

Accuracy of Ultrasound in Estimating Fetal Weight at Term

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Abstract

Background: To compare the accuracy of different sonographic formulae for fetal weight estimation at term.

Material and Methods: Comparative cross-sectional study to evaluate 8 different formulae using 300 sonographic weight estimations performed within 24 hours before delivery. Using correlation coefficient, regression analysis and Bland and Altman method, to compare between the studied formulae with each other and knowing the effect the different fetal biometric indices on accuracy of estimates by ultrasound.

Results: A considerable variation in the accuracy of the different formulae was found. For Birth Weights (BW) in the range of 2500 to 3500g, formulae based on 3 or 4 fetal biometric indices were significantly more accurate than formulae that incorporated only 1 or 2 indices. The accuracy of formulae decreased at the extreme of birth weight >4000 gs, leading to underestimation of ABW (actual birth weight).

Conclusion: We conclude that to improve the accuracy of fetal weight estimation, sonographic formulae that are based on 3 or 4 fetal biometric indices should be preferred.

Key Words: Ultrasound – Birth weight – Term pregnancy.

Introduction

THE ultrasound estimation of fetal weight in term pregnancies is used to determine fetal growth, and this may affect the timing and route of delivery [1-3]. Although antenatal care has focused more on the diagnosis of fetal growth restriction and fetal macrosomia, the delivery of macrosomic infants is associated with higher rates of adverse outcomes for both mother and infant in comparison to the delivery of normal weight infants [4-7]. Ultrasound of fetal weight estimations is undertaken as part of the routine antenatal care of pregnant women, accurate estimation of fetal weight now has an important role in routine antenatal care and for detection of fetal growth abnormalities [4,8], for

this reason, researchers have invested much effort in creating formulae that would accurately predict fetal weight. These formulae are mainly based on different combinations of sonographically measured fetal biometric indices, mainly Abdominal Circumference (AC), Femur Length (FL), Biparietal Diameter (BPD), and Head Circumference (HC) [9-12].

Material and Methods

Comparative cross-sectional study included 300 pregnant women aged between (16-40) years old who had single viable at term foetus one day prior elective C.S in Ahmed Maher Teaching Hospital from March 2017 to Sept. 2017. Pregnant women with fetal malformation were excluded from this study. This study was approved by the Ethics Committee of our hospital.

Every patient in our study was explained in details regarding the nature of the study and its benefits and only those who agreed to participate in the study were included, all patients were subjected to a written informed consent after explaining the study and possible consequences in a way that they could understand. The fetal biometric measurements were taken by highly trained Sonographers or obstetric specialists, within one day prior to delivery. The ultrasonographic measurements of BPD, HC, AC and FL were obtained using real-time, B mode equipped with 3.5MHz abdominal probe. The actual birth weights were also entered into the data sheet after the delivery of the foetus. The participants were explained about the Ultrasound Scan examination (USS) and were asked to evacuate the urinary bladder before the scanning. The BPD, HC, AC and FL were measured in centimeters (cm) and the fetal weight in grams. All examinations were performed using the same ultrasound machine and the same curvilinear trans-

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ducer probe. All measurements were made on the ultrasound machine on frozen images.

Results

As we use the (mean ± SD) and paired *t*-test (*t* and *p*-value) for comparison of each formulae to each other and with ABW to know which of any formula is significant or non-significant with ABW.

When we make all patients as one group, the mean weight values of Warsof and Merz formulae are non-significant with ABW, where their mean weight ± Standard Deviation (SD) equal to 3555.425±199.380g and 3568.092±239.958g, respectively and *p*-value equal to 0.290, 0.497 respectively where other formulae is significant with ABW this is not mean the accuracy of the formulae but signification value with ABW results this mean that the mean weight of Warsof formula is the much non significant value-(*p*-value=0.290)-among all formulae with ABW.

In weight category (>3.5-4kg) the accuracy of studied formulae to predict birth weight within ±5% or ±10% of the actual birth weight as the following, the prediction rate of Merz (AC, BPD) formula to predict birth weight within ±10% of the actual birth weight (>3.5-4kg) increase up to (100%) in this weight category (>3.5-4kg) followed by Shepard formula equal to (95.5%), Hadlock I equal to (93.8%) and Hadlock III equal to (91.84%).

