

The Potential Effect of Circadian Rhythms and Lighting Duration on Behavior and Growth Performance of Quails under Egyptian Condition

Hesham H. Mohammed*

Veterinary Public Health Department, Faculty of Veterinary Medicine, Zagazig University, 44511, Egypt

Abstract

The aim of this study was to observe and record the changes in behaviors and performance of Japanese quails "*Coturnix japonica*" due to circadian rhythms and different light duration. A total of 220 Japanese quail chicks were used and distributed to two experiments (the circadian rhythms (100 birds) and the lighting duration study (120 birds)). The behaviors were recorded by direct observation and video recording. The results showed significant differences in the most recorded behaviors among the different day times, especially in video recording. The ingestive and kinetic behaviors were significantly higher at morning, while the resting behavior was the highest in mid-day. Comfort behavior was significantly lower at morning than other times. The light duration had significant effects on ingestive and kinetic behaviors. It was highest in 24 hours of light duration. While, the dust-bathing was significantly higher in 14 (2.9) than 24 hours of light duration (1.74). Quails growth performance did not reveal significant differences between quails kept in 14 and 24 hours of light duration. It was concluded that, the quails on different day times and lighting duration showed significant difference on the normal behavior.

Keywords: Quail, Behavior, Lighting Duration, Circadian Rhythms.

Introduction

Japanese quails were inexpensive to keep, where it reared in small cages and had high immunity against the common poultry diseases. Although, it represents a form of poultry production, but it is more nervous than other poultry species. They able to fly in vertical position to upwards. The adult male and female quail weighed about 100–140 and 120–160g, respectively. Most of organisms have a clock in their brain that regulates the timing of biological processes and daily behavior, which known as circadian rhythms [1]. Most of the maintenance processes and behaviors were related to 24 hour day/night cycle. Behavioral studies are crucial not only for increasing knowledge of animal status, but also for assessing the animal's response to its environment that consequently impaired its welfare [2]. Welfare assessment may provide a feedback or information to be considered during the management and when designing poultry houses [3]. The most important factor affecting all diurnal rhythms is the light cycle, where the light acts as time keeper controlling the circadian rhythms [4]. Quails have excellent full-color vision and can see under ultraviolet lighting due to their higher sensitivity to the wave length [5].

Photoperiodism (light duration or day length) underlies the so-called biological

calendar [6]. The light duration was widely used for improving the reproductive performances of layers [7]. Furthermore, Classen *et al.* [8], founded that lighting duration had significant effects on production and welfare of broilers. To our knowledge, only a few experiments were conducted to assess the role of the light duration and diurnal rhythm on quail behavior. Hence, our study was designed to record the changes in behaviors of Japanese quails due to the light duration and circadian rhythm.

Material and Methods

Experiment one

One hundred Japanese quail chicks were obtained from commercial hatchery, housed in the same home pen and distributed into five groups (20 birds for each). The floor space for each group were 1m², providing each quail with 0.05 m² of floor space with bedding materials of sawdust (10 cm thickness). The brooding temperature monitored at 35°C during the 1st brooding week and then decreased 3.5°C weekly until full feathering of quails. The diet ingredients for the current study mentioned in Table (1), as recommended by AOAC [9]. Feed and water were provided ad-libitum.

*Corresponding author email: (heshamvet_hosny@yahoo.com), Veterinary Public Health Department, Faculty of Veterinary Medicine, Zagazig University, 44511 Egypt.

