

A Risk Assessment Of Fungal Infection With *Aspergillus flavus* In *Oreochromis niloticus* Through A Laboratory-Acquired Infection

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ABSTRACT

In the current research, *Oreochromis niloticus* fish were subjected to experimental infection by *Aspergillus flavus* and treated by the immunostimulants, garlic powder in the ration. The infected fish exhibited signs of protrusive eye, slow-motion, lethargy, skin covered by thick mucus, severe hemorrhage on dorsal, anal and caudal fins, discarded scales and caudal fin erosion. Postmortem examination revealed that accumulative of bloody fluids in viscera and the abdominal cavity, damaged liver and enlargement of gall bladder which was filled with bile. Treatment trials exerted zero mortality with *Allium sativum* (garlic) but group treated by *Aspergillus flavus* with *Allium sativum* the mortality rate was 20% while the mortality rate was 100% with *Aspergillus flavus* group. Hematological picture showed normocytic normochromic anemia in both *Aspergillus flavus* and *Aspergillus flavus* with *Allium sativum* treated groups. Leucopenia and lymphopenia observed in *Aspergillus flavus* group while lymphocytosis was reported in *Allium sativum* treatment group.

There were significant increase in liver transaminases enzymes Aspartate Aminotransferase and Alanine Aminotransferase (AST & ALT) and decrease in total protein and albumin level in *Aspergillus flavus* but in *Aspergillus flavus* with *Allium sativum* significantly reversed the biochemical changes in the blood serum AST, ALT, total protein and albumin level. Histopathological findings of gills in fish group that was infected with *Aspergillus flavus* were severe in forms of proliferation of the filamentary epithelium leading to lamellar fusion of the secondary lamellae and desquamation, particularly at the tips and the pathological changes in the liver showed severe blood congestion and hemolytic with clear diffusion of melanomacrophage (MMC), thrombosis in blood vessels and severe congestion in pancreatic acini. These lesions may become less severe in fish group of *Aspergillus flavus* with *Allium sativum*. It could be concluded that the safety and useful dietary addition of *Allium sativum* (garlic) to alleviate the effects of *Aspergillus flavus* on *Oreochromis niloticus* fish.

INTRODUCTION

Freshwater fish are an important protein source for people of many countries (1). Fish farming in various parts of the world has increased many folds in the last decade. As a result, fish culture has now become commercially an important industry worldwide.

Fungal infections cause losses of freshwater fish and their eggs both in wild and

commercial fish farms (2). All life stages of fish might be affected by the fungi. Fungal infections result in low production of fry and fish in farms (3). Many fungi cause fish diseases such as; *Aspergillus* (4). *Aspergillomycosis* is principally a disease of tilapia spp. *Aspergillus* species as *Aspergillus flavus*, *Aspergillus japonicas* and *Aspergillus terreus* cause aspergillomycosis. These fungal species are presumably infectious through

contamination of fish feed. The distribution of these fungi, results from the production of numerous air born conidia which are easily dispersed by air movement. Factors which enhance the threat of fungal infection through feeds include environmental temperature 27 °C, humidity level greater than 62% and moisture level in the feed above 14%. Poor water quality is one of the most important factors favoring the growth of fungus. *Aspergillus* spp. may have more indirect effect in tropical conditions. Ecological differences play an important role in species diversity of fungi that develop on both fish and eggs as expressed by (5,6).

Herbal medicinal products are widely used around the world (7). A growing interest has emerged in using herbs in animal feeds by both researchers and feed companies (8). Garlic used as immunostimulants in aquaculture it enhancing the activity of the non-specific defense mechanisms and increasing disease resistance, mainly through facilitating the function of phagocytic cells, increasing their fungicidal activities, and stimulating the natural killer cells, complement system, lysozyme activity (9). Also garlic can help in the control of pathogens, especially bacteria and fungi, and increase the welfare of fish (10).

The aim of the present study is to throw light on the *Aspergillus flavus* infection in *Oreochromis niloticus* fish and its effect on the functions of internal organs. We also aimed to investigate the effect of garlic as a safe and economic antifungal agent for and treatment of this fungal infection.

