DENTO-SKELETAL CHANGES ASSOCIATED WITH TREATMENT OF DEEP OVERBITE IN CLASS II MALOCCLUSION

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ABSTRACT:

The present study aimed to evaluate the treatment changes in class II patients with deep overbite. A total of 22 females (15-18 years) were treated with fixed orthodontic appliances divided into 2 groups; the first group comprised of 12 cases with class II division 1 and the second group ten cases with class II division 2. All cases possessed over bite more than 4 mm, class II more than 4 degrees and had pre and post treatment lateral cephalometric x-ray films. Eleven angular and ten linear cephalometric measurements were recorded and analyzed before and after treatment. The differences in mean values of variables within each studied group were statistically analyzed using Wilcox on singed rank test. On the other hand the mean differences of overbite before and after intervention were compared between the two studied groups using Mann-Whitney test.

Results: Bite depth improved an average of 5.6 mm in class II division1, and 2.6 mm in class II division2 with significant differences within and between the studied groups. All measurements showed changes that were statistically significant except SNB⁰ in both groups, ANB⁰, OP/MP⁰, U1-PP, ANS-Me in group 1, and L1-MP in group 2.

Conclusion: Bite depth improved due to the changes in the axial inclination of incisor teeth that were decreased in class II division1, while increased in class II division 2, intrusion of lower

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incisor in class II division1, and intrusion of maxillary incisor in class II division 2 in addition to extrusion of upper and lower molars in both groups.

INTRODUCTION

An increased overbite (deep bite) is one of the most common malocclusions and the most difficult to treat successfully. It is not considered usually as a specific malocclusion, and it is an attribute of other discrepancies in the sagittal plane, with special regard to class II division 1 and division 2 malocclusions 1,2 .

Through the years, opinions have differed regarding the etiology of deepbite and how they should be treated. It has been related to a lack of vertical growth in the molar and premolar regions, and / or supra eruption of incisors and canines, excessive overjet, and incisor angulation³⁻⁵. Facial type and lower facial height are thought to play a major role in predicting how an individual will response to treatment $^{6, 7}$.

For optimal results, the need for careful diagnosis and a logically sequenced plan of treatment is critical. Treatment approaches include transition from a horizontal to a vertical growth pattern by forcing the mandible into a clockwise rotation, intrusion of anterior teeth, or extrusion of posterior teeth, or a combination of both, and surgical approaches^{7,8}. Unfavorable consequences of an untreated ``deep bite include an increase in anterior crowding, maxillary dental flaring, and associated periodontal sequelae⁹.

Several mechanics have been described for the correction of deep overbite. Tip-back bends and base arches are some of the mechanics that have been suggested for the extrusion of posterior teeth¹⁰⁻¹³. In order to intrude the incisors, J-hook headgears, functional appliances, anterior bite-planes, segmented arch technique, Begg mechanics, edgewise mechanics, three piece base arch, utility intrusion arch, connecticut intrusion arch, and temporary anchorage device can be used¹⁴⁻²². The specific treatment objectives need to be determined before the mechanotherapy is initiated. To reduce unwanted movements of teeth during treatment, it must be decided which area is the cause of the

deep bite, and prescribe the mechanics to correct the problem. Evaluations of post treatment results may reveal how well these objectives achieved.

The purpose of the present study was to evaluate the treatment outcomes of class II division 1 and class II division 2 malocclusions with deep bites that have been treated with fixed appliance.

MATERIALS AND METHODS

This study examined the cephalometric films of 22 female patients (15-18 years old) treated in Orthodontic Department, Faculty of Dentistry, Tanta University and the private clinic. Criteria for selection consisted of the availability of adequate pretreatment and post treatment cephalograms (T 1 and T 2), class II cases with ANB⁰ more than 4⁰, deep overbite > 4 mm. There were 12 patients with class II division 1 treated with an extraction protocol, and 10 patients with class II division 2 treated without extraction.

