

## Topical Medication of Wound May Mislead the Medico-Legal Judgment

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### Abstract

Wound is a great issue that is very important in forensic medicine reports with its great medico-legal importance through inspecting wound characters and estimating its incidence time. In this study, twenty-seven male albino rats (200-220 gm) were randomly divided into three groups (n = 9) to study the effects of topical wound dressing on wound healing. Group I (positive control group): wound surface was treated with saline while, groups II and III were treated daily with a thin film of panthenol gel and helarium cream, respectively. Pieces of skin containing the wound area were taken after 1, 7 and 14 days to estimate the wound healing process. Wound area was examined macroscopically and microscopically using transmission electron microscope. The obtained results revealed that both panthenol and helarium enhanced wound healing process compared with control group; there was significant wound area shrinkage after 7 days of panthenol treatment. We conclude that wound healing may be accelerated by using some medications which consequently, leads to inaccurate forensic judgment concerning wound age.

**Keywords:** Forensic, Wound healing, Losing wound, Transmission electron microscope, Panthenol, Helarium.

### Introduction:

Skin is the body's most extensive organ that protects the body against numerous harmful agents (*Cohen et al., 2005*). The integrity of the skin plays an important role in maintaining physiological

homeostasis of the body (*Morton and Phillips, 2016*).

Wound is of a great issue that is very important in forensic medicine with its great medico-legal importance through understanding wound characters, estimating its age

and differentiation between ante-mortem and post-mortem wounds (*Ohshima, 2000 and Abbas et al., 2019*).

The pathophysiology of the wound healing is a main point in the forensic investigation as it focuses on estimating wound vitality and evaluating the wound age (*Grellner and Madea, 2007 and Na Li et al., 2018*).

The stages of wound healing involve homeostasis and inflammation, proliferation, differentiation and reformation. Macrophages regulate the cell proliferation, matrix formation, and angiogenesis by releasing mediators. Proliferation step remains about 12-14 days. During this step, tissue integrity is restored and established. Fibroblasts and endothelial cells are the last cell population which is infiltrated into the site of healing wound (*Cohen et al., 2005*).

Naturally originated complex mixtures have countless beneficial effects on wound healing and contain different chemicals that have antioxidant, anti-inflammatory and cell synthesis-modulating properties (*Eshghi et al., 2010*).

Panthenol is the alcohol analogue derivative of pantothenic acid, the pro-vitamin of the B-complex group that is an essential constituent of skin and hair. When applied topically, panthenol is transformed into pantothenic acid, a constituent of coenzyme A and holo-fatty acid synthase that is important element

to normal epithelial function and has anti-inflammatory and antioxidant activities (*Gehring and Gloor, 2002, Wan Li-Mei et al., 2016 and Abbas et al., 2019*).

Panthenol has anti-inflammatory properties and usually used in topical formulations to improve and maintain good skin conditions, treatment of skin disorders and enhances healing process. Topical use of panthenol increases fibroblast proliferation and accelerated re-epithelialization in wound healing (*Biro et al., 2003*).

Helarium cream® is composed of honey, propolis, zinc oxide and chamomile. Propolis was used as a traditional medication from 300 BC because of its antibacterial, anti-inflammatory, antiseptic and antioxidant properties (*Toreti et al., 2013, Sforcin, 2016, Sforcin et al., 2017 Sung et al., 2017 and Veiga et al., 2017*).

Researchers proved the healing activities of propolis on tissue repairing and regeneration of injury; these are owing to its immunomodulatory, anti-inflammatory and antimicrobial characters as well as it accelerates formation of collagen fibers (*Parolia et al., 2010, Kuropatnicki et al., 2013, Martinotti and Ranzato, 2015 and Sforcin, 2016*).

Chamomile is one of the oldest medicinal plants that widely used in various healing applications (*Astin et al., 2000*). Chamomile has been used for many decades in healing purposes as anti-inflammatory and

antioxidant agent. It also, used to treat wounds, ulcers, eczema, skin irritations, bruises, burns, rheumatic pain, hemorrhoids, mastitis and other illnesses (*Awang –Dennis et al., 2006*).