MATERIALS AND METHODS

Fish Collection

A total number of 60 *Oreochromis niloticus* fish with an average body weight 90 ± 10 g. transferred from a private fish farm at Borg-El-Arab, Alexandria Governorate to Fish Diseases Department at the Animal Health

Research Institute and acclimatized in glass aquaria with re-circulating water at 25⁰c ± 0.5 for one week with oxygen and ammonia adjustment daily. At the end of acclimation period, 20 fish were randomly collected and subjected to bacteriological and parasitological examination to confirm that these fish were free from infection.

Preparation of fungal cultures

Fungus Isolation

Isolated fungi of *Aspergillus flavus* from *Oreochromis niloticus* was obtained from Microbiological Unit of Fish Diseases Department, Animal Health Institute, Dokki, Giza.

Preparation of Spores Suspension

Fungal strains of *Aspergillus flavus* cultured on Sabourauds dextrose agar (SDA, Difco). Media were supplemented by penicillin at 100 IU/ml and streptomycin at 100 ug/ml. The cultured plates were incubated at 25 °C for 7 days, and then conidial mass was harvested by adding 20 ml. sterile distilled water into each culture plate, followed by collection of the suspension in 30 ml sterile autoclave tubes. Suspensions were filtered through two layers of sterile medical gauze to ensure that filtrate contain fungal conidia, concentrations of which were calculated using a heymocytometer and adjusted to 4×10³ spore ml⁻¹ in sterile distilled water (11). Isolation of fungi was done in Laminar flow air cabinet Level 2 (CL2), the use of high-efficiency particulate air (HEPA) filters, frequent air exchanges; wear an N95 mask and positive pressure ventilation were used to avoid contamination for pathogenic molds and recommended to limit nosocomial exposure.

Experimental Design

A total number of 40 *Oreochromis niloticus* were divided into 4 equal groups (10 fish). The first group was injected I/ P with 0.2 ml. saline and fed on normal ration as a control. The fish of the second groups were injected I/ P with 0.2 ml. of concentrations 4×10³ of *Aspergillus flavus* conidial suspension and fed on normal ration. The fish of the third groups

were injected I/ P with 0.2 ml. of concentrations 4×10^3 of *Aspergillus flavus* conidial suspension and fed on ration contain on garlic (MediaVet, Garlien, Egypt) powder 3 g / Kg. ration . The forth group fish were fed on ration containing 3 g of garlic powder/kg ration, all fish were fed twice daily for 4 successive weeks at the rate of 2% of their body weight. Clinical abnormalities, postmortem lesions and mortality rate were recorded (12).

At the end of experimental trial, blood samples were taken for hematological examination . The hemogram (erythrocytes count, total leukocytic counts and hemoglobin concentration) by using an Ao Bright-Line Haemo-cytometer (Neubauer improved, Precicolor HBG, Germany) were estimated according to the methods described by (13), PCV value, blood indices as MCV, MCH and MCHC and differential leukocytic counts according to (14). Serum biochemical parameters, ALT, AST, total protein and albumin were determined spectrophotometrically using commercial kits (Spinreact, Spain) according to the methods of (15-17).

Fungal reisolation

The glassware (containing media and distilled water covered with aluminum foil), test tubes and vials (cotton plugged) were autoclaved at 121 °C at 15 psi for 15 minutes. Antibiotic streptomycin sulphate 250 mg was added to each preparation of media to reduce bacterial contamination. Specimens from gills, muscle and liver at injection site from each living or dead fish with sterile needle were microscopically examined and inoculated into PDA plates to assure reisolation and identification of fungus (11).

Histopathological Examination

Tissue specimens from suspected examined organs were fixed in 10% buffered formalin, embedded in paraffin, sectioned and stained with Haematoxylin and Eosine (H&E) as well as periodic Acid Schiff methods (PAS) according to (18).

Statistical analysis

Data were statistically analyzed by ANOVA test with posthoc LSD multiple comparison test using statistical software program (19). Differences were considered significant at $P < 0.05$.

RESULTS

Clinically the experimentally infected fish with *Aspergillus flavus* was protrusive eye , slow-motion, lethargy, less feed acceptability, skin covered by thick mucus, severe hemorrhage on dorsal, anal and caudal fins, discarded scales and caudal fin erosion. Fig (1).

