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Productive Performance and some Blood Parameters of Broiler Chickens Fed Diets Supplemented with Thyme and Lavender Oils.

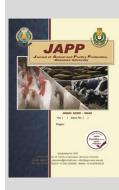


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ABSTRACT



This study was conducted to investigate the impact of thyme (Thymus vulgaris l.) and lavender (Lavandula augustifolia m.) oils supplementation and their combination in broiler's diet on productive performance and some blood parameters. A total number of 120 broiler chicks (Arbor Acres) of one-week old were used in this study. Birds were randomly divided into 4 groups. The birds in each group were distributed to 3 replicates, 10 birds each. The first group (T1) was served as a control group and received only a basal diet. The 2nd group (T2) was fed basal diet supplemented with thyme oil at level of 0.4 ml/ kg diet. The 3th group (T3) was fed basal diet supplemented with lavender oil at level of 0.5 ml/ kg diet and 4th group (T4) was supplemented with mixture of thyme and lavender oils at levels of 0.4 and 0.5 ml/kg diet, respectively. Results showed that supplementing thyme oil or mixture of thyme and lavender had no significant effect on live body weight (LBW) at the end of trial, while feed intake was significantly reduced, and feed conversion ratio was significantly improved compared with the control and lavender groups. Also, thyme and mixture group significantly increased thymus and bursa of Fabricius relative weights. Total blood protein, total albumin and total globulin were significantly increased by adding thyme or mixture of oils to broiler diet. Whilst, total cholesterol, triglyceride, LDL were significantly decreased, and HDL was significantly increased by adding thyme oil to broiler diet.

Keywords: broiler, thyme, lavender, growth performance, and blood parameters.

INTRODUCTION

It is well known that, the animal protein either from animal or poultry is very important for human (Byarugaba, 2007). In the year 1940, the growth promoter effects of antibiotics were discovered (Niewold, 2007). The United States Food and Drug Administration approved the use of antibiotics as a growth promoter in animal nutrition without veterinary prescription in 1951 (Jones and Ricke, 2003). Over use of antibiotic growth promoters (AGP) in animal production for long period caused many problems for both animal and human, one of these problems is the bacterial resistance to antimicrobial effect (Javed et al., 2009). So, the European Union in 2006s banned the use of AGP in poultry production (Hashemipour et al., 2013). This decision stimulated the researches to find alternative feed-additives in animal feeding including plants in different forms, as oils, extracts, flowers, buds, leaves, seeds, herbs, etc. (Sarica et al., 2005). Thyme (Thymus vulgaris L.) is an aromatic plant belong to family Lamiaceae. thyme has major attention across the globe as a pharmaceutical and therapeutic agent. Reports indicated that the primary pharmacological effects of thyme comes from para cymene, thymol and carvacrol, which are the most important bioactive components in this aromatic plant (Grigore et al., 2010). Active components such as carvacrol and thymol have an antiviral, antibacterial, antioxidant and aroma regulatory effects (Grosso et al., 2010). So, some studies showed that mixing poultry feed with thyme enhance the growth performance (Abd El-Latif et al., 2002; Hassan and Tolba, 2003). However, other

researches reported that thyme had no significant effect on growth performance of broiler chickens (Mehdipour et al., 2014; and Popović et al., 2016). Lavender (Lavandula augustifolia m.) is also an aromatic plant belong to family Lamiaceae and had been used for centuries for a variety of therapeutic and cosmetic purposes, including antibacterial, sedative, hypnotic, antioxidant and anti-depressive uses which is attributed to the presence of phenolic and polyphenolic substances in this plant (Gülçin et al., 2004).

Lavender oil has a complex structure with over 150 active constituents including terpinen-4-ol, linalool, camphor, linalyl acetate, 1,8-cineole, and β-cymene as the main components (Cavanagh and Wilkinson, 2002). Until little scientific reports about the supplementation effect of lavender on the antioxidant status of chicken meat or broiler performance response (Küçükyilmaz et al., 2017). There is little information is available on using thyme and lavender oils or their combination in broiler diet. So, this study aimed to examine the effect of adding thyme or lavender oils and their mixture to broiler chicken's diet on their productive performance and some blood biochemsitry.

