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## Zoonotic Potential of *Escherichia Coli* in Poultry Intestinal Contents in Ismailia City, Egypt with Special Reference to Shiga Toxin-Producing (STEC) Strains

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### Abstract

Avian colibacillosis can affect birds of all ages. It is now one of the major causes of economic losses in the poultry industry, as well as a public health risk all over the world. This study aimed to determine the occurrence of *E. coli* in market-age poultry and the risk of its zoonotic infections in Ismailia city, Egypt. A total of 350 samples were collected from the intestinal contents of the slaughtered poultry (100 farm chickens, 100 backyard chickens, 50 ducks, 50 geese, and 50 turkeys) in Ismailia City. On the other hand, a total of 200 samples were collected from humans at outpatient clinics (100 stool samples and 100 urine samples) from the same investigated area. Samples were examined using bacteriological and molecular examination for genus-specific and virulence gene detection. Results revealed that the isolation rates of *E. coli* were 70% in farm chickens and turkeys, 88% in backyard chickens, 86% in domestic ducks, 72% in geese. Of avian *E. coli* isolates, the rates of Shiga toxin-producing *E. coli* (STEC) strains were 91.4%, 96.6%, 90.9%, 41.7%, and 51.4% in farm chickens, backyard chickens, ducks, geese, and turkey respectively. In humans, the isolation rate of *E. coli* was 42% in urine samples and 66% in stool samples. The human STEC isolates were higher in stool samples (26%) than in urine samples (6%). The isolation rates of *E. coli* were significantly higher in persons who were in contact with poultry than in persons who were not in contact with poultry ( $p \leq 0.01$ ). In conclusion, the high

isolation rates of STEC and detection with similarities of some *E. coli* virulence genes (It, St, eaeA, Stx1, and Stx2 genes) from poultry intestinal contents and human samples indicated a significant risk of zoonotic transmission of *E. coli* via food chain in the investigated area.

**Keywords:** *Escherichia coli*, poultry, STEC, zoonotic, Ismailia.

### Introduction

*Escherichia coli* (*E. coli*) is a type of microbial flora commonly found in the gastrointestinal tracts of chickens, humans, and other animals. Although *E. coli* is part of the normal microbiota of the poultry gut, certain strains, such as avian pathogenic *E. coli* (APEC), can spread to numerous internal organs, causing colibacillosis, which is accompanied by systemic infections and mortalities (*La Ragione and Woodward, 2002, Kathayat et al., 2021*). avian colibacillosis is one of the most common endemic diseases affecting the poultry industry globally, resulting in significant economic losses. It has been estimated that 10-15% of the *E. coli* strains commonly found in the chicken intestine are potentially pathogenic (*Dziva and Stevens, 2008*).

*E. coli* is the most common foodborne pathogen of public health concern found in poultry flesh around the world. The most common way pathogenic *E. coli* bacteria are one of the most frequent foodborne

infections, affecting millions of people each year, with severe and fatal consequences in some cases *E. coli* enters the human food chain is by faeces or intestinal contents after slaughter, and inter-human transmission can occur via the faecal-oral pathway (*Yang et al., 2017*). Human strains of the extraintestinal pathogen *E. coli* (ExPEC) caused urinary tract infections (UTIs), meningitis in newborns, or blood poisoning (*Mora et al., 2009*).

Enterotoxigenic *E. coli* (ETEC), enteroinvasive *E. coli* (EIEC), enteroaggregative *E. coli* (EAEC), enterohemorrhagic (EHEC)/Shiga toxin-producing *E. coli* (STEC), enteropathogenic *E. coli* (EPEC), and diffusely adherent *E. coli* (DEC) are the six pathotypes of diarrheagenic *Escherichia coli* (DEC) (*Nataro and Kaper, 1998*).

STEC, also known as verotoxin *E. coli*, is a zoonotic pathogen of public health concern whose sources and transmission routes are difficult to trace (*Mughini-Gras et al., 2018*). The STEC is a set of foodborne pathogenic

bacteria that have been related to a variety of human illnesses, including diarrhea, hemorrhagic colitis (HC), thrombocytopenia, and hemolytic uremic syndrome (HUS), as well as human death. Shiga toxins (Stx) are the main virulence factors that contribute to the organism's pathogenicity. There are two types of toxins: stx1 and stx2 (*Karch et al., 2005*). Consumption of minced meat, raw/undercooked meat, or cured meat/cold cuts was linked to human STEC infections (*Mughini-Gras et al., 2018 and Tanabe et al., 2019*). In general, STEC infection is spread via eating or handling contaminated food, as well as contact with infected animals or birds. Close contact, such as within families, at schools, and in long-term care facilities, allows for further person-to-person transmission (*Busani et al. 2006*).