Topical application of chamomile enhances wound healing by faster epithelialization and increased rate of wound contraction (*Nayak et al., 2007*).

Zinc is an essential trace element that plays significant roles in immune function and wound healing (*Roohani et al., 2013*).

Zinc-dependent proteins are necessary within cells for antioxidant defense (*Pawlaket al., 2012*).

Honey has been used as a wound dressing for centuries for its efficacy in healing process; it stimulates the immune response leading to enhancement of tissue growth for wound repair and suppresses inflammation (*Molan and Rhodes, 2015*). Honey is syrup of plants nectars that is rich in carbohydrates. Honey has been traditionally used in dressing burns, infected and non-healing wounds and ulcers (*Zumla and Lulat, 1989, Wijesinghe et al., 2009 and Jull et al., 2013*). Many researches indicated that the healing effect of honey is due to antibacterial, antiviral, anti-inflammatory and antioxidant abilities of its components (*Yaghoobi et al., 2013*).

These products are cheap, available and commonly used consequently,

the majority of wounds those would be examined nowadays will be treated or at least with attempts of treatment.

Estimating wound age is a critical issue in forensic medicine. Wound healing may be accelerated by using topical medications and this leads to improper forensic decision concerning wound age. Therefore, the aim of this study was to estimate the effects of topical preparations (panthenol and helarium) on wound healing process of loose wound model in rats.

## Materials and Methods:

### Drugs:

Helarium cream® (honey, propolis, zinc oxide and chamomile), Bionorica company and panthenol gel® (D. panthenol 5%), Merckle company were purchased from local pharmacy.

### Experimental animals:

Twenty-seven male albino rats (average body weight 200-220g) were purchased from the animal breeding unite, Faculty of veterinary medicine, Suez Canal University, Ismailia. Rats were kept in stainless steel cages under proper environmental conditions of temperature 25-28°C with 12-hr light/dark cycle and leave to acclimatize for one week. Skin and hair of the animals were examined and all had normal skin and hair. Animals were fed a commercial rodent diet and received water *ad libitum*. Before surgical interventions, rats were anesthetized

by intra-peritoneal ketamine / xylazine anesthesia (50 mg/kg body weight ketamine and 6 mg/kg body weight xylazine) (Hall et al., 2001) and the skin was shaved.

#### **Wound model:**

Full thickness skin wounds (losing wound) were surgically created (0 day) on the back of rats under aseptic conditions by 5mm biopsy punch (Figure 1).

#### **Experimental design:**

Animals were randomly divided into three groups (n = 9) as follow:

- Group I (positive control group): wound surface was treated with saline.
- Group II (panthenol group): panthenol was topically applied daily as a thin film for 14 days.
- Group III (helarium group): helarium was topically applied daily as a thin film for 14 days.

After proper anesthesia, pieces of skin containing the wound area were taken after 1, 7 and 14 days to estimate the wound healing activities.

#### **Estimating wound dimensions:**

The wound area and contraction percentage were photographed and scaled according to the technique described by Langemo et al., (2008) and Chang et al., (2011).

#### **Transmission electron microscope examination:**

Four blocks 1x2 mm were taken from each sample and fixed for 24 – 48 h in 5% cold glutaraldehyd immediately after dissection. The specimens were then washed in cacodylate buffer (pH 7.2) 3 – 4 times for 20 minutes every time and post fixed in 1 % osmium tetroxide for 2 hours, after that washed in the same buffer four times. Dehydration by ascending grades of alcohol (30 – 50 – 70 – 90 and 100% 2 hours) of each block were done and embedded in epon-araldite mixture according to the protocol of electron microscope unit, Assiut University (Bozzola and Russell, 1991). From the embedded blocks semi-thin sections by LKB ultra-microtom in thickness of 0.5 – 1 micron were prepared for orientation of the tissue and photographed by sc30 Olympus camera and then ultrathin sections in thickness of 500 – 700 Å were made using leica AG ultra-microtome and contrasted in uranyl acetate and lead citrate then examined by JEM 100 CXII electron microscope at 80 KV and photographed by CCD digital camera Model XR- 41.