MATERIALS AND METHODS

This study was performed during May and June 2018, at the Poultry Research Station, Faculty of Agriculture, Al-Azhar University, Nasr City, Cairo, Egypt. A total of 120 one-day-old broiler chicks (Arbor Acres) of an average weight of 42 g, obtained from a commercial hatchery, then sexed and allocated in 2 floor pens one for

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females and the other for males. Water and feed were provided ad libitum until 7days of age. Thereafter, birds were divided into four groups with three replicates per treatment; every replicate was comprised of 10 birds (5 males and 5 females) to avoid the sex effect. The four dietary treatments consisted of T1: control, fed only basal diet, T2: fed basal diet + thyme oil (0.4 mg/kg diet), T3: fed basal diet + lavender oil (0.5 ml/kg diet) and T4: fed basal diet + thyme oil (0.4 ml/kg diet) + lavender oil (0.5 ml/kg diet). Birds were housed in open system and wood shaving bedded floor pen. The light regimen in the house was 23 h light: 1 h dark. Temperature was reduced from 32 °C during the first week of life to 25 °C at the week three and was then kept constant. Birds fed a diet free from antibiotics which were formulated according to the requirements of the Arbor Acres guidelines for broilers.

Two-phases feeding program was used, with a starter diet till 21 days of age, and the grower diet their after until 35 days of age. The composition of the two basal diets is shown in Table 1.

Essential oils of thyme and lavender were considered pure 100% and were commercially purchased from a local company and added to broiler diet from the 7th day of age to the end of trial. The analysis of essential oils was determined by the producing company as shown in Table 2. A standard vaccination program was applied during the whole period for all treatments group.

Table 1. Basal diet fed to broilers during the experimental periods.

- Caperiniental periods.	Starter	Grower	
Ingredients	(1-21)	(22-35)	
Yellow corn (7.5% CP)	55.7	60.1	
Gluten meal (60% CP)	14.0	12.9	
Soybean meal (42.5% CP)	24.3	20.3	
Mono-calcium phosphate (CaHPO4)	1.6	1.35	
Limestone (CaCO ₃)	1.9	1.9	
Vegetable oil	1.5	2.5	
Salt (NaCl)	0.3	0.3	
Premix*	0.3	0.3	
DL-Methionine (100%)	0.2	0.2	
L-Lysine (100%)	0.2	0.15	
Total (Kg)	100	100	
Calculated analysis			
Crude protein (%)	23.02	21.00	
Metabolizable energy (Kcal /Kg)	3049	3146	
Calcium (%)	1.06	1.01	
Available phosphorus (%)	0.47	0.40	
L-Lysine (%)	1.14	1.04	
DL-Methionine (%)	0.66	0.58	
Methionine + Cystine (%)	1.07	0.96	

*Premix supplied per Kg of diet: Vit. A, 12000 I.U; Vit. D₃, 3100 I.U; Vit. E, 30 mg; Vit. K₃, 1.65 mg; Vit. B₁, 4.4 mg; Vit. B₂, 5.5 mg; Vit. B₆, 3.3 mg; Vit. B₁₂, 15 μg; Niacin, 53 mg; Pantothenic acid, 11 mg; Folic acid, 1 mg; Biotin, 200 μg; Choline chloride, 715 mg; Copper, 9 mg; Iodine, 1.1 mg; Iron, 88 mg; Manganese, 66 mg; Zinc, 40 mg, Cobalt, 0.2 mg and Selenium, 0.3 mg.

Table 2. Physico-chemical properties of aromatic oils derived from thyme (*Thymus vulgaris l.*) and lavender (*Lavandula augustifolia m.*).

	Thyme* Lavender*					
Solubility	E	thanol+ Light petroleum	anol+ Light petroleum			
Relative density	0.921	0.881	e .			
Refractive index	1.498	1.458	1.458			
	Active Ingredients (Assay by GC)					
Thyme		Lavender				
Item	%	Item	%			
Thymol	44.1%	Linalool	41.9			
Para cymene	20.6%	Linalyl acetate	37.4			
Gamma terpinene	6.2%	Terpinen-4-ol	2.8			
Linalool	5.1%	Camphor	0.8			
Carvacrol	1.9%	3-Octanone	0.3			
Myrcene	1.6%	Lavandulyl Acetate	0.3			
Terpinen-4-ol	0.9%	Cineole	0.2			
		Lavandulol	0.2			
		limonene	0.1			
		Alpha- Terpineol	0.1			

^{*}Analysis by the producers.