Table 1: Composition of the experimental diet (kg/100kg)

Ingredient	Kg	Calculated composition	
Yellow corn	56.10	Crude protein	24.9%
Soybean meal	32.73	Crude fiber	3.45%
Fish meal	5.50	Metabolized energy	3909 MJ/kg
Other feed additives	1.9	Calcium & Phosphorus	1.23%

The focal sample technique [10] was used for recording quail's behaviors through direct observation after quails identification at the 2nd week of age. Moreover, scan sampling technique [11] was also done after applying the cameras and additional light in all groups for video recording. Behavioral observations (Table 2) were performed as the following: each group was observed for 4 consecutive days at 3 different periods per day with focal technique (morning: from 9:00 a.m. to 12:00 p.m.; afternoon: from 12:00 p.m. to 3:00 p.m. and late afternoon: from 3:00 p.m. to 6:00 p.m.) and 4 different periods/day with scan technique (morning: from 9:00 a.m. to 12:00

p.m.; afternoon: from 12:00 p.m. to 3:00 p.m.; late afternoon: from 3:00 p.m. to 6:00 p.m. and evening: from 6 p.m. to 9 p.m.). In focal technique, the behavioral patterns in all groups were recorded by the observer who standing in front of the groups after waiting for five minutes before recording for acclimatization [5]. Quail's numbers were counted for calculating behavior percentage after scanning technique.

Statistical analysis was done using the analysis of variance (one way ANOVA) through the SAS statistical system [12], where the results were presented as Mean \pm Standard Error with significance at $P < 0.05$.

Table 2: Definition of recorded behaviors*

Observed behavior	Definition
Ingestive behavior	Eating: number of quails on troughs; Drinking: number of quails on drinkers.
Kinetic behavior	Walking: either walk or run; Flying: number of flying in a box.
Litter scratching	Number of scratching by the toes of legs in the litter.
Resting behavior	
a. Crouching	laying or sitting breast on the floor with closed eyes.
b. Huddling	When three or more quails are overlapped a crouching position in an allelomimetic pattern.
c. Sitting	Lying on one side.
d. Idling	Standing without activity.
Comfort behavior	
a. Feather preening	Grooming its feather with the beak while standing or crouching.
b. Dust bathing	Number of bathing in litter.
Abnormal behavior	Aggression: the birds counteracts of others; Feather pecking: pecks to feathered parts.

*Based on Mohammed *et al.* [2].

Experiment two

A total of 120 one-day old Japanese quail chicks were kept in new constructed pens (2 m²) and distributed into two experimental groups of 14 and 24 hours of light duration of incandescent light (each 60 quails). Each group was divided into three replicates (each of 20 birds). Husbandry condition and management were as in experiment one. The behavioral patterns were observed and recorded as in experiment one by scan

sampling technique. Moreover, all growth performance (initial body weight, final body weight, average body weight gain, daily body weight gain, daily feed intake and feed conversion ratio) were calculated [2]. The data were analyzed using Student's t-test by SAS program [12].

Results

The activity of quails (flying behavior) was the highest in the morning, while the resting behaviors (crouching, huddling, sitting and

idling) were higher at noon (Table 3). There were significant effects of diurnal times on all normal behaviors of Japanese quails (Table 4).

While, abnormal behaviors (feather pecking and aggression) were numerically differed among the experimental groups.

Table 3: Mean time (\pm SE) / 2 hour weekly for normal and abnormal behaviors of Japanese quail "Coturnix japonica" in different day times under Egyptian condition using the focal sampling technique