Enterotoxigenic *E. coli* strains cause diarrhea mostly in children, especially in areas where cleanliness and hygiene are inadequate (*Kaper et al., 2004*). Enterotoxigenic *E. coli* is most usually associated with traveler's diarrhea, but it is also a significant diarrheal pathogen in babies (*Ogata et al., 2002*). The plasmid-encoded, heat-labile (LT), and heat-stable (ST) enterotoxins are two main virulence factors in the (ETEC) (**Feng and Reddy, 2013**). Enterotoxigenic *E. coli* is a

typically food-borne pathogen causing HC or HUS. Typical EHEC strains produce Shiga-like toxins which are characterized by the STEC strains to be the most virulent diarrhoeagenic *E. coli* (*Kaper et al., 2004*).

In view of the lack of information on the health and risk of poultry intestinal content *E. coli*, the present study was undertaken to determine the occurrence of *E. coli* spp. in poultry intestinal contents and some virulence genes of *E. coli* isolates with identifying their zoonotic potential in Ismailia City, Egypt.

## Materials and methods

### Sampling:

A total of 350 poultry intestinal content samples (100 farm chickens, 100 backyard chickens, 50 ducks, 50 geese, and 50 turkeys) were collected from live poultry retail shops in Ismailia city, Egypt. The live bird shops were selling live birds and offering on-site slaughtering and de-feathering and evisceration. The samples were collected soon after the evisceration of the selected poultry on the day of collection by taking the whole intestines of the slaughtered domestic poultry in sterile plastic bags. On the other hand, a total of 200 human samples (100 stool samples and 100 urine samples) were

collected from out- and in-clinic patients of Ismailia university hospital and Ismailia General Hospital after signed on informed consent for each case. The stool samples were collected from symptomatic patients with diarrhea and the urine samples were collected from patients who had symptoms of UTI (dysuria). Specimen of urine generally collected from midstream urine in sterile plate universal containers with high precautions of contamination.

Questionnaires were directed to all patients who were participated in this study and included the name, sex, age, date of sample collection, address, and occupations, contact with poultry, feeding habits, and health status.

All the samples were transported immediately after collection in ice box under complete aseptic conditions to Zoonoses Laboratory, Department of Hygiene, Zoonoses and Animal Ethology, Faculty of Veterinary Medicine, Suez Canal University for processing, isolation, and identification of *E. coli* species.

#### **Bacteriological isolation and identification of *E. coli* species**

In poultry samples, swabs were taken by sterile cotton swabs from the intestinal contents of the lower parts of the poultry

intestinal tract under complete aseptic conditions. In human urine samples, one ml of urine was taken by sterile pipette from each human urine sample. The swabs and urine samples were inoculated primarily in tubes, each of them containing 9 ml of *E. coli* broth (OXOID, UK), followed by incubation at 37 °C for 18-24 hours. A loopful from each incubated broth culture was cultured by streaking onto Eosin methylene blue (EMB) agar (OXOID, UK) and incubated at 37 °C for 24 h. Colony morphologically resembling *E. coli* (metallic green sheen) was carefully picked and repeatedly sub-cultured onto EMB agar until the pure culture with homogenous colonies was obtained. A single colony from each pure culture was then sub-cultured onto nutrient agar to check for purity and identification confirmed by microscopic examination and biochemical tests. Fixed films of suspected colonies were stained with Gram's stain then examined under an oil immersion lens. All the isolates were identified to *E. coli* spp. biochemically as described by *MacFaddin (2000)*

#### **Isolation of STEC strains by culturing on CHROMagar STEC medium**

All the confirmed *E. coli* isolates were submitted for

further examination by sub-culturing on CHROM agar STEC for detection of STEC as described by *Hirvonen et al., (2012)*. A loopful from each broth culture positive for *E. coli* was sub-cultured by streaking onto CHROMagar STEC (*Chromogenic Media Pioneer*) and then incubated at 37 °C for 24 h.

#### **DNA Extraction and PCR amplifications:**

A total of 210 positive *E. coli* broth cultures (150 of poultry and 60 of humans), which were confirmed by subculturing on EMB agar and then by microscopic examination and biochemical tests, submitted for further examination by PCR for the detection of genus-specific GAD (*gadA/B* genes) and the virulence genes of *E. coli* isolate. The primers were ordered from Biobasic, Canada as nucleotide sequences. All primers were diluted according to the company instructions using sterile MilliQ water (Table, 1).

Total DNA was extracted from the *E. coli* by using QIAamp

DNA Stool Mini Kit, as per manufacturer instructions. The PCR reaction mix consisted of a total reaction volume of 25µl containing 12.5µl of 2X PCR master mix (Gendirx), 0.2 µl of each primer (Forward & reverse) (Concentration 10 pmol), 3µl of the extracted DNA from *E. coli* isolates, and sterile distilled water up to 25µl. The thermal profile of the PCR amplification was used as per the initial authors. The PCR products (10µl) were separated by electrophoresis in 1.2% (wt/vol), agarose in 1X TBE containing 0.2 µg/ml ethidium bromides. Images were recorded with a gel documentation system.

#### **Statistical Analysis**

All the present data were analyzed statistically using the Chi-square test for association and relationship between categorical variables. Results were considered significant at ( $P \leq 0.05$ ) use Statistical Package for the Social Sciences (SPSS) software version 24.

