## **Review Article**

# Small Molecule Inhibitors and Inflammatory Skin Diseases

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### Abstract

Inflammatory skin diseases (ISDs) are originally a consequence of many processes of protective and regenerative skin responses against infections and dangers. A characteristic feature of each ISD is the production of disease-relevant cytokines by local immune and epithelial cells. The JAK-STAT pathway is necessary for a wide range of cytokines and growth factors, leading to critical cellular events. Cytokines that signal through type I/II cytokine receptors typically activate at least one JAK family member and one or more STAT proteins. Many of immunological disorders have been happened through different cytokine receptors throughout the JAK-STAT pathway, particularly T cell mediated diseases. Thus, targeting of this pathway has gained huge attraction. New drugs were introduced to inhibit JAK and STAT molecules. Although only few JAK inhibitors (JAKinib) are FDA approved, other JAKinibs and possible STAT inhibitors are being developed by passing preclinical evaluations and clinical trials. For example, the oral JAK1/JAK2 inhibitors ruxolitinib and baricitinib both seem to induce hair-regrowth in patients with Alopecia areata. The tofacitinib, (JAK1/JAK3 inhibitor) showed an improvement of >75% of the psoriasis area. the first generation which targeting multiple JAK/STAT-associated cytokines at the same time as the second generation which targeting the signaling pathway itself is an alternative approach to neutralizing single cytokines by antibodies.

Keywords: inhibitor, JAKi, STAT

### Introduction

Inflammatory skin diseases are originally a consequence of many processes of protective and regenerative skin responses against infections and dangers. The dermatitis is occurred due to hereditary or acquired disorder in a specific layer of the host defense system when the causative infections and dangers are ruled out<sup>(1)</sup>. Many cytokines present during skin inflammation, such as IL-4, IL-22, IL-23, and IFNs, signal through type I/II cytokine receptors.

These receptors lack intrinsic kinase activity and base on a family of associated cytoplasmic protein kinases upon stimulation to signal within the cell<sup>(2)</sup>. The Janus kinasesignal transducer and activator of transcription (JAK-STAT) pathway plays a most important role in transferring of signals from cell-membrane receptors to the nucleus<sup>(3)</sup>. JAK-STAT pathway is necessary for many cytokines and growth factors, leading to critical cellular events, i.e. hematopoiesis, lactation and development of the immune system and mammary glands<sup>(4)</sup>.

#### JAK-STAT Pathway

STATs were firstly found in 1988 as proteins that combine with interferon (IFN)stimulated response elements of DNA seguences in order to stimulate the transcription of type I IFNs. Then, JAKs were discovered in 1992 by three separate labs and the JAK-STAT pathway was coined. The name of the JAK comes from a Roman two-faced god that implies two domains, including a catalytic domain and a kinase-like domain. Type I- and II receptors are associated with JAKs<sup>(5)</sup>. The binding of ligand (cytokine) to its receptor results in receptor dimerization and subsequently, JAKs are activated following close proximity. These activated JAKs initiate trans-phosphorylation on specific tyrosine residues, generating docking sites for recruitment of latent cytoplasmic transcription factors<sup>(6)</sup>. Human JAK family

consists of four JAKs: JAK1, JAK2, JAK3 and TYK2. Each JAK member comprises numerous different domains as follows: N-terminal FERM domain which is responsible for protein-protein interactions, as adaptor and scaffolding interactions with membrane associated proteins<sup>(7, 8)</sup> (Fig. 1). The SH2 (Src homology 2) domain is a motif containing approximately 100 residues that binds to phosphotyrosine residues and lead to the activation and dimerization of STATs<sup>(9)</sup>. Central pseudokinase domain is homology to Protein Tyrosine Kinases (PTK) domain, lacks of catalytic function and appears to have a regulatory role<sup>(10)</sup>. PTK domain is located at the C-terminus and is responsible for phosphorylation of specific tyrosine residues positioned on special downstream substrates<sup>(11)</sup>. The human STAT family contains seven STATs: STAT1, 2, 3, 4, 5A, 5B and 6.

