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IMPROVEMENT OF QUALITY OF RAS CHEESE MADE FROM PASTEURIZED MILK USING A SPECIAL SLURRY FROM EWE'S MILK

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ABSTRACT

The present study was carried out as an attempt to improve the quality of Ras cheese made from pasteurized cow's milk using ewe's milk slurry to which proteases and lipases were added. The slurry was incubated at 30°C for one week, and then added either to the cheese milk prior to coagulation or directly to the cheese curd before pressing. Cheeses were analysed for chemical, microbiological and organoleptic properties at 0, 15, 30, 60 and 90 d of ripening. Generally, the addition of slurry affected at least four parameters of interest for the flavour development. Cheese flavour development was accelerated, the proteolysis was enhanced and casein breakdown was stimulated. Addition of slurry increased the levels of the total volatile fatty acids at each period of ripening, particularly with addition of slurry to cheese curd. Addition of slurry affected the microbiological quality of cheeses. Proteolytic and lipolytic bacterial counts increased throughout ripening, while yeast and moulds were no longer detectable in slurry added cheese after 30 d of ripening. Sensory evaluation showed that the Ras cheeses made with the slurry received higher scores for flavor and body and texture than the control cheese over 90 d of ripening. These results suggested that the addition of ewe's milk slurry was necessary for development of sensory characteristics of the cheeses.

INTRODUCTION

Ras cheese is an Egyptian most popular hard cheese, similar to Greek type "Kefalotyri". The popularity of this type of cheese is mainly due to its

(Received May 10, 2008) (Accepted June 29, 2008) unique taste and aroma. Ras cheese is originally made in Egypt from cow's milk or from a mixture of cow's and buffalo's milk, but the used milk is usually raw (unpasteurized) milk. Under these unhygienic conditions a wide variety of pathogenic and undesirable microorganisms may be find their way through milk, cause risks and hazard spoilage and deterioration for the product.

Due to the high microbial load present in raw milk, pasteurization is commonly used to eliminate all pathogenic and most of non-pathogenic organisms before its further processing into cheese. Moreover, pasteurization of milk for cheese manufacture is intended mainly to reduce microbial load, ensure greater yield, high level of quality and ripening at higher temperature (**Ordonez** *et al* **1999**).

Recently, there has been widespread national concern over the potential health risks to the general public from hazard spoilage in a variety of raw food products. Currently, regulations for safety and quality control in Egypt enforced that cheese milk must be pasteurized before manufacture to ensure a margin of safety for consumers.

Manufacture of Ras cheese from pasteurized milk lead to many problems in quality of the final product. These problems include; the lake of characteristic flavour and aroma, retardation of cheese ripening, surface dryness and texture fractures (**Girgis et al 1999; Ayad 2004**). The effect of heat treatment on milk aroma has been well documented. The same aroma intensity takes longer time to develop in cheeses made from pasteurized milk than in raw milk cheeses, if it can be attained at all (**Mendia et al 1999**). It is widely acknowledged that pasteurization influences the biochemistry of ripening by altering the indigenous microflora of the milk, partially or completely inactivating certain enzymes that contribute to ripening (**Grappin and Beuvier 1997; Moatsou** *et al* **2001**).

Therefore, there is an interest in improving quality of Ras cheese made from pasteurized milk to meet consumer demands who looks for quality and originality. The challenge in Ras cheese made from pasteurized milk is to improve the sensory attributes of the product to produce a cheese that is comparable to its raw milk counterpart. Development of ways to overcome these problems in Ras cheese therefore can accelerate the ripening rate, improve overall quality and marketability, and make a safer product for the consumer. Recent development in Ras cheese research was reviewed by **Abo-Donia (2002)**.

To produce cheeses with the same characteristics as raw milk cheeses, replenishment of the beneficial microorganisms destroyed by heating is necessary. Several approaches have been investigated for their potential to accelerate ripening and improve the flavor and texture of Kefalotyri (Ras) cheese, e.g. modification of conventional manufacturing process (Hofi et al 1970), addition of trace elements (Hofi et al 1973a), use of casein and whey protein hydrolysates (Hofi et al 1973b), use of enzymes (Abd El-Salam et al 1979), use of autolysed starters or specially designed adjunct cultures (Nassib 1974; Aly 1990; Ezzat and El-Shafei 1991; El-Shafei, 1994; Katsiari et al 2002). Utilization of cheese slurries in acceleration of Kefalotyri (Ras) cheese ripening and enhancing flavour development has been also extensively investigated (Abd El-Baky et al 1982; Abd El-Hamid et al 1991; Hofi et al 1991; Abo-Donia 2002).