The patients underwent the treatment with fixed appliances (0.022-inch slot, edgewise brackets). The duration of treatment with fixed appliances was 23 months on average. The radiographs, T1- T2, were traced to allow identification of points, lines and planes. The cephalograms were analyzed and re-evaluated after 2 weeks. If the limits between the 2 readings exceeded 0.5 mm and 0.5° , a third measurement was made, and an average of the nearest two measurements was taken. Eleven angular and ten linear measurements (Fig.1,2) were performed as follow:

- SNA (°): The angle formed by the planes Sella-Nasion and Nasion-Point A.
- SNB (°): The angle formed by the planes Sella-Nasion and Nasion-Point B.
- ANB (°): The angle formed by the planes Nasion-Point A and Nasion-Point B.
- SN/MP(°): The angle formed by Sella-Nasion and Gonion-Gnathion or the mandibular plane.
- SN/OP(°): The angle formed between the functional occlusal plane (a line intersecting the intercuspation of the posterior occlusion and the incisor teeth) and Sella-Nasion plane.

- OP/MP(°): The angle formed between the functional occlusal plane and mandibular plane.
- ANS-Me (mm): Lower anterior facial height.
- S-Go (mm): Posterior facial height.
- U1/L1(°): Interincisal angle; the angle formed by the long axes of the most forward upper and lower central incisors.
- U1/SN(°): The angle formed by the long axis of the upper incisor and SN plane
- U1/ NA(°): The angle formed by the long axis of the upper incisor and Nasion- A Point.
- U1-NA(mm): The distance from the tip of the upper incisor to a plane from Nasion to Point A.
- L1/NB(°): The angle formed by the long axis of the lower incisor and a plane from Nasion -to B Point.
- L1-NB(mm): The distance from the tip of the lower incisor to a plane from Nasion to Point B.
- L1/MP(°): The angle formed by the long axis of the lower incisor and the mandibular plane.
- U1-PP(mm): Perpendicular distance from the tip of the upper incisor to the palatal plane.
- U6-PP(mm): Perpendicular distance from the highest cusp tip of the mesial cusp of mandibular permanent first molar perpendicular to the palatal plane.
- L1-MP(mm): The tip of the most extruded mandibular incisor perpendicular to mandibular plane.
- L6-MP(mm): The highest cusp tip of the mesial cusp of mandibular permanent first molar perpendicular to mandibular plane.

- Overjet(mm): Measured from the tip of the lower incisor to the tip of the upper incisor along the occlusal plane.
- Overbite(mm): Measured from the tips of the upper and lower incisors perpendicular to the occlusal plane.

STATISTICAL ANALYSIS

The collected data were organized, tabulated and statistically analyzed using SPSS software statistical package version 19. For each variable, the mean and standard deviation were calculated. Non-parametric tests of significance were used as the small sample size can't ensure normal distribution of the studied variables. The differences in mean values of variables within each studied groups was statistically analyzed using Wilcoxon singed rank test. On the other hand the mean differences of overbite before and after intervention were compared between the two studied groups using Mann-Whitney test. The level of significance was adopted at P<0.05.



Fig (1) Angular measurements: SNA(1+2), SNB(1), ANB(2), SN/MP(3), SN/OP(4), OP/MP(5), U1/L1(6), U1/SN(7),U1/NA(8), L1/MP(9), L1/NB(10).



Fig (2) Linear measurements: ANS-Me(1), S-Go(2), U1-NA(3), U1-NB(4), U1-PP(5), U6-PP(6), L1-MP(7), L6-MP(8), Over jet(9), Overbite(10).

RESULTS

Treatment changes in class II division 1 and 2 groups and the significant of changes presented in Tables (1: 3) and Figures (3: 11).

Angular measurements (Table 1)

The mean of SNA^0 decreased significantly (P<0.05) in both group, while SNB^0 was not statistically significant different from T1 to T2 (P>0.05). The ANB⁰ demonstrated significant decrease in class II division 2, while in class II division1 the decrease didn't reach the significant level of difference (P>.0.05.)