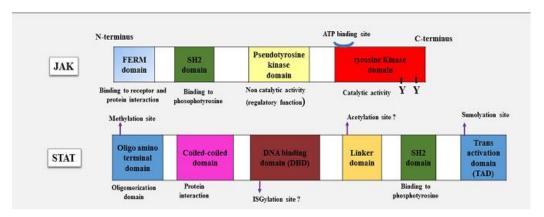
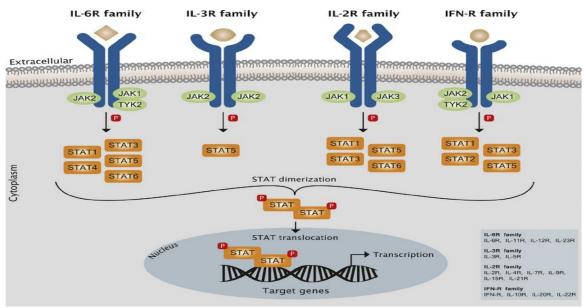


Figure 1: The structure of the JAK-STAT domains and its functions <sup>(8)</sup>

Unique N terminus region involves in STAT regulation, coiled-coil domain, which is involved in protein-protein interactions and nuclear export. The DNA-binding domain contains a S type immunoglobulin fold. It facilitates sequence-specific binding. C-terminus region is also called Trans-Activation Domain (TAD) and contains a highly conserved tyrosine residue. JAKs are activated upon cytokine attachment and intracellular region of the receptor is phosphorylated as a docking site for STATs to be recruited and phosphorylated<sup>(12)</sup> (Figure 1). STATs start hetero- or homo-dimerization through SH2 domains. STATs were Phosphorylated and translocated to the nucleus in import in  $\alpha$ -5 dependent manner. Then, dimerized STATs attach to specific DNA sequences to regulate transcription of their own target genes<sup>(6)</sup> (Figure 2).



**Figure 2:** The JAK/STAT signaling pathway. Cytokines exert their biologic effects through binding to specific receptors on the cell surface<sup>(6)</sup>

#### Inhibitors of the JAK-STAT pathway

Suppressors of Cytokine Signaling (SOCSs): SOCS protein family are consisted of eight members, including SOCS1, SOCS2, SOCS3, SOCS4, SOCS5, SOCS6, SOCS7 and cytokine-inducible SH2 domain protein (CIS or CISH)<sup>(13)</sup>. There was found that they play an essential role in immune regulation<sup>(14)</sup>. Each SOCS proteins contain an approximately 40 amino acid boxes, called SOCS box, and a central SH2 domain. SH2 domain directly binds to phosphorylated tyrosines of activated JAKs; therefore, both recruitment of signal transducer adaptors such as STATs and kinase activity of JAKs is blocked. Also, SH2 determines the target of degradation. SOCS proteins preferentially regulate the termination of JAK-STAT signaling process<sup>(15)</sup>.

Protein Inhibitors of Activated STAT (PIASs): The mammalian PIAS protein family contains 4 members, including PIAS1 (Gu binding Protein), PIAS2 (PIASx),PIAS3, and PIAS4 (PIASy)<sup>(16)</sup>. The PIAS proteins combined to dimers of activated STATs (not monomer STAT) and prohibit them from attached to specific sequences in DNA<sup>(6)</sup>. Upon cytokine signaling, PIAS1, PIAS3, PI-ASX and PIASy interact with STAT1, STAT3, STAT4 and STAT1, respectively. PIAS1 and PIAS3 inhibit the DNA binding capability of STAT1 and STAT3, respectively while PIASX and PIASY slow down STAT4- and STAT1dependent gene transcription while they do not modify the DNA binding capability of STAT4 and STAT1<sup>(17)</sup>.

Protein tyrosine phosphatases (PTPs): PTPs are the third protein groups which negatively regulate the JAK-STAT pathway functions. They are dephosphorylate tyrosine residues included in signaling pathways, then reverse JAK-STAT activity. PTPs are CD45, SHP1and SHP2<sup>(18)</sup>.