The objective of the present study was to improve the quality of Ras cheese made from pasteurized cow's milk using ewe's milk slurry as a source of enzymes and microorganisms, since Kefalotyri cheese is traditionally made in Greece from ewe's milk.

MATERIALS AND METHODS

Preparation of ewe's milk slurry

Ewe's milk slurry was prepared from fresh ewe's milk, which was purchased from a local dairy farm. Proteolytic (protease, 0.004%) and lipolytic (lipase, 0.001%) enzymes were added to the salted curd directly prior to press. Cheese process was completed by the conventional manner. The resultant cheese was incubated at 30°C for about one month. The prepared slurry was then treated as follows; the slurry was mixed with 5% sodium chloride and 0.3% potassium sorbate. The resultant slurry was packed in tightly closed containers and stored at 30°C for approximately one week prior to use for Ras cheesemaking. Such preparation was done mainly as given by **Abd El-Baky** *et al* (1982).

Ras cheese manufacture

Fresh cow's milk was obtained from the herd of the Animal Prod. Res. Inst., Ministry of Agriculture (Sakha Station), Kafr El-Sheikh governorate, Egypt. The milk was heat treated at 72°C for 15s, and rapidly cooled to 32°C before used in cheese manufacture. Three different cheese batches were manufactured: a control batch was made from milk without added slurry (C); a second batch was made with adding slurry to cheese milk (T1); and a third batch was made with adding slurry directly to the salted curd before pressing (T_2) . In T_1 and T_2 , slurry was added at the rate of 1% of the cheese milk weight. All cheese batches were manufactured according to the method described by Hofi et al (1970). Two replicates were made, yielding duplicates of each batch. Finally, the cheese samples were allowed to ripen under controlled conditions of temperature and humidity before being taken for analysis. Two cheese samples were taken from each batch for analysis at 0, 15, 30, 60 and 90 d of ripening. All analyses were also performed in duplicate.

Methods of analysis

Chemical analysis

Cheese samples were analyzed for moisture, fat, salt and titratable acidity (TA) according to the methods of Association of Official Analytical Chemists (AOAC 1990). pH was measured using pH meter Jenway model 3020 (Jenway Ltd. Gransmore Green, Felsted, Dunmow, England)). Total nitrogen (TN), soluble nitrogen (SN) and nonprotein nitrogen (NPN) were determined by the semi-micro kjeldahl method. Total volatile fatty acids (TVFA) were determined by the distillation method described by Kosikowski (1970). Shilovich ripening index (SRI) was carried out according to Tawab and Hofi (1966).

Electrophoresis analysis

Proteolytic patterns of hydrolyzed and degraded cheese proteins were evaluated by polyacrylamide gel electrophoresis (SDS-PAGE) as described by Laemmli (1970). Precipitates of protein obtained from N fractionation were washed twice in distilled water, centrifuged, and freeze-dried. Five milligrams was dissolved in 1 ml of 7 M urea, and 25 μ l of 0.05% aqueous solution of bromophenol blue were added. Samples (15 μ l each) of this solution were taken for the electrophoretic separations. Alkaline urea-PAGE with 1-mm spacers was performed with 8.8% (w/v) polyacrylamide and 5 M urea at pH 8.9. Gels were stained with Coomassie Blue R-250 (Sigma Chemical Company, St. Louis, MO) and destained by repeated washing in a solution of ethanol, acetic acid, glycerol, and water (200:50:25:725 v/v).

Microbiological analysis

Cheese samples were examined for total bacteria, proteolytic bacteria, lipolytic bacteria, coliform, yeast and mold counts, according to American Public Health Association (APHA 1992). All experiments were repeated in triplicate and each analysis in duplicate.

Organoleptic evaluation

The organoleptic properties of the cheese samples were evaluated by a test panel of 5 panelists with maximum score points of 60, 30, and 10 for flavour, body & texture, and appearance, respectively as given by **Hofi** *et al* (1991).