Class II division 1 cases showed significant decrease in SN/MP⁰, while class II division 2 showed significant increase from T1-T2 which represent anti- clockwise and clockwise rotation of the mandible respectively.

There was significant decrease in SN/OP^0 in both groups, and a significant increase in OP/MP^0 in class II division 2, while the difference in class II division1 was insignificant (P>0.05).

Reverse changes were obtained from T1-T2 regarding the incisor relationship and their inclination. The U1/L1⁰ increased significantly with treatment in class II division 1; in contrast, it decreased with significant differences in class II division 2. The U1/SN⁰, U1/NA⁰, L1/MP⁰, L1/NB⁰ decreased significantly in class II division 1, on the other hand they were increased significantly in class II division 2 from T1-T2.

Linear measurements (Table 2)

Both groups exhibited significant increase of the posterior face height (S-Go). The lower anterior face height (ANS-Me) noted an increase from T1-T2 with significant difference in class II division 2, without reaching the significant level in class II division 1 cases.

The linear measurements which displayed the changes in incisor inclination (U1-NA, L1-NB), in addition to the over jet, showed significant differences from T1-T2 in both groups, with reverse changes.

Both groups displayed significant increase in the vertical position of the maxillary and mandibular molars (U6-PP, L6-MP), indicating their extrusion.

The vertical relation of upper incisor (U1-PP) in class II division 1 and lower incisors (L1-MP) in class II division 2 showed insignificant changes (P>0.05). On the other hand, U1-PP in class II division 2 and L1-MP in class II division 1 showed significant decrease (P<0.05) concurrent with treatment and overbite correction.

Table (3) and Fig (3) revealed that class II division 1 cases had a deeper overbite at T1, while at T2 both groups showed nearly similar results of bite depth (2.7, 2.6 mm). Changes of overbite as a result of treatment, within each group and between them, showed significant differences.

Angular measures	Class II-1 Mean ± SD				Class II-2 Mean ±SD			
	T1	T2	T1-T2	р	T1	T2	T1-T2	р
SNA	80.4 <u>±</u> 4.0	78.8 <u>+</u> 4.2	-1.6 <u>+</u> 0.8	0.002*	82.5 <u>+</u> 3.3	80.1 <u>+</u> 3.0	-2.4 <u>+</u> 0.5	0.005*
SNB	75.1 <u>+</u> 2.9	74.8 <u>+</u> 3.9	-0.3 <u>+</u> 3.5	0.858	77.4 <u>+</u> 3.3	77.5 <u>+</u> 2.9	0.1 <u>+</u> 0.7	0.438
ANB	5.3 <u>+</u> 1.6	4.0 <u>+</u> 4.3	-1.3 <u>+</u> 2.9	0.195	5.1 <u>+</u> 0.57	2.55 <u>+</u> 0.64	-2.5 <u>+</u> 0.8	0.005*
SN/MP	33.9 <u>+</u> 1.5	32.4 <u>+</u> 1.4	-1.5 <u>+</u> 1.1	0.005*	28.4 <u>+</u> 1.3	31.0 <u>+</u> 1.3	2.5 <u>+</u> 0.5	0.004*
SN/OP	22.0 <u>+</u> 3.9	19.8 <u>+</u> 4.3	-2.2 <u>+</u> 0.5	0.002*	15.5 <u>+</u> 1.1	13.9 <u>+</u> 0.7	-1.5 <u>+</u> 0.7	0.004*
OP/MP	15.2 <u>+</u> 2.3	15.7 <u>+</u> 1.1	0.5 <u>+</u> 2.6	0.341	11.3 <u>+</u> 0.9	13.2 <u>+</u> 1.0	1.8 <u>+</u> +0.5	0.004*
U1/L1	105.5 <u>+</u> 7.4	126.7 <u>+</u> 2.0	21.2 <u>+</u> 6.7	0.002*	151.8 <u>+</u> 1.9	128.2 <u>+</u> 2.0	-23.5 <u>+</u> 3.0	0.005*
U1/SN	116.7 <u>+</u> 7.8	100.3 <u>+</u> 2.6	-16.3 <u>+</u> 7.9	0.002*	88.3 <u>+</u> 1.6	98.7 <u>+</u> 3.2	10.3 <u>+</u> 3.0	0.005*
U1/NA	36.4 <u>+</u> 5.4	24.2 <u>+</u> 3.8	-12.2 <u>+</u> 5.4	0.002*	4.2 <u>+</u> 1.0	23.0 <u>+</u> 2.5	18.8 <u>+</u> 2.8	0.005*
L1/MP	103.7 <u>+</u> 2.7	97.0 <u>+</u> 1.3	-6.7 <u>+</u> 2.7	0.002*	95.0 <u>+</u> 1.6	101.9 <u>+</u> 2.8	6.9 <u>+</u> 1.8	0.005*
L1/NB	32.6 <u>+</u> 4.1	29.7 <u>+</u> 4.1	-2.9 <u>+</u> 3.9	0.040*	22.3 <u>+</u> 1.0	29.2 <u>+</u> 1.2	6.9 <u>+</u> 1.3	0.005*