#### **Statistical analysis**

Wound area was compared between different groups using SPSS software (version 16; SPSS Inc., 2007, Chicago, Ill., USA). One-way ANOVA was done followed by post hook Fishers (*Steel and Torrie, 1981*).

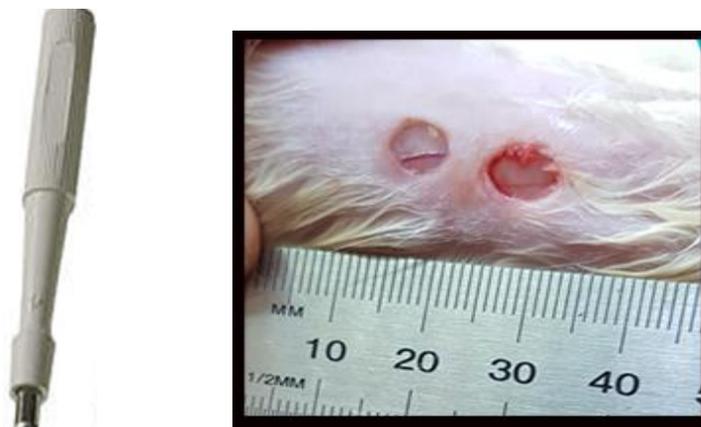


Figure (1): losing wound

### Results:

#### Macroscopic findings of wound healing

Tables (1&2) and figure (2) showed the macroscopic appearance and wound areas ( $\text{mm}^2$ ) after 1, 7 and 14 days of treatment in the three experimental groups.

At zero and one day of treatment, there were no significant differences between the three groups while, after 7 and 14 days panthenol produced significant decreases in wound area in comparison with helarium and control groups. Helarium application did not significantly decrease the wound area all over the experimental period compared with control.

#### Microscopical findings:

The healing progress of the losing wound after 7 & 14 days is showed in figures 3 & 4.

After one day of treatment, the light and electron micrographs showed slight differences between the three

groups. Light micrograph showed presence of coagulated structure less material on the surface covering the area of the wound and the epidermis and dermis appeared edematous and heavily infiltrated with neutrophile cells, coagulated plasma, RBC, s appears either in the wound gap or in the tissue edges of the wound (Toluidine blue stain). Electron micrograph showed blood vessels dilated filled with blood contain RBCs, neutrophils, and blood plasma also, edema and lysosomes were present in the dermis.

After 7 days, light micrograph examination of the control group showed partial healing of the epidermis by thin keratinized striated squamus epithelium formed by 3 to 5 cell layers. Electron micrograph showed regenerated epidermis formed by basal cell layer of cuboidal type having large vesicular nucleus and cytoplasm rich with cell organelles as well as

wide intercellular spaces. The stratum granulosum and stratum lucidum having variable size electron dense keratohyaline granules and thin laminated keratin layers.

In panthenol group, light micrograph of the wound site showed the epidermal epithelium proliferated and extend from the edges of the wound under the coagulated and reacted cellular infiltration and above the dermal connective tissue. Electron micrograph showed the regenerated epidermis formed by lamellated keratin layers and the cells of stratum lucidum contain electron dense hyaline granules. There was infiltration of the inflammatory cells mostly neutrophils between the epidermal cells, the basal cells of the epidermis appeared active having large vesicular indented nucleus containing large nucleolus and the cytoplasm rich with cellular organelles also the intercellular space dilated and edematous.

