

Role of Intercellular Adhesion Molecule-1 (ICAM-1) of Community Acquired Pneumonia in Mansoura University Hospitals (MUHs)

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Abstract

Background:Pneumonia is an inflammation of the lung that is most often caused by infection with bacteria, viruses, or other organisms. Occasionally, inhaled chemicals that irritate the lungs can cause pneumonia, Community-acquired pneumonia (CAP) is defined as pneumonia not acquired in a hospital or a long-term care facility. Despite the availability of potent new antimicrobials and effective vaccines, ICAM-1 is a cytokine inducible adhesion molecule expressed on the cells of multiple lineages at sites of inflammation.

Key words:Pneumonia, community acquired pneumonia, ICAM-1.

Introduction:

Intercellular adhesion molecule (ICAM)-1, a member of the immunoglobulin supergene family, is expressed on a variety of leukocytes and endothelial cells (*Springer, 1990*). Release of cytokines at sites of inflammation causes cell activation and upregulation of ICAM-1 (*Rothlein et al., 1991*) Pneumonia, on the other hand, is a major cause of death due to infectious diseases worldwide (*Pinner et al, 1996*). Bacterial pathogens commonly enter the lung via aspiration from the pharynx which happens during sleep (*Huxley et al, 1978*). In the face of this persistent exposure to microbial pathogens, the lung has a complex group of protective mechanisms so that repeated low-level entry of bacteria in the peripheral lung only rarely results in pneumonia (*Green et al, 1977*). In addition to cytokines, enhanced expression of cell adhesion molecules (CAMs) such as intercellular adhesion molecule-1 (ICAM-1), E-selectin, or platelet-endothelial cell adhesion molecule-1 (PECAM-1) plays an important role in the pathophysiology of infection. It has been thought that the expression of ICAM-1 on the type I alveolar epithelial cell (AEC) surface plays an important role in host defense through the enhancement of inflammatory cell antimicrobial activity against bacteria, for example *Klebsiella pneumoniae*. Study of adhesion molecules has been limited in

pneumonia, particularly community-acquired pneumonia (*Lo et al, 1991*). The aim of the present study was to determine whether the concentrations of the intercellular adhesion molecule ICAM-1 could be related to clinical status, bacterial pathogens, and diagnosis them as potential markers of the severity of infection.

Patient and Methods:

Patients :This study was conducted on 50 cases. Ages of cases ranged from 4 to 60 years. (patient 40 and control 10), were hospitalized in Mansoura University Hospitals.

Sample collection: Sputum samples were collected in sterile container. Under complete aseptic conditions samples were transmitted immediately to the laboratory of microbiology at diagnostic and infection control unit (MDICU) in Medical microbiology and immunology department , and were subjected to the various examination or kept at 4°C (*Cheesbrough et al., 2000*).

Methods :

1-sputum cultures:A standard calibrated loop (0.01 ml) was flamed thoroughly and allowed to cool without touching any surface. The sputum samples were mixed thoroughly. The loop was inserted vertically into sputum to ensure the proper amount of specimen adhered

to the loop. The loopful of sputum was spreaded onto blood-chocolate-macconky agar plates by touching the center of the plate, onto which the inoculum was spreaded in a line across the diameter of the plate. Then without flaming or reentering sputum, the loop was drawn across the entire plate, crossing the first inoculum streak numerous times at right angles. The plate was then turned 90 degree and the inoculum was spreaded to cover the entire surface. Plates were incubated for 48 hours at 37°C. Colonies were counted on each plate. The number of colonies is multiplied by 100 to determine the number of microorganisms per 1 ml of the original specimen. A count of 100 000/ml or more indicated infection. A count of 10000-100 000/ml indicated infection or contamination. A count less than 10 000/ml indicated contamination, the samples and reagents were allowed to equilibrate to room temperature (18 C⁰ to 25 C⁰) before commencing the assay. The reagents and samples were thoroughly mixed before used by gentle agitation.