**Table 1.** Targeted genes and primer sequences used in PCR assays

Target Gene	Primer Name	Primer sequence (5'-3')	PCR product size (bp)	References
<i>E. coli</i> Spp.	gadA/B	ACCTGCGTTGCGTAAATA	670	(McDaniel et al., 1996)
		GGGCGGGAGAAGTTGATG		
ETEC	It	GGCGACAGATTATACCGTGC	450	(Lee et al., 2009)
		CGGTCTCTATATTCCCTGTT		
	St	ATTTTTCTTTCTGTATTGTCTT	190	
		CACCCGGTACAAGCAGGATT		
EPEC	bfpA	AATGGTGCTTGCGCTTGCTGC	324	(Lopez-Saucedo et al., 2003)
		GCCGCTTTATCCAACCTGGTA		
	eaeA	GACCCGGCACAAGCATAAGC	384	
		CCACCTGCAGCAACAAGAGG		
EHEC	Stx1	CTGGATTTAATGTGCGCATAGTG	150	(Lee et al., 2009)
		AGAACGCCCACTGAGATCATC		
	Stx2	GGCACTGTCTGAAACTGCTCC	255	
		TCGCCAGTTATCTGACATTCTG		
EIEC	Ial	GGTATGATGATGATGAGTCCA	650	(Vidal et al., 2005)
		GGAGGCCACAATTATTTCC		
EAEC	AafII	CACAGGCAACTGAAATAAGTCTGG	378	
		ATTCCCATGATGTCAAGCACTTC		

## Results

**Prevalence of *E. coli* in poultry:** As shown in table 2, the overall prevalence rate of *E. coli* in the examined poultry intestinal contents was 77.71% (272/350). The high prevalence rates of *E. coli* were in backyard chicken (88%) and ducks (86%) followed by geese (72%), farm chickens (70%), and turkeys (70%). The difference between

the prevalence rates of *E. coli* among the examined domestic poultry was significant ( $P \leq 0.01$ ). The positive samples for *E. coli* were further examined for STEC. The overall rate of STEC of positive *E. coli* isolates from samples from the intestinal contents of poultry was 81.62% (222/272), with high rates of STEC in the backyard chickens (96.59%), ducks (93.02%), and

farm chicken (91.43%) followed by turkeys (51.43) and geese (41.67%). A high significant difference was found between the isolation rates of STEC among the examined domestic poultry ( $P \leq 0.001$ ).

**Prevalence of *E. coli* in humans:** As shown in table 3, the overall prevalence rate of *E. coli* in the examined humans was 54% (108/200). The prevalence rate was significantly higher among stool samples (66%) than urine samples (42%) ( $P \leq 0.05$ ). Among the positive *E. coli* isolates in the human specimen, the overall isolation rate of STEC was 29.63% (32/108). The occurrence of STEC isolates was significantly higher in the isolates from the stool specimens (39.39%) than the isolates of urine specimens (14.29%) ( $P \leq 0.01$ ).

The occurrence rates of *E. coli* in human samples concerning their characteristic illustrated in table (4). The detection rates of *E. coli* and STEC in relation to age were higher in age groups 21-30 years (48.48% and 18.75%) and 31- 40 years (44% and 18.18%) followed by age groups  $\leq 10$  years (42.11% and 12.50%), 11-20 years (36.36% and 0.0%), 41- 50 years (28.57% and 0.0%) and  $\geq 51$  years (20% and 0.0%) in urine samples respectively. In stool samples, the rates of *E. coli*

concerning age were higher in age groups  $\leq 10$  years (79.11%), 21-30 years (66.67%), and 31-40 years (60%) followed by age groups 11-20 (54.16%), 41-50 years (50%) and  $\geq 51$  years. While the detection rates of STEC were higher in age groups  $\geq 51$ (100%) and 41-50 years (50%) followed by the other age groups which ranged from 33.33% to 42.86%. The prevalence rates of *E. coli* and STEC in the human samples concerning gender were significantly higher in females (49.15% and 17.24%) than males (31.71% and 7.69%) in urine samples respectively ( $P \leq 0.01$ ), while it was higher in males (72.73% and 70.83%) than females (62.69% and 37.50%) in stool samples, respectively ( $P \leq 0.01$ ). Regarding the contact with poultry, the detection rates of *E. coli* in stool were higher in persons who were in contact with poultry (48.43% and 84.48%) than those not in contact with poultry (30.55% and 40.47%). While the rates of STEC isolates were higher in persons not in contact with poultry (18.18% and 41.18%) than those who were in contact with poultry (12% and 38.78%). However, statistically, there were no significant differences ( $p \geq 0.05$ )

The isolation rates of *E. coli* of human urine and stool samples, in relation to the season, were

28.57% and 53.84% in Summer, 50% and 61.9% in Autumn, 47.82% and 65.38% in Winter, and 42.1% and 72.5% in Spring, respectively. The difference between the isolation rates of *E. coli* in the different seasons of human urine and stool samples was significant ( $p \leq 0.05$ ). However, there were no significant differences between the isolation rates of STEC in the different seasons of human urine and stool samples; 0.0% and 42.85% in Summer, 22.22% and 30.76% in Autumn, 9.09% and 35.29% in Winter, and 18.75% and 44.43% in Spring, respectively.