Live body weight, weight gain, feed intake and feed conversion ratio were evaluated for whole period. At the end of experiment, sex birds from all groups were slaughtered to evaluate the carcass quality, meat chemical composition, and at 35 days of age, six blood samples per treatment were collected from the wing vein. The blood samples were put into heparinized test tubes. Blood plasma were separated by centrifugation at 1500×g for 10 min at 4 °C and stored at -18 °C until the analyses were performed.

All biochemical traits of the blood plasma (total protein, albumin, total cholesterol, triglyceride, HDL and LDL were determined using the commercial diagnostic kits (Diamond Diagnostics Company, Egypt), as reported by Young (2001). Globulin concentration was calculated as the difference between total protein and albumin. LDL

was calculated from the following equation: LDL (mg/dl) = Total Cholesterol – (Triglyceride / 5) – HDL. The experiment was arranged in a complete randomized design. Then one-way ANOVA was employed using the SPSS procedure (SPSS for Windows Release 16, SPSS Inc. 2010). The differences among groups were evaluated by Duncan's (Duncan's 1955) multiple comparison tests. Differences were considered statistically significant at ($P \le 0.05$). The statistical model was: Yij = $\mu + A_i + e_{ii}$,

where Yij= response variable, μ = is the overall mean, Aj = essential oils (j=1-4), eij = standard error.

RESULTS AND DISCUSSION

The impact of dietary supplementation of thyme and lavender oils on feed intake, weight gain, body weight,

and feed conversion ratio are presented in Table 3. Results indicated that treatments had no significant effect on live body weight and body weight gain at the end of the experiment compared with control group. These results are corresponding with (Cho *et al.*, 2006; Cross *et al.*, 2007; Hoffman and WU, 2010; Attia *et al.*, 2016; and Küçükyilmaz *et al.*, 2017). While, feed intake was significantly decreased, and the best feed conversion ratio was in thyme, mix and lavender treatments, compared with the control group. These results agreed with those of (AL-Kassie, 2009; Saki *et al.*, 2014; Ragaa *et al.*, 2016; and

Adaszyńska-Skwirzyńska and Szczerbińska, 2018). These results may be due to the antimicrobial effects of EOs, which improvement of the bacterial classification in the intestinal tract, aromatic oils increasing the production of digestive enzymes and improving digestion (Khattak *et al.*, 2014 and Khosravinia, 2015). Also, Mathlouthi *et al.*, (2009) mentioned that the healthy effects of thyme and lavender on the performance of broiler chickens results from their effects on the digestion, nutrient absorption and immune system.

Table 3. Effect of aromatic oils on growth performance of broiler chickens.

T4	BW at 7	BW at 35	BWG from 7-35	FI from 7-35	FCR from 7-35
Item	days of age (g)	days of age			
Control	168.00	1955.33	1787.33	3092.14 a	1.73 a
Thyme	168.00	1975.22	1807.22	2963.14 b	1.64 ^b
Lavender	168.00	1962.17	1794.17	3069.20 a	1.71 a
Mix	168.00	1956.64	1788.64	2944.79 ^b	1.65 b
S.E.M.	0.161	9.079	9.083	15.294	0.000
p-value	1.000	1.000	0.393	0.000	0.000

a.b.: Means within a column that do not share a common superscript are significantly different $(P \le 0.05)$.

The effects of dietary supplementation of thyme and lavender oils on blood-plasma protein's profile including total albumin, total globulin, total protein, and A/G ratio are presented in Table 4. Results showed that adding thyme oil to broiler diet significantly increase total blood protein value by 4.02 g/dl followed by lavender, mix and control groups 3.93, 3.84 and 3.79 g/dl, respectively.

Whilst, total albumin was significantly higher in lavender, thyme and the control groups compared with mix group. On the other hand, total blood globulin was significantly higher in thyme group followed by mix and lavender groups in comparison with control group. The best A/G ratio was in mix and thyme groups compared

with lavender and control groups. The increase in plasma content of total protein suggested the capacity of aromatic oil to improve digestion and absorption of proteins as previously reported by Bento *et al.* (2013) and Krishan and Narang (2014) allowing a better use of protein in broiler chicken and thus improvement the weight gain. Also, these results may be due to effects of active compounds to stimulate protein synthesis in relative organs (Souri *et al.*, 2015). In addition, Houghton *et al.* (1995) illustrated that the growing in globulin fraction stated the effective role of using aromatic oils in enhancing immunity due to its role in developing and protecting cells; and inhibiting non-enzymatic oxidation.

