

From Waste to Profit : Assessment of α -Amylase Inhibitory and Antioxidant Activities Along with the development of an Active Packaging Film for Valorization of *Pea peels*

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ABSTRACT

The present study aimed to valorize *pea peels* (*Pisum sativum*) using new unusual aspects. In other words, to identify and quantify the phenolic profile of *pea peels* 80 % ethanol extract (PEE), to estimate the antioxidant and anti- α -amylase activities of successive extraction solvent fractions of the previously mentioned extract, to evaluate chitosan(Cs) / polyvinyl alcohol (PVA) / PEE edible film as antioxidant agent. The results exposed that ethyl acetate fraction had the highest amounts of polyphenols and flavonoids where their values were 165.43 mg GAE/g and 26.63 mg QE/g ,respectively. Hesperidin was documented as the most abundant polyphenol in *pea peels* ethanolic extract with remarkably high amount (2017.2 μ g/g). Butanol fraction recorded considerable anti- α -amylase activity (IC₅₀ = 1.61 mg/ml). The present study extremely evidenced the antioxidant activity of *pea peel* extracts. Besides , ethyl acetate fraction had the lowest IC₅₀ values for DPPH, NO and H₂O₂ assays with the values of 167.23, 302.36 and 317.66 μ g/ml, respectively. Interestingly, a significant and negative correlation was remarked between total flavonoids content and IC₅₀ for the scavenging DPPH radical. Finally , it could be suggested that Cs/PVA film containing PEE can be used for development of active food packaging materials.

Keywords: *Pea peels*, phenolic compounds, antioxidant, anti- α -amylase , edible films.

INTRODUCTION

The valorization of agricultural wastes provides our life with new products that were earlier not possible due to restrictions such as cost or the availability of natural products. Today, handling stages are already well known for the transformation of the biomass into valuable products i.e. animal feedstuff, biofuel, energy, biomaterials, heat, chemicals and food ingredients (Pathak *et al.*, 2017). The peels of vegetables and fruits which generated during food processing are the dominant source for these purposes.

Pea waste is one of the largely available agricultural by-products throughout the world. The removal of *pea peels* large quantities usually represents a problem that is further aggravated by legal restrictions. In Egypt, more than 40,000 tons/year of pea are handled into frozen pea, yielding large quantities of by-product representing about 60% of the handled material, mostly composed of pericarps (Seida *et al.*, 2015). As the waste contains a considerable proportion of hollocellulose, it can be used as a suitable choice in feedstuff. Economically and friendly to environment uses of *pea wastes* including the production of bioethanol, biochar and biomethane have been previously stated (Rehman *et al.*, 2015; Mary *et al.*, 2016 ; Abas and Halim 2017) . Additionally, the suitability of *pea peels* as the solid substrate for the microbial production of industrial enzymes i.e. cellulase and xylanase has been reported (Verma *et al.*, 2011 and Nitin *et al.*, 2017) . In textile industry, *pea peels* can be used to get rid of dyes color from effluents (Basu 2016).

The uptake of methylene blue dye by *pea peels* was faster than that of commercial activated carbon due to the higher pore diameters of *pea peels* than those of commercial activated carbon (Dod *et al.*, 2012).

Pea peels have attracted more attention due to their nutritive and therapeutic properties. In this regard, *pea waste* is a well-known good source of pectin (Mualikrishna and Tharanathan 1994),and dietary fibers with bifidogenic properties (Iwata *et al.*,

2009).Carbohydrate percentage in excess of 61.0 has been reported (Garg 2015) . Chromatographic analysis of acid hydrolysate of pectic components showed a high uronic acids content besides arabinose, xylose and rhamnose

(Mualikrishna and Tharanathan 1994).The proximate analysis of *pea waste* showed that glucose was existed in higher amount (323 mg/ g d.w) than xylose (188mg/g d.w) (Mary *et al.*, 2016).*Pea peels* from India were defined to have high contents of protein and minerals especially iron (Garg 2015). Moreover, anti-hepatotoxicity, antioxidant, antimicrobial, hypoglycemic , anti-hypercholesterolemic and anticancer activities of *pea peels* have been stated (Khattab and Abdel Wahab 2005; Seida *et al.* 2015; Hadrich *et al.* 2014; Gupta and Premavalli 2011 and El-Feky *et al.*, 2018).

Interestingly, *pea peels* are abundant source of quercetin-derived glycosides and these can be employed as bioactive additives for nutraceuticals usage (Seida *et al.*, 2015). However, no available data in the literature have focused on the successive fractionation of mother ethanolic extract of *pea by-product* using organic solvents increasing in polarity. So, one of the objectives of the present study was to evaluate the antioxidant activity of *pea peels* successive fractions and to quantify their total polyphenol and flavonoid contents.

One of the therapeutic styles for alleviating type 2 diabetes mellitus (T2DM) is to suppress intestinal glucose absorption through the quench of carbohydrate hydrolyzing enzymes such as α -glucosidase and α -amylase (Saltos *et al.*, 2015) . Natural α -amylase inhibitors represent an interesting route to the management of postprandial hyperglycemia by declining glucose release from starch (Kwon *et al.*,2007). Therefore, one of the aims of this study is to evaluate anti α -amylase activity of ethanolic extract, methylene chloride, ethyl acetate, butanol and water residue fractions of *pea by-product* using non-pre- and pre-incubation methods.

Now, the fabrication and characterization of degradable edible films have increased significantly, mostly due to interest in decreasing the ecological impact

caused by the use of artificial packaging resources (Lo'ay and Taher 2018). Moreover, edible films incorporated with plant extracts have established much attention in the last decade due to the existence of considerable amounts of bioactive secondary metabolites with biological properties i.e. antioxidant and anti-microbial activities (Kanatt *et al.*, 2007 and Kanatt *et al.*, 2010). Edible film enriched with antioxidants improves nutritional properties without affecting the reliability of the food product (Guilbert *et al.*, 1996).