In helarium group, light micrograph showed presence of structure less deeply stained material above the regenerated epidermal epithelium with presence of inflammatory cellular infiltration and the basal cells of the epidermis proliferated with dilatation of the intercellular spaces. The blood vessels of the dermis were dilated and congested. Electron micrograph showed heavy inflammatory cell infiltration mostly neutrophils and macrophages containing variable size spherical electron dense

lysosomes and phagocytosed material in the epidermal area, the basal cells of the epidermis appeared elongated having vesicular nucleus and cytoplasm rich with cell organelles with dilatation of the intercellular spaces and presence of neutrophils in state of lysis also, there were fibrocytes and bundles of collagen fiber.

After 14 days, light micrograph examination of the control group wound area showed the skin formed by epidermis of striated squamous keratinized epithelium and dermis formed by collagenous connective tissue. The keratinized layer lamellated and cells of the stratum granulosum contain deeply stained granules. Electron micrograph showed the dermis formed by fibrocytes and bundles of collagen fibers and the basal cell layer of epidermis of cuboidal type having large vesicular nucleus and its chromatin clumped at the periphery. In the basal cell layer and stratum spinosum and stratum lucidum, the intercellular spaces and connections dilated. The stratum granulosum contains variable size electron dense hyaline granules and the keratinized layer was lamellated.

In panthenol group, light micrograph showed complete regeneration of both epidermal epithelial covering and the dermal connective tissue. Electron micrograph of the wound site showed epidermal cell layers of the skin, basal cells, stratum spinosum, stratum lucidum and dermal

connective tissue. There were homogenous electron dens hyaline granules in the stratum lucidium of the epidermis and lamellated stratum kornium. In the dermal connective tissue, fibrocytes and bundles of collagen fibers with presence of variable membranous variable size vacuoles contain light electron material in the cytoplasm of the fibroblastic cells.

In helarium group, light micrograph showed the epidermis at the two

edges of the wound and in between area of inflammatory cell reaction. Electron micrograph showed edema, presence of neutrophils, macrophages and bandulls of collagen fibers. Active basal cells of the epidermis having large vesicular nucleus and cytoplasm rich with cell organelles, there were edema and dilatation of the intercellular spaces of the epidermal cells.

**Table (1):** *Losing wound area (mm<sup>2</sup>) in control, panthenol and helarium groups during 14 days of treatment*

Groups	Wound area (mm <sup>2</sup> )				
	Days				
	0	1	7	14	
control	21.4±0.66 <sup>a</sup>	19.0±0.44 <sup>a</sup>	14.4±0.64 <sup>a</sup>	3.40±0.36 <sup>a</sup>	
Panthenol	21.2±0.59 <sup>a</sup>	18.4±0.28 <sup>a</sup>	12.3±0.49 <sup>b</sup>	1.80±0.31 <sup>b</sup>	
Helarium	21.2±0.61 <sup>a</sup>	19.1±0.27 <sup>a</sup>	14.7±0.69 <sup>a</sup>	3.43±0.52 <sup>a</sup>	

**Table (2):** *Losing wound contraction % for control, panthenol and helarium groups during 14 days of treatment*

Groups	Wound Contraction (%)				
	Days				
	0	1	7	14	
control	0	11	33	84	
Panthenol	0	14	42	92	
Helarium	0	10	31	84	

Wound contraction % = (area at first day-area at biopsy day) / (area on first day) × 100