In weight category (>4kg) the accuracy of studied formulae to predict birth weight within ±5% or ±10% of the actual birth weight (>4kg) the best prediction rate within ±10% of the actual birth weight is Shepard formula equal to (89.5%) followed by Merz (AC, BPD) formula equal to (42.11%) and Warsof (AC) equal to (42.10%).

Table (1): Fraction estimate in woo formula.

Woo	Wt					Chi-square	
	<3kg	3-3.5kg	3.5-4kg	>4kg	Total	χ^2	<i>p</i> -value
<5%:							
N	12	52	37	2	103	136.471	0.000
%	80.0%	57.8%	31.4%	2.6%	34.3%		
5-10%:							
N	3	28	33	10	74		
%	20.0%	31.1%	28.0%	13.0%	24.7%		
10-15%:							
N	0	10	36	28	74		
%	0.0%	11.1%	30.5%	36.4%	24.7%		
>15%:							
N	0	0	12	37	49		
%	0.0%	0.0%	10.2%	48.1%	16.3%		

Table (2): Fraction estimate in Hadlock I formula.

Hadlock I	Wt					Chi-square	
	<3kg	3-3.5kg	3.5-4kg	>4kg	Total	χ^2	<i>p</i> -value
<5%:							
N	3	67	38	3	112	258.316	0.000
%	14.3%	84.8%	36.9%	3.1%	37.3%		
5-10%:							
N	7	5	54	12	78		
%	33.3%	6.3%	52.4%	12.5%	26.0%		
10-15%:							
N	11	7	11	33	62		
%	52.4%	8.9%	10.7%	34.4%	20.7%		
>15%:							
N	0	0	0	48	48		
%	0.0%	0.0%	0.0%	50.0%	16.0%		

Table (3): Fraction estimate in Warsof formula.

Warsof	Wt					Chi-square	
	<3kg	3-3.5kg	3.5-4kg	>4kg	Total	χ^2	<i>p</i> -value
<5%:							
N	0	38	61	2	101	183.683	0.000
%	0.0%	40.0%	61.0%	3.0%	33.7%		
5-10%:							
N	0	44	24	15	83		
%	0.0%	46.3%	24.0%	22.4%	27.7%		
10-15%:							
N	15	7	15	26	62		
%	38.5%	7.4%	15.0%	38.8%	20.7%		
>15%:							
N	24	6	0	24	54		
%	61.5	6.3%	0.0%	35.8	18.0		

Table (4): Fraction estimate in Merz formula.

Merz	Wt					Chi-square	
	<3kg	3-3.5kg	3.5-4kg	>4kg	Total	χ^2	<i>p</i> -value
<5%:							
N	0	43	59	3	106	177.351	0.000
%	0.0%	42.6%	64.8%	4.2%	35.3%		
5-10%:							
N	4	34	32	13	84		
%	11.8%	33.7%	35.2%	18.1%	28.0%		
10-15%:							
N	20	4	0	36	60		
%	58.8%	4.0%	0.0%	50.0%	20.0%		
>15%:							
N	10	20	0	20	50		
%	29.4%	19.8%	0.0%	27.8%	16.7%		

Table (5): Fraction estimate in Hadlock II formula.

Hadlock II	Wt					Chi-square	
	<3kg	3-3.5kg	3.5-4kg	>4kg	Total	χ^2	p-value
<5%:							
N	5	61	37	5	109	210.799	0.000
%	27.8%	75.3%	34.6%	5.3%	36.3%		
5-10%:							
N	9	16	47	9	81		
%	50.0%	19.8%	43.9%	9.6%	27.0%		
10-15%:							
N	4	4	23	31	61		
%	22.2%	4.9%	21.5%	33.0%	20.3%		
> 15%:							
N	0	0	0	49	49		
%	0.0%	0.0%	0.0%	52.1%	16.3%		

Table (6): Fraction estimate in Hadlock IV formula.