Table (1): Comparison of mean values of angular measurements before and after treatment

*Significant at P<0.05 (black).

Table (2): Comparison of mean values of linear measurements before and after treatment

linear	Class II-1 Mean <u>+</u> SD				Class II-2 Mean <u>+</u> SD			
measures	T1	T2	T1-T2	р	T1	T2	T1-T2	Р
ANS-Me	68.1 <u>+</u> 5.0	69.4 <u>+</u> 6.6	1.3 <u>+</u> 2.1	0.057	61.8 <u>+</u> 1.2	64.0 <u>+</u> 0.9	2.2 <u>+</u> 0.6	0.005*
S-Go	75.2 <u>+</u> 5.6	77.3 <u>+</u> 7.1	2.1 <u>+</u> 1.7	0.005*	71.5 <u>+</u> 1.2	73.3 <u>+</u> 1.3	1.8 <u>+</u> 0.6	0.005*
U1-NA	8.9 <u>+</u> 1.5	5.2 <u>+</u> 1.0	-3.7 <u>+</u> 1.3	0.002*	1.9 <u>+</u> 0.6	4.9 <u>+</u> 0.7	2.9 <u>+</u> 0.7	0.005*
L1-NB	9.4 <u>+</u> 1.1	7.6 <u>+</u> 0.9	-1.8 <u>+</u> 1.1	0.002*	2.6 <u>+</u> 0.8	4.8 <u>+</u> 0.9	2.1 <u>+</u> 0.7	0.005*
U1-PP	30.4 <u>+</u> 4.2	29.0±3.5	-1.4 <u>+</u> 5.7	0.422	27.6 <u>+</u> 1.5	25.5 <u>+</u> 1.6	-2.1 <u>+</u> 0.7	0.005*
U6-PP	22.5 <u>+</u> 1.8	24.7 <u>+</u> 2.7	2.2 <u>+</u> 1.5	0.004*	20.3 <u>+</u> 1.0	22.0 <u>+</u> 1.0	1.7 <u>+</u> 0.3	0.004*
L1-MP	41.4 <u>+</u> 3.9	37.6 <u>+</u> 4.0	-3.8 <u>+</u> 2.5	0.002*	36.1 <u>+</u> 1.7	36.0 <u>+</u> 1.8	-0.1 <u>+</u> 0.6	0.454
L6-MP	29.2 <u>+</u> 2.9	31.9 <u>+</u> 4.1	2.7 <u>+</u> 2.7	0.007*	27.4 <u>+</u> 1.4	29.3 <u>+</u> 1.6	1.9 <u>+</u> 0.5	0.004*
Overjet	8.3 <u>+</u> 1.7	2.7 <u>+</u> 0.4	-5.6 <u>+</u> 1.7	0.002*	1.6 <u>+</u> 0.6	2.6 <u>+</u> 0.5	1.0 <u>+</u> 0.6	0.010*
Overbite	6.7 <u>+</u> 0.7	2.7 <u>+</u> 0.4	-4.0 <u>+</u> 1.1	0.002*	5.5 <u>+</u> 0.5	2.9 <u>+</u> 0.5	-2.6 <u>+</u> 0.6	0.005*

*Significant at P<0.05.