Statistical analysis

The obtained data were statistically analyzed using the one way ANOVA procedure. The PROC GLM procedure of (**SAS, 1985**) was used for all data analysis while, Duncan's multiple comparison was applied among treatments. The level of significance was set at P < 0.05.

RESULTS AND DISCUSSION

Chemical composition

Table (1) shows that addition of ewe's milk slurry to the cheese milk or curd slightly decreased the moisture content of the resultant cheese. This was associated with an increase in the fat, protein and salt contents as a result of increasing the percentage of dry matter. Addition of the slurry to the curd was the most effective factor in this respect. The mean values of moisture contents of slurry added cheeses were 27.93 and 26.42 % for T₁ and T₂, respectively compared to 33.43% for control cheese after 90 d of ripening.

	Ripening	Chemical composition					
Treatments*	period	Moisture	Fat		Protein		
	(days)	%	%	Fat/DM	%	Protein /DM	Salt/DM
Control	0	36.95 ^a	31.00 ^b	50.03 ^a	24.90 ^b	39.48 ^a	6.88 ^c
	15	37.38 ^a	32.50 ^b	51.91 ^a	25.55 ^b	40.79 ^a	7.14 ^b
	30	37.05 ^a	33.20 ^b	52.70 ^a	26.21 ^a	41.62 ^a	7.70 ^b
	60	36.15 ^a	34.73 ^b	54.19ª	27.00 ^a	42.46 ^a	8.42 ^b
	90	33.43 ^a	35.42 ^b	53.90 ^a	27.15ª	40.84 ^a	9.92 ^a
T ₁	0	33.68 ^b	34.75 ^a	51.41 ^a	26.01 ^a	39.23 ^a	10.03 ^b
	15	32.14 ^b	36.25 ^a	53.43 ^a	26.49 ^{a,b}	39.04 ^b	11.00 ^a
	30	31.10 ^b	37.17 ^a	53.98 ^a	26.77 ^a	38.86 ^b	11.89ª
	60	29.73 ^b	37.50 ^a	53.39 ^a	27.53 ^a	39.16 ^a	12.63 ^a
	90	27.93 ^b	39.17 ^a	54.35 ^a	27.99 ^a	38.82 ^a	13.62 ^a
T ₂	0	33.10 ^b	34.45 ^a	51.91 ª	26.40 ª	39.84 ^a	10.75 ^a
	15	31.58 ^b	36.12ª	52.79ª	27.08 ª	39.59 ^b	11.51 ^a
	30	30.15 ^b	37.03 ^a	53.01 ª	27.67 ^a	39.60 ^{a,b}	12.38 ª
	60	28.34 ^b	37.83 ^a	52.79ª	28.34 ª	39.52 ª	13.23 ^a
	90	26.42 ^b	40.17 ^a	54.57 ^a	29.23 ^a	39.72ª	14.23 ^a

Table 1. Chemical composition (n = 4) of control and treated cheeses during ripening period

Control: Cheese made without adding slurry

T₁: Slurry was added to cheese milk

T₂: Slurry was added to cheese curd before pressing

• Means with the same letter in the same column are not significantly different.

At the end of ripening period, the mean values of fat/DM, protein/DM and salt/DM (**Table 1**) in cheese from all treatments were insignificantly different, whereas their values throughout the ripening period were differed significantly. These values were different from those given by **Awad et al** (2003) for market Ras cheese and by **Ayad (2004)** for Ras cheese made from raw and pasteurized milk. Such differences may be due to the differences in composition between ewe's and cow's milks. Ewe's milk is higher in fat than cow's milk. With almost twice as much in the way of solids as cow's milk, and significantly higher in protein.

Ripening indices

Titratable acidity (TA) of cheese with slurry added either to cheese milk or curd was significantly (P<0.05) higher than that of the control (Table 2). The TA and pH values of control and slurry added cheeses for the corresponding ripening periods revealed that more lipolysis and proteolysis occurred in slurry added cheeses than control. The pH of all cheeses significantly decreased from the first day to d 30 and remained almost constant thereafter. Results show also that Ras cheese made with adding slurry contained more total volatile fatty acids (TVFA) than the control cheese at each period of ripening. However, addition of cheese slurry to the curd was more effective in this respect than when it was added to the cheese milk.. The final concentration of TVFA in cheese to which slurry was added to the curd, was 2-3 times higher than that of control, while that value was higher than that of cheese made with addition of slurry to cheese milk. During ripening, protein in the cheese was hydrolyzed by proteases into smaller molecular compounds such as many kinds of peptides and amino acids. Therefore there should be a great increase in peptide and free amino acid content after ripening. In the present study, there was a significant difference in SRI between slurry added cheeses and control cheese reflecting the total free amino nitrogen content.