Behavior	Day times			P ¹
	Morning	Noon	Afternoon	
Feeding	9.13 \pm 0.82	7.53 \pm 1.09	8.00 \pm 1.28	0.324
Drinking	3.47 \pm 0.69	2.60 \pm 0.54	3.00 \pm 0.62	0.854
Walking	3.38 \pm 0.83	2.39 \pm 0.58	3.33 \pm 0.23	0.831
Flying	6.00 \pm 0.24 ^a	3.49 \pm 0.21 ^b	1.30 \pm 0.09 ^c	0.021
Litter scratching	4.27 \pm 1.06	3.49 \pm 1.25	4.88 \pm 1.15	0.532
Crouching	2.66 \pm 0.62 ^c	8.09 \pm 0.36 ^a	5.20 \pm 0.35 ^b	0.041
Huddling	7.67 \pm 1.08 ^b	11.18 \pm 1.74 ^a	9.70 \pm 1.64 ^{ab}	0.011
Sitting	4.13 \pm 1.65 ^b	11.53 \pm 1.07 ^a	9.80 \pm 0.98 ^{ab}	0.029
Idling	4.71 \pm 1.44 ^b	8.96 \pm 1.21 ^a	6.51 \pm 1.77 ^{ab}	0.031
Feather preening	2.53 \pm 0.62	2.00 \pm 0.57	3.73 \pm 0.97	0.378
Dust bathing	4.80 \pm 1.04	4.13 \pm 0.62	5.07 \pm 0.74	0.178
Feather pecking	1.87 \pm 0.89	1.75 \pm 0.89	1.91 \pm 0.04	0.385
Aggression	0.67 \pm 0.01	0.13 \pm 0.09	0.93 \pm 0.08	0.771

¹P: Probability (2-tailed). ^{ab}Means within the same row having different superscripts were significantly different ($P \leq 0.05$ and $P \leq 0.01$).

Quails reared in 24h light duration were the highest in eating and drinking behaviors. Moreover, they were more active (walking and flying behaviors). The frequency of dust

bathing was significantly higher in 14h of light duration than in 24h. The other behaviors and growth performance did not reveal significant differences between the two groups (Table 5).

Table 4: Means of normal and abnormal behaviors in Japanese quail kept under different circadian rhymes (% of hens in observation period) using scan sampling technique

Behavior	Day Times				P ¹
	Morning	Noon	Afternoon	Evening	
Feeding	8.06 \pm 1.04 ^a	2.43 \pm 0.27 ^b	2.69 \pm 0.26 ^b	4.62 \pm 1.13 ^b	>0.001
Drinking	5.40 \pm 0.79 ^a	2.37 \pm 0.37 ^b	4.11 \pm 1.12 ^{ab}	2.19 \pm 0.38 ^b	0.009
Walking	2.17 \pm 0.15 ^a	0.17 \pm 0.02 ^b	0.21 \pm 0.11 ^b	1.93 \pm 0.11 ^{ab}	>0.001
Flying	10.35 \pm 1.27 ^a	2.15 \pm 0.27 ^c	1.75 \pm 0.12 ^c	6.92 \pm 1.52 ^b	>0.001
Litter scratching	5.27 \pm 0.73 ^a	2.36 \pm 0.39 ^b	4.10 \pm 1.12 ^{ab}	2.16 \pm 0.42 ^b	0.011
Crouching	2.17 \pm 0.38 ^c	4.69 \pm 1.10 ^b	6.85 \pm 0.91 ^a	2.35 \pm 0.30 ^c	>0.001
Huddling	0.17 \pm 0.11 ^b	2.06 \pm 0.21 ^a	1.81 \pm 0.09 ^a	0.23 \pm 0.10 ^b	>0.001
Sitting	1.67 \pm 0.13 ^b	8.56 \pm 1.24 ^a	9.65 \pm 1.10 ^a	1.72 \pm 0.24 ^b	>0.001
Idling	0.25 \pm 0.08 ^c	1.75 \pm 0.49 ^b	7.79 \pm 1.07 ^a	0.82 \pm 0.12 ^b	>0.001
Feather preening	0.95 \pm 0.48 ^b	3.95 \pm 0.66 ^a	3.86 \pm 0.62 ^a	3.21 \pm 0.36 ^a	0.001
Dust bathing	0.25 \pm 0.17 ^b	4.27 \pm 0.45 ^a	4.24 \pm 0.37 ^a	3.77 \pm 0.42 ^a	>0.001
Feather pecking	0.08 \pm 0.02	0.00 \pm 0.00	0.2 \pm 0.05	0.07 \pm 0.03	0.584
Aggression	0.09 \pm 0.01	0.00 \pm 0.00	0.15 \pm 0.05	0.06 \pm 0.01	0.577

¹P: Probability (2-tailed). ^{ab}Means within the same row having different superscripts were significantly different ($P \leq 0.05$ and $P \leq 0.01$).