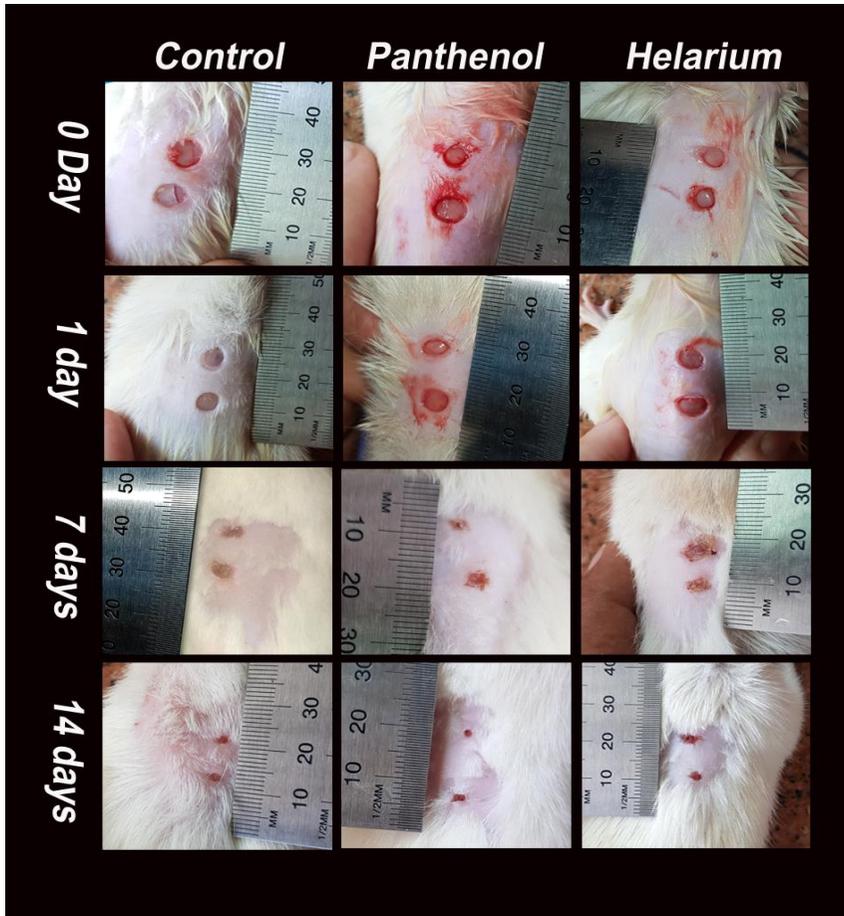


Fig. 2: showing macroscopic assessment of the healing process of the losing wound after 1, 7 and 14 days from wounding day (0 day). The figures compare the healing progression in normal (untreated) group and in panthenol and helarium topically treated groups.

