

## DATING DRY BURN INJURY IN HUMAN PATIENTS BY FLOW CYTOMETRY OF CD4+ AND CD8+ T-CELLS IN THE BLOOD

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### ABSTRACT

**Introduction:** dating burn injury in humans remains a challenging issue in forensic medicine. T-lymphocytes have a fundamental role in the healing process of burn injury. **The study** aimed to characterize time-dependent changes in t-helper lymphocytes (cd4+) and t-cytotoxic lymphocytes (cd8+) in human blood following thermal injury and to elucidate their accuracy in dating dry burn injury. **Patients and methods:** this cross-sectional study included adult patients, admitted with second and /or third-degree dry burn with a total body surface area ranged from 10% to 50%. Ten eligible patients were recruited independently at the 1st, 3rd, 7th, and 15th days following burn injury. Additionally, ten matched healthy subjects served as a control group. Besides the patient's information, blood samples were withdrawn from each participant for flow cytometric analysis of cd4+ and cd8+ t-cells. **Results:** percentages of cd4+ and cd8+ cells, and cd4+/cd8+ ratio exhibited a significant reduction in burnt patients compared to the control group throughout the first week after-burn. Additionally, there was a significant time-dependent decline between the 1st, 3rd, and 7th days, following the burn. Receiver operating characteristic (roc) analysis for these markers revealed a significant-excellent power of discrimination of burns aged less than 3 days (area under the curves were  $\geq 0.9$ ). **Conclusion:** it could be concluded that cd4+ and cd8+ t-cells in the human blood exhibited time-dependent changes after dry burns. They could help in dating acute dry burns in living humans with great accuracy, whatever the extent of burn injury.

**Keywords:** dating; age; burns; human; cd+4 and cd+8; flow cytometry

### INTRODUCTION

Burn is one of the major causes of injury worldwide (Li et al., 2017). In forensic practice, various burn injuries due to exposure to fire, hot liquids, or electricity are frequently encountered. Determining the time of these burn incidents is very essential both in living persons and cadavers (El-Sayed, 2016).

Medicolegal evaluation of burns remains a major concern in the field of

clinical forensic medicine. These circumstances include acute burns due to assault or intentional self-inflicted burns for secondary gains. Additionally, burns are commonly encountered in cases of child, elder, or intimate partner abuse (Greenbaum et al., 2006; Nisavic et al., 2017). Moreover, forensic pathologists sometimes face a diagnostic challenge in estimating the time passed since fire. Accurate dating might provide a clue to

know the survival time of the victim. Besides, it can help in the reconstruction of the crime scene (Li et al., 2020).

Estimating the age of burns based on the naked eye evaluation of morphological changes related to various stages of healing is highly variable (Li et al., 2020). Moreover, the recently known scar imaging tools have not been yet valid for forensic purposes (Mukherjee et al., 2017).

The healing process of burns involves the release of numerous cytokines and growth factors as mediators that control and organize various stages of healing (Sorg et al., 2017). The progress in forensic techniques has enabled the evaluation of multiple inflammatory mediators for wound dating purposes through various immunohistochemistry or molecular biology procedures, both in animals and humans (van de Goot et al., 2014; Fronczek et al., 2015).

The currently available research on dating burn injury in humans is scarce. An earlier study has reported an increased p53 expression in the thermal injury of the human skin (Tarran et al., 2004). Another immunohistochemical study of the inflammatory response in biopsy samples of burnt living human subjects. It revealed a tendency for increased neutrophils in samples taken as early as 2 days after the injury, whereas macrophages predominated in burns aged a few days to weeks old. However, the authors reported difficulty in determining the burn age (Tarran et al., 2006). To date, there was no efficient or reliable biomarker for burn dating (Li et al., 2020).

