

## **POLYPHENOLS EXTRACTED FROM GRAPE SEEDS AND ITS EFFECTS AS ANTIOXIDANT AND ANTIMICROBIAL ON BEEF SAUSAGE**

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### **ABSTRACT**

This study was carried out to investigate the effect of polyphenols extracted from grape seeds (GPE) on chemical composition, lipid oxidation and microbial growth in raw beef sausage which was made with (0.01%) or without nitrite during frozen storage at -18°C for 3 months. GPE was added by 0.02 and 0.04% to beef sausage during making sausage. Results indicated that GPE is better in terms of lower TBARS value and total bacterial count (TBC) in sausage. In addition, GPE had synergistic antioxidant and antimicrobial effect to nitrite. Therefore, it is suggested that grape seeds, as a natural agro-waste, could be used to prepare polyphenols extract to extend the shelf-life of sausage, providing the consumer with food containing natural additives, which might be seen more healthful than those of synthetic origin.

**Keywords:** *Antimicrobial, Antioxidant, grape seed polyphenols, Nitrite, Sausage.*

### **INTRODUCTION**

Beef sausage is one of the popular foodstuffs, however, are vulnerable to microbial contamination, lipid oxidation, color changes (Ahn *et al.*, 2007), Application of suitable agents possessing both antioxidant and antimicrobial activities may be useful for maintaining sausage quality, extending shelf-life and preventing economic loss (Yin and Cheng, 2003). Consequently, several synthetic antioxidants have been added to sausage to prevent undesirable reactions to enhance its shelf-life (Georgantelis *et al.*, 2007). However, the increasing concern over the negative consequences from using synthetic antioxidants has emphasized the value of natural antioxidants. So, interest in natural antioxidants and search on naturally occurring compounds with antioxidant and antimicrobial activities has increased dramatically (Lorenzo *et al.*, 2013).

Agro-industries generate numerous waste materials using these residues as natural antioxidants in the food industry could represent a significant step towards maintaining that should be reduced/eliminated to achieve a sustainable agriculture. In this sense, the possibility of an environment balance. For instance in wine and grape juice production, where residues account for approximately 30% of grape (*Vitis vinifera*) (Rockenbach *et al.*, 2008). These by-products of grape, such as seeds and peels, are rich in phenolic compounds, which are known to have high antioxidant activity (Guendez *et al.*, 2005 and Lorenzo *et al.*, 2013). Scientific studies have shown that grape seed extract is a more potent scavenger of reactive oxygen species and that it has greater antioxidant power than vitamin C and vitamin E (Bagchi *et al.*, 1997 ; 1998 and Shi *et al.*, 2003). Also, Grape seed extract improves lipid stability by reduced the thiobarbituric acid reactive substances (TBARS) in both of raw beef and pork patties vacuum packaged and stored frozen for 4 months, pre-cooked pork patties stored at -18 °C for up to 6 months and pre-cooked, frozen sausage at -18 °C

for 4 months. (Monroy, 2007; Sasse *et al.*, 2009 and Kulkarni *et al.*, 2011). In addition, grape seed extract exhibited antibacterial activity (Baydar *et al.*, 2006; Over *et al.*, 2009; Sagdic *et al.*, 2011 and Perumalla *et al.*, 2013).

Grape seed extract (GSE) contains a number of polyphenols, including procyanidins and proanthocyanidins, which have high antioxidant activity (Shi *et al.*, 2003). Grape seed polyphenols extract decreased the TBARS in dry-cured sausages during the ripening period (Li *et al.*, 2013). Since no previous information is available about the antioxidative effects and physicochemical changes of polyphenols grape seeds extract (PGE) when used in fresh sausage during frozen storage. So, this study aimed to determine the effect of grape seeds polyphenols extract on chemical composition, lipid oxidation and microbial growth of sausage in raw beef sausage which was made with or without nitrite during frozen storage at -18°C for 3 months.

### **MATERIALS AND METHODS**

#### **Materials**

Grape seeds were obtained from Agricultural Research Center, Giza, Egypt.