Interestingly, blending of polymers is one of the most applicable ways to obtain a new material with preferred mechanical and physical properties compared to films made of individual components (Lo'ay and Taher 2018). The acceptable physical and mechanical properties of chitosan- polyvinyl alcohol (Cs/PVA) biopolymer incorporated with different extracts have been reported (Kanatt *et al.* 2012).

No available data in the literature about the usage of *pea wastes* crude extract in enrichment of any edible biopolymer film. Since food coated with biodegradable polymers enriched with natural antioxidant may be kept at different temperatures. Therefore, one of the aims of this study is to evaluate the release of phenolics from Cs/PVA film containing *peels ethanolic extract* (PEE) and its DPPH radical scavenging action at different temperatures.

Collectively, no comprehensive data in the literature concerning the valorization of *pea peels* for various applications, comprising their use in medicines and food preserving. So, the present study aimed to (i) identify and quantify the phenolic profile of *pea waste* ethanolic extract (ii) investigate antioxidant and anti-amylase activities of PEE and its fractions (iii) evaluate PVA/Cs film enriched with *pea peels* extract under different conditions.

MATERIALS AND METHODS

Pea peels samples

Green *pea by-product* (GPP) was obtained from local market. *Peels* were washed with distilled water, air dried for 72 h and powdered to a uniform size.

Chemical composition of *pea peels* powder

Moisture, fibers, ash, fat and protein contents were estimated using the methods described in AOAC (2000). Carbohydrates were calculated by difference.

Extraction of *pea peels*

The extraction process was done by soaking the powdered form of *pea peels* in 80% ethanol for 16 h. After filtration, extraction route was repeated twice, then the combined extracts were evaporated under low pressure till dryness. The dried *pea peels* extract was packed in a beaker and stored at -20 °C until further use.

Successive extraction of *pea peels* extract

Pea peels ethanolic extract (50g) was resolved in 2 liter of ethanol: water mixture (1:4v/v). The resultant solution was moved into a separating funnel and extracted by methylene chloride. After equilibrium the solvent layer was separated, the extraction was repeated 4 times. The residual alcoholic solution was then re-extracted using ethyl acetate and butanol, respectively. Then the solvent of each fraction was combined and evaporated using rotatory

evaporator and stored under cooling till use. The residual aqueous ethanolic extract was also dried and used as individual fraction.

Total polyphenol and flavonoid contents

Total polyphenolic and flavonoid contents of *pea peels* ethanolic extract and its fractions were estimated according to methods described in detail by (Singleton *et al.*, 1999; Lin and Tang 2007). Different concentrations of gallic acid (10-150 µg/ml) were used to prepare the standard curve of total polyphenols

$$(Y=0.0074X+0.1677, R^2=0.997).$$

Quercetin was chosen as a standard for flavonoids in concentrations ranged between 10-100 µg/ml

$$(Y=0.008X+0.0322, R^2=0.997).$$

Identification and quantification of flavonoids

Flavonoid constituents were identified and quantified in *pea by-product* ethanolic extract by an Agilent 1100 Series HPLC instrument, equipped with a diode array detector. The conditions of the assay were designated in detail by (Mattila *et al.*, 2000).

Identification and quantification of polyphenols

Phenolics of *pea by-product* ethanolic extract were dissolved, then introduced into reversed phase HPLC/diode array detection (Hewlett Packard 1050) with a guard column AlltimaC18, 5 mm. Identification and quantification of *pea by-product* ethanolic extract phenolic compounds was functioned according to the procedure described in details by (Goupy *et al.*, 1999).

α -amylase inhibitory assay.

The α -amylase inhibition assay was done using the procedure described in details by Ali *et al.* (2006) using PEE and its fractions in a final concentration of 3 mg/ml, porcine pancreatic α -amylase (EC 3.2.1.1, Sigma), corn starch, acarbose (reference anti α -amylase inhibitor), maltose and 3,5-dinitrosalicylic acid. In the non-pre incubated experiment the reaction was initiated without any incubation period as the enzyme was directly added to a mixture containing starch and PPE or its fractions. In pre-incubated procedure the enzyme was pre-incubated with PPE or its fractions and the reaction was then initiated by the addition of starch solution. The released maltose amounts were valued using maltose standard curve in concentrations ranged between 50-1500 µg/ml

$$(Y=0.0008X-0.0084, R^2=0.996).$$

Percentages of the enzyme inhibition were then calculated.

Antioxidant activity of *pea peels* preparations

The scavenging activity of PPE and its fractions (50-1000µg/mL) on 1,1-diphenyl-2-picrylhydrazyl radical (DPPH), nitric oxide and hydrogen peroxide were assessed according the scheme described in details, respectively by (Shirwakar *et al.*, 2006; Green *et al.*, 1982; Oktay *et al.*, 2003). butylated hydroxyl toluene (BHT) was selected as a standard antioxidant. The percentages scavenging activities of different extracts preparations and the reference BHT were evaluated. IC₅₀ values were then calculated

Film preparation

Biodegradable films were prepared by the casting method. One gram chitosan (Cs, MW 71.3, the degree of deacetylation=94%; Merck, Darmstadt Germany) was dissolved in 100 ml 1% CH₃COOH solution with

continuous stirring (400 rpm). Then, five grams of PVA was dissolved in hot distilled water at 70 °C. PVA solution was carefully added to Cs solution (1:1), followed by adding glycerol (0.1% v/v) to the resultant mixture as a plasticizer. The control set was not enhanced with any improver. One ml of PEE (5%,w/v) was added to the mixture followed by continuous stirring on a magnetic stirrer (150 rpm) for 20 min. The last step was done by casting an amount of 100 ml of the earlier mixture on petri dishes (9 cm ×9 cm) and drying at oven at 65°C to obtain films of identical thickness. The dried films were finally skinned from the casting glass surface (figure, 1).



Fig.1. Edible film incorporated with pea peels ethanoic extract. Total phenolics and antioxidant activity of PPE incorporated films

A 0.2 gram of each film was placed in conical flasks holding 10 ml of distilled water. The flasks were then kept at three different temperatures (37, 25 and 4°C).