T-lymphocytes have a fundamental role in the healing process of burn injury. They regulate the recruitment of inflammatory cells, inflammatory mediators, and growth factors at the site of thermal injury. Moreover, a proper immune response depends essentially on T-cell (Kim et al., 2017). The role of both T-Helper lymphocytes (CD4+) and T-Cytotoxic lymphocytes (CD8+) subsets in

the healing process of burns including monitoring cytokines secretion has been reported by Cairns et al. (2001).

It has been reported that major burns induce impairment of the immune responses early after injury (Rani and Schwacha, 2017). Such immunosuppressive effect of major burns on T-cell subtypes and its relation to morbidity and mortality has been well established (Girardot et al., 2017).

The reported burn-related T- cells responses could be adopted to determine burn age for medicolegal purposes. Therefore, the present study aimed to characterize time-dependent changes in CD+4 and CD+8 T-cells in the blood following thermal injury. Further, to elucidate the potential role and accuracy of these T-cell subtypes in dating dry burn injury in living humans.

## **PATIENTS & METHODS**

### **Study type, settings, and ethical considerations**

This analytical cross-sectional study was carried out at Burn Unit, Plastic and Reconstructive Surgery Department, Tanta University Hospital. The study was undertaken after approval from the institutional research ethics committee (Approval Code: 32997/03/19), throughout a period from the start of March to the end of June 2019. Informed written consent was taken from the study participants. To maintain the confidentiality of data, a code number was given for every patient.

### **Eligibility criteria**

Male or female patients, aged 18 years or older, admitted with second and /or third-degree dry burn injuries (at least 1% deep partial-thickness burn area), of moderate to a severe extent; total body surface area (TBSA) ranged from 10% to 50% were recruited. Patients with any comorbidity likely to affect the level of T-lymphocyte subsets as hepatic, renal insufficiency, or any local or systemic septic conditions were excluded.

Ten eligible patients were recruited at

the 1st, 3rd, 7th, and 15th days following burn injury constituting independent groups from I to IV. They covered the inflammatory (12 hours-2 days) and proliferative (3-14 days) stages of the burn healing process. Additionally, ten matched healthy subjects with no hepatic, renal insufficiency, or any local or systemic septic condition were selected during the study period. They served as a control group.

It has been reported that responses of T-lymphocyte subsets might be related to the extent of burns (Jeschke et al., 2008). This was considered in this study, thus eligible patients with moderate burns (TBSA more than 10% and less than 30%) and severe burns (31-50% TBSA) were equally recruited at each studied time point after burn injury.

#### Methods

Patient's information including age, sex, type of burn, TBSA, admission period, history of any comorbidity or septic condition were collected. Additionally, from each participant, two ml of the peripheral venous blood sample was drawn into a sterile vacutainer containing K3-EDTA (1.2mg/ml) as an anticoagulant for flow cytometric analysis of CD+4 and CD+8 T-cells.

Flow cytometric analysis: was done using CD 4 FITC, CD 8 PE monoclonal antibodies. These markers were supplied by Becton Dickinson (Heidelberg, Germany). Samples were analyzed by four-color flow cytometry using the Becton Dickinson (BD) FACS Calibur instrument (Becton Dickinson, San Diego, California, USA). The leucocytic count was adjusted to  $10^6$  cells/tube, fluorochromes conjugated monoclonal antibodies were dispensed into all appropriately labeled tubes (volume of each antibody is determined according to titration which is labeled on each monoclonal bottle). The tubes were vortexed and incubated in the dark at room temperature for 25 min. One ml of lysing solution was added to the tubes. The tubes

were vortexed and incubated for 20 min in the dark at room temperature. A volume of 0.5 ml of phosphate buffer saline washing solution was added to each tube and mixed thoroughly. The tubes were centrifuged at 2500 rpm for 3 min, and the supernatant was discarded, this step was repeated. Cells were suspended in 300  $\mu$ l of phosphate buffer saline and were ready for acquisition by the flow cytometer.