The same table shows also that SN/TN and NPN/TN values were significantly higher (P<0.05) in T₁ and T₂ than those in control at any given ripening time. On the other hand, cheese from T₂ had the highest values in this respect suggesting adding slurry to cheese curd was more effective in cheese ripening. Such impact can be attributed to presence of higher level of proteases remained in cheese during ripening. Similar trends were reported by **Abdel Baky** *et al* (1982) and **Hofi et al**

(1991) whereas the changes occurred during ripening are in agreement with those given in the literature (Abdel Salam *et al* 1979; Ayad 2004).

Electrophoretic patterns

Fig. (1) shows the electrophoretic patterns of control and slurry added cheese samples when fresh and at the end of ripening period. The principal protein regions were similar in number and relative mobility of the main protein fractions. Thus, all cheese samples showed common protein patterns which are divided into several bands, those of the fast moving fractions, as-casein, and the slow moving fractions of β -caseins, γ_1 , γ_2 and γ_3 caseins. The fresh cheeses of all batches showed that αs₁-casein was the major casein band. The electrophoretic characteristics of casein fractions showed that the initial intensity of the αs_1 -casein band was much greater than that of β -casein, and both casein bands became weaker at 90 d of ripening. The intensities of y1-casein and small peptide bands became also faint at the end of ripening. The αs1-casein showed many bands susceptible to the action of rennin and proteolytic enzymes of cheese flora. It can also be observed that, there were differences among the three cheese batches, hence, T₂ showed more proteolysis as compared with T₁ and the control. However, T₁ and T₂ showed more hydrolysis at the end of the ripening. All casein fractions of both T_1 and T_2 exhibited highly protein proteolysis as compared with control, particularly their as-casein, showing an extensive breakdown. This result might be due to that the addition of slurry stimulated the activity of both external and internal proteolytic enzymes of starter bacteria. The degradation of large molecular caseins clearly increased protein degradation products, which in turn caused the elevation of SN and NPN contents of the corresponding cheeses (Table 2). The degradation of the αs_1 -and β caseins during ripening in this study also agree with results of previous reports (Macedo and Malcata 1997; Awad et al 2003; Kalavrouzioti et al 2005). These authors reported that the hydrolysis of α_{s} - casein was more rapid than β - casein.

Microbiological properties

Table (3) shows that the total bacterial counts (TBC) increased by slurry addition and decreased by ripening period, but the differences between the different treatments over the ripening period were

	Ripening			Ripen	ing indices		
Treatments*	period	TA	pН	TVFA**	SRI***	SN/TN #	NPN/TN •
	(days)	(%)	value			%	%
Control	0	0.65 ^b	5.28 ^a	6.15 ^b	27.83ª	4.87 ^a	1.43 ^a
	15	0.84 ^a	5.08 ^a	8.04 ^b	47.83 ^a	5.99 ^b	1.89 ^a
	30	1.50 ^a	4.67 ^a	9.82 ^b	62.83 ^a	7.38 ^b	2.72 ^b
	60	1.77 ^a	4.37 ^a	11.36 °	75.00 ^a	8.79 ^b	3.77 ^a
	90	1.28 ^b	4.86 ^a	12.89 °	95.33 ^a	9.42 ^b	4.71 ^a
T_1	0	0.86 ^a	5.15 ^a	15.79ª	32.00 ^a	5.15 ^a	1.77 ^a
	15	1.04 ^a	4.93 ^a	18.02 ^a	43.50 ^b	7.08 ^{a,b}	2.54 ^a
	30	1.42 ^a	4.70 ^a	20.52 ^a	56.33 ^{a,b}	8.40 ^{a,b}	3.53 ^{a,b}
	60	1.49 ^a	4.59 ^a	24.42 ^b	70.67 ^b	9.99 ^{a,b}	4.38 ^a
	90	2.04 ^a	4.44 ^a	30.02 ^b	87.50 ^b	11.22 ^{a,b}	5.71 ^a
T ₂	0	0.85 ^a	5.28 ^a	17.09 ^a	31.67 ^a	5.02 ^a	2.31 ª
	15	1.09 ^a	4.93 ^a	19.96 ^a	43.50 ^b	7.55 ^a	2.90 ^a
	30	1.31 ^a	4.68 ^a	22.35 ^a	54.83 ^b	8.96 ^a	4.21 ^a
	60	1.46 ^a	4.59 ^a	31.52ª	70.67 ^b	10.74 ^a	5.11 ª
	90	2.11 ^a	4.38 ^a	35.44 ^a	89.00 ^{a,b}	12.14 ^a	6.34 ^a