### Therapeutic targets of JAK/STAT pathway

Many of immunological disorders have been happened through different cytokine receptors throughout the JAK-STAT pathway, particularly T cell mediated diseases. Thus, targeting of this pathway has gained huge attraction<sup>(19)</sup>. New drugs were introduced to inhibit JAK and STAT molecules. Although only few JAK inhibitors (JAKinib) are FDA approved, other JAKinibs and possible STAT inhibitors are being developed by passing preclinical evaluations and clinical trials<sup>(20)</sup>, (Table 1). Ruxolitinib is the first FDA-approved JAK inhibitor (JAKi), which is a JAK1/2 inhibitor, was developed for the treatment of myeloproliferative disorders associated with JAK2<sup>(21)</sup>. The 2nd drug, tofacitinib, which is a JAK1/3 inhibitor, was developed for the treatment of patients with rheumatoid arthritis<sup>(22)</sup>. Both are under investigation (Table 2). A recent immunohistochemical study demonstrated a prominent expression of activated JAK and STAT members in ISD including PSO, AD and  $LE^{(23)}$ .

Drug	Targt	Disease	Status
Ruxolitinib (INC424)	JAK1, JAK2	Polycythemia, Psoriasis (topical), myelofibrosis,	FDA approved
		Various cancers,	
Tofacitinib	JAK3 > JAK1>	RA, Psoriasis, Spondyloarthropathy, Transplant re-	FDA approved
	> (JAK2)	jection, ulcerative colitis	
Oclacitinib	JAK1	Canine allergic dermatitis	FDA approved
Baricitinib	JAK1, JAK2	RA Psoriasis, diabetic nephropathy, SLE, Atopic	Phase III Phase II
		dermatitis	
Momelitinib	JAK1, JAK2	Myelofibrosis	Phase III
Peficitinib	JAK1, JAK3	RA Psoriasis	Phase III Phase II
INCB039110	JAK1, JAK2	Psoriasis, RA	Phase II
AZD1480	JAK1, JAK2	Myeloproliferative diseases, various cancers	Phase I
ISIS-STAT3Rx (AZD9150)	STAT3	Various cancers	Phase II
OPB-31121	STAT3	Various cancers	Phase I

Table 1: a number o	Jak inhibitors and	STAT inhibitors (8)
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Table 2: JAK/STAT inhibitors in clinical development for inflammatory skin diseases<sup>(24)</sup>

ISD	Inhibitor	Target	Drug administration	Stage of development
AA	PF-06700841	TYK2/	Oral	Phase 2
	PF-06651600	JAK3	Oral	Phase 2
	Ruxolitinib	JAK1/JAK2	Topical formulation	Phase 2
	Tofacitinib	JAK1/JAK3	Topical formulation	Phase 2
	Tofacitinib	JAK1/JAK3	Oral	Phase 2
AD	ABT-494	JAK1	Oral	Phase 2
	Baricitinib	JAK1/JAK2	Oral	Phase 2
	PF-04965842	JAK1	Oral	Phase 2
	Tofacitinib	JAK1/JAK3	Topical formulation	Phase 2
GvHD	Baricitinib	JAK1/JAK2	Oral	Phase 2
	Ruxolitinib	Ruxolitinib	Oral	Phase 3
LE	Baricitinib	JAK1/JAK2	Oral	Phase 2
	Tofacitinib	JAK1/JAK3	Oral	Phase 1
	GSK2586184	JAK1	Oral	Phase 1
PSO	Baricitinib	JAK1/JAK2	Oral	Phase 2
	GSK2586184	JAK1	Oral	Phase 2
	PF-04965842	JAK1	Oral	Phase 2
	PF-06263276	Pan-JAK	Topical formulation	Phase 1
	Ruxolitinib	JAK1/JAK2	Topical formulation	Phase 2
	STA-21	STAT3	Topical formulation	Phase 2
	Tofacitinib	JAK1/JAK3	Oral	Phase 3
SJS	Tofacitinib	JAK1/JAK3	Eye drops	Phase 2
	Tofacitinib	JAK1/JAK3	Ophthalmic emulsion	Phase 2

AA: alopecia areata; AD: atopic dermatitis; GvHD: graft-versus-host disease; LE: lupus erythematous; PSO: psoriasis; SJS: Sjogren's syndrome. www.clinicaltrials.gov