The postmortem lesions showed enlarged and congested visceral organs (liver, spleen and kidney) and the abdominal cavity were filled with heavy amounts of bloody fluids, damaged liver and enlargement of gall bladder which was filled with bile. Fig (2).

Treatments effects

Treatment trials exerted zero mortality in *Allium sativum* treated group but in group treated by *Aspergillus flavus* with *Allium sativum* (garlic) the mortality rate 20% and *Aspergillus flavus* group was 100% (Table, 1).

The effects of dietary of *Allium sativum* (garlic) on hematological and some serum biochemical parameters are tabulated in tables (2, 3, &4). The erythrogram results showed normocytic normochromic anemia in both *Aspergillus flavus* (2nd gp.) and *Aspergillus flavus* & *Allium sativum* (garlic) (3rd Gp.) in comparison with the control group. Leucopenia and lymphopenia observed in (2nd gp.) compare to control. Lymphocytosis is reported in *Allium sativum* (garlic) treatment group (4th gps) in comparison to other treated groups.

Regarding serum biochemical parameters, elevation in liver transaminases

(ALT & AST), total protein and albumin level in (2nd gp.) and (3rd Gp.) in comparison with control group.

No fungus was reisolated after treatment with garlic.

Histopathological findings

Gills of the control fish (G1) have normal histological architecture (Fig. 3). Gills of fish group that was infected with *Aspergillus flavus* (2nd gp.) were severe in forms of proliferation of the filamentary epithelium leading to lamellar fusion that could be seen (Fig. 4) with fusion of the secondary lamellae and desquamation, particularly at the tips (Fig. 5). Gills of fish group that were *Aspergillus flavus* & *Allium*

sativum (garlic) (3rd Gp.) showed slight congestion of primary gill blood vessels with slight dilation of the vessels at the tips of secondary lamella (Fig. 6).

The pathological changes in the liver of the fish groups G2 showed severe lesions in liver in form of severe blood congestion and hemolysis with clear diffusion of melanomacrophage (MMC) (Fig.7), thrombosis in blood vessels (Fig. 8) and severe congestion in pancreatic acini beside hemosiderin accumulation (Fig. 9). Group 3 *Aspergillus flavus* & *Allium sativum* (garlic) showed congestion in pancreatic acini with slight hemorrhage of hepatic blood vessels. (Fig. 10).

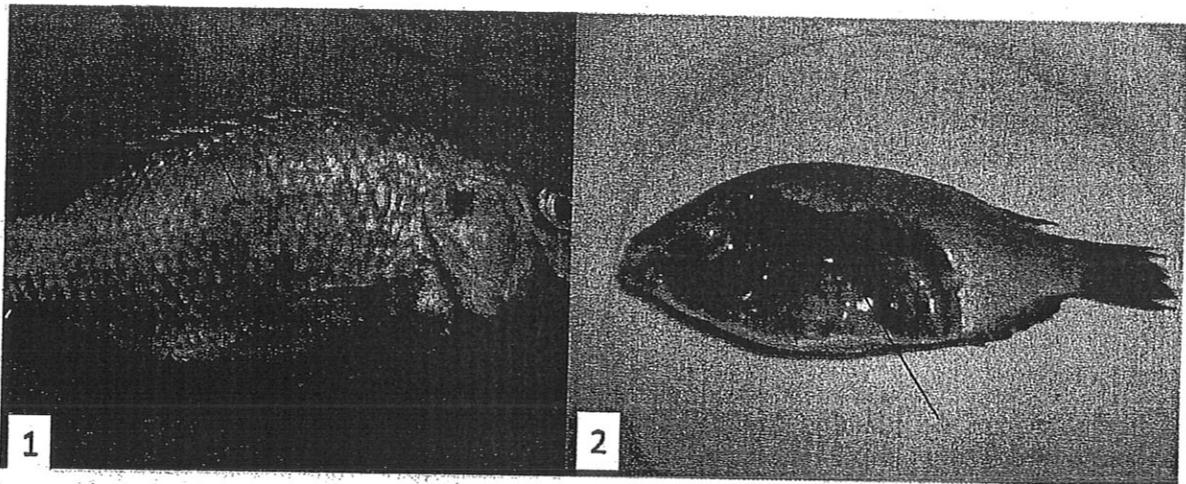


Fig. 1. *O. niloticus* fish experimentally infected with *Aspergillus flavus* showing discarded scales, caudal fin erosion and ulceration of skin (Arrows).