Discussion

The behavior represents a series of activities of endocrine or exocrine character [13] for assessing the animal's response to its environment that consequently affects its welfare. Circadian rhythms are the most

important factor that affects the behavior of the birds which controlled by mean of endogenous diurnal clock [1]. In the present study changes in behaviors of quail chicks by circadian rhythms and lighting duration were observed. By direct observation, the times of negative behavior were longer in the morning

than other times, but the difference did not reach the significance. The observed differences in ingestive behavior (eating and drinking) was agreed with Sambraus [14] and Deeming [15]. In contrast, Abdel-Hamid [1] and Wikelski *et al.* [16], mentioned that the

feeding time was increased at mid-day than early morning and afternoon. On the other hand, the quails spent more time in flying behavior in the morning with significant differences.

Table 5: Means of quail behaviors (% of hens in observation period) and its growth performance kept in different lighting duration

Behaviors	24 hrs	14 hrs	P ¹
Eating	3.12±0.20 ^a	1.91±0.32 ^b	0.010
Drinking	2.98±0.23 ^a	1.97±0.26 ^b	0.017
Walking	3.30±0.14 ^a	2.59±0.27 ^a	0.041
Flying	2.77±0.37 ^a	1.33±0.34 ^b	0.018
Litter scratching	1.97±0.30	1.66±0.25	0.952
Crouching	2.45±0.29	2.64±0.20	0.589
Huddling	3.23±0.30	3.32±0.29	0.826
Sitting	3.73±0.26	4.40±0.44	0.223
Idling	1.60±0.26	1.65±0.14	0.864
Preening	3.01±0.31	3.14±0.57	0.850
Dust bathing	1.74±0.21 ^b	2.90±0.23 ^a	0.004
Feather pecking	0.05±0.02	0.09±0.05	0.524
Aggression	0.026±0.01	0.033±0.02	0.825
Initial body weight (g)	6.06±0.23	6.07±0.19	0.539
Final body weight (g)	137.97±4.43	138.09±5.43	0.616
ABWG (g) ²	132.63±4.10	132.01±5.39	0.428
DBWG (g) ³	4.02±0.12	4.00±0.16	0.221
DFI ⁴	15.06±0.25	15.22±0.26	0.137
FCR ⁵	3.79±0.12	3.90±0.19	0.959

¹P: Probability (2-tailed).²ABWG: average body weight gain; ³DBWG: daily body weight gain; ⁴DFI: daily feed intake; ⁵FCR: feed conversion ratio. ^{ab}Means within the same row having different superscripts were significantly different ($P \leq 0.05$ and $P \leq 0.01$).

The increase of activities in the morning may be due to decrease of temperature stress. Amado *et al.* [17] stated that the activity of birds was high in early morning and late afternoon. Never less, the resting behavior (crouching, huddling, sitting and idling) was significantly higher at noon than other times. These results may due to mid-day have a period of quiet time in form of resting behavior [18]. In the video recording, the most recoded behaviors were significantly affected by changes in day times, which agreed with Nelson *et al.* [6] and Newton [19], who stated that he circadian hours have great effects on the behavior of birds in different geographical and environmental sites. While, Lincoln *et al.* [20] reported that circadian factors were weakly affected the behavior of birds. Ingestive, kinetic and litter scratching behaviors were higher during morning than other times that may be due to greater expression of these behaviors in the morning

[21]. The results were disagreed with Koenig [22] who detected that ingestive behavior was excessively at mid-day hours. In the current study, the quail was resting in the mid-day than other times of day, which may be attributed to the quails have a period of quiet time in form of resting behavior during the middle of the day. Furthermore, the comfort behavior (preening and dust bathing) was significantly higher at noon, afternoon and evening, respectively. These results may be due to higher resting behavior and the most of comfort behavior is in resting position. While, Abdel-Hamid [1] mentioned that, the preening and feather shaking frequencies did not affect by diurnal factors.