Occurrence of GAD and virulence genes in *E. coli* isolates of examined poultry illustrated in table (5). The overall detection rate of the *E. coli* GAD gene of the examined positive *E. coli* broth cultures of poultry intestinal contents was 90% (135/150). The rates of detection of *E. coli* GAD gene of positive *E. coli* broth cultures of the intestinal contents of farm chickens, backyard chickens, ducks, geese, and turkeys were 86.7%, 93.3%, 86.7%, 93.3%, and 90%, respectively. The detected *E. coli* virulence genes were It, St, eaeA, Stx1, and Stx2, while Bfp, Ial, and Aafl genes were not detected in the examined positive *E. coli* broth cultures of the poultry intestinal contents. The detection rates of

It, St, eaeA, Stx1 and Stx2 genes respectively were 13.3%, 16.7%, 16.7%, 3.3%, and 23.3% in farm chickens, 13.3%, 23.3%, 23.3%, 6.7% and 10% in backyard chickens, 6.7%, 20%, 23.3%, 10% and 16.7% in ducks, 3.3%, 20%, 20%, 3.3% and 23.3% in geese and 16.7%, 23.3%, 16.7%, 6.7% and 23.3% in turkeys. The rates of examined positive *E. coli* broth culture poultry samples have at least one *E. coli* virulence gene were 53.3% of farm chickens, 56.7% of backyard chickens, 60% of ducks, 53.3% of geese, and 70% of turkeys, while the rates of examined poultry samples have no virulence genes were 46.67%, 43.33%, 40%, 46.67% and 30% of farm chickens, backyard chickens, ducks, geese, and turkeys, respectively.

On the other hand, as shown in table (6), the detection rates of GAD gene of *E. coli* of the examined positive *E. coli* broth cultures of human urine and stool samples were 80% (24/30) and 93.3% (28/30) respectively. *E. coli* virulence genes: It, St, eaeA, and Stx2 genes were detected in the examined positive *E. coli* broth cultures of human urine samples by rates of 20%, 20%, 26.7%, and 23.3% respectively, while Bfp, Stx1, Ial, and Aafl genes were not detected. On the other hand, all tested virulence *E. coli* genes; It,

St, Bfp, eaeA, Stx1, Stx2, Lal and Aafl were detected in human stool samples by rates of 20%, 23.3%, 3.3%, 10%, 3.3%, 20%, 13.3%, and 10%, respectively. The rates of examined positive *E. coli* broth cultures of human urine and

stool samples have at least one *E. coli* virulence gene were 66.7% and 53.3% respectively, while the rates of examined human urine and stool samples have no virulence genes were 33.3% and 46.7%, respectively.

**Table 2.** Prevalence of *E. coli* in the intestinal contents of domestic poultry

Source of samples	Total No. examined	Positive <i>E. coli</i>		STEC / positive <i>E. coli</i> samples	
		No.	(%)	No	%
Farm chickens	100	70	70	64	91.43
Backyard Chickens	100	88	88	85	96.59
Ducks	50	43	86	40	93.02
Geese	50	36	72	15	41.67
Turkeys	50	35	70	18	51.43
<b>Total</b>	<b>350</b>	<b>272</b>	<b>77.71</b>	<b>222</b>	<b>81.62</b>

*E. coli* ( $X^2=14.19, p \leq 0.01$ )

STEC ( $X^2=80.928, p \leq 0.01$ )

**Table 3.** Prevalence of *E. coli* among the human samples

Source of samples	Total No. Examined	Positive <i>E. coli</i>		STEC / positive <i>E. coli</i> samples	
		No.	%	No	%
Urine	100	42	42	6	14.29
Stool	100	66	66	26	39.39
<b>Total</b>	<b>200</b>	<b>108</b>	<b>54</b>	<b>32</b>	<b>29.63</b>

*E. coli* ( $X^2=11.594, p \leq 0.01$ )

STEC ( $X^2=7.760, p \leq 0.01$ )

**Table (4):** Prevalence rates of *E. coli* in human samples in relation to their characteristics.

Type of Samples Variable	Urine					Stool				
	Total No. examined	Positive <i>E. coli</i> samples		STEC / Positive <i>E. coli</i> samples		Total No. examined	Positive <i>E. coli</i> samples		STEC / positive <i>E. coli</i> samples	
		No.	%	No.	%		No.	%	No.	%
Gender: Male	41	13	31.71	1	7.69	33	24	72.72	17	70.83
Female	59	29	49.15	5	17.24	67	42	62.68	9	37.50
Age/year: ≤10	19	8	42.11	1	12.50	34	27	79.11	10	37.04
11-20	11	4	36.36	0	0	24	13	54.16	5	38.46
21-30	33	16	48.48	3	18.75	21	14	66.67	6	42.86
31-40	25	11	44	2	18.18	15	9	60	3	33.33
41-50	7	2	28.57	0	0	4	2	50	1	50
≥51	5	1	20	0	0	2	1	50	1	100
Contact with poultry: Yes	64	31	48.43	4	12	58	49	84.48	19	38.78
No	36	11	30.55	2	18.18	42	17	40.47	7	41.18
Season: Summer	21	6	28.57	0	0	13	7	53.84	3	42.85
Autumn	18	9	50.00	2	22.22	21	13	61.90	4	30.76
Winter	23	11	47.82	1	9.09	26	17	65.38	6	35.29
Spring	38	16	42.10	3	18.75	40	29	72.50	13	44.43