Table 4. Effect of aromatic oils on blood-plasma protein's profile of broiler chickens.

Item	Total Protein (g/dl)	Albumin (g/dl)	Globulin (g/dl)	A/ G Ratio
Control	3.79 ^d	1.91 ^a	1.88 °	1.02 a
Thyme	4.02 a	1.93 a	2.09 a	$0.93 ^{\rm bc}$
Lavender	3.93 ^b	1.95 a	1.98 ^b	0.99 ^b
Mix	3.84 °	1.84 ^b	2.01 ^b	0.92 °
S.E.M.	0.020	0.021	0.027	0.022
<i>p</i> -value	0.000	0.002	0.000	0.006

 $[\]overline{a}_{a,b,c}$: Means within a column that do not share a common superscript are significantly different (P \leq 0.05).

Table 5 discus the influence of thyme, lavender and the blend of them on the blood-plasma lipid's profile.

Thyme treatment significantly decreases the total cholesterol, triglyceride and LDL; while HDL was increased followed by lavender and mix group compared with control group. Further, VLDL value wasn't significantly affected by treatments. These results agreed with those of Case *et al.* (1995) and Lee *et al.* (2004). The

decrease in cholesterol content recorded in this study could be due to the inhibiting effects of thymol and carvacrol on 3-hydroxy-3-methyl-glutaryl-CoA reductase (HMG-CoA reductase), a key enzyme in cholesterol synthesis which reduced fat absorption from the intestinal or the lipid catabolism for gluconeogenesis (El-Ghousein and Al-Beitawi, 2009 and Abdulkarimi *et al.*, 2011).

Table 5. Effect of aromatic oils on blood-plasma lipid's profile of broiler chickens.

Item	Cholesterol (mg/dl)	Cholesterol (mg/dl) Triglyceride (mg/dl) HDL		LDL (mg/dl)	VLDL (mg/dl)			
Control	171.00 a	93.89 a	48.33 °	103.89 a	18.78			
Thyme	136.50 ^d	78.33°	64.28 a	55.67 ^d	15.67			
Lavender	161.72 ^ь	89.72 ^b	56.78 ^b	87.06 ^b	17.94			
Mix	150.56°	88.33 b	63.39 a	69.50°	17.67			
S.E.M.	1.14	1.29	0.55	1.23	0.26			
<i>p</i> -value	0.000	0.000	0.000	0.000	0.000			

 $[\]frac{1}{a,b,c,d}$. Means within a column that do not share a common superscript are significantly different (P \leq 0.05).

Table 6 displays that supplementing thyme, lavender or their mixture to broiler diet had no significant

effect on carcass's chemical composition including protein, moisture, dry matter, fat and ash percentages. Table 6. Effect of aromatic oils on carcass chemical composition of broiler chickens' meat.

Treatments	Moisture*		Dry matter*		Prote	Protein**		Fat**		Ash**	
	Breast	Thigh	Breast	Thigh	Breast	Thigh	Breast	Thigh	Breast	Thigh	
Control	71.87	70.19	28.13	29.81	77.32	76.7	19.64	20.35	1.95	1.79	
Thyme	72.43	70.66	27.57	29.34	77.91	76.94	19.17	20.34	1.93	1.67	
Lavender	72.39	70.65	27.61	29.35	77.84	76.86	19.35	20.43	1.79	1.65	
Mix	72.63	70.83	27.37	29.17	78.19	77.18	19.16	20.22	1.67	1.59	
<i>p</i> -value	0.30	0.31	0.27	0.28	0.21	0.29	0.11	0.11	0.07	0.07	

^{*} After transformed from Arcsin. ** As a percentage from dry matter.

Table 7 explains the carcass characteristics as affected by supplementing diet with thyme, lavender and mixture of them. Results appeared that adding thyme, lavender or their mixture to broiler diet had any significant effect on carcass characteristics including dressing, total edible parts and total inedible parts relative weight. These results agreed with those of Ocak *et al.* (2008). Whilst,

abdominal fat relative weight was significantly decreased in mixture group followed by thyme and lavender groups compared with control group. Also, thymus and bursa of Fabricius relative weights were increased by supplementing of thyme and mixture of thyme and lavender followed by lavender and control groups. The results here are similar to those obtained by Denli *et al.* (2004).