#### Alopecia areata

Alopecia areata (AA) is an ISD characterized by sudden onset of hair loss in circular areas of the scalp or body. Patients usually have a family history of atopy, AA, or other autoimmune disorders<sup>(25)</sup>. At the cellular level, the hair follicles appear to lose their immune-privileged status and are attacked by both autoreactive CD8+ T cells and NK T cells (Figure. 3A). CD8+NKG2D+ T cells activity and their IFNy secretion are enhanced by IL-2 and IL-15 signaling. While these type I/II receptor dependent cytokines are so important in AA, interfering with the JAK/STAT pathway may be of therapeutic benefit. in addition, AA hair follicles of patients and experimental mice both show phosphorylation of STAT proteins including both STAT1 and STAT3. These lead to inhibition of the signaling proteins of IFN-y (STAT1), IL-2 (STAT5) and IL-15 (STAT5)<sup>(26)</sup>. An important and effective way to attenuate AA by simultaneous downstream of IFN-y, IL-2 and IL-15 signaling is the utilize of a JAKi that The acts upstream of STATs. oral JAK1/JAK2 inhibitors ruxolitinib and baricitinib both seem to induce hair-regrowth in patients with AA<sup>(27)</sup>. Similarly, oral tofacitinib may induce hair-regrowth in a AA patients in retrospective studies (28,29). Now, the two JAKi, tofacitinib and ruxolitinib, are in phase 2 trials for topical treatment of AA. Besides tofacitinib, two other compounds - PF-06700841 and PF-06651600 - are under investigation as systemic drugs for AA in phase 2 trials (Table  $2)^{(24, 30, 31)}$ .

#### **Atopic dermatitis**

Atopic dermatitis (AD) is a chronic inflammatory skin disease. It is characterized by pruritus and eczematous lesions. The interaction of skin DCs with irritants with pathogens and allergens were occurred due to the impaired epidermal barrier. The cytokine in AD is dominated by the Th2 cytokines IL-4, IL-13 and IL-33, which down regulate Th17/IL-23 responses, and the creation of antimicrobial peptides. The Th2 response favors an inflammation relating with type 2 ILCs, eosinophils, mast cells and itch-promoting cytokines like IL-31<sup>(32)</sup> (Fig. 3B). Since dupilumab will be the first biologic to be approved for atopic dermatitis, anti-cytokine treatments targeting IL-22 or IL-31 are in early developmental phase 1/2 studies<sup>(33)</sup>. The significance role of multiple type I/II cytokine receptor-using mediators, as IL-4, IL-13, IL-22, IL-31 and IFN-y, in AD pathogenesis suggest that interfering with the JAK/STAT pathway could be a more potent therapeutic approach than neutralization of a single cytokine<sup>(34)</sup>. Currently, many JAKi are under investigation for the treatment of human AD (Table 2). For example, the oral JAK1/JAK2 inhibitor baricitinib and the JAK1 inhibitors ABT-494 and PF-04965842 are all in phase 2 studies (www.clinicaltrials.gov). Topical JAKi are also in development for the treatment of AD<sup>(24, 35)</sup>. In AD, a 2% tofacitinib ointment has showed a major enhancement of the EASI of >80% compared to 30% improvement in the vehicle group<sup>(36)</sup>. This enhancement was related with a decrease in pruritus.

### Psoriasis

Psoriasis is a chronic ISD with hereditary character that can be aggravated by endogenous or exogenous triggering factors<sup>(37)</sup>. These genetic factors were studied and reported a group of genes encoding cytokine and cytokine receptors: IL23A, IL12B, IL23R, IL4/IL13, together with their downstream signaling molecules: TYK2 and STAT3. The pathophysiology process of psoriasis is occurred mainly by an IL-17A+ Th17 immune response. Several cytokines that are very much expressed in psoriatic skin lesions signal through the JAK/STAT pathway, including IL-19, IL-20, IL-22 and IL-23 (Figure 3C)(38). There was reported an active STAT<sub>3</sub> is typically present both in psoriatic immune cells and in psoriatic keratinocytes produce epidermal hyperplasia. IL-23 is mostly produced by DCs and stimulation of the IL-23R in T cells leads to recruitment of JAK2/TYK2 and downstream to the activation of STAT3. STAT3 is significant for regulating the expression of IL-23R and for the expression of IL-17A, IL-17F and IL-22 in T cells<sup>(39)</sup>. The tofacitinib,