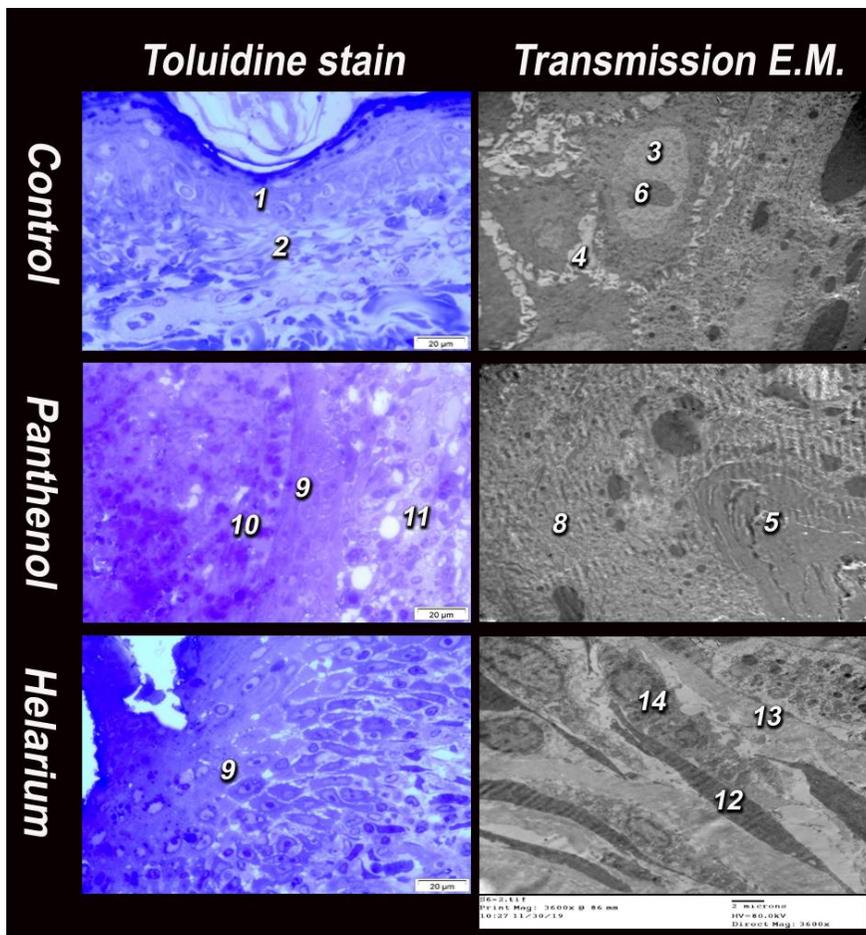


Fig. 3: Showing healing progress of the losing wound after 7 days from the topical application of either panthenol or helarium. Imaging was done using either light microscopy with toluidine blue stain (left side) or transmission electron microscope (right side).

Numbers point to: stratum squamosum epithelium (1) basal cell layer (2), large vesicular nucleus (3), wide intercellular spaces (4), thin laminated keratin layers (5), prominent nucleolus (6), dens keratohyaline (7), hyaline granules (8), regenerated epidermal epithelium (9) reacted cellular infiltration (10), dermal connective tissue (11), fibrocytes (12), bundells of collagen fibers (13), lysosomes and phagocytosed materials (14).

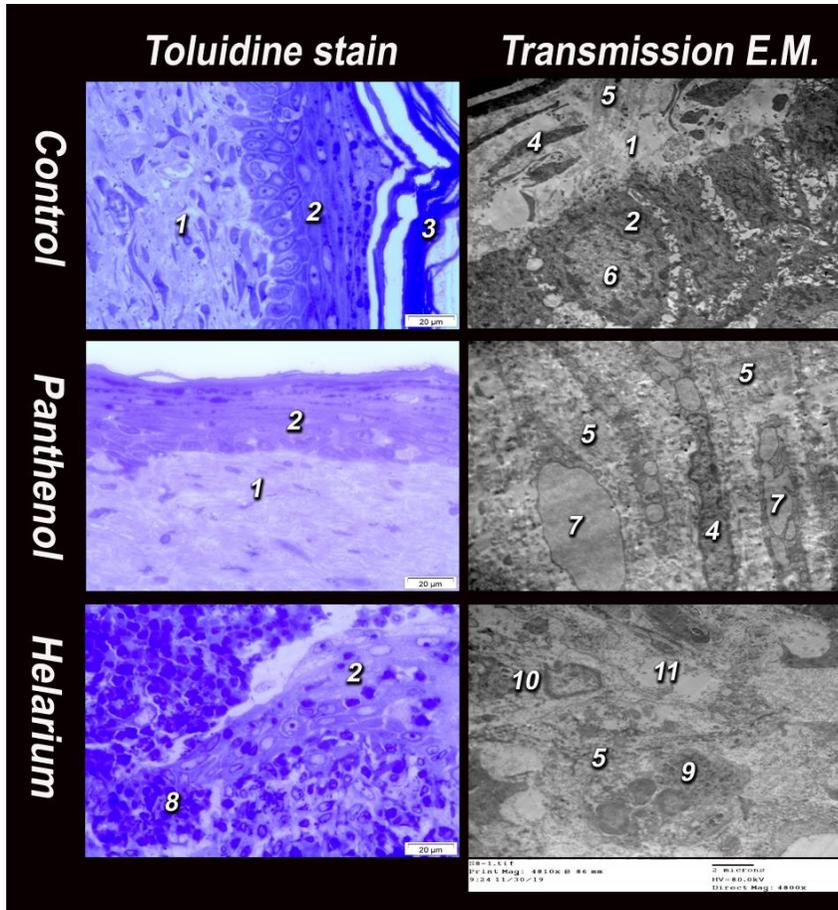


Fig.4: Screening of the healing progress of the losing wound after 14 days of the topical medications with either panthenol or helarium. Imaging was done using either light microscopy with toluidine blue stain (left side) or transmission electron microscope (right side).