2-ELISA Methods :

- 100 µl of anti-ICAM-1 conjugate were pipetted (Choe et al., 2000)

Results:

A number of 40 bacterial isolates have been isolated from sputum culture of patients which showed positive growth on blood, chocolate and Macconkey. These isolates have been classified according to their morphological feature and gram stain into two groups as follow

Group (A): include 3 isolates which are gram negative. Group (B): include 37 isolates which are gram positive and 10 cases as a control which show no bacteria.

Table (1) shows : 3 patients of Age (4-10) have klebsiella pneumonia divided to 1 male , 2 female , 6 patients of age (11-20) have staph aureus, streptococcus (α -haemolytic) divided to 4 male , 2 female. 7 patients of age (21-30) have streptococcus (α), MRSA 4 male, 3 female. 7 patients of age (31-40) have staph

aureus, streptococcus (α), 2 male , 5 female. 9 patients of age (41-50) have MRSA, streptococcus (α), 4 male , 5 female. 8 patients of age (51-60) have streptococcus (α), divided to 5 male , 3 female,

Table 2 shows: 10 cases control have no isolated bacteria,

Table 3 shows: frequency of isolate bacteria towards the various antimicrobial agents used have (A) Klebsiella pneumonia which divided to 1 male it's frequency 33.3% and 2 female it's frequency 66.6% (B) streptococcus (α) which divided to 13 male it's frequency 48.1% and 14 female it's frequency 51.8% (C) staph aureus which divided to 2 male it's frequency 50% and 2 female it's frequency 50% (d) MRSA which divided to 4 male it's frequency 66.6% and 2 female it's frequency 33.3%.,

Table 4 shows: Klebsiella spp give sensitive with Amikacin, Gentamicin, Imipenem, Aztreonam, Ciprofloxacin ofloxacin and Give resistant with Cefalor and Augmentin.

1- Staphylococcus aureus give sensitive with Gentamicin, Imipenem, Vancomycin, Cefalor, Trimethoprim and Meronem and give resistant with penicillin, Augmentin and Cefuroxime.

2- Streptococcus SPP (α) give sensitive with Imipenem, Penicillin, Vancomycin, Cefalor ofloxacin, Augmentin and resistant with Trimethoprim.

3- MRSA give sensitive with vancomycin, Meronem and resistant with Methicillin.

Table 5 and table 6 show detect ICAM-1 level in patient and control and the result was icam-1 level in patients more than in control so Icam-1 have an important role with pneumonia, Table 6 showed that Data were quantitative and test of normality was performed by Kolmogorov-smirnov test and all data were normal, test was used to detected difference between case and control group. All the results were considered significant if $P < 0.05$.

Calculation of mean, standard deviation and range of the test groups explain that all the results in patient are more than in control.

Table (1) : Isolated microbes from patients at different Hospitals

| Age | No | Sex | | Bacterial isolates |
|-------|----|------|--------|--|
| | | Male | Female | |
| 4-10 | 3 | 1 | 2 | <i>Klebsiella Pneumonia</i> |
| 11-20 | 6 | 4 | 2 | <i>Staphylococcus aureus</i> , <i>Streptococcus</i> (α -haemolytic). |
| 21-30 | 7 | 4 | 3 | <i>Streptococcus</i> (α), MRSA. |
| 31-40 | 7 | 2 | 5 | <i>Staph aureus</i> , <i>Streptococcus</i> (α). |
| 41-50 | 9 | 4 | 5 | MRSA, <i>Streptococcus</i> (α), <i>staph aureus</i> . |
| 51-60 | 8 | 5 | 3 | <i>Streptococcus</i> (α). |

Table (2) : Isolated control from hospitals.

| Age | No | Bacterial isolates |
|--------|----|--------------------|
| (4-60) | 10 | 0 |

Table(3): Total count of microbial isolates and their frequency of occurrence from patients.

| Bacterial isolates | Male | % | Female | % | Total |
|--|------|------|--------|------|-------|
| Klebsiella Pneumonia | 1 | 33.3 | 2 | 66.6 | 3 |
| Streptococcus (α) | 13 | 48.1 | 14 | 51.8 | 27 |
| staphylococcus aureus | 2 | 50 | 2 | 50 | 4 |
| MRSA | 4 | 66.6 | 2 | 33.3 | 6 |

