prevalence of heterophyid metacercariae from *Tilapia zilli*. Also, Eissa *et al*. (2010) investigated the helminthes of *Oreochromis niloticus* at different areas in Ismailia Canal.

Pollutants as well as parasites affect sex hormone levels and the endocrine system of aquatic organisms. Also, they affect hosts' health, occurrence, distribution and increasing the polluted environments, with have an adverse impact on human welfare (Sures, 2001, 2008; Shamrukh and Abdel-Wahab,

2011). The incidence of some pollutants in Ismailia Canal was studied by Ibrahim *et al.* (2014) who emphasized that it contains a large amounts of heavy metals which may led to serious concerns through their influence on aquatic life. In the present study, six helminth species were recovered from fish species; *Bagrus bajad*, *Clarias gariepinus* and *Lates niloticus* with total infection rate (47.5%). This high incidence might be due to high polluted water. The highest prevalence was in *C. gariepinus* fish (55%) infected by trematode, cestode and nematode. *C. gariepinus* fish is a bottom dweller and feeds on all available food materials including snails' intermediate host (Imevbore and Bakare, 1970). El-Seify *et al.* (2011) in Kaf-El Sheikh reported (58.6%) and Aliyu and Solomon (2012) in Lower Usman Dam, Abuja reported (59.38%), but Edeh and Solomon (2017) in Utako Flowing Gutter reported (35%). Prevalence of helminthes in both *B. bajad* and *L. niloticus* were convergent (42.5%) and (45%) for each species respectively. These fish species have more resistance to parasitosis than *C. gariepinus*. *B. bajad* fish were previously studied (Mansour *et al.*, 2003) at El-Mansoura, Egypt, El-Mansy and Hamada, 2002 & El-Naggar and Heckmann 2009 at River Nile, Damietta branch). The incidence of infection in *B. bajad* is higher than (34%) that reported by Okpasuo *et al.* (2016) at Anambra River, Nigeria and is lower than (97.7%) recorded by Mansour *et al.* (2003). In case of *L. niloticus* fish the incidence of infection recorded in the present study is lower than the prevalences (86%), (52%) introduced by Mansour *et al.* (2003) and Al-Bassel (2003) respectively. Among the discovered parasitic species the nematodes *Procamallanus* sp., *Capillaria* sp. and *Philonema onchorhynchi* were the commonest (49.12%). The second infection was caused by the cestode *Polychobothrium clarias* (31.57%). Incidences of *Orientocreadium batrachoides* and *Polymorphus* sp. were 19.3% & 15.8% respectively. This difference in the prevalence

of infection may be due to the difference of habitats and the amount of available food that contain the intermediate host of these parasites.

The impact of biotic (host's sex & age) and abiotic factor (seasonal variations) on the intensity of parasite infections in fish have previously been investigated (Sithithaworn *et al.*, 1997, Elsheitka and Elshazly 2008; Ibrahim and Soliman, 2010; Saha *et al.*, 2015). In the present investigation, the infection was higher in females than in males of the three studied fish species with a significant difference in the prevalence between the two sexes. These findings agreed with Gbankoto *et al.* (2001); Saha *et al.* (2015) and Edeh and Solomon (2017) who reported that comparatively strong immunity system of males and biochemical changes in quality and quantity of steroid hormone of females and males. This result conflict with that reported by Takemoto and Pavanelli (2000) and Aliyu and Solomon (2012) as they stated that males had significantly higher percentage of infection than females. The difference between the two sexes may be due to the degrees of resistance to parasitic infection as indicated by Emere (2000). Influence of sex on animal susceptibility to infections was attributed to genetic predisposition and differential susceptibility owing to hormonal control (Wali *et al.*, 2016). Similarly, the findings improved a relationship between host size and intensity of infection. The highest prevalence and mean intensity was found in adult *C. gariepinus* fish than juveniles in ones, it could be due to the fact that the fish of larger sizes have a greater surface exposed to infection than smaller one (Bishop and Margolis, 1955). Also, parasite burdens increased in fish of higher lengths and thus size (Roberts, 1978; Aliyu and Solomon, 2012). Roberts (1978) reported that parasitosis increased in older fish. But, the smaller sizes of *B. bajad* and medium sizes of *L. niloticus* fish were more infected than the larger ones with a significant difference. Sathyanarayana (1982) reported

that the host size far reached effects on parasitosis. Concerning the condition factor (K) obtained in the present work the infected fish are not healthy. Adeyemo and Falaye (2007) reported that the condition factor measures the well state of the fish.

A definite seasonal impact on the intensity of infection was observed in the present study. The highest percentages of infection in *C. gariepinus* and *B. bajad* fish were observed during spring and summer months while the lowest infection was in winter and autumn. Also, the statistical results using Kruskal-Walis test insured that the helminth distribution was varied significantly during these seasons. This agreed with Elsheikha and Elshazly (2008) for *Mugil* and *Tilapia* infection in Egyptian brackish water. Ibrahim and Soliman (2010) for *Phagicola ascolonga* (cestode) from *Tilapia zilli* at Ismailia Canal and Wali *et al.* (2016) for acanthocephalan *Pomphorhynchus kashmirensis* and cestodes *Bothriocephalus acheilognathi* and *Adenoscolex oreini* from fish at Dal Lake and River Jhelum, Kashmir. Concerning the seasonal dynamics in *L. niloticus* it was revealed that the infection by the nematode worm not differed significantly during different seasons. Aydogdu *et al.* (2015) found that food materials and absence or presence of intermediate hosts were the main causes for parasitic infection. Abundance and intensity of parasites to seasonality were influenced by climatic factors, as well as aquatic fauna and flora and hence fish immune response (Chubb, 1977).

#### Conclusion

Studying the zoonotic infectious parasites in freshwater fish in all the Egyptian sea or river costs is a must. The outcome data showed that water pollution markedly affected the two preferable fish to all the populations particularly those living on coastal areas.

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### Explanation of figures

Fig. 1: A map showing position of Ismailia Canal, Latitude, 30, 0667 N; Longitude, 31,2667; Altitude, 10 m above sea level.

Fig. 2: Prevalence of infection in different helminth groups in the studied hosts

Fig. 3: Prevalence of infection according to the sex of the host