**Table (5):** Occurrence of GAD and virulence genes in *E. coli* isolates from poultry

Source of samples	Total No of <i>E. coli</i> samples	GAD ( <i>gadAB</i> genes)	Virulence genes								Samples have no <i>E. coli</i> virulence genes	Samples have at least one <i>E. coli</i> virulence gene
			It	St	Bfp	eaeA	Stx1	Stx2	Ial	Aafl		
			No. (%)	No. (%)	No. (%)	No. (%)	No. (%)	No. (%)	No. (%)	No. (%)		
Farm chickens	30	26(86.7)	4 (13.3)	5 (16.7)	0(0.0)	5 (16.7)	1(3.3)	7 (23.3)	0(0.0)	0(0.0)	14(46.67)	16(53.3)
Back yard chickens	30	28(93.3)	4 (13.3)	7 (23.3)	0(0.0)	7 (23.3)	2(6.7)	3 (10)	0(0.0)	0(0.0)	13(43.33)	17(56.7)
Ducks	30	26(86.7)	2(6.7)	6 (20)	0(0.0)	7 (23.3)	3 (10)	5(16.7)	0(0.0)	0(0.0)	12 (40)	18(60)
Geese	30	28(93.3)	1(3.3)	6 (20)	0(0.0)	6 (20)	1(3.3)	7(23.3)	0(0.0)	0(0.0)	14(46.67)	16(53.3)
Turkeys	30	27 (90)	5(16.7)	7 (23.3)	0(0.0)	5 (16.7)	2(6.7)	7(23.3)	0(0.0)	0(0.0)	9 (30)	21(70)
Total	150	135 (90)	16(10.7)	31(20.7)	0(0.0)	30 (20)	9(0.6)	29(19.3)	0(0.0)	0(0.0)	62(41.3)	88(58.7)

**Table (6): Occurrence of GADA and virulence genes in *E. coli* isolates from humans**

<i>E. coli</i> genes	Type of samples	Total No of <i>E. coli</i> samples	GADA ( <i>gadAB</i> genes) No. (%)	Virulence genes							Samples have no <i>E. coli</i> virulence genes No. (%)	Samples have at least one <i>E. coli</i> virulence gene No. (%)	
				Lt	St	Bfp	eaeA	stx1	stx2	Lal			AaflI
	Urine	30	24 (80)	6 (20)	6 (20)	0 (0.0)	8 (26.7)	0 (0.0)	7 (23.3)	0 (0.0)	0 (0.0)	10 (33.3)	20 (66.7)
	Stool	30	28 (93.3)	6 (20)	7 (23.3)	1 (3.3)	3 (10)	1 (3.3)	6 (20)	4 (13.3)	3 (10)	14 (46.7)	16 (53.3)

**Discussion**

*E. coli* is part of the normal microbiota of the poultry intestine, but APEC strains can spread to other internal organs causing colibacillosis (*La Ragione and Woodward, 2002*). The current study included several species of domestic poultry representing the most common birds in Egypt. Thus, surveillance of *E. coli* in the intestinal contents of different birds provided a complete picture of its zoonotic implications and public health significance. In this study, the overall prevalence rate of *E. coli* in the examined poultry intestinal contents (77.71%) was higher than that recorded by *Mashhoor et al. (1987)* (50%) and *Heba (2012)* (43.1%) in chickens and (27.2%) in ducks. The

prevalence rate of *E. coli* in chickens was higher than that reported in Egypt by *Heba, 2012* (43.1%); *Diab (2014)* (43.6%); *Doaa (2015)* (51.1%) and *Asmaa (2015)* (52%). Interestingly, the difference between the prevalence rates of *E. coli* among the examined domestic poultry was significant ( $P \leq 0.01$ ). The infection rate was higher in the backyard poultry than farms which indicated lower sanitary conditions and a higher risk of interspecies transmission of the *E. coli* and zoonotic transmission as well.

In the present study, the *E. coli* isolation rate from ducks was nearly similar to that reported by *Adzitey et al. (2012)* (81.25% to 87.93%), whereas it was higher than that recorded by *Heba (2012)* (21.4% to 35%) in

Egypt, *Mbanga and Nyararai (2015)* (27.2% to 62.2%) and *Diab, 2014* (57.7%). In geese, the *E. coli* isolation rate was slightly higher than that reported by *Mbanga and Nyararai (2015)* (62.2%). Moreover, the isolation rate of *E. coli* from turkeys, in this study, was higher than that recorded by *Abd El -Gawad (1995)* (57.78%) in turkey in Egypt. This variation in the isolation rates of *E. coli* among domestic poultry with those reported by others might be attributed to several factors such as geographical locations, management practice, breeding systems, immune status of the poultry, the standard of the biosecurity measures in farms, and sampling and examination techniques.