Aliquots of the supernatant were drawn at different time intervals (30-720 min) and examined for total polyphenol content and DPPH radical scavenging potential by the previously mentioned corresponding methods.

Statistical Analysis

All the trials were done in triplicate and the values assessed were displayed as mean ± standard deviation through one-way analysis of variance (ANOVA). The statistical analysis was performed using SAS software (version 9.1, SAS Institute, Cary, NC, USA). Differences with $p < 0.05$ were considered significant.

RESULTS AND DISCUSSION

Chemical analysis of raw materials

Table1. Extraction yields, total polyphenolic content (TPC), total flavonoid content (TFC) and antioxidant activities of the extracts isolated from solvent fractionation of pea by-product.

Extracts/ reference antioxidant	Yield %	TPC (mg GAE /g extract)	TFC (mg quercetin equivalent/g extract)	Total antioxidant capacity (IC ₅₀)		
				DPPH (µg/ml)	NO (µg/ml)	H ₂ O ₂ (µg/ml)
Et-OH	18.55	112.46 ^(c) ± 0.602	16.53 ^(d) ± 0.251	340.90 ^(b) ± 1.67	511.30 ^(b) ± 2.40	384.60 ^(c) ± 2.38
MC	6.58	156.33 ^(b) ± 0.251	21.83 ^(b) ± 0.115	271.36 ^(c) ± 0.85	377.30 ^(d) ± 0.95	354.83 ^(d) ± 0.56
Et.oAc	2.45	165.43 ^(a) ± 0.253	26.63 ^(a) ± 0.152	167.23 ^(e) ± 0.51	302.36 ± 1.10	317.66 ^(e) ± 1.53
Bu-OH	21.40	106.46 ^(d) ± 0.251	17.30 ^(c) ± 0.200	260.66 ^(d) ± 1.72	412.76 ^(c) ± 0.47	455.03 ^(b) ± 1.41
WR	31.76	87.23 ^(e) ± 0.450	11.23 ^(e) ± 0.251	680.40 ^(a) ± 2.16	1015.63 ^(a) ± 1.66	811.20 ^(a) ± 1.35
BHT				32.20 ^(f) ± 1.95	45.40 ^(f) ± 0.36	100.96 ^(f) ± 2.60

Each value in the table is represented as Mean ± SD (n = 3). Means not sharing the same letter are significantly different (LSD) at $p < 0.05$ probability level in each column.

HPLC analysis

Forty one phenolic compounds of *pea peels* ethanolic extract could be detected and quantified using

An approximate analysis of *pea peels* was evaluated in the present study on a dry weight basis. *Pea waste* was rich in carbohydrate (53.51 g/100 g) contributing significantly to the total energetic value while low amount of fat (4.00 g/100 g) was observed. *Pea waste* contained moderate amount of crude fiber (17.5%). Moisture, protein and ash were existed in percentages of 9.00%, 11.49% and 4.50%, respectively. Based on the results obtained, the chemical composition of *pea waste* agreed with that obtained by Rehman *et al.* (2015). On contrary, the study of Garg (2015) has reported lower crude fiber value (7.86%). The contradictory results could be probably due to different genotypes and/or environmental conditions.

Determination of polyphenol and flavonoid contents

As shown in table (1), the successive fractions prepared by ethyl acetate and methylene chloride presented the maximum quantity of total polyphenols contents (TPC) i.e.; 165.43 and 156.33 mg GAE /g extract, respectively. Ethanolic extract revealed moderate quantity of total polyphenol content i.e. 112.46 mg GAE /g extract. The total polyphenol content of solvent preparations obtained through butanol and aqueous residue were 106.46 and 87.23 mg GAE /g extract, respectively. These results explain how the solvent polarity affects the distribution of phenolic compounds based on 'like dissolve like rule'. This shows that phenolic ingredients in *pea peels* crude ethanolic extract favor to be extracted with organic solvent having moderate polarity degree (semi-polar) such as methylene chloride and ethyl acetate than higher polarity solvents i.e. n-butanol and water. The maximum total phenolic content in ethyl acetate fraction shows that the main phenolic constituents in *pea peels* are semi polar compounds like free flavonoids. Overall, total polyphenolic contents in this study were greater than those obtained in earlier reports (Hadrich *et al.*, 2014 ; Babbar *et al.*, 2014) for different solvent extracts of *pea peels*.

Total flavonoids content (TFC) noticed in mother ethanolic extract and fractions equivalent to quercetin (QE) were between 11.23 and 26.63 mg QE/g extract (table,1).

The flavonoid contents in ethyl acetate (26.63 mg QE/g extract) and methylene chloride (21.83 mg QE/g extract) were higher when compared to the remaining fractions. This observation showed that greater flavonoid content is accompanied with higher total phenolic content.

HPLC technique (Table 2). The phenolic profile involved sixteen phenolic acids, twelve flavonoid glycosides and nine flavonoid aglycones with different concentrations.

An Agilent 1100 Series HPLC equipped with diode array detector was conditioned to quantify free and bound flavonoids by using external standards. The major identified flavonoids with considerable amounts in *pea peels* ethanolic extract were hesperidin, luteo.6-arabinose-8-glucose, and catechin with concentrations of 2017.2, 1692.9 and 1616.4 µg/g dry extract, respectively. Eleven flavonoids were detected in lower amounts as follows: luteo.6-glucose-8-arabinose (387.5 µg/g); naringin (359.3 µg/g); quercetin-3-O-glucoside (314.8 µg/g) ; apig.6-rhamnose-8-glucose (222.1 µg/g) ; apig.6-glucose-8-rhamnose(194.0µg/g); rutin (149.2 µg/g) ; Acacetin (115.3 µg/g) ; quercetrin (101.7µg/g) ; Kaemp.3-(2-p-comaroyl)glucose(96.1µg/g) ;epicatechin (50.8µg/g) ; apig.7-O neohesperidoside (44.3 µg/g) . Hesperetin, naringenin, a-pig.7-glucose, quercetin, apigenin, rhamnetin and kaempferol were also detected in trace amounts.