Table 2. Ripening indices (n = 4) of control and treated cheeses during ripening period

* Treatments: See legend of **Table (1)** for details **TVFA: Total volatile fatty acids expressed as ml 0.1 N NaOH/100g of cheese

***SRI: Shilovich ripening index expressed as mI 0.1N Na OH/ 100g of cheese

SN/TN: Soluble nitrogen/Total nitrogen x 100 • NPN/TN: Non-protein nitrogen/Total nitrogen x100

- Means with the same letter in the same column are not significantly different.

Table 3. Microbiological properties (n = 4) of control and slurry added cheeses during ripening period

Treatments*	Ripening period (d)	Total bacterial count X10 ⁶	Lipolytic bacterial count x10 ²	Proteolytic bacterial count X10 ²	Yeast and mold counts X10 ²
Control	1	172.0ª	1.05 ^b	2.13 ^b	2.16 ^b
	15	99.2 ^a	1.93 ^b	3.30 ^a	1.88 ^a
	30	74.2ª	2.57 ^b	5.75 ^b	1.51 ^a
	60	56.2ª	3.64 ^b	9.49 °	1.33 ^a
	90	24.8 ^a	5.03 ^b	12.43ª	1.25 ª
T ₁	1	177.3ª	1.15 ^b	2.80 ª	3.69 ^a
	15	106.3ª	2.27 ^b	3.68 ^a	1.28 ^{a,b}
	30	83.5 ^a	3.80 ^{a,b}	8.65 ^{a,b}	N.D
	60	62.5 ^a	6.89 ^b	13.82 ^b	N.D
	90	28.5 ^a	10.78 ^a	18.85 ^b	N.D
T ₂	1	182.7 ^a	1.61 ^a	3.02 ª	3.67 ^a
	15	110.3ª	3.80 ^a	3.92 ^a	1.12 ^b
	30	86.8 ^a	7.07 ^a	10.47 ^a	N.D
	60	65.8 ^a	10.87 ^a	17.33 ^a	N.D
	90	37.0 ^a	13.80 ^a	22.83 ^a	N.D

* Treatments: See legend of Table (1) for details

- All cheese samples were free from coliform bacteria

- Means with the same letter in the same column are not significantly different.

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still not significant. Changes in lactic acid bacteria in ripening Kefalotyri cheese were studied by Litopoulou-Tzanetaki (1990) who found that, leuconostocs, lactic streptococci and betabacteria disappeared early in ripening while, lactobacilli and enterococci became predominant with ripening. The author suggested that a starter consisting of both lactic acid bacteria that disappeared early and that survived throughout ripening should be preferable for the production of Kefalotyri cheese. Proteolytic and lipolytic bacterial counts of cheeses also increased with slurry addition (Table 3). The respective proteolytic and lipolytic bacterial counts of the control and slurry added cheeses for the corresponding ripening periods, showed an opposite trend to TBC counts, where the former counts increased progressively throughout ripening, reaching the maximum, in general, at 90 d. There were no detectable levels of coliform in all cheeses either when fresh or during the ripening period. However, this result was expected, because of the effect of milk pasteurization. Yeast and mold counts of the slurry added cheeses significantly (P<0.05) decreased with slurry addition. Ripening period also caused a significant reduction in yeast and mold counts. Similar microbial profile during ripening of Ras cheese was described elsewhere (Abdel Baky et al 1982; Litopoulou-Tzanetaki 1990) whereas, greatly different microbial profile was obtained by Awad et al (2003) for market Ras cheeses made from raw milk. Egyptian Standards for Ras Cheese (E.S 2001) stated that the cheese must be completely free from pathogenic microorganisms and the counts of coliforms, molds and yeast should not be exceed than 10, 10 and 10² cfu/g, respectively.