As general, the abnormal behaviors (aggression and feather pecking) didn't show any differences due to changes in circadian rhythm. Lighting is a powerful exogenous factor in control of physiological and behavioral processes [23]. Quails housed at 24

h of light duration were significantly higher in frequencies of ingestive and kinetic behaviors than 14 h of light duration. In contrary, the frequency of dust-bathing was the lowest in 24 h. In this study, the significant effects of light duration in behavior were agreed with Bayram and Ozkan [24]. Never less, the results of this study revealed that light duration did not significantly affect the frequencies of other behaviors [25]. Furthermore, there were no differences in all growth performances of quails kept at different light duration. The results were disagreed with Haiming *et al.* [26], who found significant differences in the most of growth performances (final body weight gain, daily feed intake and feed conversion ratio). In other studies, there were significant decrease in body weight and feed conversion ratio in 24 hours duration than intermittent light [27], while Lien *et al.* [28] noted a positive correlation between light duration and performance in broilers.

Conclusion

From the current study, we can conclude that the changes in day times and light duration of quails'environment were associated with significantly different normal behavior, while there were no significant differences in abnormal behaviors such as aggreation and feather picking due to changes in circadian rhythm and light duration.

Conflict of interest

The authors declare no conflict of interest.

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المخلص العربي

التغيرات في سلوك وأداء النمو في السمان بسبب الإيقاعات البيولوجية ومدة الإضاءة اليومية المختلفة تحت الظروف المصرية

هشام حسنى السيد محمد

قسم الصحة العامة البيطرية – كلية الطب البيطري – جامعة الزقازيق

أجريت هذه الدراسة لتسجيل التغيرات في سلوكيات وأداء السمان الياباني "كوترنيكس جابونيكا" تبعاً لإيقاعات الساعة البيولوجية ومدة الإضاءة اليومية. استخدم في هذه الدراسة ٢٢٠ طائر من السمان الياباني وتم توزيعهم إلى تجربتين (١٠٠) طائر في التجربة الأولى لتسجيل التغيرات السلوكية في أوقات النهار المختلفة و ١٢٠ طائر في التجربة الثانية لدراسة مدى تأثير مدة الإضاءة اليومية على السلوكيات ومعدل النمو). وسجلت السلوكيات عن طريق المراقبة المباشرة وتسجيل الفيديو وتم أيضاً تسجيل الأداء في نهاية التجربة نتيجة الأختلاف في مدة الإضاءة. ووجدت الفروق الكبيرة في معظم السلوكيات المسجلة بين أوقات اليوم المختلفة، خاصة في تسجيل الفيديو حيث كانت سلوكيات التغذية والحركة أعلى بكثير في وقت الصباح، في حين أنها كانت الأعلى في منتصف النهار مع وجود اختلافات كبيرة. كان سلوك الراحة أقل بكثير في وقت الصباح من غيرها. في الدراسة الحالية، كانت مدة الإضاءة لها تأثير كبير على سلوكيات التغذية والحركة، حيث كانت الأعلى في ٢٤ ساعة من مدة الإضاءة. في حين كان سلوك الإستحمام في التراب أعلى بكثير في ١٤ ساعة من مدة الإضاءة بالمقارنة إلى ٢٤ ساعة أضاءة. ومن ناحية أخرى، لم تكن هناك فروق ذات دلالة إحصائية في جميع معدلات النمو في السمان نتيجة الاختلاف في مدة الاضاءة. وخلص البحث إلى أن التغيرات في أوقات النهار ومدة الاضاءة في تربية السمان كانت مرتبطة بوجود فروق معنوية كبيرة في السلوك الطبيعي للطيور.