For each analysis, 10,000 events were acquired and analyzed using the Cell Quest software; CELL QUEST SOFTWARE (Becton Dickinson, version 3, verify software House Topsham, ME, USA). An acquisition gate was done based on FSC and SS from which lymphocytes were selectively gated for immunophenotyping analysis. Marker expression was recorded as a percentage and absolute count of positive cells (Fig. 1).

#### Statistical Analysis

All data were analyzed by SPSS version 22. Categorical data were presented as numbers and percentages and Pearson's Chi-Square test was used to investigate the association between two variables. Concerning continuous data, they were tested for normality by the Shapiro Wilk test. They were normally distributed and were expressed as mean  $\pm$  standard deviation and were compared by Independent Student's T- test and One-Way ANOVA according to the number of groups. Following significant One-Way ANOVA results, a post hoc test (Games Howell) was applied to determine the pairwise comparison between the studied groups. Also, Receiver operating characteristic (ROC) curves were constructed to assess the diagnostic performance of the studied markers in the dating burn injury.  $P < 0.05$  was considered statistically significant.

#### RESULTS

The present study included 40 patients with mixed second- and/or third-degree dry burns. The burn surface area ranged from 10%-50%. More than half of them

(57.5%) were females and their mean age was  $31.65 \pm 8.95$  years, with non-significant differences from the control healthy subjects.

Table (1) shows the relation between the severity of burn according to TBSA and the percentage of CD4+ and CD8+ T-lymphocytes in the peripheral blood. The means of CD4+ and CD8+ percentages as well as CD4+/CD8+ ratio were significantly lower in severe burns compared to moderate ones at each of 1st, 3rd, and 7th days after burn ( $p < 0.05$ ). Whereas, in group IV (15th-day after-burn) neither CD4+, CD8+ percentages nor CD4/CD8 ratio showed statistically significant differences ( $p > 0.05$ ).

Concerning moderate burns, the mean of CD4+ percentage was significantly lower at each of the 1st, 3rd, and 7th days after burn compared to the control group ( $25.16 \pm 0.45$ ,  $22.02 \pm 0.44$ ,  $30.98 \pm 1.61$ , and  $34.10 \pm 2.45$  respectively,  $p < 0.001$ ). Additionally, along the first- week after-burn, there was a significant difference in CD4+ percentage between the studied periods. However, the difference between the 7th and 15th days was not statistically significant ( $p = 0.227$ ). Likewise, the mean CD8+ percentages and CD4+/CD8+ ratio was significantly lower at each of the 1st, 3rd, and 7th days after burn compared to the control group with significant differences between the studied periods till the end of the first week (Table 2).

Table (3) demonstrates time-dependent responses of CD4+ and CD8+ lymphocytes to severe burns. There was a significant reduction in the mean CD4+ percentage 1st day following severe burns compared to the control group ( $22.02 \pm 0.44$  and  $37.80 \pm 2.28$  respectively,  $p < 0.001$ ). On the 3rd day, the reduction continued (mean =  $19.38 \pm 0.88$ ) with a significant difference from the control group. On the 7th day, CD4+ cells started to increase but, the mean CD4+ percentage ( $29.16 \pm 1.35$ ) was still significantly lower than the control group. Nevertheless, two weeks after severe burns, the mean

CD4+ percentage ( $33.94 \pm 2.43$ ) was non-significantly lower than the control group ( $p = 0.162$ ). Besides, there were significant differences in the mean CD4+ percentages between all the studied periods ( $p < 0.001$  between 1st, 3rd, 7th, and 15th days). Correspondingly, the mean CD8+ percentage and the ratio of absolute numbers of CD4+ and CD8+ cells displayed similar significant time-dependent differences at each of 1st, 3rd, 7th, and 15th days following severe burns ( $p < 0.001$ ).