Hadlock IV	Wt					Chi-square	
	<3kg	3-3.5kg	3.5-4kg	>4kg	Total	χ^2	p-value
<5%:							
N	8	58	42	5	113	138.712	0.000
%	53.3%	61.1%	39.3%	6.0%	37.7%		
5-10%:							
N	7	17	43	10	77		
%	46.7%	17.9%	40.2%	12.0%	25.7%		
10-15%:							
N	0	4	22	36	62		
%	0.0%	4.2%	20.6%	43.4%	20.7%		
> 15%:							
N	0	16	0	32	48		
%	0.0%	16.8%	0.0%	38.6%	16.0%		

Table (7): Fraction estimate in Shepard formula.

Shepard	Wt					Chi-square	
	<3kg	3-3.5kg	3.5-4kg	>4kg	Total	χ^2	p-value
<5%:							
N	3	36	50	19	108	51.339	0.000
%	13.6%	29.5%	45.5%	39.6%	36.0%		
5-10%:							
N	10	37	35	12	93		
%	45.5%	30.3%	31.8%	25.0%	31.0%		
10-15%:							
N	9	17	9	17	51		
%	40.9%	13.9%	8.2%	35.4%	17.0%		
> 15%:							
N	0	32	16	0	48		
%	0.0%	26.2%	14.5%	0.0%	16.0%		

Table (8): Fraction estimate in Hadlock III formula.

Hadlock III	Wt					Chi-square	
	<3kg	3-3.5kg	3.5-4kg	>4kg	Total	χ^2	p-value
<5%:							
N	8	58	43	5	114	152.175	0.000
%	53.3%	61.1%	41.3%	5.8%	38.0%		
5-10%:							
N	7	17	45	9	78		
%	46.7%	17.9%	43.3%	10.5%	26.0%		
10-15%:							
N	0	4	16	40	60		
%	0.0%	4.2%	15.4%	46.5%	20.0%		
> 15%:							
N	0	16	0	32	48		
%	0.0%	16.8%	0.0%	37.2%	16.0%		

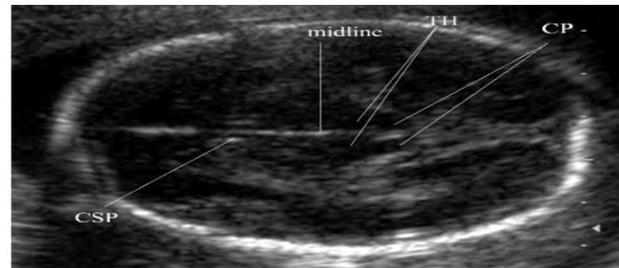


Fig. (1): Transverse section of the fetal head demonstrating the landmarks required to measure the BPD using the thalami view.

CP: Cerebral Peduncles.
CSP: Cavum Septum Pellucidum.
TH: Thalami.

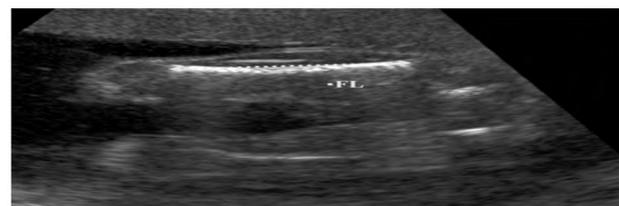


Fig. (2): Measurement of the fetal Femur Length (FL).



Fig. (3): Measurement of the fetal Abdominal Circumference (AC).

Statistical analysis:

Analysis of data was done by IBM computer using SPSS Version 12. Results are expressed as mean \pm Standard Deviation (SD). Comparison between the mean values of different formulae was performed using paired differences (mean \pm SD). Paired student *t*-test (*t*, *p*-value), correlation coefficient and adjusted R square of regression analysis that compare the accuracy of different formulae, tendency of each formulae to overestimate or underestimate of the actual birth weight by bland-Altman method, finally fraction estimates within 5%, 10%, 15% and more than 15% by Chi-square (χ^2 , *p*-value). Level of significance was set at *p* < 0.05 (5%), *p*-value less or equal to 0.05 will be considered significant and less than 0.01 will be considered highly significant.

Discussion

Estimation of fetal weight by ultrasound is very important in affecting fetal, neonatal and maternal morbidity and mortality and those of high risk pregnancy such as intrauterine growth retardation, macrosomia and prematurity [5]. Estimation of fetal weight also is useful in management of small of date foetuses and macrosomic foetuses as well as mode of delivery.