Table (3) Comparison of mean values of overbite between groups

Overbite	Mean ± SD Class II-1	Mean ± SD Class II-2	P Value	
T1	6.7±0.7	5.5±0.5	0.010*	
Т2	2.7±0.4	2.9±0.5	0.195	
T1-T2	-4.0±1.1	-2.6±0.6	0.002*	

*Significant at P<0.05.



Fig (3): Comparison of mean values of overbite before and after treatment between the studied groups.

Changes obtained concurrent with treatment could be observed from anterior and lateral photographs (Fig 4,6) and pre and post treatment lateral cephalometric films of the cases (Fig 5,7). Tracing of T1 and T2 for class II division 1 and 2 were superimposed and traced on SN line at S point (Fig 8,10) and on the fixed maxillary and mandibular structures (Fig 9,11) to present the angular and linear changes.



Fig (4): Pre and post treatment anterior and lateral photographs of class II division 1 case.



Fig (5): Pre and post treatment lateral cephalometric x-ray films of the same patient with class II division 1.



Fig (6):Pre and post treatment anterior and lateral photographs of class II division 2 case.



Fig (7): Pre and post treatment lateral Cephalometric x-ray films (the same patient) with class II division 2.



Fig (8): Class II division 1 case: T1 (pink) and T2 (blue) cephalometric tracings superimposed on S-N at Sella.



Fig (9): The maxillary and mandibular regional superimpositions on the stable structures show the dentoalveolar changes in the molar and incisor areas. Note the changes between T1 and T2; maxillary incisor retroclination, maxillary and mandibular molars extrusion and lower incisor intrusion.



Fig (10): Class II division 2 case: T1 (pink) and T2 (blue) cephalometric tracings superimposed on S-N at Sella.



Fig (11): The maxillary and mandibular regional superimpositions on the stable structures show the dentoalveolar changes in the molar and incisor areas. Note the changes between T1 and T2; maxillary incisor proclination and intrusion, maxillary and mandibular molars extrusion and lower incisor proclination.

DISCUSSION

The orthodontic profession has assumed much of the responsibility for the improvement in function of the teeth and jaws. Since function is closely associated with overbite, the correction of vertical overbite discrepancies comprises a major part of clinical orthodontics. This investigation was undertaken to evaluate the dento-skeletal changes produced by a fixed appliance for the correction of excessive overbites in class II cases. The changes with treatment were described without reference to the mechanics used, as Paker et al²³ and, Noroozi, et al²⁴ found that variation of some of the changes existed but they were not statistically significant, as the use of different treatment mechanics aimed to obtain treatment objectives mainly intrusion of incisors and extrusion of molars.

All the measurements showed changes that were statistically significant with overbite correction except SNB^0 in both groups, and ANB^0 , OP/MP^0 , U1-PP, ANS-Me in group 1, and L1-MP in group 2. The class II correction was obtained in all deepbite treated cases as evidenced by the improvement of the maxillomandibular relationship (ANB⁰), in spite of insignificant differences of the change in class II division 1. This improvement resulted from reduction of SNA⁰ from T1-T2 with significant differences, and considered as a dental change because the position of incisor roots influences the position of point A. Mitchell and Kinder²⁵ demonstrated that point A can be repositioned 2 mm posteriorly when the upper incisor roots are moved towards the palate, which occurred concurrent with deepbite correction. Consequently more improvement was observed in group 2 which had more up righted incisors. These results were in accordance with that obtained by previous studies^{23,26,27}.

A significant increase in the intermaxillary divergence SN/MP⁰, OP/MP⁰ were found in class II division 2 group which represent clockwise rotation of the mandible and anticlockwise rotation of occlusal plane. The findings of the current study are comparable to those reported in the longitudinal clinical trial by Schütz-Fransson and colleagues²⁸, who adopted overbite correction associated with bite opening of the intermaxillary divergence. These results seem to recommend a more

aggressive therapeutic approach to deepbite in growing subjects facilitated by possibly adding biomechanical details aimed specifically at further improving the vertical occlusal relationships during treatment with fixed appliances^{29,30}.