To determine the diagnostic performance of each of CD4+, CD8+ percentages, and CD4+/CD8+ ratio in discriminating the age of burns, ROC curves were applied. For moderate burns, CD4+, CD8+ percentages and CD4+/CD8+ ratio showed a significant-excellent power of discrimination of burns aged less than 3 days ( $p < 0.001$ ). Moreover, CD4+/CD8+ ratio displayed the greatest power of discrimination (AUC=0.980), but with no significant differences from AUCs of CD4+ and CD8+ percentages ( $p > 0.05$ ). At a cutoff  $\leq 0.94$ , the CD4+/CD8+ ratio provided a sensitivity of 80% and a specificity of 100% (Table 4 and fig. 2).

As regards severe burns, CD4+, CD8+ percentages and CD4+/CD8+ ratio showed a significant-excellent power of discrimination of burns aged less than 3 days ( $p < 0.001$ ). Moreover, CD4+ percentage showed the best diagnostic value (AUC= 0.90), but with no significant differences from AUCs of CD8+ percentage and CD4+/CD8+ ratio ( $p > 0.05$ ). The percentage of CD4+ cells had a sensitivity and specificity of 90% at a cutoff  $\leq 22.1$  (Table 5 and fig. 3).

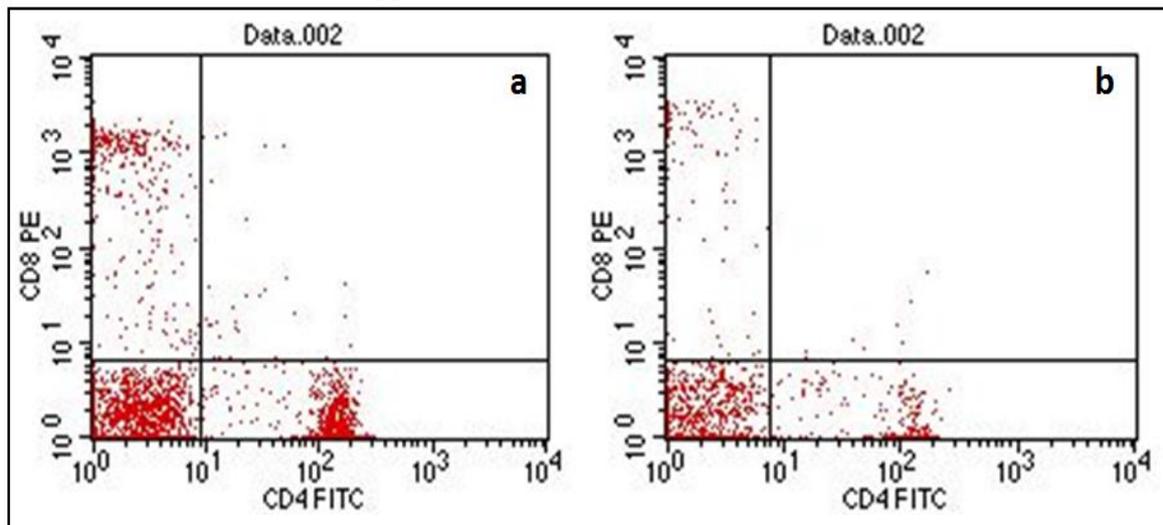
## **DISCUSSION**

This study identified the pattern of CD4+ and CD8+ cells' response to burn injury and their role in determining the burn age. The application of the flow cytometry technique allowed a precise determination of changes in the positively stained mononuclear cells at different time

points following the injury (Cossarizza et al., 2017).

The present work demonstrated a significant reduction in CD4+ and CD8+ percentages, and CD4/CD8 ratio in burnt patients compared to the control healthy subjects throughout the first week after-burn. Also, the observed suppression of

CD4+ and CD8+ cells in this study was related to the extent of the burn. As well, both moderate and severe burns expressed a significant time-dependent reduction in CD4+ and CD8+ percentages, and CD4/CD8 ratio at the 1st, 3rd, and 7th days following the burn.



**Figure 1:** (a) Percentage of positive cells for the 2 subsets CD4+ and CD8+ in healthy control. (b) A decrease in the percentage of positive cells for the 2 subsets CD4+ and CD8+ in burnt patients.