STEC is a well-known foodborne pathogen that has caused sporadic major outbreaks around the world (*Yang et al., 2017*). The public health threat posed by STEC has been highlighted by the morbidity and mortality associated with various outbreaks caused by this pathogen (Paton and Paton, 1998). In this study, the overall rate of STEC of positive *E. coli* poultry intestinal contents was 81.62%, with high rates of STEC in backyard chickens (96.59%), ducks (93.02%), and farm chickens (91.43%), followed by turkeys (51.43%),

and geese (41.67%). A high significant difference was found between the isolation rates of STEC among the examined domestic poultry ( $p \leq 0.001$ ). This finding indicated that a high percentage of *E. coli* isolates were potentially pathogenic in the examined domestic poultry and highlighting the role of this organism as a potentially important avian pathogen among poultry with economic impacts (*Sahaly, 1995*). Therefore, more precautions should be adopted to avoid food poisoning by avian colibacillosis particularly from poultry at marketing.

In humans, *E. coli* are the predominant non-pathogenic facultative flora of the intestine. some *E. coli* strains have acquired the ability to cause enteric or systemic disease in otherwise healthy people (*Nataro and Kaper, 1998*). In the present study, there was a significant difference between the isolation rates of *E. coli* of the human stool and urine samples ( $p \leq 0.05$ ). The isolation rate of *E. coli* from human stool samples was higher than that reported in Ismailia province by *Sahar et al. (2013)* who reported that the isolation rates of *E. coli* were 31.4% (89/283) from the stool of patients with diarrhea and 16.6% (47/283) from the urine

of humans with UTI and *Magda et al. (2013)* who isolated *E. coli* from human stool samples at a rate of 15% in Sharkia Province. The community-acquired UTIs that have been reported in Upper Egypt were potentials of the spread of multidrug-resistant strains that alarming the health significance of *E. coli* infection particularly zoonotic transmissions (*Hassuna et al., 2020*).

The STEC strains can cause diarrhea, bloody diarrhea, hemorrhagic colitis in humans, and frequently result in HUS and renal failure (*Tarr et al., 2005*). Our study revealed that the overall isolation rate of STEC was 29.63% (32/54) of the positive *E. coli* human samples. There was a highly significant difference in the isolation rates of STEC between the human stool and urine samples ( $p \leq 0.01$ ). The obtained results were nearly similar to those reported in Egypt by *EL-Alfy et al. (2013)* who found that the *E. coli* isolates were higher in human stool samples (31.4%) than that reported in human urine (16.6%) with UTI infections. The high percentage of *E. coli* isolates of human stool reflected the role of this organism as a potentially important human pathogen with public health impacts. Humans might serve as reservoirs for *E. coli* infection

and transmission may occur by ingestion of contaminated food or water (*Griffin and Tauxe, 1991*).

In the present study, the prevalence rates of *E. coli* and STEC in the human samples in relation to gender were significantly higher in females than males in urine samples respectively ( $P \leq 0.01$ ), while it was higher in males than females in stool samples respectively ( $P \leq 0.01$ ). This in agreement with that reported by *Lo et al. (2013)* who reported that *E. coli* was the most prevalent community-acquired uro-pathogens (76.6%), with higher infection in females (72.8%) and *Lee and Kwon (2016)* reported that more females than males had EHEC infections. *Magliano et al. (2012)* found that the overall *E. coli* accounted for 67.6% of all uropathogenic isolates from outpatients' clinics of an urban area of northern Italy and the *E. coli* isolation rate was lower in males aged  $\geq 60$  years (52.2%). *E. coli* was found to be less prevalent in the youngest and oldest male subjects (51.3% and 52.2%, respectively) and more frequent in female patients aged 15 years or older (71%). However, the obtained result of STEC in human urine samples was inconsistent with that reported by *Thorpe et al. (2001)* who revealed that STEC-

associated UTI was rare, and HUS rarely occurred after STEC-associated UTI in the USA. Our findings confirmed the result reported by **Griebling (2007)** who discovered that, for anatomical reasons, Women are more susceptible to UTI than men because their urethras are shorter, allowing bacteria easier access to the bladder.

Regarding age, the isolation rates of *E. coli* and STEC were higher in the age groups 21-30, 31-40 years. In stool samples, the detection rates of STEC were the highest in the age group  $\geq 51$ . This finding was consistent with that reported by **Hill et al., (2006)** who found that the association of *E. coli* infections with increasing age could be attributed to the declining of health conditions and immune status in elder ages. Regarding the high number of children being infected with *E. coli*, the young ages could be affected by immunity, hygienic measures, and contact with animals (**Duffy, 2003 and Hill et al., 2006**). However, **Magliano et al. (2012)** reported that *E. coli* was found to be less prevalent in the youngest and oldest male subjects (51.3% and 52.2%, respectively) and more frequent in female patients aged 15 years or older (approximately 71%).