Meat and fat tissues were purchased from butcher's shop in Mansoura city, Egypt.

Spices: Arab yeast, bay leaf, cardamom, cinnamon, clove, corengan, cubeb, nutmeg, rose wood, thyme and white pepper were purchased from the local market of Mansoura city, Egypt.

#### **Methods**

Grape seeds were cleaned to remove strange materials and grounded. The ground seeds were individually pass through 60 mesh sieve and stored in air-tight polyethylene bags and preserved in a deep freezer until use.

Fresh beef meat and fresh fat were purchased from butcher's shop in Mansoura city, Egypt. Meat was obtained from boneless and trimmed from all thick visible connection tissues. Both meat and fat were



**Table 2. Polyphenols and tannins contents in grape seeds and their polyphenols' extract**

Seeds or extract	Polyphenols (g/100g as pyrogallol)	Tannins (g/100g as tannic acid)
Grape seeds	0.09 ± 0.00	0.57 ± 0.00
GPE	3.39 ± 0.01	6.84 ± 0.04

Results are expressed as a arithmetic mean ± standard error of three determinations.

Sausage is one of the oldest well-known forms of processed meat products and is very popular in many areas. However, due to the high fat content and low water activity, sausages are generally spoiled faster than other meat products by both lipid oxidation and microbial contamination. Lipid oxidation contributes to the development of unacceptable organoleptic characteristics, whereas microbial growth may cause both spoilage and foodborne diseases (Georgantelis *et al.*, 2007). Therefore, delaying lipid oxidation and preventing bacterial growth are factors that can have a significant contribution towards the extension of shelf life and maintenance of good quality and sensory characteristics of sausage (Georgantelis *et al.*, 2007 and Wenjiao, *et al.*, 2014). In order to achieve these goals, meat product manufacturers in the past few decades had used several synthetic food additives with antioxidative and antimicrobial properties, such as nitrite. Sodium nitrite has been widely used and considered indispensable in many types of meat products for its colouring, flavouring, antioxidative and antimicrobial

properties (Honikel, 2008 and Li *et al.*, 2013 ). Despite the beneficial role of nitrite in sausage, nitrite can react with secondary amines to form carcinogenic N-nitrosamines (Honikel, 2008 and Li *et al.*, 2013). So, the problem of using nitrite in meat products is a formation of carcinogenic N-nitrosamines. For this reason, the reduction of nitrite in meat products is desirable (Coutinho de Oliveira *et al.*, 2012 and Li *et al.*, 2013).

Data represented in table (3) showed that beef sausage formulas under study had gradually slightly decrease in moisture, protein and ash contents, but they had gradually increase in crude lipids contents as affected by increasing frozen storage period from zero time to 3 months at -18°C. The addition of nitrite to sausage samples induced a decrease in both the reduction in crude protein and ash contents and also it induced a decrease in the increase in crude lipids content when compared to their corresponding contents for sausage samples which made without nitrite. sausage samples either without or with nitrite were less than the control sample in ash reduction.

**Table 3. Chemical composition of sausage samples supplemented with grape seeds polyphenols extract during frozen storage at -18°C from zero time to after three months. (at fresh basis)**