Phenolic acids and other phenols were identified and quantified using reversed phase HPLC (RP-HPLC)/diode array detection (DAD). Pyrogallol was identified as the most abundant phenolic compound in *pea waste* ethanolic extract with noticeably high amount (1511.7 µg/g). Twelve phenolic acids were identified in

lower amounts as follows: benzoic acid (698.8 µg/g) ; ellagic acid (469.1 µg/g); chlorogenic acid (301.0 µg/g); ferulic acid (217.8 µg/g) ; protocatechuic acid (201.6 µg/g); p-OH benzoic acid (160.1 µg/g); gallic acid (114.3 µg/g) ; vanillic acid (106.0 µg/g); isoferulic acid (59.9 µg/g); 3,4,5 trimethoxycinnamic acid (50.4 µg/g); caffeic acid (45.4 µg/g); p-coumaric acid (41.1 µg/g). 4-amino benzoic, salicylic, cinnamic and rosmarinic acids were also detected in trace amounts.

As the literature data on the biochemical constituents of *pea by-product* crude extracts i.e metanolic or ethanolic extracts have restricted and only a few investigations have been undertaken up to now. The obtained results belonging the quantification of phenolic ingredients were too difficult to compare with literature. On the other hand, Seida *et al.* (2015) identified five quercetin derived glycosides from *pea peels* butanolic fraction using a validated HPLC method chromatographic fractionation. Recently , El-Feky *et al.* (2018) identified 35 phenolic compounds from *pea peels* ethyl acetate extract. Interestingly , they also identified hesperidin and pyrogallol as the largest polyphenolic compounds with amounts of 6059.54 and 860.06 µg/g ,respectively.

Table 2. Contents of flavonoids and phenolic compounds identified from *pea peels* 80% ethanolic extract.

Compound	µg/ g*	Compound	µg/ g*
Pyrogallol	1511.7	Cinnamic acid	9.2
Gallic acid	114.3	Kaempferol	3.1
4-amino benzoic acid	31.7	Rhamnetin	10.5
Protocatechuic acid	201.6	Apigenin	14.4
Catechin	1616.4	Luteo.6-arabinose-8-glucose	1692.9
Catechol	62.1	Luteo.6-glucose-8-arabinose	387.5
Chlorogenic acid	301.0	apig.6-rhamnose-8-glucose	222.1
Epicatechin	50.8	apig.6-glucose-8-rhamnose	194.0
p-OH benzoic acid	160.1	Naringin	359.3
Caffeine	157.3	Hesperidin	2017.2
Caffeic acid	45.4	Rutin	149.2
Vanillic acid	106.0	Quercetin-3-O-glucoside	314.8
P-coumaric acid	41.1	Rosmarinic acid	5.1
Ferulic acid	217.8	Apig.7-O-neohesperidoside	44.3
Isoferulic acid	59.9	Apig.7-glucose	18.8
Acacetin	115.3	Quercetrin	101.7
Ellagic acid	469.1	Quercetin	17.8
Benzoic acid	698.8	Kaemp.3-(2-p-comaroyl)glucose	96.1
3,4,5 trimethoxycinnamic acid	50.4	Naringenin	22.1
Coumarin	120.5	Hesperetin	27.0
Salicylic acid	27.6		

Anti- α -amylase activity

The development in the searching for effective low cost natural preparations for treatment of *diabetes mellitus* in developing countries has increased. However, nutritionists have recommended a healthy food intake along with daily exercise as an active way of controlling T2DM Wickramaratne *et al.* (2016). So supporting these populations for acceptable living style with the consumption of low cost natural preparations that have anti-diabetic potency in their daily diet would be one of the operative means of regulating blood glucose level. In this respect, the inhibitory action of *pea peels* ethanolic extract and its successive fractions (3mg/ml) on the hydrolysis of starch in the presences of α -amylase was monitored in non-pre-incubation and pre-incubation techniques. The lower

amount of maltose formed in reaction tube returns to the higher of the anti- α -amylase activity. The outcome of these trails is to identify low-cost strong α -amylase inhibitors to alleviate T₂DM.

In non-pre-incubation technique, no pre-incubation was done between the enzyme and the tested extracts. Released maltose concentrations displayed by the extract (3 mg/ml) using non- pre incubation are shown in table (3A). Butanol fraction showed higher α -amylase inhibitory activity since less starch was hydrolyzed to maltose (344.73µg/ml) after three minutes. The percentages of inhibition obtained in non pre incubation assay of *pea peels* extracts after 3 min were in the following order: butanol 32.87 > ethyl acetate 16.42 > ethanol 12.65 > methylene chloride 11.26 > water residue -1.21.

Table 3. Released maltose and percentages of inhibition of α -amylase activity of examined samples using non-pre incubation and pre-incubation methods.