**Table (1):** Comparison between moderate and severe burns regarding CD4+, CD8+ percentages, and CD4+/CD8+ ratio at each studied time interval

		Patients (n=40)			
		Moderate	Severe	t	P value
<b>Group I (1 day after burn) (n=10)</b>					
<b>CD4+%</b>	Mean ± SD	25.16±0.45	22.02±0.44	11.1	<0.001*
<b>CD8+%</b>	Mean ± SD	16.0±1.06	13.98±0.98	3.12	0.014*
<b>CD4+/CD8+ ratio</b>	Mean ± SD	0.94±0.02	0.89±0.02	5.0	0.001*
<b>Group II (3 days after burn) (n=10)</b>					
<b>CD4+%</b>	Mean ± SD	22.02±0.44	19.38±0.88	5.99	<0.001*
<b>CD8+%</b>	Mean ± SD	13.50±1.12	10.94±0.98	3.85	0.005*
<b>CD4+/CD8+ ratio</b>	Mean ± SD	0.88±0.02	0.65±0.11	4.47	0.007*
<b>Group III (7 days after burn) (n=10)</b>					
<b>CD4+%</b>	Mean ± SD	30.98±1.61	29.16±1.35	3.96	0.006*
<b>CD8+%</b>	Mean ± SD	18.98±1.55	16.34±0.70	3.46	0.008*
<b>CD4+/CD8+ ratio</b>	Mean ± SD	1.30±0.16	1.01±0.05	3.86	0.005*
<b>Group IV (15 days after burn) (n=10)</b>					
<b>CD4+%</b>	Mean ± SD	34.10± 2.45	33.94± 2.43	0.104	0.920
<b>CD8+%</b>	Mean ± SD	20.38± 0.88	19.86± 0.73	1.02	0.339
<b>CD4+/CD8+ ratio</b>	Mean ± SD	1.44± 0.15	1.50± 0.10	0.739	0.481

\*Significant at p<0.05

**Table (2):** Time-dependent responses of CD4+, CD8+ percentages, and CD4+/CD8+ ratio in moderate burns

Moderate burn		Patients				Control	F <sub>welch</sub>	P value
		Group I (n=5)	Group II (n=5)	Group III (n=5)	Group IV (n=5)	Group (n=10)		
CD4+%	Mean	25.16±	22.02±	30.98±	34.10±	37.80±	101.04	<0.001*
	± SD	0.45	0.44	1.61	2.45	2.28		
CD8+%	Mean	16.0±	13.50±	18.98±	20.38±	24.38±	34.13	<0.001*
	± SD	1.06	1.12	1.55	0.88	2.68		
CD4+/CD8+ ratio	Mean	0.94±	0.88±	1.30±	1.44±	1.68±	56.46	<0.001*
	± SD	0.02	0.02	0.16	0.15	0.13		

**CD4+%:** Post hoc test (Games Howell) revealed significant differences between all groups except group III versus group IV (p=0.227), and group IV versus control group (p=0.190).  
**CD8+%:** Post hoc test (Games Howell) revealed significant differences between all groups except group III versus group IV (p=0.467), and group IV versus control group (p=0.117).  
**CD4+/CD8+ ratio:** Post hoc test (Games Howell) revealed significant differences between all groups except group III versus group IV (p=0.628), and group IV versus control group (p=0.145).