Fig. 2. *O. niloticus* fish experimentally infected with *Aspergillus flavus* showing congestion of gills, enlarged and congested liver, enlargement of gall bladder which was filled with bile, spleen and kidney (Arrows).

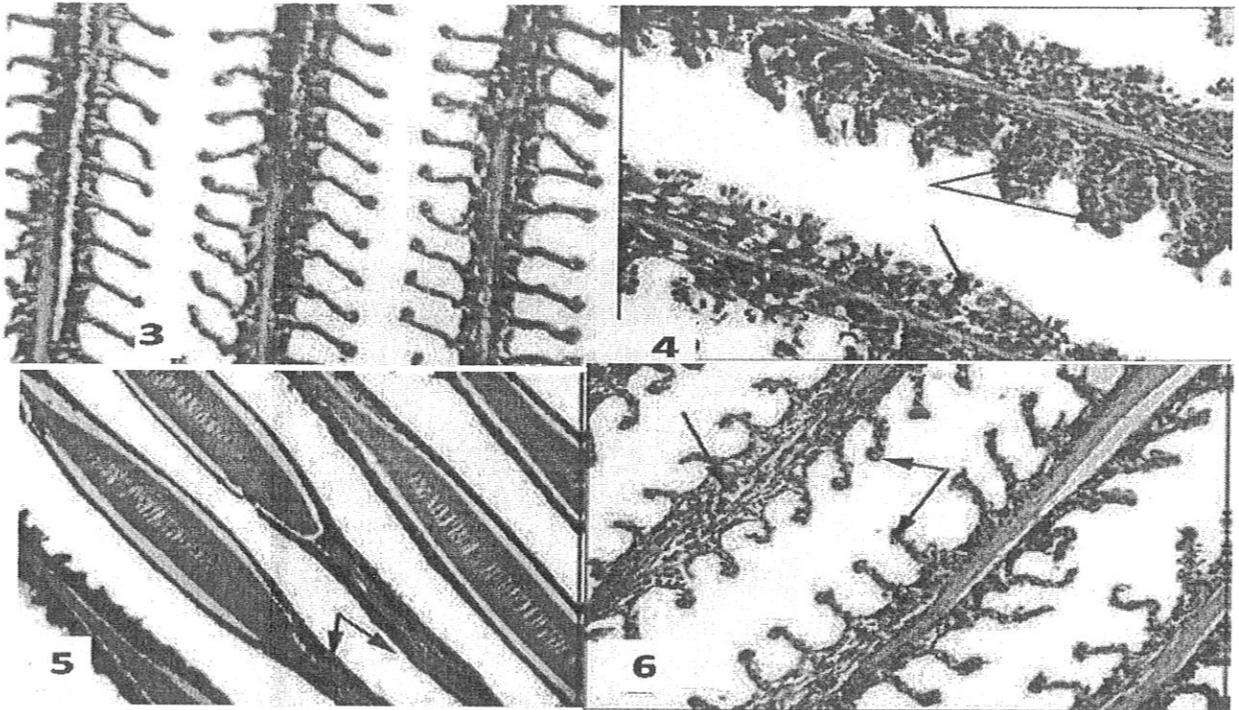
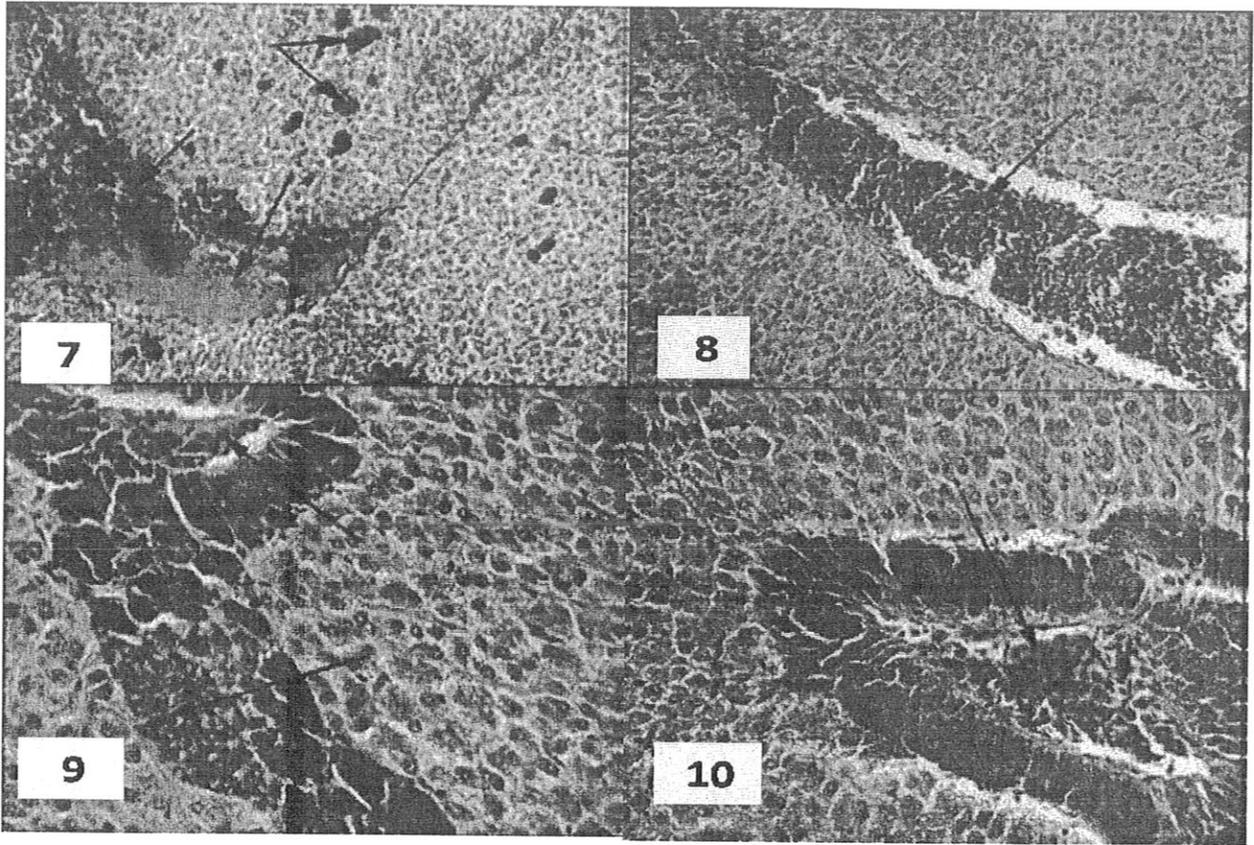