Beef sausage	Storage period (months)	Moisture %	Crude protein %	Crude Lipids %	Ash %	Carbohydrates %
A	Zero	62.99±0.05	14.66±0.13	18.82±0.03	3.01 ±0.06	0.52
	1	61.56±0.18	14.38±0.05	20.88±0.05	2.71±0.02	0.47
	2	60.99±0.72	13.89±0.05	22.19±0.04	2.42±0.01	0.51
	3	62.38±0.45	13.79±0.00	22.83±0.02	2.34±0.02	0.66
B	Zero	62.22±0.15	14.89±0.05	19.37±0.05	2.99±0.03	0.50
	1	61.44±0.14	14.75±0.05	20.41±0.02	2.92 ±0.02	0.48
	2	60.57±0.30	14.31±0.13	21.81±0.02	2.84 ±0.00	0.47
	3	60.02±0.06	14.26±0.04	22.18±0.05	2.74 ±0.02	0.50
C	Zero	61.81±0.23	15.17±0.07	19.42±0.04	3.05 ±0.02	0.55
	1	61.95±0.07	14.74±0.03	20.01±0.02	2.92 ±0.02	0.38
	2	59.62±0.35	14.56±0.07	21.60±0.04	2.88 ±0.03	0.48
	3	59.11±0.52	14.47±0.03	22.01±0.08	2.78 ±0.03	0.33
F	Zero	62.17±0.21	14.80±0.07	19.41±0.05	3.00±0.04	0.62
	1	61.86±0.07	14.70±0.09	20.11±0.05	2.89±0.03	0.44
	2	61.79±0.37	14.36±0.03	21.00±0.08	2.73±0.01	0.32
	3	61.49±0.43	14.31±0.05	20.13±0.01	2.65±0.01	0.42
G	Zero	62.04±0.11	14.51±0.07	19.91±0.09	2.91±0.04	0.63
	1	61.77±0.08	14.58±0.07	20.31±0.01	2.80±0.03	0.54
	2	62.66±0.49	14.47±0.03	20.71±0.01	2.77±0.03	0.49
	3	62.65±0.15	14.48±0.04	20.85±0.06	2.72±0.01	0.31
H	Zero	61.75±0.35	14.77±0.06	20.23±0.11	3.06±0.01	0.19
	1	61.28±0.04	14.45±0.07	20.87±0.04	2.99±0.03	0.41
	2	62.32±0.14	14.43±0.05	20.99±0.06	2.93±0.05	0.53
	3	61.88±0.07	14.44±0.00	21.00±0.08	2.89±0.03	0.55

A is control sausage formula without any additives, B is nitrite free- sausage formula supplemented with 0.02% GPE, C is nitrite free-sausage formula supplemented with 0.04% GPE, F is control sausage formula containing nitrite without any additives, G is sausage formula that contains nitrite and supplemented with 0.02% GPE, H is sausage formula that contains nitrite and supplemented with 0.04% GPE. Each record is a mean value of three replicates and is followed by the standard error.

Addition of nitrite protected sausage samples from severe chemical changes. In addition, supplementation with PGE to nitrite sausage improved the chemical composition of sausage during frozen

storage period at -18°C. Also, the combination of PGE with nitrite increased the effect of nitrite in reduction the changes of chemical composition of sausage during

frozen storage period at -18°C. This may be due to PGE may has antimicrobial and antioxidant activities.

The results in table (4) showed that the extent of lipid oxidation (TBARs) in all sausage formulas increased nearly over the entire study period. When NaNO<sub>2</sub> (0.01%) was added, the TBARs value of the

sausage was lower (P < 0.05) than that of the sausage without NaNO<sub>2</sub> (0 %). Consequently, the NaNO<sub>2</sub> addition to beef sausage significantly reduced lipid oxidation. Also, GPE reduced TBARs value in both sausage samples which is made with or without nitrite as compared to control sample .

**Table 4. Thiobarbituric acid values (TBARs) of sausage samples under study from zero time to after three month. (at fresh basis)**

Beef sausage	Thiobarbituric acid value (TBARs) mg MDA/kg			
	Zero time	One month	Two month	Three month
A	0.2333	0.3642	0.4175	0.6274
B	0.3424	0.4867	0.5121	0.6989
C	0.3295	0.4578	0.4909	0.7451
F	0.1665	0.2808	0.3521	0.5241
G	0.1188	0.1802	0.2472	0.4985
H	0.2712	0.3970	0.4451	0.6124

mg MDA/kg : mg malonaldehyde/Kg sausage sample . A is control sausage formula without any additives, B is nitrite free- sausage formula supplemented with 0.02% GPE, C is nitrite free-sausage formula supplemented with 0.04% GPE, F is control sausage formula containing nitrite without any additives, G is sausage formula that contains nitrite and supplemented with 0.02% GPE, H is sausage formula that contains nitrite and supplemented with 0.04% GPE.