Treatments	(A) Maltose release $\mu\text{g/ml}$ (non-pre- incubation method)				%I
	0min	1min	2min	3min	
C	34.20 \pm 2.56	141.63 ^(a) \pm 2.91	304.23 ^(a) \pm 3.68	513.63 ^(a) \pm 4.15	
E	35.16 \pm 4.04	134.03 ^(b) \pm 4.66	284.73 ^(bc) \pm 3.57	448.60 ^(b) \pm 3.55	12.65 ^(d) \pm 1.18
MC	32.90 \pm 3.23	130.60 ^(bc) \pm 2.90	284.43 ^(bc) \pm 3.92	455.73 ^(b) \pm 4.21	11.26 ^(d) \pm 1.39
Et.OAc	36.16 \pm 2.88	127.33 ^(c) \pm 3.32	278.26 ^(c) \pm 5.11	429.20 ^(c) \pm 5.64	16.42 ^(e) \pm 1.75
Bu-OH	35.50 \pm 4.58	118.76 ^(d) \pm 3.38	252.40 ^(d) \pm 5.01	344.73 ^(d) \pm 4.35	32.87 ^(b) \pm 1.39
WR	35.56 \pm 4.53	141.93 ^(a) \pm 3.39	288.00 ^(b) \pm 6.87	518.46 ^(a) \pm 4.70	-1.21 ^(e) \pm 1.33
ACRB	34.86 \pm 4.46	110.56 ^(e) \pm 5.15	221.93 ^(e) \pm 4.04	272.96 ^(e) \pm 5.03	46.85 ^(a) \pm 0.55
Treatments	(B) Maltose release $\mu\text{g/ml}$ (pre- incubation method)				%I
	0min	1min	2min	3min	
C	27.56 \pm 2.66	151.70 ^(a) \pm 4.52	354.43 ^(a) \pm 4.57	589.66 ^(a) \pm 5.37	
E	29.53 \pm 2.66	122.73 ^(b) \pm 4.95	274.96 ^(c) \pm 5.37	399.96 ^(c) \pm 4.57	32.16 ^(e) \pm 0.32
MC	25.53 \pm 1.00	119.36 ^(b) \pm 3.31	252.13 ^(d) \pm 5.10	344.73 ^(d) \pm 4.35	41.52 ^(d) \pm 1.26
Et.OAc	26.23 \pm 4.08	88.33 ^(c) \pm 4.31	155.10 ^(e) \pm 6.75	257.10 ^(e) \pm 5.28	56.40 ^(c) \pm 0.52
Bu-OH	27.56 \pm 2.66	44.76 ^(d) \pm 3.92	54.10 ^(f) \pm 4.03	63.36 ^(f) \pm 4.72	89.24 ^(b) \pm 0.89
WR	29.53 \pm 2.66	126.36 ^(b) \pm 3.59	286.53 ^(b) \pm 5.01	445.80 ^(b) \pm 5.80	24.38 ^(f) \pm 1.65
ACRB	26.23 \pm 0.55	28.16 ^(e) \pm 3.12	27.86 ^(g) \pm 2.65	31.76 ^(g) \pm 4.75	94.60 ^(a) \pm 0.83
Conc. Of Bu-OH mg/ml	(C) Maltose release $\mu\text{g/ml}$ of different conc of butanol fraction (pre- incubation method)			%I	
	0 min	3min			
0	27.56 ^(ab) \pm 2.66	504.33 ^(a) \pm 5.30			
0.5	29.53 ^(a) \pm 2.66	439.73 ^(b) \pm 5.58		12.80 ^(e) \pm 0.87	
1.0	25.53 ^(ab) \pm 1.00	378.43 ^(c) \pm 4.61		24.95 ^(d) \pm 1.01	
1.5	26.20 ^(ab) \pm 4.13	256.83 ^(d) \pm 5.71		49.06 ^(c) \pm 1.44	
2.0	24.16 ^(b) \pm 1.62	169.86 ^(e) \pm 6.71		66.31 ^(b) \pm 1.48	
2.5	26.53 ^(ab) \pm 0.95	123.83 ^(f) \pm 5.22		75.44 ^(a) \pm 0.98	

C=control ; E = ethanol extract ; MC= methylene chloride fraction ; Et.OAc = ethyl acetate fraction ; Bu-OH = butanol fraction ; WR = water residue ; ACRB = acarbose, I % = percentage of inhibition.

Since *pea peel* extracts at a concentration of (3mg/ml) showed inhibition percentages lower than 50% in non-pre incubation method, another experiment was conducted for the same extracts using pre-incubation method to evaluate if the α -amylase inhibitory activities will be increased. Table 3B shows that Bu-OH and Et.OAc fractions which were previously pre-incubated with α -amylase, recorded the lowest release of maltose at the end of the reaction period (3min) with values of 63.36 and 257.1 $\mu\text{g/ml}$, respectively. On other words, Bu-OH fraction showed the highest inhibitory ability against the enzyme with 89.24 % inhibition at 3 mg/ml whereas, ethyl acetate fraction recorded considerable inhibitory action of α -amylase (56.4%).

Although pre-incubation protocol principally increases the inhibitory effect against α -amylase for all examined samples, the inhibitory percentages still less than 50 % for water residue, mother ethanol and methylene chloride solvent preparations i.e. the previously mentioned extracts are not so effective as α -amylase inhibitors.

As Bu-OH fraction possessed the most inhibitory activity, it was selected for estimation of IC_{50} . Table (3C) showed a dose dependent effect of *pea peels* butanol fraction on starch break down as its concentration was inversely correlated with the formed maltose. The extract donated an IC_{50} value of 1.61 mg/ml.

Conflicting results have documented in the literature regarding the inhibitory effect of ethyl acetate extract derived from *pea peel* on α -amylase activity using pre-incubation route. Indeed, Hadrich *et al.* (2014) noted that *pea peel* derived ethyl acetate extract at a considerably

low concentration (1 mg/ml) had high inhibitory activity against α -amylase (90.00 %). While ethyl acetate fraction in this study recorded lower inhibitory activity (56.40 %) at higher concentration (3 mg/ml). Differences in extraction design and /or the composition of the by-product phenolic profile which was widely varied worldwide due to genetic and/or environmental factors could explain the discrepancy with previously reported data. Overall, many solvent extracts recorded higher in vitro IC_{50} values for the inhibitory action against α -amylase than that attained in this study for Bu-OH fraction (Malathi *et al.* 2010 ; Mohamed *et al.* 2012 ; Dastjerdi *et al.* 2015). Phenolic compounds and flavonoids that exist in plant extracts may be accountable for the inhibition of starch hydrolyzing enzymes. In this respect, (Kwon *et al.* 2006 ; Tadera *et al.* 2006 ; Apostolidis *et al.* 2007) proposed that polyphenolic constituents may be liable for aiding α -amylase inhibition and hence have been trusty attitude in controlling of blood glucose level in type 2 diabetic patients. In the present study, Bu-OH fraction did not record the highest polyphenolic content. However, it offered the most appropriate fraction against activity of α -amylase. The present finding is in accordance with that obtained by; Mccue *et al.* (2005) who, established that, high polyphenolic content does not always refer a high inhibitory action on α -glycosidase. They illustrated that starch breakdown was inhibited due to the non-phenolic profile in the extract. Recently, non-starch polysaccharides from natural sources have concerned as promising inhibitors for different glycosidases. For instance, Kashef *et al.* (2008) found that *soybean hulls* extracted

galactomannan was able to inhibit the activity of *α-amylase* by increasing the viscosity of reaction media and therefore, reducing enzyme-substrate bending ability. Actually, polar glycosides favor to be partitioned in polar solvent such as n-butanol (Seida et al., 2015). So, it could be undertaken that *α-amylase* activity which was most extremely inhibited by Bu-OH fraction, in the present study, may be partially due to its non-polyphenolic compounds in particular their polysaccharides.