Fig. 3. Histological sections in gills of *O. niloticus* fish stained with H&E; (1) control fish showing normal structure of gill lamellae. (x1300).

Fig. 4. Gills of fish exposed to *Aspergillus flavus* showing severe proliferation of the filament epithelium (x400).

Fig.5. Histological sections in gills of *O. niloticus* fish stained with H &E; fish exposed to *Aspergillus flavus* showing fusion and desquamation of secondary lamellae (x150).

Fig.6. Histological sections in gills of *O. niloticus* fish stained with H &E; fish exposed to *Aspergillus flavus* & *Allium sativum* showing dilation in blood vessel of secondary lamellar (x150),



Figs.7-9.Histological sections in liver of *O. niloticus* fish stained with H &E; fish exposed to *Aspergillus flavus* showing severe thrombosis in blood vessels , necrosis, Vaculation , slight congestion in pancreatic, thrombosis in blood vessels and hemosiderin accumulation . (x400).

Fig. 10. Histological sections in liver of *O. niloticus* fish stained with H&E. fish exposed to *Aspergillus flavus* & *Allium sativum* showing slight congestion in pancreatic acini (x600)

Table 1. The mortality rate among the experimentally infected fish after the application of treatment

Fish groups	No. of fish	No. of dead fish	Mortality rate
Control (group I)	10	0	0
Infected group (2 nd gps.) <i>Aspergillus flavus</i>	10	10	100%
Treated groups (3 rd gps.) <i>A. flavus</i> & (garlic)	10	2	20
(4 th gps) (garlic) treatment	10	0	0