\*Significant at p&lt;0.05

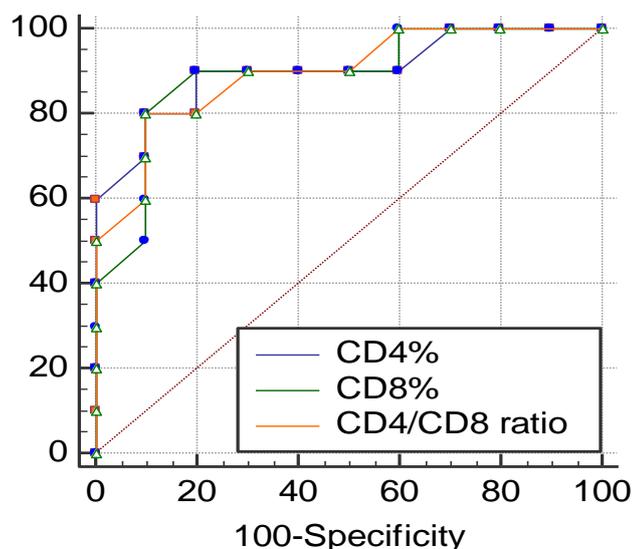
**Table 3:** Time-dependent responses of CD4+, CD8+ percentages, and CD4+/CD8+ ratio in severe burns

Severe burn		Patients				Control	F <sub>welch</sub>	P value
		Group I (n=5)	Group II (n=5)	Group III (n=5)	Group IV (n=5)	Group (n=10)		
CD4+%	Mean ±	22.02±	19.38±	29.16±	33.94±	37.80±	107.27	<0.001*
	SD	0.44	0.88	1.35	2.43	2.28		
CD8+%	Mean ±	13.98±	10.94±	16.34±	19.86±	24.38±	70.89	<0.001*
	SD	0.98	0.98	0.70	0.73	2.68		
CD4+/ CD8+ ratio	Mean ±	0.89±	0.65±	1.01±	1.50±	1.68±	82.36	<0.001*
	SD	0.02	0.11	0.05	0.1	0.13		

**CD4+%:** Post hoc test (Games Howell) revealed significant differences between all groups except group IV versus control group (p=0.162).  
**CD8+%:** Post hoc test (Games Howell) revealed significant differences between all groups except group IV versus control group (p=0.079).  
**CD4+/CD8+ ratio:** Post hoc test (Games Howell) revealed significant differences between all groups except group IV versus control group (p=0.201).

\*Significant at p&lt;0.05





**Figure (3):** Receiver operating characteristic curve illustrating sensitivity, specificity, and area under the curve for discriminating severe burns aged less than 3 days by CD4+%, CD8+%, and CD4+/CD8+ ratio.

Moreover, ROC curve analysis revealed that CD4+, CD8+ percentages and CD4+/CD8+ ratio showed a significant- excellent power of discrimination of burns aged less than 3 days whatever the extent of the burn injury.

In the current study, significant time-dependent immunosuppression of CD4+ and CD8+ T-cells in burnt patients along the first week was detected. Furthermore, CD4+ and CD8+ cells were declined as early as the 1st-day after-burn. Afterward, they were progressively suppressed with a remarkable decline on the 3rd day. The 7th day on the other hand showed partial restoration of the studied T-cell subtypes activity. Further gradual improvement of immunosuppression was continued with non-significant differences from the control on the 15th-day after-burn. In agreement with these findings, **Haggag et al. (2013)** have reported decreased expression of CD4+ and CD8+ T-lymphocytes in the skin of moderate to severely burnt patients compared with healthy skin at 3 days and 1-week after-burn. Similarly, **Sayed et al. (2012)** have investigated T-lymphocyte subsets by flow cytometry in 50 patients with acute second-and third-degree major burns

ranging from 25 to 40% of TBSA. They have recorded a statistically significant reduction in CD4+/CD8+ ratio as early as the first 24 hours in comparison with healthy controls. Two weeks later, the CD4+/CD8+ ratio was more or less similar to controls due to the activation of T-lymphocytes at this time. Likewise, an earlier study has conveyed a significant decrease in absolute numbers of CD4+ and CD8+ T-cells in patients with burn injury on the 4th-day after-burn compared with their controls (**Mabrouk et al., 1997**). Therapeutic implications of these findings have been previously reported where, triage of patients with major burns necessitates early and efficient support of their immune system to ensure better outcomes (**Rafla and Tredget, 2011**).