Table (4): Sensitivity of isolate bacteria.

| Antibiotic | Klebsiella SPP | Staphylococcus aureus | Streptococcus SPP (α) | MRSA |
|----------------------|---------------------------|----------------------------------|-----------------------------------|-------------|
| Amikacin | S | - | - | - |
| Gentamicin | S | S | - | - |
| Imipenem | S | S | S | - |
| Penicillin | - | R | S | - |
| Aztreonam | S | - | - | - |
| Ciprofloxacin | S | - | - | - |
| Vancomycin | - | S | S | S |
| Cefalor | R | S | S | - |
| Methicillin | - | - | - | R |
| Ofloxacin | S | - | S | - |
| Trimethoprism | - | S | R | - |
| Augmentin | R | R | S | - |
| Cefuroxime | - | R | - | - |
| Meronom | - | S | - | S |

R: resistance

S: sensitivity

Table (5): sICAM-1 in serum measured by ELISA expressed as ng/ml in patients.

| <i>Patients</i> | | | |
|-----------------|--------------------|-----------|--------------------|
| <i>No.</i> | <i>sICAM level</i> | <i>No</i> | <i>sICAM level</i> |
| 1 | 7.5 | 21 | 5.5 |
| 2 | 6 | 22 | 4 |
| 3 | 4 | 23 | 3 |
| 4 | 5 | 24 | 7.5 |
| 5 | 9 | 25 | 9 |
| 6 | 8 | 26 | 10 |
| 7 | 8 | 27 | 3 |
| 8 | 6.5 | 28 | 4.5 |
| 9 | 10 | 29 | 6 |
| 10 | 4.5 | 30 | 7 |
| 11 | 5 | 31 | 8.5 |
| 12 | 6.5 | 32 | 7 |
| 13 | 8 | 33 | 6.5 |
| 14 | 7.5 | 34 | 4 |
| 15 | 10 | 35 | 2.5 |
| 16 | 4 | 36 | 9 |
| 17 | 3.5 | 37 | 4.5 |
| 18 | 8.5 | 38 | 5 |
| 19 | 9 | 39 | 7 |
| 20 | 7 | 40 | 8 |

Table (6): sICAM-1 in serum measured by ELISA expressed as ng/ml in control.

| <i>Control</i> | |
|----------------|--------------------|
| <i>No.</i> | <i>sICAM level</i> |
| 1 | 0.7 |
| 2 | 0.65 |
| 3 | 1 |
| 4 | 1.6 |
| 5 | 0.8 |
| 6 | 0.7 |
| 7 | 2 |
| 8 | 1.2 |
| 9 | 0.9 |
| 10 | 0.65 |

Table (7): Mean, standard deviation and range of the test groups.

| | Patients | Control |
|-----------------------|-----------------|----------------|
| Mean | 6.48 | 1.02 |
| Std. Deviation | 2.13 | 0.46 |
| Minimum | 2.5 | 0.65 |
| Maximum | 10 | 2 |
| Range | 7.5 | 1.35 |

Pvalue < 0.0001 **

CI 95% (4.08 – 6.83)

Statistical analysis:

SPSS V.11 windows Xp .Data were quantitative and test of normality was performed by Kolmoyorov-smirnov test and all

data were normal, student test was used to detected difference between case and control group. All the results were considered significant if P < 0.05.