Anti-oxidant activity

Antioxidant activity of mother ethanol extract and fractions of *pea peels* in the present study was evaluated using DPPH, NO and hydrogen peroxide assays. IC₅₀ can be defined as the concentration of the extract necessary to inhibit 50% of a radical. The lower IC₅₀ value, the higher is the antioxidant potential.

In DPPH assay, ethyl acetate fraction showed smaller IC₅₀ value (167.23 μg/ml) when compared to all tested samples (table, 1). Ethanol extract exhibited relatively higher IC₅₀ value (340.90μg/ml) than those of ethyl acetate, n-butanol (260.66μg/ml) and methylene chloride (271.36μg/ml) fractions; however aqueous fraction showed comparatively the highest value of all tested extracts (680.40μg/ml). Based on the results attained, the great antioxidant potential of *pea peels* extracts agreed with those reported by Hadrich et al. (2014) using DPPH assay. Interestingly, the IC₅₀ values of ethanol extract, ethyl acetate, methylene chloride and butanol fractions(table,1) in this study were lower than that previously reported for ethyl acetate extract(350 μg/ml) Hadrich et al. (2014). Similar observations have been also recognized by El-Feky et al. (2018), who indicated strong antioxidant activity of *Pea peels* ethyl acetate fraction using DPPH radical assay. Noticeably, they recorded a moderate scavenging activity (31.2%) of *pea peels* ethyl acetate fraction when examined at low concentration (50 μg/ml).

In NO assay, the scavenging activity of ethyl acetate fraction was higher (IC₅₀: 302.36μg/mL, table 1) than those of other fractions. Overall, ascending IC₅₀ values of *pea peels* solvent extracts using NO assay revealed the following order ethyl acetate < methylene chloride < butanol< ethano< aqueous residual solution (table,1).

Table 1 shows that ethyl acetate fraction had also, the highest hydrogen peroxide scavenging activity (IC₅₀: 317.66μg/ml) compared to other solvent preparations of *pea by-product*. The obtained IC₅₀ values of ethanol extract, methylene chloride, butanol and water residue fractions using hydrogen peroxide assay were 384.60, 354.83, 455.03 and 811.20 μg/ml, respectively. Overall, BHT as a reference antioxidant exposed the highest antioxidant capacity where it recorded the lowest IC₅₀ values in the three antioxidant assays.

Correlation between the assessments of total antioxidant capacity with DPPH·, NO and H₂O₂ assays

To assess the appropriateness and reliability of the examined methods, used to evaluate the antioxidant capability of *pea peels* extracts, correlation study of the resultant values of antioxidant activity achieved by these methods was undertaken. Regression analysis using the Pearson correlation coefficients (R) and coefficients of

determinations (R²) is given in table (4) and figure (2). All R -values had positive significance level (p < 0.05), demonstrating that the values of antioxidant activity determined by the examined procedures were extremely correlative. Also, it can be concluded that DPPH·, NO and H₂O₂ assays were proper and dependable for estimating total antioxidant ability of *pea peels* extracts. Similar observations have been documented by Pande et al. (2017), who stated some strong correlations (R 0.920-0.955 & R² 0.699 -0.912) between the assay methods used in estimating of total antioxidant activity of *Bambusa tulda* leaves extracts.

Table 4. Correlation R and R² between different antioxidant activity estimated by DPPH, NO and H₂O₂ assays and those between antioxidant assays and TP and TF of *pea peel* extracts.

Assays	DPPH	NO	H ₂ O ₂	TP
NO	0.995**(0.993)			
H ₂ O ₂	0.957*(0.942)	0.969**(0.961)		
TP	-0.77 (0.593)	-0.779 (0.606)	0.789(0.622)	
TF	-0.873*(0.762)	-0.861(0.741)	-0.84(0.706)	0.962**

R, correlation coefficient. R², coefficient of determinations. the values in parenthesis represent the R² values.

* significant level at p<0.05, ** significant level at p<0.01

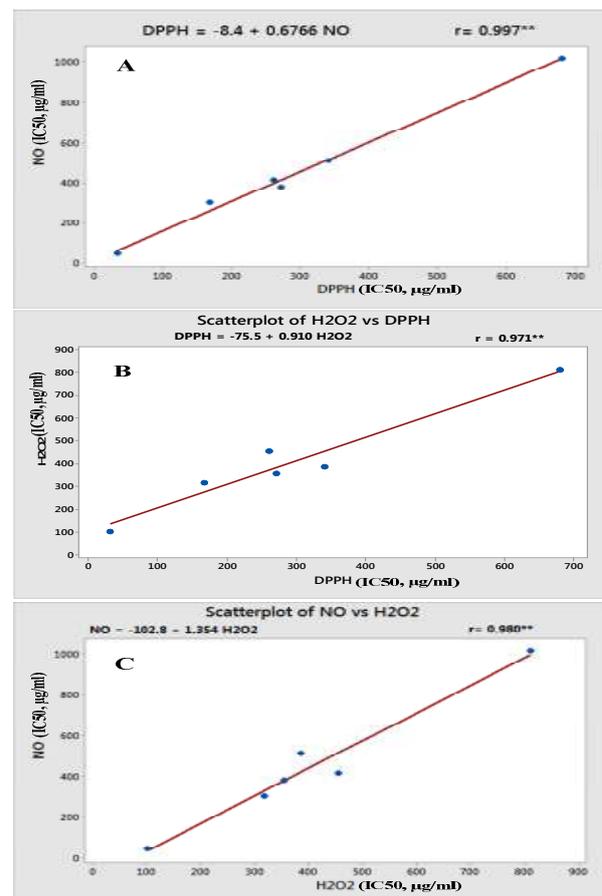


Fig 2. Relationship between the antioxidant assays: (A) DPPH assay vs NO (B) H₂O₂ assay vs DPPH (C) NO assay vs H₂O₂