Numbers point to: dermis (1), epidermis (2), keratinized layer (3), fibrocytes (4), collagen fibers (5), large vesicular nucleus (6) light electron material in the cytoplasm of the fibroblastic cells (7), cellular reaction (8), neutrophil cells (9), macrophages (10) and edema (11).

#### Discussion:

Skin is the largest and the most essential organ of the body as it plays a crucial role in maintaining body homeostasis. The wound healing process is a vital activity for the repair and regeneration of tissues and functions that have been

harmed or damaged (*Guo and Dipietro, 2010*).

Many previous experiments used natural products for treatment of wounds (*Muhammad and Muhammad, 2005*).

In the present study, the effects of helarium and panthenol on

excisional wound healing were evaluated. A significant healing was noticed with the individual application of helarium and panthenol but the effect of panthenol was more obvious than helarium. These findings may owe to anti-inflammatory and anti-proliferative effects of panthenol (*Kozlovsky et al., 2007*). In this study, we used a wound area calculation method that was described by *Hammad et al. (2011)*. In this method, digital pictures have been magnified by the computer to assign the wound boundaries and calculate the surface area using Image J software. This diminishes the effect of human error. According to our macroscopic results, the wound dimensions were significantly reduced over time with both treatments; panthenol effects were superior to helarium.

Wound healing is a complicated process that consists of four phases: homeostasis, inflammatory phase, a proliferation phase, and tissue remodeling phase (*Werner and Grose, 2003 and Guo and Dipietro, 2010*). In the phase of homeostasis started soon after wounding by vascular constriction and fibrin clot formation. The clot and wound tissue liberate pro-inflammatory cytokines and growth factors. Infiltration of platelets, neutrophils, macrophages, and lymphocytes in the wound area occurs in the inflammatory phase. Neutrophils are responsible for clearance of microbes and cellular

debris. Macrophages release cytokines that encourage the inflammatory response by activating other leukocytes. Macrophages are also responsible for removal of apoptotic cells (including neutrophils) then stimulates keratinocytes, fibroblasts, and angiogenesis to help tissue regeneration (*Meszaros et al., 2000; Mosser and Edwards, 2008*). T-lymphocytes migration to the wound is delayed following the inflammatory cells and macrophages. In the proliferative phase, the number of fibroblasts and endothelial cells increased and help in capillary growth, collagen formation, and the development of granulation tissue. In the final remodeling phase fibroblasts produce extracellular matrix and collagen. Wound contraction all over the wound-healing process is mediated by contractile fibroblasts (*Gosain and DiPietro, 2004; Campos et al., 2008; Guo and Dipietro, 2010 and Firat et al., 2014*).

The edges of loose wound are not in contact with each other, so contraction and epithelization steps are important for the restoration process. The obtained results showed that daily topical application of panthenol gel and helarium cream enhanced contraction and reduced the epithelization period of the experimental wound. Contraction of wound area occurs at the healthy skin surrounding the wound, a

process that is mediated by myofibroblasts while epithelialization includes the migration proliferation of epithelial cells to the wound area (Cotran *et al.*, 1994). Therefore, the effects of helarium and panthenol on the contraction and epithelialization of wounds suggest their possible promoting or enhancing effects of their component on the migration and proliferation of epithelial cells. Re-epithelialization is an essential step for final wound closure.

Panthenol and helarium were chosen in this study based on their anti-inflammatory, analgesic, antioxidant and wound-healing characters. Lasing wound model provides a controlled epithelial defect that is large enough to induce a full healing process. Two weeks were enough duration to show most of the expected changes.

Several studies proved that the topical application of panthenol enhance granulation, epithelial regeneration and promote wound healing (Heise *et al.*, 2012; Camargo *et al.*, 2011; Celebi *et al.*, 2013; Ermis *et al.*, 2013 and Proksch *et al.*, 2017).