The prevalence rate of *E. coli* was significantly higher in

group contacted poultry. This finding is reinforced by the result reported in Egypt by **Naena (2009)** who found that the *E. coli* isolation rate from persons in contact with chickens was 41.6%. However, there was no significant difference ( $p \geq 0.05$ ) in the detection rates of STEC in human samples in contacts and non-contacts of poultry. The obtained results confirmed that there are other sources of human infections with *E. coli* in addition to domestic poultry and humans might serve as reservoirs for *E. coli* infection and person-to-person transmission occurs. Transmission may also occur by ingestion of contaminated food or water (**Griffin and Tauxe, 1991; Nataro and Kaper, 1998; Sahar et al., 2013; Magda et al., 2013; Mohamed, 2014 and Saikia and Joshi 2014**). This added to the evidence that infection is spread by contact with other animals or through the water. As a result, risk mitigation should be focused more on infection pathways of *E. coli* in the environment (**Solecki et al., 2008**).

Regarding the season, in this study, the isolation rates of *E. coli* of human samples were higher than that reported in Egypt by **Naena (2009)** who found that the isolation rates of *E. coli* from stool samples of persons in contact with chickens

in winter and summer seasons were 42.85% and 40%, respectively in Egypt. The difference between the isolation rates of *E. coli* in the different seasons of human urine and stool samples was significant ( $p \leq 0.05$ ). However, there were no significant differences between the isolation rates of STEC in the different seasons of human urine and stool samples. This finding was in contrast with that reported by *Hill et al. (2006)* who found that the number of reported cases of *E. coli* infections among humans increased during the summer months (1996-2004) in Louisiana, USA

The overall detection rate of the *E. coli* GAD gene of the examined positive *E. coli* broth cultures of poultry and human samples was up to 90%. This finding confirmed the result reported by *McDaniels et al. (1996)* who found that GAD genotypic assay detects a wider range of *E. coli* strains and is more specific for this species. Moreover, this assay should show greater quantitative sensitivity because it would target two highly homologous genes, *gadA* and *gadB*, that appear to be commonly present in the *E. coli* genome (*Smith, et al., 1992*). The current finding deduced that the *gadAB* gene was prevalent in *E. coli*, including in the pathogenic *E.*

*coli* groups. Therefore, The *gadAB* marker appears to be a good prescreening marker for *E. coli*, and it can be used in association with other trait virulence gene primers to detect pathogenic *E. coli* in poultry (*Grant et al., 2001*).

Virulence genes in *E. coli* The It, St, *eaeA*, Stx1, and Stx2 genes were found in the tested positive *E. coli* broth cultures of the poultry intestinal contents, but the Bfp, Ial, and Aafl genes were not. Similarly, *Dutta et al. (2011)* discovered that out of ten STEC chicken isolates, one contained only stx2, one carried stx2 and hlyA, four carried stx1, stx2, and hlyA, two carried stx1, *eae A*, and hlyA genes, and two carried stx1 and *eaeA* genes. Two EPEC chicken isolates carried both *eaeA* and hlyA genes, one just *eaeA* gene, and one only hlyA gene. Similarly, *Kagambèga et al. (2012)* detected the *E. coli* virulence genes using 16-plex PCR in primary cultures from feces of chickens slaughtered for human consumption in Burkina Faso. These virulence genes were indicated the presence of DEC in 48% of chicken fecal samples. Virulence genes of EHEC, EPEC, ETEC, EAEC and EIEC were detected in 6%, 37%, 5%, 6% and 1% respectively. *Momtaz and Jamshidi (2013)* found that all of the EHEC-positive samples

from chicken carried *stx1*, *eaeA*, and *ehly* virulence genes, whereas only 5 (9.8%) of the AEEC group carried *stx1*, *stx2*, and *eaeA* genes.

**Mohamed (2014)** recovered STEC isolates of poultry in Egypt and found that 63.63% of the examined samples carried *stx1*. Whereas 72.72% of samples carried *stx2* and both alleles were present in 36.36% of examined isolates. **Manges (2016)** in his study on *E. coli* infection in geese, it was detected *stx2* variant in 20.8% of geese fecal samples in Canada.

The rates of examined positive *E. coli* broth culture poultry samples have at least one *E. coli* virulence gene was consistent with **Dutta et al. (2011)** who found that high rate of the *E. coli* isolates from chicken samples (33.33%) carried at least one virulence gene in India. The current research indicated that a high percentage of *E. coli* isolates of poultry were potential pathogenic in these birds. This reflects the role of this organism as a potentially important avian pathogen among poultry with economic impacts (**Sahaly, 1995**).

The detected *E. coli* virulence genes in the examined positive *E. coli* broth cultures of human urine and stool samples were consistent with that reported by **Ogata et al. (2002)** who

identified the *eaeA*-positive *E. coli* bacteria in 7 (3.6%) of 192 tourists who had visited Asia between April 1998 and March 1999. The organisms were detected in stool samples of patients as the only potential enteric pathogen in 13 cases with *aggR* and 4 cases with *eaeA* gene.