JAKi, slow down IL-23R up-regulation in T cells which has been stimulated with IL-6 and IL-23. Furthermore, tofacitinib slow down the development of IL-23-dependent Th17 cells and the expression of IL-17A, IL-17F, IL-21 and IL-22. This inhibitory activity is of significance, since IL-23-dependent Th17 cells play a crucial role in autoimmune diseases. In humans, biologics that neutralize IL-17A or IL-23 have been shown to be highly effective in the treatment of psoriasis<sup>(40)</sup>. Recently, multiple JAKi are tested for the topical or systemic treatment of psoriasis (Table 2). The tofacitinib, (JAK1/ JAK3 inhibitor) showed an improvement of >75% of the psoriasis area and severity index (PASI-75) in 40-64% of patients at week 12 of treatment in a phase 3 trial (41). The JAK1/JAK2 inhibitor baricitinib achieved a PASI-75 response in 43-54% of patients at week 12 in a phase 2 trial. Other oral JAK inhibitors, like the JAK1 inhibitors GSK-2586184 or PF-04965842, are in early phase 2 development for psoriasis. Two JAK inhibitors, the JAK1/JAK2 inhibitor ruxolitinib and the pan-JAK inhibitor PF-06263276 were developed as topical formulation for psoriasis and are currently tested in phase 2 and phase 1, respectively (Table 2)<sup>(24)</sup>.

#### Lupus Erythematosus

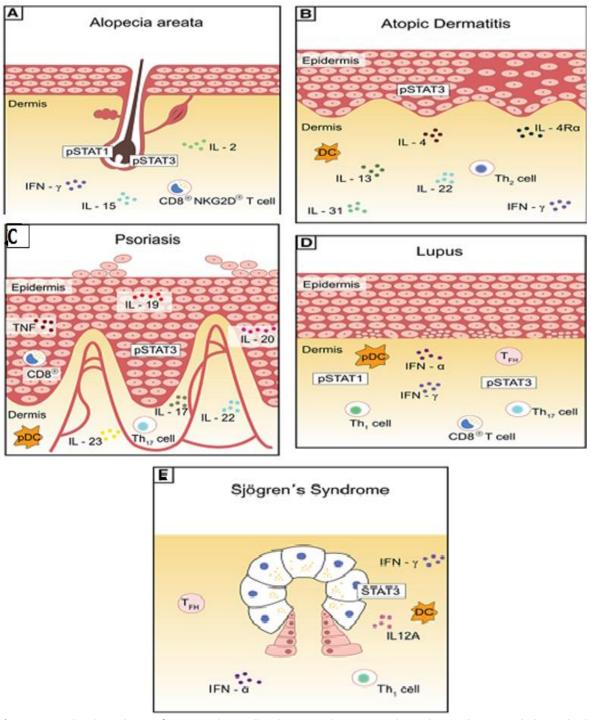
Lupus erythematous (LE) is an inflammatory autoimmune disease, characterized by red discoid or anular skin lesions, circulating autoantibodies and, in patients with systemic disease, deposition of immune complexes in various tissues<sup>(42)</sup>. LE Patients have showed diverse sensitivities to IFN signaling due to mutation or genetic STAT4 variants in the STAT4 gene locus. Also, STAT3 signaling is significant in LE pathogenesis as LE demonstrate impaired T follicular helper (TFH) cell responses, germinal center B cells, autoantibody production and nephritis (Fig. 3D). IL-12-induced STAT4 activation and IL-6-induced STAT3 activation both require JAK2 signaling<sup>(43)</sup>. The tofacitinib (JAK1/JAK3 inhibitor) and JAK2 inhibitor CEP-33779 could be reduced autoantibody levels and improve lupus nephritis<sup>(44)</sup>. Furthermore, tofacitinib also can improve lupus-like skin inflammation. Three oral JAKi are now under evaluation for the treatment of patients with systemic LE: baricitinib, tofacitinib and the JAK1 inhibitor GSK2586184 (Table 2)<sup>(24)</sup>.