Table 2. Effect of *Aspergillus flavus* and *Allium sativum* (garlic) on erythrogram Picture (Mean \pm S.E) in *Oreochromis niloticus*

Groups	RBCs Mill/ μ L	Hb gm/dl	PCV %	MCV FL	MCH Pg	MCHC %
1 st gp. Control	1.95 \pm 0.14a	7.98 \pm 0.41a	27.10 \pm 1.15a	138.5 \pm 3.82	40.1 \pm 1.85	29.4 \pm 1.12
(2 nd gp.) <i>Aspergillus flavus</i>	1.62 \pm 0.12b	6.01 \pm 0.24b	21.05 \pm 1.05b	129.8 \pm 4.95	37.2 \pm 1.98	29.1 \pm 1.21
(3 rd gp.) <i>A. flavus</i> & garlic	1.65 \pm 0.10b	6.32 \pm 0.28b	22.01 \pm 1.21b	133.3 \pm 4.28	38.2 \pm 2.02	28.7 \pm 2.31
(4 th gp) garlic treatment	2.12 \pm 0.18a	8.14 \pm 0.34a	29.04 \pm 1.86a	136.8 \pm 5.06	38.3 \pm 2.74	28.3 \pm 1.64

Table 3. Effect of *Aspergillus flavus* and *Allium sativum* (garlic) on leukogram Picture (Mean \pm S.E) in *Oreochromis niloticus*

Groups	TLC $10^3/\mu$ L	Neutro $10^3/\mu$ L	Esinoph $10^3/\mu$ L	Basoph $10^3/\mu$ L	Lymph $10^3/\mu$ L	Monocy $10^3/\mu$ L
1 st gp. Control	35.76 \pm 2.15a	7.81 \pm 0.58	0.92 \pm 0.09	0.00 \pm 0.00	25.4 \pm 1.10a	1.63 \pm 0.14
(2 nd gp.) <i>Aspergillus flavus</i>	29.52 \pm 2.12b	7.16 \pm 0.41	0.84 \pm 0.11	0.00	19.98 \pm 1.05b	1.56 \pm 0.21
(3 rd gp.) <i>A. flavus</i> & garlic	34.08 \pm 2.96ab	7.28 \pm 0.38	1.01 \pm 0.10	0.14 \pm 0.10	23.94 \pm 1.34a	1.72 \pm 0.22
(4 th gp) garlic treatment	41.24 \pm 3.75a	7.74 \pm 0.50	0.98 \pm 0.12	0.00	29.91 \pm 1.21c	1.61 \pm 0.18

Significant at $P > 0.05$

Table 4. Effect of *Aspergillus flavus* and *Allium sativum* (garlic) on some biochemical parameters (Mean \pm S.E) in *Oreochromis niloticus*.

Group	ALT U/ml	AST U/ml	T. Protein gm/dl	Albumin gm/dl
1 st gp. Control	37.1 \pm 3.41a	79.50 \pm 9.4a	3.18 \pm 0.21a	1.42 \pm 0.11a
(2 nd gp.) <i>Aspergillus flavus</i>	65.1 \pm 6.15b	134 \pm 8.65b	2.81 \pm 0.18b	1.09 \pm 0.10b
(3rd gp.) <i>A. flavus</i> & garlic	59.4 \pm 5.6b	92.6 \pm 9.12b	2.95 \pm 0.16ab	1.01 \pm 0.14b
(4 th gp) garlic treatment	35.1 \pm 2.8a	124 \pm 7.24a	3.25 \pm 0.24a	1.36 \pm 0.16a

DISCUSSION

Aspergillomycosis is the disease of African fish tilapia (*Oreochromis spp*) and the causative agents of this disease are species of *Aspergillus flavus*, *Aspergillus terreus* and *Aspergillus japonicas*. These fungal species are reported to be infectious through contamination of fish feed (20) Fungal load increases significantly during storage period of feed at high moisture levels in ground and tree nuts (21). Fish feed stored under tropical conditions is contaminated with *Aspergillus flavus*, hence the toxins produced by the fungus may be deposited on feed pallets. If such contaminated feed is consumed by the fish, it may cause acute deleterious effects, which may lead to mass mortalities (22). The source of fungal infection may be the consumption of contaminated feed present in the pond. Moreover, the decomposition of this feed also added to increase infection. There might be certain other conditions in the pond which increased the possibility of fungal infection including: poor pond management, injured fish or fish having other diseases, or large amounts of decomposing organic matter in pond (23).