With respect to thiobarbituric acid reactive substances (TBARs) value of beef sausage samples under the study, it is clear that the extent of lipid oxidation in all sausage samples increased nearly over the entire study period. This result agrees with that of Sammet *et al.* (2006). Also, the NaNO<sub>2</sub> addition to beef sausage significantly reduced lipid oxidation. When NaNO<sub>2</sub> (0.01%) was added, the TBARs value of the sausage was lower (P < 0.05) than that of the sausage without NaNO<sub>2</sub> (0 %). This result agrees with that of Jo *et al.* (2003) who reported that the NaNO<sub>2</sub> addition to pork sausage significantly reduced lipid oxidation. Also, PGE reduced TBARs value in both sausage samples which is made with or without nitrite as compared to control sample. This may be due to the high polyphenols content of PGE which have high antioxidant activity. The presence of these compounds may have retarded (P < 0.001) the lipid oxidation during storage process. Thus, the addition of PGE might have reduced lipid deterioration through the inhibition of

malonaldehyde formation. This result agrees with that of Li *et al.*(2013) who reported that TBARs increased gradually in dry-cured sausages during ripening, but were significantly reduced with grape seed polyphenols. With respect to the combination effect of nitrite and GPE (0.02%) , it was found that TBARs value for sausage samples which treated with GPE and nitrite was less than its corresponding value for sausage samples which treated with either GPE or nitrite only. So, GPE (0.02%) have synergistic effect to nitrite.

The results in table (5) showed that the increase in frozen storage period caused an increase in total bacterial count (TBC) in all samples. Also, at third month from frozen storage at -18°C, beef sausage sample formulated with both nitrite and GPE (0.04%) had the least TBC among all sausage samples under study (3.301 log<sub>10</sub> cfu/ g ), while TBC in control sample which without any additives ( Sample A) (7.477 log<sub>10</sub> cfu/ g).

**Table 5. Total bacterial count of sausage samples under study from zero time to after three month. (at fresh basis)**

Sausage sample	Total bacterial count of sausage samples					
	Zero time		After storage at -18°C			
			Two month		Three month	
	cfu/g	log <sub>10</sub> cfu /g	cfu/g	log <sub>10</sub> cfu /g	cfu/g	log <sub>10</sub> cfu /g
A	2.5 X 10 <sup>2</sup>	2.398	2.2 X 10 <sup>5</sup>	5.342	3.0 X 10 <sup>7</sup>	7.477
B	1.8 X 10 <sup>2</sup>	2.255	3.0 X 10 <sup>4</sup>	4.477	1.0 X 10 <sup>5</sup>	5.000
C	1.5 X 10 <sup>2</sup>	2.176	2.0 X 10 <sup>3</sup>	3.301	3.0 X 10 <sup>4</sup>	4.477
F	8.1 X 10	1.908	1.8 X 10 <sup>3</sup>	3.255	1.0 X 10 <sup>5</sup>	5.000
G	6.0 X 10	1.778	1.6 X 10 <sup>3</sup>	3.204	1.0 X 10 <sup>5</sup>	5.000
H	3.7 X 10	1.568	8.0 X 10 <sup>2</sup>	2.903	2.0 X 10 <sup>3</sup>	3.301

cfu : Colony forming unit. A is control sausage formula without any additives, B is nitrite free- sausage formula supplemented with 0.02% GPE, C is nitrite free-sausage formula supplemented with 0.04% GPE, F is control sausage formula containing nitrite without any additives, G is sausage formula that contains nitrite and supplemented with 0.02% GPE, H is sausage formula that contains nitrite and supplemented with 0.04% GPE.