Recently, a great attention was given for the flora of Ras cheese aiming to improve the quality when pasteurized milk is used in its making. Abdella et al (2006 a,b) studied the effect of seasonal variations and place of production on natural flora of Ras cheese, whereas Ayad et al (2006) demonstrated that, a total of 1340 strains of LAB were identified from 114 cheese samples obtained during manufacture of ripening artisanal Ras cheese produced in different regions of Egypt. However, no single technology can ensure a safe cheese, a high degree of safety can be achieved in a system that combines a number of antimicrobial effects. These include the synergistic effects arising from the use of starter cultures, the relatively high salt content, the acidification process (with pH falling to 5.5 or lower, depending on the cheese), declining moisture content, storage temperature, the development of enzyme systems, and the length of the maturation period, all of which serve to eliminate pathogenic bacteria (**Donnelly 2001**).

Organoleptic properties

It was clear from **Table (4)** that Ras cheese made with adding slurry to either cheese milk or the curd had a higher total score than the control. Meanwhile, the former cheeses at age of 30 d showed a flavour intensity and body characteristics as the latter one of 3 months of ripening. The effect of slurry addition was more pronounced when it was added to the curd rather than to cheese milk.

Similar results were reported by Hofi et al (1991) for Ras cheese and by Katsiari et al (2002) for the hard ewe's milk cheese of the Kefalograviera-type using commercially available adjunct cultures. Ayad et al (2004) reported that the sensory results of commercial Ras cheese made from raw milk indicated that typical Ras cheese are tasty, piquant and sharp in flavour, neither too hard nor soft in the texture, and the body includes some mechanical and gaseous openings, and the colour is regular. On the other hand, Ayad (2004) found also that sensory data of Ras cheese from raw and pasteurized milk revealed that raw milk cheese received the highest flavour and texture scores, in spite of two different starter cultures were used in pasteurized milk cheese. Such two pasteurized milk cheeses had different taste, hard texture, more compact body, with fewer gaseous holes and cracks.

CONCLUSION

Ras cheese made with added ewe's milk slurry developed within 90 d of ripening a higher intensity flavour and better body and texture than those of cheese made from pasteurized cow's milk ripened for the same period. Slurry added cheese showed after ripening for 30 d a strong flavour similar to that of 60 d control cheese. The effectiveness of the addition ewe's milk slurry in enhancing of flavour development was more pronounced when slurry was incorporated directly into cheese curd before pressing. Manufacture of Ras cheese from pasteurized cow's milk with adding ewe's milk slurry can be considered an effective way for producing a good quality cheese.

	Ripening		Attribute	es	
Treatments*	period (d)	Flavour (60)	Body & Texture (30)	Appearance (10)	Total (100)
Control	0	25.7 ^b	15.7 ^b	3.7 ^b	45.0 ^b
	15	28.7 ^b	18.0 ^b	5.0 ^b	51.7 ^b
	30	31.7 ^b	19.3 °	5.7 ^b	56.3 ^b
	60	34.0 ^b	20.7 °	5.7 ^b	60.3 ^b
	90	37.3 ^b	21.7 °	6.0 ^b	65.0 ^b
T 1	0	31.7 ^a	20.0 ^a	5.3 ^a	57.0 ^a
	15	36.3 ^a	23.3 ^a	6.3 ^a	66.0 ^a
	30	40.3 ^a	25.7 ^b	6.7 ^{a, b}	72.7 ^a
	60	45.0 ^a	26.7 ^b	7.7 ^a	79.3 ^a
	90	51.0ª	27.3 ^b	8.3 ^a	86.7 ^a
T ₂	0	34.3 ^a	22.7 ^a	6.0 ^a	63.0 ^a
	15	40.0 ^a	26.0 ^a	6.7 ^b	72.7 ^a
	30	44.0 ^a	27.3 ^a	7.3 ^a	78.7 ^a
	60	50.3 ^a	28.7 ^a	8.3 ^a	87.3 ^a
	90	56.7 ^a	29.0 ^a	9.0 ^a	94.7 ^a

Table 4. Organoleptic properties (= 4) of control and treated cheeses during rip-
ening period	

* Treatments: See legend of Table (1) for details

- Means with the same letter in the same column are not significantly different.

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