Correlation between total antioxidant capacity, TPs and TFs

As the total antioxidant activity of solvent extracts from natural sources is mostly attributed to phenolic

constituents (Taher *et al.* 2016 ; Taher *et al.* 2018), a correlation analysis of total phenolics and flavonoids estimated in *pea peels* extracts with their antioxidant activity was performed and the results are shown in table (4). The Pearson's correlation coefficient between total polyphenol content of *pea peels* extracts with IC₅₀ values of DPPH (R = -0.770, p < 0.127) , NO (R = -0.779, p < 0.121) and H₂O₂(R = -0.789, p < 0.291) assays presented insignificant correlation . It means that total polyphenol content of *pea peels* extracts have no direct correlation with IC₅₀ of total antioxidant capacity assays. This finding leads to the suggestion that while organic solvents were able to extract considerable amounts of phenolic constituents, not all ingredients correlated well with the obtained antioxidant capacity. It could be elucidated that each phenolic ingredient will reveal particular capacity or selectivity to react with specific target (Islam *et al.*, 2016).The non-correlation between antioxidant action and total polyphenolic quantity in the present study is possibly due to the existence of other phytochemicals with antioxidant property (Ying *et al.* , 2013) .Overall the obtained results in this study are in agreement with the investigation of Ying *et al.* (2013) who stated that the quantity of total phenolic content did not reflex in their antioxidant capability using germinated and non-germinated legume extracts.

Total flavonoid content in *pea peels* extracts had a significant and negative correlation with IC₅₀ of DPPH (R = -0.873, p< 0.049, fig 3). Increasing in total flavonoid content will provide greater antioxidant capacity i.e. lower IC₅₀ value. It may be thought that flavonoids in *pea peels* extracts were the major constituents responsible for the obtained antioxidant capacity by DPPH method. Moreover, hesperidin; the most principal phenolic compound identified in this study; has been described to possess antioxidant activity (Wilmsen *et al.*, 2005). Overall, the distribution of hesperidin and other flavonoids between solvent fractions and the selective activity of each flavonoid as antioxidant may be accountable for the obtained antioxidant capacity of each fraction using DPPH assay.

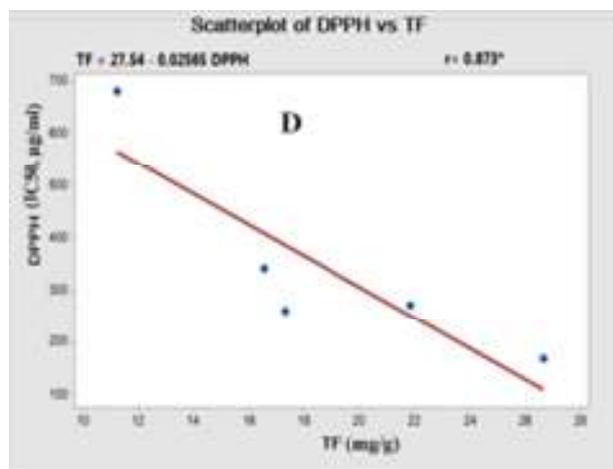


Fig 3. Relationship between the total antioxidant activities and TF using DPPH scavenging assay

Evaluation of Cs/PVA/PEE film as antioxidant donor

To enhance the usage of polymer films in food technology, the incorporation of these films with plant extracts rich in antioxidant has been reported to improve food safety and quality assurance Kanatt *et al* (2012). Blending synthetic polymer PVA with chitosan enhances the physical and mechanical properties of chitosan. Moreover incorporation of Cs/PVA with different plant extracts has been reported to be an effective tool in food packaging without any undesirable properties Kanatt *et al* (2012). Based on prior data, the present part will merely evaluate release of phenolics and antioxidant from Cs/PVA film incorporated with *pea peels* ethanolic extract under different temperatures as those used during food storage i.e. 4, 25 and 37°C. The higher release of phenolics from the biofilm indicates higher release of natural antioxidant responsible for combating the deterioration in food quality.

When Cs/PVA/PEE film dipped in distilled water, it hydrated, swelled and sequentially lost its structural firmness and released the active antioxidants (Flores *et al.*,2007) . In the present study, PEE supplemented the polymer composite film with a considerable amount of phenolic compounds. Moreover, the release of these phenolics from Cs/PVA film was directly affected by the temperature (table, 5). As shown in table 5, a minimum release of phenolics from the biodegradable film was obtained at low temperature (4 C), where its values were 88.86, 147.33 and 291.66 µg/g after dipping in distilled water for 30, 120 and 720 min respectively. While significantly high phenolics were released from films stored at 37 C, where their values were 217.53, 401.10 and 811.30 µg/g after dipping in distilled water for 30, 120 and 720 min, respectively. The obtained results agreed in a large extend with those obtained by Kanatt *et al.* (2012) who stated that the release of the phenolic compounds from films incorporated with mint and pomegranate extracts was temperature dependent and the maximum release achieved at high temperature.

Incorporation of plant extracts rich in phenolics in edible films donated antioxidant ability to these films, since a significant amount of the phenolics in the films exist in soluble form. Moreover, total polyphenolic content of the film largely associated with the antioxidant ability estimated by DPPH assay.

Table 5 also displays the DPPH radical scavenging ability of the Cs/PVA film enriched with PPE. Control Cs/PVA film (not containing PEE) did not display any anti-radical activity for DPPH (data not shown). Once Cs/PVA film incorporated with PEE, the polymer film exhibited anti-radical activity as shown in (table 5). The release of natural products from edible films is mainly depending on handling temperature. At lower temperature (4C), PEE phenolic compounds was released less from the bi-polymer films while at higher temperatures (37 °C) the anti-radical action of Cs/PVA film was significantly increased due to fast release of phenolics from the film. Cs/PVA film recorded the best percentages of scavenging DPPH as 34.46, 55.43 and 85.56 after incubation with distilled water at 37 C for 30, 120 and 720 min, respectively.