In class II division 1 SN/MP⁰ was decreased significantly from T1-T2 (-1.5⁰). As this group have more hyper divergent angle (33.9⁰) than the class II division 2 group (28.45⁰), it is advisable to prevent bite opening effects that could result in a downward and backward mandibular rotation which exacerbate the malocclusion³¹. Also during treatment of extraction cases, molars had a tendency to come forward and anchorage slipped more when the premolars were removed, which results in decreasing of SN/MP⁰ from T1-T2, which is preferable for retention after treatment of overbite²³. It was found that the greater the inclination of mandibular plane before treatment, the more favorable the outcome of treatment in terms of overbite reduction approximately 1 year after the end of therapy. Better outcomes can be expected in subjects showing normal or high-angle rather than low-angle intermaxillary vertical relationships^{32,33}.

There were significant reductions of SN/OP⁰ in both groups, whereas OP/MP⁰ was significantly reduced in group 2. However, the post treatments change in group 1 was insignificant. The findings of the current study were comparable to those reported by Bernstein et al²⁷. The correlation between bite depth and inclination of occlusal plane was recorded early bySchudy³⁴Tovstein³⁵. The increase of OP/MP⁰ from T1 to T2 probably resulted from repositioning the maxillary occlusal plane downward posteriorly concurrent with molar extrusion and incisor intrusion.

In the present investigation, the angular (SN/U1, U1/NA, L1/MP, L1/NB, U1/L1) and linear (U1-NA, L1-NB, overjet) measurements were used to evaluate the incisors position. Changes in class II division 1 group showed a reverse pattern of changes in class II division 2 from T1 to T2 concurrent with deep bite correction. Depending on the original inclination, flaring of incisors can be desirable (class II division 2), undesirable, or even contraindication, as in class II division I malocclusion³⁶. So significant increase of these angular and dental measurements was

obtained and therefore resulted in more procumbent incisors in class II division 2 cases, which found to be clinically acceptable and stable in the long term with deep bite correction²⁷. On the other hand, lingual inclination was observed in class II division 1 cases with significant decrease of the same measurements³⁷.

This result was in agreement with Parker et al²³ and Eberhart et al³⁸. They found that the change of incisor inclination has a distinct effect on overbite.

The Overjet displayed significant improvements from T1-T2 with deep bite correction simultaneous to changes of axial inclination of anterior teeth.

The interincisal angle is a reflection of upper and lower incisor inclination. When a deep overbite develops, accompanied by a wide interincisal angle, it tends to force the crowns of the mandibular incisors lingually and the apices of the maxillary incisors labially³⁵. This, in turn, increases the interincisal angle, which causes more overbite; thus a symbiotic relationship develops between the size of the interincisal angle and the depth of the overbite. Engel et al ³⁹ suggested an interincisal angle between 125° and 135° at the end of treatment for stability. In the present study, the average of interincisal angle was $126^{0.7\pm2.0}$ in group I and $128^{\circ}.2\pm 2$ in group 2. This angle decreased in the uprighted and retroclined incisors, class II division 2, and increased in in class II division1 which had more proclined angle, with significant differences concurrent with deep bite correction. These findings corroborate findings by Bjork⁴⁰, Burzin and Nanda⁴¹, Kim and Little⁴² who reported that deep bite depends on the relation between the upper and lower incisors and was believed to play a critical role in overbite correction.