With regard to total bacterial counts (TBC) of sausage samples, it is clear that TBC of all samples except control sample (sample A which was made without any additives) remained below 6 log<sub>10</sub> cfu/g which is the maximal permissible limit for fresh

sausages (Triki *et al.*, 2013), which indicated the spoiling. Also, it is clear that nitrite had a noticeable effect on reduction of total bacterial count. This result agrees with that obtained by Hospital *et al.* (2012) and Sannino and Bolzoni (2013) who found that nitrite

produces a growth inhibition of spoilage and pathogenic bacteria such as *Clostridium botulinum*. The anti-bacterial effect of nitrite is due to compounds such as HNO<sub>2</sub> and NO, deriving from the reduction of nitrite could be responsible for the antimicrobial effect through a variety of different mechanisms including the inhibition of oxygen uptake, oxidative phosphorylation and proton-dependent transport (Davidson *et al.*, 2004 and Weiss *et al.*, 2010). Nitrite was also found to inhibit a number of enzymes that are essential to the metabolism of bacteria such as aldolase. Moreover, nitrite generally causes a breakdown of the proton gradient in bacteria needed to generate ATP (Weiss *et al.*, 2010). In addition, GPE improved the microbial status of beef sausage relative to the controls. This result agrees with that of Ahn *et al.* (2007) who reported that grape seed polyphenols functioned as bactericidal, which caused disruption of the bacterial cell wall. Also, GPE had synergistic antimicrobial effect to nitrite. At third month from frozen storage at -18°C, beef sausage samples formulated with nitrite and GPE (0.04%) together had the least TBC among all sausage samples under study (3.301log<sub>10</sub> cfu/g).

With respect to pathogenic bacteria detection, it is clear that *Coliform* group, *Salmonella typhimurium*, *Staphylococcus aureus* and Enterohaemorrhagic *E. coli* (*E. coli* O157:H7) were not detected in all sausage samples at zero time and during frozen storage at -18 °C. This may be due to that these pathogenic bacteria were not in raw materials used in sausage preparation and also, the cleaning of the equipments and packing materials used during processing and frozen storage period

*Coliform* group, *Salmonella spp.*, *Staphylococcus aureus* and Enterohaemorrhagic *E. coli* (*E. coli* O157:H7) were not detected in all sausage samples at zero time and during frozen storage at -18 °C.

## CONCLUSION

Generally, supplementation of raw beef sausage with grape seed polyphenols extract during freeze storage (-18°C) processing proved to be advantageous with regard to lipid stability. The efficiency of the grape seed polyphenols extract increased with increasing its concentration in the studied range. This study suggested that grape seeds, as a natural agro-waste, could be used to extract polyphenols (GPE) that extend the shelf-life of sausage, providing the consumer with food containing natural additives, which might be seen more healthful than those of synthetic origin.

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إستخلاص البولي فينول من بذور العنب وتأثيره كمضاد للأكسدة والنمو الميكروبي في سجق اللحم البقري  
أشرف رفعت الزيني ، علاء الدين مرسي ، أمل جميل صدقي و نهى ماهر موسى .  
قسم الإقتصاد المنزلي - كلية التربية النوعية - جامعة المنصورة

تهدف هذه الدراسة إلي فحص تأثير البولي فينول المستخلص من بذور العنب علي التركيب الكيميائي وأكسدة الدهون والنمو الميكروبي في السجق البقري سواء المصنع بإضافة نيتريت بنسبة ٠.١ % او بدونه ، والمخزن على درجة حرارة -١٨م لمدة ٣ شهور حيث تم إضافة مستخلص البولي فينول بنسبة ٠.٠٢ % و ٠.٠٤ % إلي السجق البقري وقد أوضحت النتائج مايلي :  
مستخلص البولي فينول خفض بدرجة ملحوظة أكسدة الدهون في عينات السجق البقري . وكذلك إنخفاض العد الكلي البكتيري في العينات .

من النتائج يتضح ان مستخلص البولي فينول ومستخلص المتبقي اضافوا مزايا مضادة للأكسدة وللميكروبات في السجق النيء اثناء فترة التخزين بالتجميد على درجة حرارة -١٨م. لذا ، فانه يقترح ان بذور العنب " وهي من المخلفات الزراعية الطبيعية" يمكن ان تستخدم لإطالة فترة صلاحية السجق وكذلك لتزويد المستهلك بطعام محتوي على مواد مضافة طبيعية والتي ربما تكون صحية أكثر من المواد المضافة الصناعية.