In our study we evaluate eight different formulae in accuracy of estimation of fetal weight by ultrasound; all patients do ultrasound including fetal weight estimation within 24 hours prior to delivery, and measurement of actual fetal weight immediately after delivery and compare each individual formula with actual birth weight, we found the following.

In our study, the ultrasound estimations of fetal weight performed \leq 24 hours prior to delivery to avoid affection of time interval between the ultrasound measurement and measurement of actual birth weight some authors studying reliability of ultrasound estimation of fetal weight that include estimations of fetal weight that performed up to 14 days prior to delivery, Humphries et al., [13] and others have restricted their data to estimations performed within 7 days Wong and Chan [14] or within 3 days, Alsulyman et al., [15]; Ben-Haroush et al., [16]; Melamed et al., [17] or have attempted to correct for the time interval between the ultrasound and delivery by the addition of 25g per day [18] or 12.4g or 13.0g per day [19]. Although fetal weight estimations made 4-6 days before delivery tended to slightly underestimate birth weight in Atalie et al., [20], the error was small ($-1.3 \pm 8.9\%$).

Barel et al., [21], the most accurate formulae are that using 3 fetal parameters or more followed by formulae that using abdominal circumference only and the formulae developed by Sabbagha et al., [22], are the most accurate formulae than other studied formulae, with a mean percent error of -0.2% and up to 92% of estimates within 15% of birth weight (*p* < .05).

Markus et al., [23], in fetuses weighing $\geq 4,000\text{g}$. The best formulae are (Hart and (Hadlock IV contain HC, AC, FL) the systematic error not significantly different from 0, and formulae that are based on 3 or 4 indices give the best results. Siemer et al., [24], showed that, the Merz & Shepard formulae show accuracy in Macrosomic fetus. Markus et al., [23], Formula of Hadlock 2 (AC, FL) gives the best result at all. Marco et al., [25], formulae that based on head-abdomen-femur measurements showed the lowest mean absolute percentage error and more accuracy. The group of formulae that depend on Abdomen and Femur measurements are best in fetuses weighing more than 3,500g (*p* < .01).

In our study the formulae (Woo, Hadlock III) that incorporate (AC, BPD, FL) are the most accurate formulae in overall weight range, where their correlation of EBW to ABW are (0.860, 0.858) respectively, and their fraction estimates within 10% of actual birth weight are the greatest among all evaluated formulae 100%, this agreed with Hadlock et al., [26]; Melamed et al., [17]; Irina et al., [27].

While in weight range (3000-3500gs), we observe that, Hadlock II (AC, BPD, HC) achieved great improvement in the accuracy of EBW especially in the previous weight range (3000-3500gs) where its fraction estimates within 10% of actual birth weight is the greatest among all evaluated formulae that equal to (97.73%) and its correlation with ABW (actual birth weight) in overall fetal weights equal to (83.2%) and this formula tend to underestimate of ABW, this results agree with many studies for example Markus et al., [23] that founded Hart and Hadlock II (AC, BPD, HC) formulae are the best accurate formulae that detect the birth weight above 3500gs, and agree with Siemer et al., [24].

The combination of (AC, BPD, HC, FL) represented in our study by Hadlock IV where its accuracy improved in the following weight ranges ($\leq 3000\text{gs}$, $<3000\text{gs}-3500\text{gs}$, $<3500-4000\text{gs}$) where its fraction estimate within 10% of actual birth weight equal to (100%, 95.46%, 87.75% respec-

tively) and its correlation with actual birth weight equal to (85.1%), adjusted R square (72.1%) in overall weight range and adjusted R square equal to (67.3%) <38 weeks is the best R square <38 weeks (gestational age) among all studied formulae this agree with Kumara HP (2009) that found Hadlock IV is the best formula that detect fetal weight < 3000 gs in our study ($r=85.1$) while in Kumara [28] ($r=83.6$) this difference due to in our study all scans performed within 24 hours instead of 48 hours in Kumara, also our sample of patients greater than Kumara study.