In a patient with a class II malocclusion when a portion of the extraction spaces is used to correct the molar relationship, the molars are protracted ⁴³, yet this protraction does not necessarily produce a loss of vertical dimension. Most orthodontic mechanics are extrusive in nature, and this extrusion appears to maintain or even increase the vertical dimension ⁴⁴. In spite of extrusive orthodontic mechanics used to correct the deep overbite, lower anterior face height (ANS–Me) in group 1 did

not revealed a significant change in the present sample with deep bite correction. Protraction of molars may neutralize these effects. Meanwhile, cases in class II division 2 showed significant increase in the lower anterior face height from T1-T2 accompanied with molar extrusion. In this group mandible was forced to a slight posterior rotation, which in turn led to increase vertical facial heights.

A significant increase was also found in the posterior facial height (S-Go) in both groups. This finding was similar to the results of McDowell& Baker⁴⁵ and Pakers et al²³. Weiland et al³⁶ had conflicting results with the present study. It was possibly due to the older age of the patients (18-40 years), additionally, in his study anchorage mechanics were used to prevent extrusion of the molars and to control the vertical facial heights.

Regarding the linear measurement of U1-PP, both groups exhibited a decrease from T1-T2, which was significant only in class II division 2 cases. Class II division 1 group showed a decrease of -1.4 mm, and the class II division 2 sample showed a decrease of -2.1mm.This change in distance considered the amount of intrusion of the maxillary incisor. However, some of the changes in this distance could also be attributed to incisor proclination depending on pretreatment angulation of the teeth²³.

Assessment of the degree of lower incisor intrusion, as revealed by measure L1-MP, showed -0.1 mm of intrusion in class II division 2, which was not statistically significant (P>0.05). This result was in accordance with previous results $^{42, 34}$, which found that incisor intrusion should be avoided during treatment of class II division 2 cases.

Lower incisor in class II division 1 demonstrated intrusion with significant differences, as L1-MP reduced by -3.8 mm from T1- T2. This result was in accordance with that obtained by Samuelson et al⁴⁶ and Hellekant et al⁴⁷ as they suggested that in class II division 1 cases the tooth movements most commonly seen in treatment to reduce excessive overbite occur mainly in the mandibular arch, the change was significantly correlated to the reduction in vertical height of the mandibular incisor and to the changes in the angulation of the mandibular incisor to the mandibular plane.

Cases with deep overbite had underdeveloped upper and lower molar heights due to absence of a stable incisal occlusion, which could affect not only the mandibular rotation, but also the dentoalveolar development⁴⁸. In such cases a differentiated eruption of incisors and molars failed to take place, and it was recommended to increase the value of molar heights with treatment. In the present study both groups showed significance extrusion of upper and lower molars as indicated by significant increase in the linear measurements of U6-PP and L6-MP. These results were consistent with the results of Parker et al²³, Amasyalim et al⁴⁹, Bernstein et al²⁷, Qamar andRiaz⁵⁰, Cvvrand Baratmen⁵¹ and opposed to Weiland et al³⁶.

It is not worthy that overbite was significantly reduced in both treated groups. Table (3) and Figure (1) revealed that overbite at T2 in the first group (2.7mm) not significantly different (P>0.05) than that obtained in the group 2 (2.9 mm). This was in accordance with Kim &little ⁴², and opposite to the results of Simon&Joondeph⁵², who stated that, on average, patients with a deep initial overbite also had a deeper final overbite. The difference in the results may be due to the sample size that did not contain a sufficient number of cases.

In the present study the overbite decreased significantly in both groups and the decrease was more than the amount of intrusion of the anterior teeth. So it could be concluded that not only the intrusion of the anterior teeth but also changes in their axial inclination and extrusion of molars were effective in the treatment of deep overbite.

CONCLUSION

Based on the present results, it can be concluded that bite depth improved an average of -5.6 in class II division 1, and -2.6 in class II division 2 with significant differences between the groups due to the following effects:

- Changes in the axial inclination of incisor teeth that were decreased in class II division 1, and increased in class II division 2.
- Intrusion of lower incisors, by decreasing their vertical relation to the mandibular plane in class II division 1, and intrusion of maxillary incisors in class II division 2, by decreasing their vertical relation to the palatal plane.

• Extrusion of upper and lower molars in both groups, by increasing their vertical relations to the palatal and mandibular planes respectively.

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