Helarium is composed of active ingredients known with its healing activities (honey, propolis, zinc oxide and chamomile), many researchers reported their promoting or accelerating wound healing effects that evaluated by the granulation tissue thickness, epithelialization and the dimensions of the wound (Awang –Dennis *et*

*al.*, 2006, Nayak *et al.*, 2007; Bogdanov, 2009; Parolia *et al.*, 2010; Kuropatnicki *et al.*, 2013; Roohani *et al.*, 2013; Yaghoobi *et al.*, 2013; Martinotti and Ranzato, 2015; Molan and Rhodes, 2015 and Sforcin, 2016).

Using the microscopic examination (with transmission electron microscope) in this work demonstrated that panthenol and helarium groups showed regenerated epidermal epithelium with infiltration of inflammatory cells mainly neutrophils and macrophages in addition to dermal connective tissue with bundles of collagen fibers. In panthenol group, light micrograph of the site of the wound showed complete regeneration of both epidermal epithelial covering and the dermal connective tissue while, transmission electron micrograph of the regenerated epidermis showed presence of the homogenous electron dens hyaline granules in the stratum lucidum of the epidermis and lamellated stratum kornium after 14 days of treatment. These results came in agreement with (Enbar *et al.*, 2002, Nayak *et al.*, 2007, Parolia *et al.*, 2010, Kuropatnicki *et al.*, 2013, Abu-Seida, 2015, Proksch *et al.*, 2017 and Abbas *et al.*, 2019).

Macroscopically, one remedy (panthenol) significantly enhanced healing process while the other (helarium) was nearly parallel to control. Based on that, apparent judgment of wound age might not

be trusted enough so, microscopic examinations (light and electron) were our alternatives to find some ultra-structure features (fibroblast, macrophage and neutrophil infiltration as well as hyaline and collagen formation) that could be strongly used as milestone for estimation of wound age especially in treated wounds.

### Conclusion:

From the obtained results in this study we can conclude that the promoting wound healing effects of panthenol and helarium were almost parallel but there was rapid shrinkage of wound area revealed in rats treated with panthenol compared with control and helarium. Results suggest that the wound healing could be accelerated by using these medications which consequently leads to inaccurate forensic judgment concerning wound age.

### Ethical Statement:

This study was conducted in accordance with the guiding principles of the Scientific Ethical Committee, Faculty of Veterinary Medicine, Suez Canal University.

### Conflict of Interests:

Authors stated that they have no financial, professional or personal conflict of interests.

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### الملخص العربي

#### العلاج الموضعي للجروح ربما يضلل التقدير الطبي الشرعي

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تمثل الجروح مشكلة كبيرة ومهمة جداً في تقارير الطب الشرعي وتأتي أهميتها الطبية الشرعية الكبيرة من خلال فحص خصائص الجروح وتقدير وقت حدوثها. في هذه الدراسة ، تم تقسيم سبعة وعشرون من ذكور الجرذان البيضاء (٢٠٠-٢٢٠ جم) بشكل عشوائي إلى ثلاث مجموعات (ن = ٩) لدراسة آثار التضميد الموضعي للجروح على التئامها. المجموعة الأولى (المجموعة الضابطة الإيجابية): تمت معالجة سطح الجرح بالمحلول الملحي ، بينما تم علاج المجموعتين الثانية والثالثة يومياً باستخدام طبقة رقيقة من البانثينول جل و هيلاريوم كريم ، على التوالي. تم أخذ قطعة من الجلد تحتوي على منطقة الجرح بعد ١ و ٧ و ١٤ يوماً من العلاج لتقدير التئام الجروح. تم فحص منطقة الجرح ظاهرياً ثم بواسطة المجهر الإلكتروني. كشفت النتائج التي تم الحصول عليها أن كلا من البانثينول والهيلاريوم يعزز عملية التئام الجروح مقارنة بالمجموعة الضابطة ؛ كان هناك انكماش كبير في منطقة الجرح بعد ٧ أيام من العلاج بالبانثينول. نستنتج من الدراسة أن استخدام بعض الأدوية والمستحضرات يسرع بالتئام الجروح مما يؤدي إلى تقدير غير دقيق لعمر الجرح من الناحية الطبية الشرعية.