Table 5. Released phenolics(TP) and DPPH scavenging activity (I%) of Cs/PVA film incorporated by PEE.

Time (min)	4 °C		25°C		37°C	
	TP(µg/ml)	% I	TP(µg/ml)	% I	TP(µg/ml)	% I
30	88.86 ^(c) ±3.09	5.56 ^(c) ± 0.11	135.86 ^(b) ±1.87	10.36 ^(b) ±0.61	217.53 ^(a) ±2.60	34.46 ^(a) ±0.98
60	121.06 ^(c) ±3.20	8.10 ^(c) ±0.80	191.43 ^(b) ±2.50	15.60 ^(b) ±0.60	235.33± ^(a) 2.25	36.46 ^(a) ±0.96
120	147.33 ^(c) ±2.75	17.46 ^(c) ±0.57	237.83 ^(b) ±2.25	21.46 ^(b) ±1.2	401.10 ^(a) ±3.15	55.43 ^(a) ±1.25
360	189.00 ^(c) ±2.30	30.30 ^(c) ±1.27	406.03 ^(b) ±2.05	42.56 ^(b) ±2.05	711.76 ^(a) ±3.65	77.26 ^(a) ±1.33
720	291.66 ^(c) ±3.91	40.70 ^(c) ±1.65	531.63 ^(b) ±5.38	55.63 ^(b) ±2.25	811.30 ^(a) ±4.00	85.56 ^(a) ±1.60

The previous results agreed with those obtained by *Mayachiew and Devahastin(2010)* who stated that bioactive constituents were rapidly released from Cs films enriched with Indian gooseberry during the first period (8 h) and then was rather constant in the second phase (8-24 h). On contrary, our results disagreed with those obtained by *Kanatt et al. (2012)* who found that phenolic compounds were released from Cs/PVA film enriched with natural extracts in the first 30 min and after this period, DPPH scavenging ability of these films did not considerably increase.

CONCLUSION

The opportunity of valorization of *pea peels* for developing anti- α -amylase inhibitors and antioxidants was investigated. Obtained data showed that the components of *pea peels* butanolic fraction possess high anti- α -amylase activity (IC₅₀ = 1.61 mg/ml). Therefore, it could be used in alleviating T2DM through suppress intestinal glucose absorption. This study shows also strong antioxidant activity of *pea by-product* ethyl acetate fraction with IC₅₀ values of 167.23, 302.36 and 317.66 µg/ml when evaluated by DPPH, NO and H₂O₂ assays, respectively. A significant and negative correlation was achieved between total flavonoids content and IC₅₀ when evaluated by DPPH assay. An edible film consisted of Cs/PVA biopolymer enriched with *pea peels* ethanol extract was developed and monitored for the release of polyphenols and antioxidants under different temperatures. After 120 minutes of dipping Cs/PVA/PEE polymer in water at (37 C), the anti-DPPH activity (55.43%) of edible film was significantly increased in comparison with those maintained at lower temperatures due to the fast release of phenolics (401.10 µg/ml). So, it could be concluded that edible film enriched with *pea by-product* extract improves nutritional and aesthetic quality features of food products.

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من المخلف الى المنفعة: تقييم النشاطات المثبطة لانزيم الالفا اميليز والمضادة للاكسدة بالاضافة الى تطوير فيلم تغليف نشط نحو تثمين قشور البسلة

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ان هذه الدراسة تهدف الى تثمين مخلفات البسلة بواسطة استخدام بعض التطبيقات الغير تقليدية . وبمعنى اخر تفريد المحتوى الفينولي والتقدير الكمي لمكوناته في المستخلص الايثانولي 80% وتقدير النشاط المضاد للاكسدة والمضاد لنشاط انزيم الالفا اميليز لطبقات المذيبات الناتجة عن الاستخلاص المتتابع من المستخلص الام السابق ذكره وكذلك تقييم غلاف مكون من الشيتوزان وكحول عديد الفينيل في وجود المستخلص الايثانولي لقشور البسلة كمصدر للامداد بمضادات الاكسدة . وقد اظهرت النتائج ارتفاع محتوى طبقة خلاص الايثايل من عديدات الفينول الكلية والفلافونيدات بقيم 165,43 مليجرام مكافئ حامض الجاليك/جرام مستخلص و 26,63 مليجرام مكافئ الكيورستين/جرام مستخلص على الترتيب . وقد تم توثيق ان الهيسيريدين هو عديد الفينول الاكثر تواجدا في المستخلص الايثانولي لقشور البسلة بتركيز مرتفع نوعا (2107,2 ميكروجرام/جرام مستخلص) . وقد اظهرت طبقة البيوتانول قدرة جيدة لتثبيت نشاط انزيم الالفا اميليز ($IC_{50} = 1.61$) . وقد اظهرت نتائج الدراسة ارتفاع القدرة المضادة للاكسدة لمستخلصات قشور البسلة محل الدراسة . كذلك فان طبقة خلاص الايثايل قد سجلت اقل القيم IC_{50} عند تقييم القدرة المضادة للاكسدة عندما قدرت بطرق DPPH و NO و H_2O_2 بقيم 167,23 و 302,36 و 317,66 ميكروجرام /مل على الترتيب . وبشئ مثير للانتباه فان هناك ارتباط معنوي (سالب) بين محتوى الفلافونيدات الكلية وقيم IC_{50} عندما قيمت بطريقة DPPH . وفي النهاية فان الدراسة تقترح امكانية استخدام المستخلص الايثانولي لقشور البسلة في تدعيم اغلفة غذائية قابلة للتحلل من الشيتوزان وكحول عديد الفينيل للامداد بمضادات الاكسدة الطبيعية .