#### Sjogren's syndrome

Sjogren's syndrome (SJS), dry eye syndrome, is a chronic inflammation in exocrine glands resulting in growing dryness of mucous membranes. One member of the nuclear IkB family of proteins, IκB-ζ has a central role in the pathogenesis of SJS. The experimental mice with deletion of IκB-ζ or its transcriptional regulator STAT3 in epithelial tissues, i.e. the lacrimal glands develop SJS-like autoimmune disease. STAT3 and IκB-ζ have several roles in epithelial cells than in lymphoid cells (Fig. 3E). While the deletion of these factors in epithelial cells of the lacrimal glands induces SJS-like disease, STAT<sub>3</sub> and IκB-ζ expression in T cells is important for Th17 cell development. Yet, the inhibition of the JAK/STAT pathway seems to be beneficial in patients with SJS<sup>(45)</sup>. The tofacitinib, JAKi, that has been tested in phase 2 randomized controlled trials of dry eye disease with ophthalmic emulsions or eye drops (Table 2)<sup>(24)</sup>. JAK1/3 inhibition improved signs and symptoms of dry eye, decreased HLA-DR conjunctival cell surface expression and also the expression levels of inflammatory cytokines in the tears of SJS patients<sup>(46, 47)</sup>.

#### **Future Directions**

Currently, there are many clinical trials on STAT inhibitors for ISDs and they are in early development while JAK inhibitor programs are already in advanced stages of clinical development<sup>(48)</sup>. Several strategies were done to select one inhibitor.



**Figure 3:** pathophysiology of ISDs with T-cell subsets and associated cytokines that signal through the JAK/STAT pathway. (A) The hair follicles in AA are under attack by a cytotoxic NK T cell response enhanced by the cytokines IL-2, IL-15 and IFN-γ. (B) AD is initiated by an IL-4+ and IL-13+ Th2 response, but also other cytokines such as IL-22, IL-31 and IFN-γ are concerned in the chronic disease phase. (C) PSO is a Th17 disease with high appearance of IL-17, TNF and Th17-associated cytokines like IL-19, IL-22 and IL-23. (D) Th1, Th17 and TFH cells are the main T cell subsets in the pathogenesis of LE with a high up IFN signature. (E) In SJS the inflammation of exocrine glands is mediated by an IFN-dominated Th1/TFH immune response with STAT3 having different roles in epithelial and immune cells. DC: dendritic cell; pDC: plasmacytoid dendritic cells producing type I IFN; Th: T helper cell; TFH: follicular T helper cell<sup>(24)</sup>.

They tried to inhibit STAT<sub>3</sub> only and to a lesser extent STAT5. These have integrated anti-sense, small molecule inhibitors and decoy oligonucleotides. The mainly capable of these compounds is the STAT3 inhibitor STA-21. This molecule could inhibit STAT3 DNA binding activity and STAT3 di-

merization without affecting STAT3 phosphorylation<sup>(49)</sup>. Furthermore, JAKi has high risk of infection and malignancies because JAKi inhibits multiple JAKs in the first generation. Thus, the need for a highly selective JAKi is an important issue<sup>(50)</sup>. Currently, the selective JAKi that targets individual JAKs is in development in the second generation JAKi<sup>(51)</sup>. Further future clinical trials will be done to show the comparable efficacy of the first generation JAKi and the second generation JAKi, and which have more acceptable toxicities. In ISDs, JAKi could enhance the treatment modalities. The mainly treatment advantage with JAKi is their topical administration to replace topical glucocorticosteroid as they have many cutaneous side effects. The pan-JAKi topical treatment is already in phase 1<sup>(24)</sup>.

# Conclusion

Currently, the small molecular inhibitors which Interfering with the JAK/STAT signaling cascade are used not only in the malignant disorders but also in the autoimmune disease. JAKi can enhance or inhibit many immunological processes as they interfere with innate immune responses, Thcell differentiation, B-cell activation and antibody production. Consequently, ISDs could be a perfect group of diseases to test such inhibitors, since the type I/II cytokine receptor-using cytokines are significantly drawn in ISDs.the first generation which targeting multiple JAK/STAT-associated cytokines at the same time as the second generation which targeting the signaling pathway itself is an alternative approach to neutralizing single cytokines by antibodies.

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