The rates of examined positive *E. coli* broth cultures of human urine and stool samples have at least one *E. coli* virulence gene were indicated that a high percentage of *E. coli* isolates of human samples were potentially pathogenic in humans. This reflects the role of this organism as a potentially important human pathogen with medical importance (**Obi et al., 2004**).

Based on the obtained results in the current research with the detection of *E. coli* virulence genes; *It*, *St*, *eaeA*, *Stx1*, and *Stx2* in the examined human and poultry samples, a well-documented ability of avian *E. coli* to spread to human beings. It should be considered whether APEC could act as human PEC or as a reservoir of virulence genes for PEC (**Rodriguez-Siek et al., 2005**). As a zoonotic bacterium, avian *E. coli* has a significant influence on animal health and poses a public health threat (**Manges et al., 2007**; **Lyhs et al., 2012**; **Aslam et al., 2014**)

In conclusion, our study confirmed that poultry intestinal contents are important sources of zoonotic *E. coli* with virulence gene attributes that illustrate many similarities to those found in *E. coli* isolates from humans. The high prevalence rates of *E. coli* and STEC in the examined intestinal contents of different poultry species and humans indicated a high risk of food contamination by pathogenic strains of these bacteria and reflects the role of this organism as a potentially important avian pathogen with economic and public health impacts. Therefore, persons in contact with domestic poultry should follow the perfect hygienic measures during the handling and management of poultry to reduce their infection with zoonotic *E. coli* strains. In addition, food safety measures should be taken to design and implement a comprehensive strategy to combat *E. coli* infections, which includes mandatory health education and promotion in endemic areas. Further studies are recommended on molecular subtyping of virulence markers associated with zoonotic *E. coli* isolates from poultry.

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تواجد الايشيريشيا كولاي في محتويات امعاء الدواجن واحتمالية الإصابة بها  
 كمرض مشترك في مدينه الاسماعيلية، مصر مع التركيز على العترات  
 المنتجة لسم الشيجا (STEC)

### الخلاصة

يصيب داء القولونيات (Colibacillosis) مجموعة واسعة من أنواع الطيور في جميع الأعمار وفي الأونة الأخيرة أصبح هذه المرض أحد الأسباب الرئيسية للخسائر الاقتصادية في صناعة الدواجن مع وجود مخاطر على الصحة العامة في جميع أنحاء العالم. هدفت هذه الدراسة لتحديد مدى ضراوة بعض العترات المعزولة من الدواجن والإنسان وتحديد مصادر انتقال المرض من الدواجن وتحديد الأهمية الصحية كمرض مشترك. في مدينة الإسماعيلية، مصر. تم جمع ٣٥٠ عينة من محتويات الأمعاء للدواجن المذبوحة (١٠٠ عينة من دجاج المزرعة، و١٠٠ عينة من الدجاج البلدي، ٥٠ عينة بط، ٥٠ عينة الإوز، و٥٠ عينة من الديك الرومي) في مدينة الإسماعيلية، كما تم تجمع ٢٠٠ عينة من البشر من العيادات الخارجية (١٠٠ عينة براز و١٠٠ عينة بول) من نفس المنطقة. وتم فحص العينات عن طريق كلا من الاختبارات الميكروبيولوجية والبيوكيميائية يليها اختبار البيولوجية الجزيئية وفحص بعض جينات الضراوة مثل جينات التي تفرز سموم الشيجا (STEC) وكذلك جينات الضراوة المعوية (المرضية والسمية والغازية ولنزفيه بواسطة تفاعل البلمرة المتسلسل (PCR). أوضحت النتائج أن معدلات عزل بكتريا الايشيريشيا كولاي كانت ٧٠٪ في دواجن المزرعة والديك الرومي، و٨٨٪ في دجاج البلدي، و٨٦٪ في البط المنزلي، و٧٢٪ في الأوز. وكانت معدلات سلالات الإيشيريشيا كولاي المنتجة لسم الشيجا (STEC) ٩١,٤٪ و٩٦,٦٪ و٩٠,٩٪ و٤١,٧٪ و٥١,٤٪ في دواجن المزرعة، ودجاج البلدي، والبط والإوز والدجاج الرومي على التوالي. في البشر، كان معدل عزل الايشيريشيا كولاي ٤٢٪ في عينات البول و٦٦٪ في عينات البراز. كانت عزلات STEC البشرية أعلى في عينات البراز (٢٦٪) منها في عينات البول (٦٪). كانت معدلات عزل الايشيريشيا كولاي أعلى بشكل ملحوظ في الأشخاص الذين كانوا على اتصال مع الدواجن مقارنة بالأشخاص الذين لم يكونوا على اتصال مع الدواجن. (p 0.01) والخلاصة انه تشير معدلات العزل العالية لـ STEC من محتوى الأمعاء في الدواجن ومن البول والبراز في الإنسان وكذلك التواجد العالي نسبيا لجينات الضراوة (جينات It و St و eaeA و Stx1 و Stx2) التي من المحتمل تسبب التهابات وتسمم غذائي في محافظه الإسماعيلية، لذلك ينبغي النظر لميكروب للايشيريشيا كولاي على أنها احد الأسباب الهامة للإصابات في الإنسان عن طريق تلوث الغذاء.