We found that the accuracy the formulae that incorporate 3 or more fetal biometric indices more than 1 or 2 fetal biometric indices this agreed with Melamed et al., [17]; Hadlock et al., [26]; Siemer et al., [24]; Barel et al., [21]; Irina et al., [27]; Markus et al., [23], especially those utilizing abdominal circumference, biparietal diameter and femur length gives the most accurate prediction of fetal weight. Also we found that the accuracy of all studied formulae decreased at weight < 4000 gs this agree with Melamed et al., [17]; Hadlock et al., [26]; Siemer et al., [24]; Barel et al., [21], the addition of FL to head and abdominal parameters is improving the estimated fetal weight results, Hadlock et al., [26], because femur length is directly related to the crown-heel length.

Conclusion:

We conclude that, the formulae that incorporate three or more fetal parameters give the most accurate prediction of fetal weight more than two or one fetal parameters. Also the formulae that incorporate multiple parameters especially those utilizing (AC, BPD and FL) give the most accurate prediction of fetal weight represented in our study by (Woo, Hadlock III).

In situations if the fetal head is deeply engaged making adequate head measurement difficult to measure it, we found the formulae that incorporate multiple parameters especially those utilizing (AC, HC and FL) give the most accurate prediction of fetal weight represented in our study by Hadlock II that incorporate (AC, BPD, HC) parameters while In situations of fetal weight > 4000 gs Shepard and Merz formulae that incorporate (AC, BPD) give the most accurate prediction of fetal weight. The most effective fetal parameter in fetal weight estimation is abdominal circumference. Recognizing the accuracy and the tendency for underestimation or overestimation of each formula is important for the judicious interpretation of fetal weight estimations, especially at the extremes of fetal weight. In the end the validity and accuracy

of any formulae in estimation of fetal weight by ultrasound in our study depend on gestational age and fetal weight categories at the time of scan and the position of the head especially if deeply engaged give chance for the formulae that contain HC in its equation to become more accurate.

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دقة الموجات فوق الصوتية في تقدير وزن الجنين عند تمام الحمل

الهدف من هذه الدراسة هو مقارنة دقة الصيغ (المعادلات) المختلفة لتقدير وزن الجنين عند تمام الحمل. قمنا بتقييم ثمانية صيغ مختلفة من (المعادلات) التي تحدد وزن الجنين وذلك عن طريق استخدام الموجات فوق الصوتية لتقدير أوزان (٣٠٠) جنينا عند تمام الحمل وتمت الولادة في خلال أربعة وعشرون ساعة من استخدام الموجات فوق الصوتية وبعد ذلك قمنا بتحليل النتائج إحصائيا عن طريق استخدام معامل الارتباط، وتحليل الإنحدار وطريقة (بلاند والتمان) للمقارنة بين الصيغ (المعادلات) محل الدراسة مع بعضها البعض ومعرفة مدى تأثير المؤشرات الحيوية المختلفة للجنين والمدرجة في المعادلات محل الدراسة على دقة التقديرات بواسطة الموجات فوق الصوتية. وتم العثور على تباين كبير في دقة الصيغ المختلفة خاصة مع الأوزان المختلفة للجنين. حيث وجد أن أوزان المواليد بين (٢٥٠٠ إلى ٣٥٠٠ غرام) من (الوزن الفعلي عند الولادة) كانت دقة التقديرات من نصيب الصيغ التي تحتوي على ثلاثة أو أربعة مؤشرات حيوية مختلفة للجنين بشكل ملحوظ من الصيغ التي أدرجت فقط (١ أو ٢) من المؤشرات. كما لوحظ إنخفاض دقة جميع الصيغ عند زيادة وزن الجنين أكثر من (٤٠٠٠ غرام) من (الوزن الفعلي عند الولادة). وجد أنه من الأفضل تقدير وزن الجنين بالموجات فوق الصوتية بالصيغ التي تستند إلى (٣ أو ٤) مؤشرات حيوية مختلفة للجنين. وأنه من الأفضل الاعتراف بأن دقة جميع المعادلات (الصيغ) محل الدراسة في تقدير وزن الجنين الذي يساوي أو يتجاوز (٤٠٠٠) غرام من (الوزن الفعلي عند الولادة) تقل تدريجيا مع زيادة وزن الجنين كما أن جميع المعادلات (الصيغ) محل الدراسة تميل إلى زيادة أو تقليل الوزن الفعلي للجنين عند الولادة.