Discussion:

In this study the isolated causative organisms were compared, We found the highest incidence to be alpha hemolytic streptococcus (27%) which comes in partial agreement with alpha hemolytic streptococcus to be the second most common microorganisms isolated from sputum culture in community acquired pneumonia (CAP) at a rate of 10%. Other micro-organisms like *staph aureus*, MRSA and *klebsiella pneumoniae* caused less percentage in CAP as noted by other investigators who reported more incidence in health care associated pneumonia as (*File, 2003*). We have demonstrated the rise of sICAM-1 serum levels in patients with CAP. This observation confirms the role of this adhesion molecule in lung infection or inflammation contributing to the pathogenesis of CAP. This observation needs to be pooled together to design future experiments to determine the relevance of differential sICAM-1 processing on lung infection as (*Lai et al., 2004*). To better understand the mechanisms of lung inflammation in CAP, we evaluated the levels of sICAM-1 in patients with CAP caused by bacterial pathogens as proved by positive sputum culture. We hypothesized that ICAM-1 could play a role in CAP and is involved in recruitment of neutrophils to the site of inflammation. Thus we measured the level of sICAM-1 in serum of patients with CAP. The levels of sICAM-1 have been found to be higher in our patient group as compared with those of the control group. Previous studies have reported elevated levels of sICAM-1 in serum, bronchoalveolar lavage and CSF in association with various diseases (*Lai et al., 2004*). There are fewer studies showing the relationship between sICAM-1 and CAP. Our results come in agreement with (*Sessler et al., 1995*) who reported increased levels of circulating sICAM in adult patients with sepsis, and found positive correlations between levels of circulating sICAM and intensity of sepsis and severity of shock and subsequent organ failure have been reported. (*Fill et al., 2003*) demonstrated a tendency toward higher circulating levels of sICAM in ventilator associated pneumonia when it was associated with the presence of severe sepsis or septic shock. Moreover, (*Lai et al., 2004*) provided

evidence that serum levels of sICAM-1 are increased in acute bronchiolitis which further confirms the role of adhesion molecules involved in the pathogenesis of lung infection.

Conclusion:

We have demonstrated the rise of sICAM-1 serum levels in patients with CAP. This observation confirms the role of this adhesion molecule in lung infection or inflammation contributing to the pathogenesis of CAP. This observation need to be pooled together to design future experiments to determine the relevance of differential sICAM-1 processing on lung infection.

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**دور أيكام-1 فى مرضى الالتهاب الرئوى
المكتسب من المجتمع فى مستشفيات جامعة المنصورة**
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الالتهاب الرئوى هو التهاب ميكروبي للرئة ويمكن تقسيم الالتهاب الرئوى كالاتى

أولاً : حسب مكان الاصابه فى الرئة إلى التهاب رئوى فصى أو شعبي. العدوى

ثانياً : حسب مصدر الاصابه أما من المجتمع أو من المستشفى .

ثالثاً: حسب وجود عامل مساعد مثل الفيروسات أو دمار فى لسان المزمار أو أن المريض كبير فى السن أو عنده مرض مزمن .

الايكام-1 هو عبارة عن جزئ لاصق على خلايا الانسياب فى أماكن الالتهاب وهو يحدد مرور خلايا الدم البيضاء إلى أماكن الالتهاب , إضافة إلى ذلك انه يلعب دور مهم جدا فى المناعة والدفاع ضد الالتهاب الرئوى. وقد لخصت الدراسة الحالية على الاتى :

أخذ 40 حالة مرضية من مختلف مستشفيات جامعة المنصورة وكذلك 10 حالات غير مصابة وسليمة تتراوح أعمارهم ما بين 4 إلى 60 عاما ينقسموا إلى 20 ذكور و 20 إناث حيث اجريت على البصاق والمصل التجارب الاتية :

أولاً: انواع مختلفة من البكتريا المؤديه الى الالتهاب الرئوى.

ثانياً: تحديد نسبة الايكام-1 فى دم كلا من الحالات المريضة وكذلك الحالات السليمة وجدنا ان نسبته فى دم المرضى اعلى من نسبته فى دم الاصحاء مما يدل على ان وجوده مصاحب لحالات الالتهاب الرئوى. وعلى ذلك ومن خلال هذه التجربة المعملية توصى هذه الدراسة باستخدام المضادات الحيوية الحساسة لكل نوع من انواع البكتريا كعلاج لمرض الالتهاب الرئوى واستخدام الايكام -1 كعلاقة لوجود مرض الالتهاب الرئوى.