Our work revealed also a parallel decline in each of the CD4+ and CD8+ cells in the blood over time after burn injury. Thus, the two types of T-cells showed similar responses to burn injury. This coincided with **Entezami and Mosavi (2017)** who revealed a significant decline in CD4+ and CD8+ percentages and CD4+/CD8+ ratio below the normal range at days 3 and 7 after burning by using flow cytometry. Conversely, it has been reported that CD4+ lymphocytes

were mainly affected while, CD8+ count was not always reduced following thermal injury (**Patenaude et al., 2005**).

In this study, the observed CD4+ and CD8+ cells suppression was related to the extent of burns that was evaluated by the affected TBSA. Greater suppression was significantly observed in severe burns (>30-50% TBSA) than moderate (>10-30% TBSA) ones along the first-week after-burn. The impact of burn size on the amount of immunosuppression was also demonstrated by **Jeschke et al. (2008)**. Another study showed an evident reduction in the ratio of CD4 to CD8 positive cells in patients with burns of more than 70% TBSA (**Entezami and Mosavi, 2017**). A remarkable early depression of CD+8 T-cells in burnt patients in a size-dependent manner has also been recorded (**Hultman et al., 1995**). Likewise, **Haggag et al. (2013)** have reported a significant reduction in CD4+ and CD8+ counts in severe and extremely severe burns than moderate ones.

In this work, CD4+ and CD8+ T-cells suppression was recovered one week after moderate burns compared to 2 weeks after severe ones. This is in agreement with **Devine et al. (2018)** who reported recovery of T-cells suppression in survivors after 2 weeks of burn injury. However, in patients with severe burn injuries that covered a greater body surface area, or in expired patients, this inflammatory cell influx persisted longer.

The detected alterations in CD4+ and CD8+ T-cells in the present study are likely to be multifactorial. Release of some suppressive substances from the burned tissue into the circulation resulting in inhibition of T-lymphocytes proliferation has been implicated (**Church et al., 2006**). In addition, immunosuppression might also be related to the burn-induced inflammatory response that starts immediately after the injury (**Lateef et al., 2019**). The production of several inflammatory cytokines and growth factors

such as IL-1, tumor necrosis factor-alpha (TNF- $\alpha$ ), IL-6, IL-8, IL-10, tumor growth factor-beta (TGF- $\beta$ ), and interferon during the inflammatory response are potential mechanisms involved in the suppression of lymphocyte proliferation (**Kim et al., 2012**). Some of these cytokines (**Valvis et al., 2015**) and TNF- $\alpha$  (**Yu et al., 2018**) was identified as having a specific role in CD4+ or CD8+ T-cell homeostasis. Moreover, it has been found that plasma cytokines and TNF- $\alpha$  levels were related to burn size and time passed since thermal injury (**Kim et al., 2012; Abdallah et al., 2019**). Some have linked T-cells depletion after burn injury to the observed apoptosis of T-cells in the peripheral immune organs like the spleen and thymus (**Girardot et al., 2017**) while, others have shown that the reduced T-cells percentage in the blood resulting from their migration at the burn site and the nearby draining lymph nodes (**Purcell et al., 2006; Rani et al., 2015; Rani and Schwacha, 2017**).

Studying time-dependent changes at which mediators of the healing process are present in a group of burns of known age could assist in dating burns for forensic purposes (**Schwacha et al., 2010**). Despite extensive research in dating injury, no reliable gold standard marker has been achieved (**van de Goot et al., 2014**). The reason is that injury dating is a process that requires the incorporation of information collected from history taking, description of the situation, in addition to macroscopic and microscopic examination. Advanced techniques like immunohistochemistry or molecular biology are very helpful as well. They might add more information or help in solving discrepancies between some findings. Thus, the application of such techniques assists in making solid conclusions and valid statements (**van de Goot and Fronczek, 2017**). Considering this concept, the present study evaluated the diagnostic performance of CD4+, CD8+ T percentages, and CD4+/CD8+ ratio in discriminating age of burns. Given the detected significant time-dependent

differences of these markers in the univariate statistical analysis, the practical necessity for dating recent burns, and the small sample size, we aimed to detect the power of discriminating burns aged less than three days using the studied markers. The percentages of CD4+, CD8+ cells and CD4+/CD8+ ratio showed significant-excellent diagnostic value whatever the extent of burn injury.