Table 7. Effect of aromatic oils on carcass characteristics of broiler chickens.

Treatments	LBW	Dressing*	Total edible	Total inedible	Abdominal	Bursa* of	Thymus*
Treatments	(g)	%	parts* %	parts* %	fat* %	Fabricius %	%
Control	1955.33	74.6	76.199	23.80	1.74 ^a	0.0586 b	.00211 d
Thyme	1975.22	75.1	76.633	23.37	1.45 ^b	0.0655 a	.00226 a
Lavender	1962.17	74.9	76.456	23.54	1.51 ^b	0.0576 ^b	.00217 °
Mix	1956.64	74.9	76.427	23.57	1.33 ^c	0.0646 a	.00224 b
<i>p</i> -value	1.000	0.088	0.288	0.288	0.001	0.000	0.000

 $[\]overline{a,b,c,d}$: Means within a column that do not share a common superscript are significantly different (P \leq 0.05).

CONCLUSION

It can be concluded that the addition of 0.4 ml/kg thyme or mixture from thyme and lavender at level of 0.4 and 0.5 ml/kg diet, respectively for broiler's diet can improve growth performance, immunity and blood biochemical parameters of broiler chickens.

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^{*} After transformed from Arcsin.

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الأداء الإنتاجي وبعض مقاييس الدم لدجاج التسمين المُغذي على علائق مضاف إليها زيوت الزعتر واللافندر طُريفُ عَبد العزيز شما ، عبد الرفيع احمد الشافعي و وليد عبد المعز عباس الياظ بيُّ قسم الإنتاج الحيواني - كلية الزراعة بالقاهرة- جامعة الأزهر - جمهورية مصر العربية

أجريت هذه الدراسة في المزرعة البحثية التابعة لكلية الزراعة جامعة الأزهر بالقاهرة خلال شهري مايو ويونيو من عام 2018 م باستخدام عدد 120 طائرا من دجاج التسمين عمر أسبوع، وذلك لدراسة تأثير إضافة زيوت كل من الزعتر واللافندر وخليطهما علي الأداء الإنتاجي والذبيحة والتحليل الكيميائي للحم وبعض صفات الدم لدجاج التسمين. قسمت الطيور الي 4 مجموعات بكل منها 30 طائرا مقسمة الي ثلاث مكررات بكل منها 10 طيور (5 ذكور + 5 إناث). غذيت المجموعة الأولي (الكنترول) على عليقة بدون أي إضافات، المجموعة الثانية غذيت علي علائق مضاف إليها زيت اللافندر بمعدل 0.5 مل/ كجم عليقة، بينما المجموعة الرابعة غذيت علي علائق أضيف إليها خيط من المجموعة الثانية عني علائق اضيف اللها ذيت المجموعة الرابعة غذيت على علائق أضيف اللها خالات المجموعة الأدام المجموعة الرابعة غذيت على علائق اضيف اللها المجموعة الأدام المجموعة الرابعة غذيت على علائق اضيف اللها المجموعة الأدام المجموعة الثانية على المجموعة الثالثة غذيت على علائق اضيف اللها المجموعة المجموعة الأدام المجموعة المحتورة الأدام المحتورة زيتي الزعتر واللافندر بمعدل 0.4 مل زعتر + 0.5 مل لافندر/ كجم عليقة. أشارت النتائج الي تحسن معنوي في الأداء الإنتاجي للطيور التي غنيت علي العلائق المحتوية علي الزعتر (المجموعة المانية) وعلي العليقة المحتوية علي خليط من الزعتر واللافندر (المجموعة الرابعة) مقارنة بالمجموعة التي غنيت علي اللافندر (المجموعة الثالثة) والمعاملة الكنترول. لوحظ تحسنا معنويا في كل من البروتين الكلي والألبيومين والجلوبيولين في دم دجاج المعاملات مقارنة بالكنترول. اُنخفضت نسبة الكوليستيرول والدهون الثلاثية في الدم مع زيادة نسبة الليبوبروتين عالي الكثافة في المعاملات مقارنة بالكنترول. أيضا انخفضت نسبة دهون البطن في المعاملات مقارنة بالكنترول. وبناء علي ذلك، فإنه يمكن إضافة زيوت الزعتر واللافندر الي علائق دجاج التسمين لتحسين الصفات الإنتاجية بدون