Clinically the experimentally infected fish with *Aspergillus flavus* was protrusive eye, slow-motion, lethargy, less feed acceptability, skin covered by thick mucus, severe hemorrhage on dorsal, anal and caudal fins, discarded scales, caudal fin erosion and

loss construction of fish body. Anatomically, there were some postmortem lesions included uncharacterized liver, viscera of fish and the abdominal cavity were filled with heavy amounts of mucus, damaged liver and enlargement of gall bladder which was filled with bile. Such findings were nearly similar to that previously obtained (24,25).

The treatment of *Aspergillus flavus* infected fish with garlic (*Allium sativum*) from the beginning of experimental infection reduced the clinical signs and postmortem findings also decreased the mortality rate in infected fish to 20%. This enhancement may indicate the protective role of garlic (*Allium sativum*) on the infection of *Aspergillus flavus* in *Oreochromis niloticus* fish.

Our study showed normocytic normochromic anemia in *Aspergillus flavus* treated group at the end of the experiment. The main hemopoietic tissue in *O. niloticus* is anterior kidney (26). Renal damage of *Aspergillus flavus* treated channel catfish was reported (27) as well as in common carp (28). Similarly, (29) recorded anemia in *O. niloticus* exposed to *Aspergillus flavus* for 10 days.

The treated groups with *Aspergillus flavus* showed leukocytosis, neutrophilia and lymphopenia. The main leukocytic picture of acute stress in teleost fish is neutrophilia, and lymphopenia (18). The lymphocytolysis was observed in haemopoietic organs (kidney and spleen) during *Aspergillus flavus* contaminated

ration, in *Labeo rohita* under electron microscopic observations (30). Leukocytosis had been reported by (27) in channel catfish *Ictalurus punctatus* fed *Aspergillus flavus* contaminated ration. They concluded that leukocytosis was probably as a result of a response to the necrosis of gastric glands.

Interestingly, the fish treated with garlic (*Allium sativum*) exhibited a significant increase in the total leucocytic count and lymphocytes., these results were supported by (31) who reported that treatment with garlic (*Allium sativum*) resulted in the maximum number of leucocytes and macrophages exhibiting enhanced phagocytic activity. Furthermore (9) found that stimulated phagocytic cells of tilapia *Oreochromis sp* fed on ration contains 1 and 2 gm of garlic. These results agreed with (32) who revealed that there was a significant increase in leucocytic count and main percent of neutrophils decrease significantly in fish feed in diet containing 0.45 and 0.6 gm of garlin /kg ration.

ALT and AST activities were significantly increased in the treated fish groups with *Aspergillus flavus* in comparison with control one. This elevation could be attributed to hepatic injury. Several authors concluded that the increase of such enzymes to the hepatic effect of *Aspergillus flavus* (33,34). Our result in accordance with (28) who observed elevation in liver transaminase enzymes in *Cyprinus carpio* fed on moldy ration for 42 days. Garlic had reduced liver enzymes through enhancing activity of non specific defense mechanism, (35,36) which elucidated the highly significant decrease of liver enzymes in this research.

Total protein and albumin concentrations were decreased in *Aspergillus flavus* group. This decline in serum protein concentration may due to impaired protein synthesis and/or liver disorder caused by fungal infection (37). The reduction in total protein level may be due to the fungal infection in *Labeo rohita* (30). Several authors also reported declines in plasma protein concentration in fresh water fishes (*O.*

niloticus and rainbow trout) exposed to *Aspergillus flavus* (25,28).

Treatments trials were held out using medicinal plant(garlic) owing to their immunostimulants propriety and antifungal activities, (9,38). Garlic was defined by (39) as the promising treatment of fungal – associated diseases and proved its' ability to inhibit growth of fungi.

Regarding the histopathological examination of Gills of fish infected with *Aspergillus flavus* (2nd gp.) were severe in forms of proliferation of the filamentary epithelium leading to lamellar fusion with fusion of the secondary lamellae and desquamation, particularly at the tips. These gill alterations might harm the changes in gills of fish (40). Similar gill changes were observed by (41). Gills of fish group that were *Aspergillus flavus* & *Allium sativum* (garlic) (3rd Gp.) showed slight congestion of primary gill blood vessels with slight dilation of the vessels at the tips of secondary lamella .