The strengths of this study include investigating samples from living human subjects that have advantages of being of human origin besides the accuracy of their time data. Additionally, detecting CD4+ and CD8+ responses early after burns, and the presence of a less heterogeneous group of burnt patients at each studied time point may have produced more clear-cut results. However, a small sample size remains a limitation of this work.

### **CONCLUSION & RECOMMENDATION**

From these findings, it could be concluded that CD+4 and CD+8 T-cells in the blood exhibited time-dependent changes after dry burns. Additionally, they could help in determining the age of acute burns in human patients with great accuracy, whatever the extent of dry burn injury. Further research in patients with repeated burns and those with combined burns and trauma is recommended.

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## المخلص العربي

## تحديد عمر إصابات الحروق الجافة في مرضى الحروق عن طريق قياس التدفق الخلوي للخلايا المناعية سي دي 4 و سي دي 8 في الدم

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**المقدمة:** يظل تحديد عمر إصابات الحروق في البشر من التحديات في الطب الشرعي، و الخلايا اللمفاوية من النوع تاء لها دور أساسي في عملية إلتئام إصابات الحروق. **الهدف من الدراسة:** هدفت هذه الدراسة إلى وصف التغيرات المعتمدة على مرور الوقت في الخلايا الليمفاوية من النوع تاء المساعدة (CD4 +) والسامة (CD8 +) في دم الإنسان بعد الإصابة بالحروق الجافة، و كذلك توضيح مدى دقتها في تحديد عمر هذه الحروق. **المرضى وطرق البحث:** اشتملت هذه الدراسة المستعرضة المرضى البالغين الذين تم حجزهم بحروق جافة من الدرجة الثانية و / أو الثالثة بحيث كان إجمالي مساحة سطح الجسم تتراوح من 10% إلى 50%. تم تحديد أربعة مجموعات تبعا لعمر الحرق كالتالي: يوم، ثلاثة، سبعة، خمسة عشر، و تبعا لشروط البحث تم إنضمام عشرة مرضي في كل من هذه المجموعات بشكل مستقل . بالإضافة إلى ذلك ، تضمنت المجموعة الخامسة عشرة أشخاص أصحاء متطابقين كمجموعة ضابطة. تم سحب عينات دم من كل مشارك لتحليل التدفق الخلوي للخلايا المناعية (CD4+) و (CD8+) إلى جانب معلومات المريض. **النتائج:** أظهرت النسب المئوية الخاصة بالخلايا المناعية (CD4+) و (CD8+) ونسبة (CD4+/CD8+) انخفاض ذو دلالة إحصائية في مرضى الحروق مقارنة مع المجموعة الضابطة طوال الأسبوع الأول بعد الحرق. بالإضافة إلى ذلك ، فقد أظهر الانخفاض فروقات ذات دلالة إحصائية بين اليوم الأول والثالث والسابع بعد الحرق. وكشف تحليل (ROC) الخاص بهم عن قوة ممتازة لتمييز الحروق التي تقل أعمارهم عن ثلاثة أيام ( $AUCs \geq 0.9$ ). **الخلاصة:** يمكن إستنتاج أن الخلايا المناعية (CD4+) و (CD8+) في دم الإنسان قد أظهرت تغيرات مرتبطة بمرور الوقت بعد الحروق الجافة. كما يمكن أن تساعد تلك الخلايا في تحديد عمر الحروق الجافة الحديثة في البشر الأحياء بدقة كبيرة بغض النظر عن مدى مساحة الإصابة بالحروق.