The pathological changes in the liver of the fish groups G2 showed severe lesions in liver in form of severe blood congestion and hemolysis with clear diffusion of melanomacrophage (MMC) ,thrombosis in blood vessels and severe congestion in pancreatic acini beside hemosiderin accumulation similar results were recorded by (42). Group 3 *Aspergillus flavus* & *Allium sativum* (garlic) showed congestion in pancreatic acini with slight hemorrhage of hepatic blood vessels because garlic contain antifungal and antioxidant compounds (43). Our results also agreed with that obtained by (36 and 44) who found that garlic has the ability for the control of *Aspergillus flavus* infection in Rainbow trout.

We concluded that the use of the garlic in the laboratory conditions reduced many harmful effects of *Aspergillus flavus* infection in *O. niloticus* fish and decreased the mortality rate.

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المخلص العربي

مخاطر العدوى بفطر الاسبرجيليس فلافس فى البلطى النيلى من خلال العدوى المكتسبة معمليا

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تم فى هذه الدراسة بحث التأثيرات الضارة للعدوى التجريبية بفطر الاسبرجيليس فلافس على أسماك البلطى النيلى، كما تم تجربة علاج الأسماك من تلك الآثار الضارة باستخدام مسحوق الثوم مضافا إلى عليقة الأسماك.

كانت العلامات المرضية على الأسماك المصابة عبارة عن فقدان فى الشهية، عتامة فى العين، زيادة فى كمية المخاط المغطى للجسم ، نزيف حاد فى الزعفة الظهرية والذيلية ووجود سوائل ارتشاحية دموية فى التجويف البطنى. بعد النفوق كشفت دراسة الأحشاء فى الأسماك امتلاء التجويف البطنى بكميات كبيرة من السوائل المدممة، تليف فى الكبد وتضخم فى المرارة حيث كانت ممتلئة بالعصارة الصفراوية. أظهرت تجارب العلاج المبذولة نسبة النفوق صفر فى المجموعات المعالجة بمسحوق الثوم ولكن فى المجموعة التى عولجت بفطر الاسبرجيليس فلافس ومسحوق الثوم فكان معدل النفوق بها ٢٠٪ وبفطر الاسبرجيليس فلافس ١٠٠٪. صورة الدم أظهرت فقر الدم فى كريات الدم الحمراء فى فطر الاسبرجيليس فلافس وزيادة طفيفة فى فطر الاسبرجيليس فلافس ومسحوق الثوم. نقص فى الكريات الدم البيضاء واللمفاويات والتي لوحظت فى مجموعة الاسبرجيليس فلافس وزيادة فى المجموعة المعالجة بفطر الاسبرجيليس فلافس ومسحوق الثوم .

بالنسبة للتغيرات الكيميائية الحيوية وجدنا أن الإصابة بفطر الاسبرجيليس فلافس أدت إلى زيادة معنوية فى نشاط إنزيمات الأسبرتات أمينوترانسفيراز والألانين أمينوترانسفيراز فى مصل دم الأسماك وأدت إلى نقص معنوي فى نسبة الألبيومن والبروتين الكلى. وقد أدى علاج الأسماك بفطر الاسبرجيليس فلافس ومسحوق الثوم إلى تقليل معنوي فى التغيرات الحادثة فى نشاط إنزيمات الأسبرتات أمينوترانسفيراز والألانين أمينوترانسفيراز وزيادة فى نسبة الألبيومن والبروتين الكلى فى مصل دم الأسماك.

وكانت نتائج الهستوباثولوجى فى الخياشيم والكبد والتي زادت فى شدتها مع فطر الاسبرجيليس فلافس قد أصبحت أقل حدة فى مجموعة الأسماك المعالجة بفطر الاسبرجيليس فلافس ومسحوق الثوم ويمكن أن نستنتج من النتائج سلامة مسحوق الثوم و ذلك باضافة فى علائق الأسماك للتخفيف من آثار فطر الاسبرجيليس فلافس على أسماك البلطى النيلى.